

LET ME DOWN EASY

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RECORD: "Let Me Down Easy" by Chris Isaak
Reprise CD 48016-2 "Always Got Tonight" track 2

FOOTWORK: Opposite, Directions for the man except where noted

SEQUENCE: INTRO,A(1-9),A,B,BRIDGE,A,B,BRIDGE,C,B,BRIDGE,ENDING

RATING: Phase IV

RHYTHM: CHA CHA

INTRO

1-8 WAIT;; ALEMANA;; LARIAT;; BASIC;;

- [1-2] LOFP WALL wait 2 meas;;
- [3-4] rk fwd L, rec R, sd L/cl R, sd L (W rk bk R, rec L, sd R/cl L, sd R comm RF swvl);
rk bk R, rec L, sd R/cl L, sd R (W fwd L RF trn und jnd lead hands, finish RF trn fwd R,
fwd L/cl R, fwd L end fcg COH to M's R sd);
- [5-6] M's L & W's R hnds jnd M sip L, R, L/R, L (W cir CW arnd beh M fwd R, fwd L, fwd R/L, R);
sip R, L, R/L, R (W cont cir fwd L, fwd R, fwd L/R, L) to BFLY WALL;
- [7-8] rk fwd L, rec R, sd L/cl R, sd L; rk bk R, rec L, sd R/cl L, sd R;

PART A

1-4 NEW YORKER; SPOT TURN; BREAK BACK TO OPEN & FWD TRIPLE CHA;;

- [1] thru L to LOP RLOD, rec R trng to BFLY, sd L/cl R, sd L;
- [2] XRIF(W XIF)release hds trng ½ LF(W RF),rec L cont trn to fc ptr, sd R/cl L, sd R BFLY WALL;
- [3-4] rk bk L to OP both fc LOD, rec R, fwd L/lk R, fwd L; fwd R/lk L, fwd R, fwd L/lk R, fwd L;

5-10 AIDA & BK TRIPLE CHA;; SWCH CROSS & CRAB WALKS;; FENCE LINE 4; HIP RK 4;

- [5] thru R trn RF, sd L cont RF trn to V bk to bk pos, bk R/lk L, bk R;
- [6] bk L/lk R, bk L, bk R/lk L, bk R;
- [7] trn LF to fc ptr sd L ckng brng jnd hnds thru, rec R, XLIF/sd R, XLIF;
- [8] sd R, XLIF, sd R/cl L, sd R;
- [9] slight tilt with M's R & W's L hnds low ck thru to RLOD L, rec R, sd L, cl R to BFLY WALL;
- [10] with rolling hip actn rk sd L, rk sd R, rk sd L, rk sd R;

PART B

1-4 CHASE TO VARS W TRANS;; PARALLEL CHASE;;

- [1] rk fwd L trn ½ RF, rec R (W rk bk R, fwd L), fwd L/lk R, fwd L;
- [2] rk fwd R trn ½ LF, rec L, fwd R/lk L, fwd R
(W rk fwd L trn ½ RF, rec R, fwd L, fwd R) to VARS WALL;
- [3-4] rk sd L trn RF, rec fwd R, fwd L/cl R, fwd L; rk sd R trn LF, rec fwd L, fwd R/cl L, fwd R;

5-8 LARIAT CCW; W TRANS; SHOULDER TO SHOULDER 2X;;

- [5] sip L, R, L/R, L (W cir arnd M CCW und jnd dbl hnds fwd R, fwd L, fwd R/cl L, fwd R);
- [6] sip R, L, R/L, R (W cont cir arnd M CCW und jnd dbl hnds fwd L, fwd R, fwd L, fwd R);
- [7] trng slightly RF XLIF (W XRIB), rec R to fc ptr & WALL, sd L/cl R sd L;
- [8] trng slightly LF XRIF (W XLIB), rec L to fc ptr & WALL, sd R/cl L sd R;

PART B (CONT)**9-16 HALF BASIC; FAN; ALEMANA TO L HND STAR;; UMBRELLA TURN;;;**

- [9] rk fwd L, rec R, sd L/cl R, sd L brng jnd hnds dn to low BFLY POS;
 [10] bk R, rec L, releasing trailing hnds sd R/cl L, sd R
 (W fwd L, sd & bk R trn ¼ LF, bk L/lk R, bk L with R ext);
 [11] rk fwd L, rec R, sd L/cl R, sd L ldg W to trn RF (W cl R, fwd L, fwd R/fwd L, fwd R swiv RF);
 [12] bk R, rec L, sd R/cl L, sd R (W cont RF trn und jnd lead hnds fwd L, fwd R, cont RF trn
 fwd L/cl R, bk L) to L HND STAR POS M fcg RLOD W fcg LOD;
 [13] rk fwd L, rec R, bk L/cl R, bk L (W rk bk R, rec L, trn LF und jnd L hnds sd & bk R/cl L, bk R);
 [14] rk bk R, rec L, fwd R/cl L, fwd R (W rk bk L, rec R, trn RF sd & bk L/cl R, bk L);
 [15-16] repeat meas 13-14 to end BFLY WALL;;

BRIDGE**1-4 CHASE;;;**

- [1] rk fwd L trn ½ RF, rec fwd R, fwd L/lk R, fwd L (W rk bk R, rec L, fwd R/lk L, fwd R);
 [2] rk fwd R trn ½ LF (W RF), rec fwd L, fwd R/lk L, fwd R;
 [3] rk fwd L, rec R, bk L/lk R, bk L (W rk fwd R trn ½ LF, rec fwd L, fwd R/lk L, fwd R);
 [4] rk bk R, rec L, fwd R/lk L, fwd R;

PART C**1-4 NEW YORKER; AIDA; SWTCH ROCK; SPOT TURN;**

- [1] repeat meas 1 part A;
 [2] thru R trn RF, sd L cont RF trn to V bk to bk pos, bk R/lk L, bk R;
 [3] trn LF to fc ptr sd L ckg brng jnd hnds thru, rec R, sd L/cl R, sd L;
 [4] repeat meas 2 part A;

5-10 SINGLE CUBAN; DBL CUBAN; SINGLE CUBAN; DBL CUBAN; SPOT TURN 2X.;

- [5-6] XLIF/rec R, sd L, XRIF/rec L, sd R; XLIF/rec R, sd L/rec R, XLIF/rec R, sd L;
 [7-8] XRIF/rec L, sd R, XLIF/rec R, sd L; XRIF/rec L, sd R/rec L, XRIF/rec L, sd R;
 [9] XLIF (W XIF) release hds trng ½ RF (W LF), rec R cont trn to fc ptr, sd L/cl R, sd L;
 [10] repeat meas 2 part A;

ENDING**1-4 NEW YORKER 4; NEW YORKER 2X;; SLOW OPEN BREAK 1 & HOLD;**

- [1] thru L to LOP RLOD, rec R trng to BFLY, sd L, cl R;
 [2-3] repeat meas 1 part A; thru R to OP LOD, rec L trng to BFLY, sd R/cl L, sd R;
 [4] slowly apt L raising trailing hnds up ovr head,-, hold,-;