

# KNOCK ON WOOD

## "The Aussie Knock"

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Record: CD- "Chronicle: Greatest Hits - Eddie Floyd" STAX Records

or old Atlantic Oldie Series OS 13095

Footwork: Opposite, directions for man (lady as noted) -all parts start LOD

Phase & Rhythm: Phase - IV+2 - West Coast Swing

Sequence: Intro, A, B, A, B, C, A, B, Ending 2002

### MEASURES

### INTRODUCTION

#### **1-4 WAIT 2;; CHICKEN WALKS (2 slow 4 quick)::**

[WAIT 2 MEAS SS SS] Opn fcng pos fc LOD with Lead feet free lead hnds jnd;;

[CHICKEN WALKS SSQQQQ] Bk L,-, bk R,-; Bk L, bk R, bk L, bk R fc LOD (swvl steps fwd R,-, L,-; fwd R, L, R, L);

### PART A

#### **1-8 SUGAR PUSH LEFT SIDE PASS;;; SUGAR PUSH KICK BALL CHANGES 2X**

##### **UNDERARM TURN;;; CHIKEN WALK (4 quick);**

[SUGAR PUSH QQ Q&Q Q&Q] Bk L, bk R to tight bfly, tap L fwd, fwd L; chasse in place R/L, R fc LOD (fwd R, fwd L slight trn RF to tight bfly, tap RIBL no wght, bk R, chasse in place L/R, L),

[LEFT SIDE PASS QQ Q&Q Q&Q] Bk L, fwd & sd R to lady's L sd trn LF, trng LF cl L/inplace R, fwd L RLOD; chasse in place R/L, R fc RLOD (fwd R, fwd L slight trn LF, sd R/XLIFR, trn LF bk R LOD; chasse in place fc LOD L/R, L),

[SUGAR PUSH QQ Q&Q Q&Q] Bk L, bk R to tight bfly, tap L fwd, fwd L; chasse in place R/L, R fc RLOD (fwd R, fwd L slight trn RF to tight bfly, tap RIBL no wght, bk R, chasse in place L/R, L),

[KICK BALL CHANGES QaQ QaQ] Kick L fwd pt toe rght hip out/press ball of L to instep of R flex knees, step on R, kck L fwd pt toe rght hip out/press ball of L to instep of R flex knees, step on L, kck R fwd pt toe lft hip out/press ball of R to instep of L flex knees, step on L);[UNDERARM TURN QQ Q&Q Q&Q] Bk L, fwd & sd R to lady's R sd trn RF raise jnd lead hnds, sd & fwd L trng RF/rec R trng RF, fwd L fc LOD; chasse in place R/L, R fc LOD (fwd R, fwd L slight trn LF undr jnd lead hnds, sd R/XLIFR, trn LF bk R fc RLOD; chasse in place L/R, L),

[UNDERARM TURN QQ Q&Q Q&Q] Bk L, fwd & sd R to lady's R sd trn RF raise jnd lead hnds, sd & fwd L trng RF/rec R trng RF, fwd L fc LOD; chasse in place R/L, R fc LOD (fwd R, fwd L slight trn LF undr jnd lead hnds, sd R/XLIFR, trn LF bk R fc RLOD; chasse in place L/R, L),

[CHICKEN WALKS QQQQ] Bk L, bk R, bk L, bk R fc LOD (swvl steps fwd R, L, R, L);

#### **9-16 WHIP;; SUGAR PUSH UNDERARM TURN;; SUGAR PUSH UNDERARM TURN;;**

[WHIP QQQ&Q QQQ&Q] Bk L, fwd & sd R to lady's R sd trn RF lady into R arm, sd & fwd L trng

RF/rec R trng RF, sd & fwd L fc RLOD; XRIBL, trn RF sd L release lady fc RLOD, chasse in place R/L, R fc LOD (fwd R, fwd L trn RF, bk R/cl L, fwd R betwn man's feet; fwd L trn 1/2 RF, bk R, chasse in place L/R, L);

[SUGAR PUSH QQ Q&Q Q&Q] Bk L, bk R to tight bfly, tap L fwd, fwd L; chasse in place R/L, R fc LOD (fwd R, fwd L slight trn RF to tight bfly, tap RIBL no wght, bk R, chasse in place L/R, L),

[UNDERARM TURN QQ Q&Q Q&Q] Bk L, fwd & sd R to lady's R sd trn RF raise jnd lead hnds, sd & fwd L trng RF/rec R trng RF, fwd L fc RLOD; chasse in place R/L, R fc RLOD (fwd R, fwd L slight trn LF undr jnd lead hnds, sd R/XLIFR, trn LF bk R fc LOD; chasse in place L/R, L),

[SUGAR PUSH QQ Q&Q Q&Q] Bk L, bk R to tight bfly, tap L fwd, fwd L; chasse in place R/L, R fc RLOD (fwd R, fwd L slight trn RF to tight bfly, tap RIBL no wght, bk R, chasse in place L/R, L),

[UNDERARM TURN QQ Q&Q Q&Q] Bk L, fwd & sd R to lady's R sd trn RF raise jnd lead hnds, sd & fwd L trng RF/rec R trng RF, fwd L fc LOD; chasse in place R/L, R fc LOD (fwd R, fwd L slight trn LF undr jnd lead hnds, sd R/XLIFR, trn LF bk R fc RLOD; chasse in place L/R, L),

### PART B

#### **1-5 SIDE BREAK & HOLD; CLOSE CLOSE & KICK BALL CHANGE; PASSING TUCK & SPIN** **PASSING TUCK & SPIN;;;**

[SIDE BREAK & HOLD aQ - - - ] Qk sd L/sd R & hold legs strght look at prtnr, -,-,-

[CLOSE CLOSE KICK BALL CHANGE QQQaQ] Cl L, cl R, kick L fwd pt toe rght hip out/press ball of L to instep of R flex knees, step on R fc LOD (cl R, cl L, kick R fwd pt toe lft hip out/press ball of R to instep of L flex knees, step on L),

[PASSING TUCK & SPIN QQ QQ Q&Q] Bk L slght trn LF, fwd & sd R to lady's L sd trn LF jnd trail hnds to L shoulder, trail hnds out & dwn lead hnds to R shoulder tap L inplace, mve jnd lead hnds fwd trng lady RF fwd L fc RLOD rlease all hnds; chasse inplace R/L, R fc RLOD (fwd R, fwd L slght trn LF, shrp trn LF fc man tap R by L, strng spin RF fwd R; trng chasse RF L/R, L fc LOD),

[PASSING TUCK & SPIN QQ QQ Q&Q] Bk L slght trn LF, fwd & sd R to lady's L sd trn LF jnd trail hnds to L shoulder, trail hnds out & dwn lead hnds to R shoulder tap L inplace, mve jnd lead hnds fwd trng lady RF fwd L fc RLOD rlease all hnds; chasse inplace R/L, R fc LOD (fwd R, fwd L slght trn LF, shrp trn LF fc man tap R by L, strng spin RF fwd R; trng chasse RF L/R, L fc RLOD),

### PART C

#### 1-4 SUGAR TUCK & SPIN SUGAR PUSH;;; SWIVEL WALKS w/CHECKS;

[SUGAR TUCK & SPIN QQ QQ Q&Q] Bk L, bk R to tight bfly lead hnds low; tap L fwd, fwd L raise jnd lead hnds soft pull on trail hnds, chasse inplace R/L, R join right hnds fc LOD (fwd R, fwd L slght trn RF to tight bfly; tap RIBL no wght, trn RF under jnd lead hnds fwd R & spin RF, chasse inplace L/R, L complete spin fc man);

[SUGAR PUSH QQ Q&Q Q&Q] Bk L, bk R to tight bfly, tap L fwd, fwd L; chasse inplace R/L, R fc LOD (fwd R, fwd L slght trn RF to tight bfly, tap RIBL no wght, bk R, chasse inplace L/R, L),

[SWIVEL WALKS CHECKS SS] Bk L & freeze,-, bk R & freeze,- fc LOD (swvl steps fwd R & freeze,-, L & freeze,-);

### ENDING

#### 1-9 WRAPPED WHIP;; SUGAR PUSH TUMMY WHIP SUGAR PUSH;;;; CHICKEN WALKS (6 quicks) & HOLD;;

[WRAPPED WHIP QQ Q&Q QQ Q&Q] bfly bk L, rec fwd & sd R to lady's R sd raise lead hnds trn RF lady wrap into low trail arms, sd & fwd L trng RF/rec R trng RF, sd & fwd L pull lady bk release trail hnds; XRIBL, trn RF sd L, chasse inplace R/L, R fc LOD (bfly fwd R, fwd L undr lead hnds, fwd R/cl L, bk R; bk L release trail hnds, bk R, chasse inplace L/R, L);

[SUGAR PUSH QQ Q&Q Q&Q] Bk L, bk R to tight bfly, tap L fwd, fwd L; chasse inplace R/L, R fc LOD (fwd R, fwd L slght trn RF to tight bfly, tap RIBL no wght, bk R, chasse inplace L/R, L),

[TUMMY WHIP QQ Q&Q QQ Q&Q] Bk L, rec fwd & sd R to lady's R sd rght hnd to lady's rght hip trn RF, sd & fwd L trng RF/rec R trng RF, sd & fwd L pull lady bk release hnd; XRIBL, trn RF sd L, chasse inplace R/L, R fc LOD jn lead hnds (bfly fwd R, fwd L, fwd R/cl L, bk R; bk L, bk R, chasse inplace L/R, L jn lead hnds);

[SUGAR PUSH QQ Q&Q Q&Q] Bk L, bk R to tight bfly, tap L fwd, fwd L; chasse inplace R/L, R fc LOD (fwd R, fwd L slght trn RF to tight bfly, tap RIBL no wght, bk R, chasse inplace L/R, L),

[CHICKEN WALKS QQQQQQ] Bk L, bk R, bk L, bk R; bk L, bk R fc LOD hold as music fades (swvl steps fwd R, L, R, L; R, L & hold as music fades);