

KEEP ON ROCKIN'

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Record: Keep On Rockin', by Confederate Railroad, Atlantic 7-84193

Footwork: Opposite, directions for man except where noted.

Phase & Rhythm: II+1[Rock The Boat], Two Step & Jive

Seq: **Intro A A B-Break[1]- Interlude - A A B - Break[2] - C - A A B - Break[3] - B - End**

INTRODUCTION

1 - 4 WAIT 2;; CRANK;; wait 2 meas;; [face no hands, as if cranking Model T Ford]

5 - 6 KNEE SWIVEL 4; feet tog & knees bending swivel knees to L, R, L, R [optional - slowly lowering body by bending at knees and pumping fists fwd & bk L, R, L, R]

KNEE SWIVEL 4; [same as 5 - 6 except straightening body]

7 - 8 APT, PT; TOG, TCH [SCP]; bk L, -, pt R, -; fwd R, -, tch L trng to SCP, -;

PART A

1 - 4 2 FWD TWO STEPS;; HTCH 6;;

fwd L, cl R, fwd L, -; fwd R, cl L, fwd R, -; fwd L, cl R, bk L, -; bk R, cl L, fwd R, -;

5 - 8 CIRC AWY 2 TWO STEPS;; RUN TOG 4; [CP/WAL] SD DRW, CL; [SCP]

trng LF fwd L, cl R, fwd L twd COH, -; fwd R, cl L, fwd R, -; [trng to face]

run fwd L, fwd R, fwd L, fwd R; sd L, drw R to L, -, cl R;

PART B

1 - 8 ROCK BOAT 2X;; [BFLY/WAL] ROCK SD, REC; CROSS, SD, CROSS; ROCK SD, REC; CROSS, SD, CROSS; 2 TRNG TWO STPS;; [CP/WAL]

fwd L, cl R to L; fwd L, cl R to L;

rk sd L, rec R to L; XLIFR(W XRIFL), sd R, XLIFR (W XRIFL);

rk sd R, rec L to R; XRIFL(W XLIFR), sd L, XRIFR (W XLIFR);

sd L, cl R, fwd L pvtg RF 1/2, -; sd R, cl L, fwd R pvtg RF 1/2, -;

BREAK

1st time **1 - ½, VIN 4; WK, FACE,**

sd L, XRIBL (WXLIBR), sd L, XRIFL (WXLIBR) fwd L, fwd R face, no hands

[go to the INTERLUDE]

2nd time **1 - ½, VIN 4; WK 2 [OP/LOD],**

[change ½ meas to] fwd L, fwd R, to OP/LOD [go to PART C]

3rd time **1 - 2 VIN 4; SIDE, DRAW, CLO; [SCP]**

[after VINE 4; CP/WAL]; sd L, drw R to L,-, cl R; [go to PART B]

INTERLUDE

1 - 4 KNEE SWIVEL 4; KNEE SWIVEL 4; APT, PT; TOG, TCH; [SCP]

[Repeat Meas 5 - 8 of Introduction]

PART C

1 - 4 VINE APT 3; VINE TOG 3; CHANGE SIDES 2 TWO STPS;; [OP/RLOD]

sd L, XRIBL, sd L,-; sd R, XLIBR, sd R,-; under trailing hands change

sides 2 two steps ; ; [OP/RLOD]

5 - 8 VINE APT 3; VINE TOG 3; CHANGE SIDES 2 TWO STPS;; [OP/LOD]

[Repeat Meas 1 - 4 of PART C]

9 - 12 FWD, LOCK, FWD; FWD, LOCK, FWD; OPEN SCIS 2X;;

fwd L, lk R in bk of L, fwd L,-; fwd R, lk L in bk of R, fwd R,-;

[BFLY/WAL] sd L, cl R to L, crs L IFR; sd R, cl L to R, crs R IFL

13-16 CIRC AWY 2 TWO STPS;; RUN TOG 4 [CP/WAL]; SIDE, DRAW, CLO;

[Repeat Meas 5 - 8 of Part A]

END

1 - 2 VINE 4; APT, PT;

[Repeat Meas 1 of BREAK]; apt L,-, point R,-;