

LOVE WILL KEEP US ALIVE

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MUSIC:

Eagles Album Complete Greatest Hits CD-"Love Will Keep Us Alive" 4:02 or individual download, From Hits Doctor Music in the style of Eagles - Vol 1, by Don Again (In the Style of Eagles) "Love Will Keep Us Alive 3:55. SPEED: As recorded

FOOTWORK:

Opposite footwork throughout, directions for M unless otherwise stated

RHYTHM: Slow Two-step

PHASE: Phase IV +1 (Triple Traveler) Released: October 2011

SEQUENCE: INTRO - A - B - C - D - C - A - END

INTRODUCTION: (8)

WAIT IN LOW BFLY 2 MEASURES;; CIRCLE WALK 3 (COUNTER CLOCKWISE); TWICE; TURN AND CIRCLE WALK OTHER WAY (CLOCKWISE); TWICE; TURN TO FACE AND HIP ROCK TWICE ;;

1-2 (Wait in Low Bfly 2 measures) Wait 2 meas. In Low Bfly)
3-6 (Circle walk 3; twice; turn & circle walk back; twice) Walk 3 Counter Clockwise L,-,R,L; R,-,L,R;
Turn and Circle walk 3 Clockwise L,-,R,L; R,-,L,R; fwd R to fc ptr
7-8 (Turn to fc & Hip Rock; twice) Turn to face and Rock sd L roll hip sd & bk ,-, rec R hip roll, rec L hip roll; Rock sd R roll hip sd & bk ,-, rec L hip roll, rec R hip roll;

PART A: (16)

(BFLY/WALL) LUNGE BASIC TWICE MANEUVERING;; R TRN OUTSIDE ROLL; BASIC ENDING;

1-2 (Lunge basics twice manuv) Lunge sd L,-, rec R, XLIF of R (XRIF); Lunge sd R,-, rec L, XRIF of L(XLIF) manuv in front of W;
3 (R trn outside Roll) Xng IF W sd & bk L (fwd R comm rf twirl),-, sd & bk R trn ¼ rf lead W under jnd lead hnd (cont twirl rf), XLIF of R fc ptr & COH;
4 {basic ending} sd R, -, XIB L, rec R to BFLY;

(BFLY/COH) LUNGE BASIC TWICE MANEUVERING;; R TRN OUTSIDE ROLL; BASIC ENDING;

5-6 (Lunge basics twice manuv) Repeat Part A Meas. 1-2 fc Wall
7-8 (R trn outside Roll, basic ending) Repeat Part A Meas. 3-4

OP BASICS TWICE P/U LOD;;

9-10

(op basic twice) Sd L,-, XRIB (W XLIB) to ½ LOP, rec L to fc ptr; Sd
R,-, XLIB (W XRIB) to ½ OP,
rec R p/u low bfly fc LOD;

TRAVEL CROSS CHASSES 4X'S TO FC WALL; ; ; ;

11-14

{4 trav X chasses} in low BFLY fwd L trn .
LF DLC, -, sd R, XIF L (W: XIF R);

(12) fwd R trn ¼ RF DLW, -, sd L, XIF R (W: XIF L);

(13) fwd L trn ¼ LF DLC, -, sd R, XIF L (W: XIF R);

(14) fwd R trn ¼ RF DLW, -, sd L, XIF R (W: XIF L) to BFLY fc WALL;

UNDERARM TURN; BASIC ENDING (P/U);

15 {underarm trn} sd L still lead hands joined, -, XIB R, rec L; (W: sd
R start RF trn under joined lead

hands, -, fwd trn L continue RF trn, rec trn R to face man)

16 {basic ending} repeat Part A meas. 4 to PU LOD;

PART B: (16)

L TRN INSIDE ROLL; BASIC ENDING (P/U); L TRN INSIDE ROLL; BASIC
ENDING;

1 {L Turn w/ Inside Roll} fwd L comm ¼ LF trn, -, sd R, XIF L to BFLY fc
COH; (W: bk R comm ¼ LF

trn, -, sd L cont LF trn under lead hnds, sd R;)

2 {Basic Ending} sd R, -, XIB L, rec R to PU;

3-4

(L Turn Inside Roll; Basic Ending) Repeat Part B meas. 1-2 to BFLY fc Wall

TWISTY BASIC TWICE;; UNDERARM TURN; BASIC ENDING;

5-6 (Twisty Basic twice) Sd L,-, XIB R (W XIF), rec L; Sd R,-, XIB L (W XIF), rec R;

7-8 (Underarm Turn; Basic Ending) Repeat Part A meas. 15-16

L TRN INSIDE ROLL; BASIC ENDING (P/U); L TRN INSIDE ROLL; BASIC ENDING; TWISTY BASIC TWICE;; UNDERARM TURN; BASIC ENDING (PU);

9-16 (L Turn Inside Roll; Basic Ending (PU); L Turn Inside Roll; Basic Ending;

Twisty Basic twice;; Underarm turn; Basic Ending (PU);) Repeat Part B meas. 1-8 to PU LOD.

PART C: (8) (***) SEE ALTERNATE OPTION BELOW)

TRIPLE TRAVELER*** ;;; BASIC ENDING W/ P/U TO REV;

TRIPLE TRAVELER *** ;;; BASIC ENDING;

1-3

{Triple Traveler} fwd L lead W to trn under lead hnds, -, fwd R, fwd L;

(2) fwd R spiral LF under joined hnds, -, fwd L, fwd R; (W: bk R trn $\frac{1}{4}$ LF, -, sd & fwd L cont. trn $\frac{1}{2}$

LF, sd & fwd R trn fc LOD; fwd L, -, fwd R, fwd L;)

(3) fwd L bring lead hnds down & bk to lead W trn, -, fwd & sd R, XIF L; (W: fwd R trn RF, -, sd L

trn RF, fwd R to fc;)

4 {Basic Ending} repeat Part A meas. 4 to PU REV;

5-8 {Triple Traveler;;; Basic Ending} Repeat going to REV Part C meas.

1-4 to BFLY WALL

PART D: (16)

OPEN BASICS;; SIDE BASIC; WRAP TO FC LOD;

1-2 (Open Basic Twice) Repeat Part A meas. 9-10

3-4 (side basic; wrap to fc LOD) Sd l,-, XIB R (W XIB), Rec L; Sd R,-, xLib of R, rec R trng to fc LOD

(W trns LF into wrapped pos L,-,R,L)

SWEETHEART RUNS 6 TO FACE (WALL);; UNDERARM TURN; BASIC ENDING;

5-6 (sweetheart runs 6 to face wall) In wrapped pos both fcg LOD fwd L,-,R,L; Rwd R,-L,R to fc

WALL;

7-8 (underarm turn; basic ending) Repeat Part A meas. 15-16 fc WALL

OPEN BASICS ;; SIDE BASIC; WRAPPING TO FACE LOD;

SWEETHEART RUNS 6 TO FACE (WALL);; UNDERARM TURN; BASIC ENDING W/ P/U;

9-16

(open basics ;; side basic; wrapping to face LOD; sweetheart runs 6 to face (WALL));; underarm
turn; basic ending w/ p/u;) Repeat Part D meas. 1-8 to PU

REPEAT C: (8)

REPEAT A: (16)

END: (10)

(BFLY) TWISTY VINE 3; FWD FACE CLOSE; CANTER APART; CIRCLE
WALKS (COUNTER CLOCKWISE) ;; TURN & CIRCLE WALKS BACK OTHER
DIRECTION (CLOCKWISE);; HIP ROCKS TWICE;; STEP TO SIDE & HOLD;

1-3

(Twisty Vine 3; Thru Face Close; Canter Apart;) In Low Bfly) Sd L comm
RF trn,-, XRIB (XLIF),
trng LF ¼ sd & fwd L [BJO DLW]; Fwd R comm RF trn,-, sd L to fc ptr &
wall, cl R ; bk L,-, draw R
to L,clR;

4-7 (Circle walk 3; twice; turn & circle walk back; twice) Walk 3
Counter Clockwise L,-,R,L; R,-,L,R;
Turn and Circle walk 3 Clockwise L,-,R,L; R,-,L,R; fwd R to fc ptr
8-10 (Turn to fc & Hip Rock; twice; Step to Side & Hold) Turn to face
and Rock sd R roll hip sd & bk ,-,
rec L hip roll, rec R hip roll ;; side step L to LOD and hold;

***Alternate Option for Part C meas.1-3 & 5-7 Triple Traveler

START TRIPLE TRAVELER;; BOTH ROLL IN;

1

Trng LF fwd L LOD joining lead hands,-, cont LF trn fwd & sd R raise
joined lead hands & release
ptr from trailing arm, fwd & across L (trng LF sd & bk R,-, cont LF trn
fwd & sd L, fwd R cont trng
LF under joined lead hands to fc M);

2

Fwd & sd R, spiral 7/8 LF under joined lead hands, fwd L comm to bring
lead hands down, fwd R
cont to sweep lead hands down & back (fwd & sd L shaping RF to M,-, fwd
& across R, fwd & sd
L);

3

Fwd L,-, fwd R trng LF releasing lead hand hold, cont LF trn fwd L (fwd
R,-, fwd L trng RF, cont
RF trn fwd R);

QUICK CUES:

INTRO: (8) WAIT IN LOW BFLY 2 MEAS.;; CIRCLE WLK 3 (COUNTER CLOCKWISE)
2X;;
TRN & CIRCLE WLK BK (CLOCKWISE) 2X;; TRN TO FC & HIP RK 2X ;;

A: (16) (BFLY/WALL) LUNGE BASIC 2X (MANUV);; R TRN OUTSIDE ROLL; BASIC
ENDING;
(BFLY/COH) LUNGE BASIC 2X (MANUV);; R TRN OUTSIDE ROLL; BASIC ENDING;
OP BASICS 2X (P/U LOD);;
TRAVEL X CHASSES 4X'S TO FC (WALL);;;; UNDERARM TRN; BASIC ENDING (P/U);
B: (16) L TRN INSIDE ROLL; BASIC ENDING (P/U); L TRN INSIDE ROLL; BASIC
ENDING;
TWISTY BASIC 2X;; UNDERARM TURN; BASIC ENDING;
L TRN INSIDE ROLL; BASIC ENDING (P/U); L TRN INSIDE ROLL; BASIC ENDING;
TWISTY BASIC 2X;; UNDERARM TURN; BASIC ENDING (P/U);

C (8) ***(ALTERNATE OPTION-START TRIPLE TRAV;; BOTH ROLL IN;)
TRIPLE TRAVELER*** ;;; BASIC ENDING (P/U TO REV); TRIPLE TRAVELER*** ;;;
BASIC
ENDING;

D: (16) OP BASICS;; SIDE BASIC; WRAP TO FC LOD; SWEETHEART RUNS 6 TO FC
(WALL);; UNDERARM TRN; BASIC ENDING;
OP BASICS ;; SIDE BASIC; WRAP TO FC LOD; SWEETHEART RUNS 6 TO FC
(WALL);;
UNDERARM TRN; BASIC ENDING (P/U);
C: (8) ***(ALTERNATE OPTION-START TRIPLE TRAV;; BOTH ROLL IN;)

TRIPLE TRAVELER*** ;;;BASIC ENDING (P/U TO REV); TRIPLE TRAVELER*** ;;;
BASIC
ENDING;
A: (16) (BFLY/WALL) LUNGE BASIC 2X (MANUV);; R TRN OUTSIDE ROLL; BASIC
ENDING;
(BFLY/COH) LUNGE BASIC 2X (MANUV);; R TRN OUTSIDE ROLL; BASIC ENDING;
OP BASIC 2X (P/U LOD);;
TRAVEL X CHASSES 4X'S TO FC (WALL);;;; UNDERARM TRN; BASIC ENDING;
END: (9) (BFLY) TWISTY VINE 3; FWD FC CLOSE; CANTER APART; CIRCLE WLK 3
(COUNTER CLOCKWISE) 2X;; TRN & CIRCLE WLK BK (CLOCKWISE) 2X;; HIP RK
2X;;
STEP TO SIDE & HOLD;

