

# Lara's Theme

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**Music:** CD: "Passion 2" DLD1061 or Record: STAR #235 flip: "Hot Stuff" available from Palomino Records

**Rhythm:** Viennese Waltz RAL Phase IV+1[natural trn]+1unphased (bow/curtsey)

**Timing:** 1,2,3 [wgt changes noted in left margin] **Suggested Speed:** slow for comfort

**Footwork:** Opposite, except where noted for woman in parentheses

**Sequence:** INTRO-A-B-Brg #1-A-B-Brg #1-C-C[mod]-Brg #2-A(1-12)-Brg #3-D-END **Release:** May 2007

## INTRODUCTION

### 1-8 WAIT;;; OFFER TRL HND;; TOG TCH to BFLY/WALL;;

1-4 In OP pos fcg ptr & wall – trl ft free wait 4 meas;;;;  
5-6 {offer trl hnd} no wgt chg extd trl hnd to ptr, -, -, -, -, -;  
1,-,3;-,,-; 7-8 {tog tch}tog fwd R, -, tch L besd R & take BFLY pos; -, -, -;

## PART A

### 1-4 WALTZ AWAY, Lady WRAP in 2;; [left ft] FWD WALTZ 2X;;

1 {wz awy} Releasing ld hnds Fwd & sd L trng LF (W RF) away from ptr, sd R, cl L;  
2 {w wrap in 2} Fwd & sd R trng RF to fc LOD, in pl L, cl R; to WRAPPED pos fcg LOD  
(W trng LF into man's rt arm fwd L, -, sd R to fc lod;) [Both have same footwork]  
3-4 {2 fwd wtz} Fwd L w/slight left sway, fwd R, cl L; Fwd R w/slight right sway, fwd L, cl R;  
WRAPPED/LOD

### 5-8 LEFT TRNG BOX to LOD;;;

5-6 {l trng box} fwd L trng ¼ LF, sd R, cl L; bk R trng ¼ LF, sd L, cl R; WRAPPED/RLOD  
7-8 fwd L trng ¼ LF, sd R, cl L; bk R trng ¼ LF, sd L, cl R; WRAPPED/LOD

### 9-12 FWD PT, BK PT;; FWD PT, BK PT/ Lady TRN TO PU;;

1,-, - 9-10 {fwd pt, bk pt} fwd L, pt R toe fwd, -; bk R, pt L toe fwd, -;  
1,-,(1,2,-)11-12 {fwd pt, bk pt/w trn to pu} fwd L, pt R toe fwd, -; bk R, pt L toe fwd, -(W bk R, trn LF to CP fwd L,  
-;)

### 13-16 FWD WALTZ; MANUV; OP IMPETUS; PU TO SCAR;

13 {fwd wz} [now w/opp footwork] repeat meas 3, PART A;  
14 {manuv} fwd R across LOD trng RF, sd L, cl R; CP/RLOD  
15 {op impetus}comm. RF trn bk L toeing in, cont trn bring R to L no wgt rise on R, sd & fwd L;  
SCP/DLW  
(W comm. trg RF fwd R pivotg, cont trn sd L arnd man, sd & fwd R;)  
16 {pu to scar} thru fwd R, sd & fwd L, cl R; (W thru L, trng LF in frnt of ptr sd & bk R, cl L;)  
SCAR/DLW

## PART B

### 1-4 TWINKLE 3X;;; CLOSED CHG;

1 {twk 3x}fwd L across LOD comm. trng RF, cont trn sd & fwd R, cl L; BJO/DLC  
2 fwd R across LOD comm trng LF, cont trn sd & fwd L, cl R; SCAR/DLW

- 3 repeat meas 1;  
 4 {cl chg} fwd R, w/left sd stretch sd & fwd L, cl R; CP/LOD  
**5-8** REV TRN 4X;;;:  
 5 {2 rev trns}fwd L comm. LF trn, cont trn sd R, cont trn XLIF (W cl R);CP/DRC  
 6 bk R comm. LF trn, cont trn sd & bk L, cl R (W XLIF); CP/DLW  
 7 repeat meas 5;  
 8 repeat meas 6; end almost CP/LOD  
**9-16** CLOSED CHG 3X;;; NATL TRN 3X to BFLY/WALL;;; BALANCE L & R;;  
 9 {closed chg 3x} fwd L, w/rt sd stretch sd & fwd R, cl L; CP/DLC  
 10 fwd R, w/left sd stretch sd & fwd L, cl R;CP/LOD  
 11 repeat meas 9; CP/DLC  
 12 {natural trn 3x}comm. RF trn fwd R, cont trn sd L, bk R; CP/RLOD

**PART B cont’d**

- 13 comm RF trn bk L, cont trn sd & fwd R, fwd L; CP/LOD  
 14 repeat meas 12 but end BFLY/WALL;  
 15-16 {bal l & r} Sd L, XRIB of L, rec L; sd R, XLIB of R, rec R;

**BRIDGE #1**

- 1-2** SLOW CANTER;;  
 1,-,-,3; 1-2 {slo canter} sd L, drw L to R, -; cont to drw, -, cl R to L;

**REPEAT PART A, PART B, Brg #1**

**PART C**

- 1-4** CANTER TWIRL;; to REV CANTER TWIRL to BOLERO;;  
 1,-, 3 1 {canter twl} sd L, drw R to L, cl R; (comm. trng RF undr ld hnds sd & fwd R, cont trn to fc ptrn , cl L);  
 1,-, - 2 {sd drw} sd L, drw R to L, -; (sd R, drw L to R, -;) BFLY/WALL  
 1,-, 3 3 {rev canter twl} sd R, drw L to R, cl L(comm. trng LF undr jnd ld hnds sd & fwd L, cont trn to fc ptrn, cl R);  
 1,-, - 4 {sd drw} sd R, drw L to R, -; (sd L, drw R to L, -); to Bolero pos/WALL  
**5-8** WHEEL 6 to BFLY/WALL;;; BALANCE L & R;;  
 5-6 {wheel 6} trng RF 1 full trn fwd R, L, R; cont trng fwd L, R, sd L; BFLY/WALL  
 7-8 repeat meas 15-16 PART B;;  
**9-12** SD CROSS SWING 4X;;;:  
 1,-, - 9 {sd x swg}[release hndhld] sd L, trng slightly twd LOD swing R leg crossing in frnt of L swing left arm sd & up, -;  
 1,-, - 10 sd R, trn slightly twd RLOD swing L leg crossing in frnt of R & swing rt arm sd & up;  
 11-12 repeat meas 9-10, PART C;;  
**13-16** SOLO ROLL 6 to BFLY;; 2 CANTERS;;

13-14 {solo trn 6} Fwd L trng away from ptr, sd R cont trn progressing LOD, cl L; to sd by sd LOP pos  
fcg RLOD

Bk R cont trn LF(W RF) to fc ptr, sd L, cl R; to BFLY/WALL  
1,-, 3 15-16 {canter} sd L, drw R to L, cl R; repeat meas 15;

**REPEAT PART C {Change meas 15 to: “1 CANTER;” and delete meas 16 }**

**BRIDGE #2**

**1-4 STEP APT BOW/Lady CURTSEY;; TOG TCH BFLY;;**

1,-, - 1 {apt} step apt bk L, -, -;  
-, -, - 2 {bow/curtsey} pt R fwd twd ptr & relax L knee, cross trl hnd in frt ld hnd beh bend upper body fwd,  
-;  
(pt L fwd twd ptr & lower on relaxed R knee, use both hnds to hold skirt up to sides, -);  
3-4 repeat meas 7-8, INTRO;;

**PART A(1-12)**

**1-4 WALTZ AWAY, Lady WRAP in 2;; [left ft] FWD WALTZ 2X;;**

**5-8 LEFT TRNG BOX to LOD;;;;**

**9-12 FWD PT, BK PT;; FWD PT, BK PT/ Lady TRN TO PU;;**

**BRIDGE #3**

**1-5 DIP BK; REC FC WALL; SD CL; WALTZ AWAY & TOG;;**

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1,-, - 1 {dip bk} bk L on relaxed lt knee, -, -; CP/LOD  
1,-, - 2 {rec to fc wall} trng RF rec fwd R, -, -; CP/WALL  
1,2,- 3 {sd cl} sd L, cl R, -;  
4 repeat meas 1, PART A;  
5 {wz tog} fwd R trng twd ptr, sd L, cl R; BFLY/WALL

**PART D**

**1-4 CANTER TWIRL;; to REV CANTER TWIRL to BOLERO;;**

1-4 repeat meas 1-4, PART C;;;;

**5-8 WHEEL 6 to BFLY/WALL;; WALTZ AWAY & TOG;;**

5-6 repeat meas 5-6, PART C;;

7 repeat meas 1, PART A

8 repeat meas 5 Brg #3;

**9-14 SOLO ROLL 6 to BFLY;; BALANCE L & R;; DIP BK, HOLD; REC, FC**

**LOD;**

9-10 repeat meas 13-14, PART C;;  
11-12 repeat meas 15-16, PART B;;  
13 repeat meas 1, Brg #3; CP/WALL  
1, -, - 14 {**rec, fc lod**} trng LF rec R, -, -; CP/LOD

**ENDING**

**1-8 2 REV TRNS;; CL CHG; NATL TRN 3X to WALL;;; STEP APT BOW,  
Lady CURTSEY;;**

1-2 in CP repeat meas 5-6, PART B;; CP/LOD  
3 repeat meas 9, PART B;  
4-6 repeat meas 12-14, PART B;;  
7-8 repeat meas 1-2, Brg #2;;