

Jeremiah's Cha

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Choreographers: Jo Saffell 3910 80th St., Urbandale, IA 50322 (515) 276-9039 And Bob Myers of W Des Moines, IA

Music: Joy To The World by Three Dog Night Collectables COL-90023A Speed: RPM 42-43

Rhythm: Cha Cha Phase: III+2 (Umbrella Turns, Alemana) Seq: Intro A B C A B C (MOD) End

Footwork: Opposite throughout, directions for man (*woman in parentheses*)

INTRO:

1-4 (BFLY) WAIT :: NEW YORKER ::

1-2 BFLY WALL wait 2 measures ::

3 XLif straight leg to LOP, rec R to BFLY WALL, Sd L/Cl R, sd L ;

4 XRif straight leg to OP LOD, rec L to BFLY WALL, Sd R/Cl L, sd R ;

PART A (1-17)

1-2 SHDR TO SHDR BOTH WAYS TO A LH STAR ::

1 Fwd L to BFLY SCAR (W Bk R), rec R, sd L/cl R, Sd, L ;

2 Fwd R to BFLY BJO (W Bk L), rec L, sd R/cl L, sd, R turning to Rev (W LOD) touching L hnds ;

3-6 UMBR TURNS to BFLY ::::

3 Fwd L, rec R, bk L/cl R, bk L (W turning LF under LH to RLOD) ;

4 Bk R, rec L, fwd R/cl L, fwd R (W turning RF under LH to LOD) ;

5 Fwd L, rec R, bk L/cl R, bk L (W turning LF under LH to RLOD) ;

6 Bk R, rec L to BFLY WALL, Sd R/Cl L, sd R (W turning RF to BFLY) ;

7-9 NY'r ; WHIP to COH ; SLOW SD CL ;

7 XLif straight leg to LOP, rec R to BFLY WALL, Sd L/Cl R, sd L ;

8 Bk R to LOD, fwd L to BFLY COH, Sd R/Cl L, sd R

(W Fwd L outsd M on his L side, fwd R turning LF ½ to BFLY WALL Sd L/Cl R, sd L) ;

9 Slow Sd L-, Cl R ;

10-11 SHDR TO SHDR BOTH WAYS TO A LH STAR ::

10 Fwd L to BFLY SCAR (W Bk R), rec R, sd L/cl R, Sd, L ;

11 Fwd R to BFLY BJO (W Bk L), rec L, sd R/cl L, sd R turning to Rev (W LOD) touching L hnds ;

12-15 UMBR TURNS to BFLY ::::

12 Fwd L, rec R, bk L/cl R, bk L (W turning LF under LH to RLOD) ;

13 Bk R, rec L, fwd R/cl L, fwd R (W turning RF under LH to LOD) ;

14 Fwd L, rec R, bk L/cl R, bk L (W turning LF under LH to RLOD) ;

15 Bk R, rec L to BFLY WALL, Sd R/Cl L, sd R (W turning RF to BFLY) ;

16-17 NY'r ; WHIP to COH ;

16 XLIFR straight leg to LOP, rec R to BFLY WALL, Sd L/Cl R, sd L ;

17 Bk R to LOD, fwd L to BFLY COH, Sd R/Cl L, sd R ;

(W Fwd L outsd M on his L side, fwd R turning LF ½ to BFLY WALL Sd L/Cl R, sd L) ;

PART B (1-16)

1-4 HALF BASIC ; ONE FENCE LINE ; REV UNDERARM TURN ; UNDERARM TURN ;

1 BFLY WALL fwd L, rec R, sd L/cl R, Sd, L ;

2 Lunge Rif bending knee, Rec L, sd R/cl L, sd, R ;

3 XLif, rec R, (W XRif under jnd lead hnds trng LF, rec L to BFLY) sd L/cl R, sd L ;

4 XRif, rec L, (W XLif under jnd lead hnds trng RF, rec R to BFLY), sd R/cl L, sd, R ;

5-8 REV CRAB WKS ; CUCAR ; FENCE LNS ::

5 XLif, Sd R, XLif, Sd R, XLif ;

6 Pres sd R, rec L, sd R/cl L, sd R ;

7 Lunge Lif bending knee, Rec R, sd L/cl R, sd L ;

8 Lunge Rif bending knee, Rec L, sd R/cl L, sd R ;

9-12 SIDE WALK LOD ; SIDE WALK RLOD ; NY'R TO OP ; SWIVL 2 & CHA ;

9 Sd L, cl R, sd L/cl R, sd L LOD ;

10 Sd R, cl L, sd R/cl L, sd R, RLOD ;

11 XLif straight leg to LOP, rec R to BFLY WALL, Sd L/Cl R, sd L ;

12 Swivl R OP LOD, swivl L, fwd R/cl L, fwd R ;

13-16 SLIDE THE DR OVR & BK :: CUCAR TO FC ; BK BASIC ;

13 Rk Apt L, Rec R, XLif, Sd R, XLIFR, Sd R, XLif, changing sds M beh W ;

14 Rk Apt R, Rec L, XRif, Sd L, XRIFL, Sd L, XRif, changing sds M beh W ;

15 Pres R Sd, Rec L to FC, sd R/cl L, sd R ;

16 Bk R, Rec L, sd R/cl L, sd R ;

PART C (1-16)

Jeremiah's Cha

1-4 HND to HND ;; NY'r to OP ; SWVL 2 & CHA ;

- 1 XLib trng to sd by sd, rec R to fc ptr, Sd L/CI R, sd L ;
- 2 XRib trng to sd by sd, rec L to fc ptr, Sd R/CI L, sd R ;
- 3 XLif straight leg to LOP, rec R to BFY WALL, Sd L/CI R, sd L ;
- 4 Swivl R OP LOD, swivl L, fwd R/d L, fwd R ;

5-8 CIRC CHA to BFLY ;; FULL BASIC ;;

- 5 Circ LF (W RF) fwd L, fwd R, fwd L/d R, fwd L ;
- 6 Cont circ fwd R, fwd L, fwd R/d L, fwd R ;
- 7 Fwd L, Rec R, Sd L/CI R, sd L ;
- 8 Bk R, Rec L, Sd R/CI L, sd R ;

9-12 FENCE LINES ;; ALEMANA ;;

- 9 Lunge LIFR bending knee, Rec R, sd L/d R, sd L ;
- 10 Lunge RIFL bending knee, Rec L, sd R/d L, sd R ;
- 11 Fwd L, Rec R, sd L/d R, sd L ; (W bk Rm, rec L, sd R/d L, sd R commence RF swivel) ;
- 12 Bk R, Rec L, sd R/d L, sd R

(W fwd L cont RF trn under jnd ld hnd, fwd R cont RF trn under jnd ld hnds to fc M, sd L/d R, sd L to M's R sd) ;

13-17 LARIAT ;; TIME STEPS ;; SLOW SD CL ;

- 13 Pres sd L, rec R, sd L/d R, sd L (W circ armd M CW jnd ld hnds fwd R, fwd L, fwd R/d L, fwd R) ;
- 14 Pres sd R, Rec L, sd R/d L, sd R to BFLY WALL (W cont armd M jnd ld hnds fwd L, fwd R, fwd L/d R trng to fc M, sd L) ;
- 15 No hnds fcg ptr XLIBR, rec R, sd L/d R, sd L ;
- 16 No hnds fcg ptr XRIBL, rec L, sd R/d L, sd R ;
- 17 Slow Sd L,-,CI R,-;

PART A (Mod)

1-2 SHDR TO SHDR BOTH WAYS TO A LH STAR ;;

- 1 Fwd L to BFLY SCAR (W Bk R), rec R, sd L/d R, Sd, L ;
- 2 Fwd R to BFLY BJO (W Bk L), rec L, sd R/d L, sd, R ;
turning to Rev (W LOD) touching L hnds ;

3-6 UMBR TURNS to BFLY ;;;

- 3 Fwd L, rec R, bk L/d R, bk L (W turning LF under LH to RLOD) ;
- 4 Bk R, rec L, fwd R/d L, fwd R, (W turning RF under LH to LOD) ;
- 5 Fwd L, rec R, bk L/d R, bk L (W turning LF under LH to RLOD) ;
- 6 Bk R, rec L to BFLY WALL, Sd R/CI L, sd R ; (W turning RF to BFLY) ;

7-8 NY'r ; WHIP to COH ;

- 7 XLif straight leg to LOP, rec R to BFY WALL, Sd L/CI R, sd L ;
- 8 Bk R to LOD, fwd L to BFLY COH, Sd R/CI L, sd R
(W Fwd L outsd M on his L side, fwd R turning LF ½ to BFLY WALL Sd L/CI R, sd L) ;

9-10 SHDR TO SHDR BOTH WAYS TO A LH STAR;;

- 9 Fwd L to BFLY SCAR (W Bk R), rec R, sd L/d R, Sd, L ;
- 10 Fwd R to BFLY BJO (W Bk L), rec L, sd R/d L, sd R turning to Rev (W LOD) touching L hnds ;

11-14 UMBR TURNS to BFLY; ;;;

- 11 Fwd L, rec R, bk L/d R, bk L (W turning LF under LH to RLOD) ;
- 12 Bk R, rec L, fwd R/d L, fwd R (W turning RF under LH to LOD) ;
- 13 Fwd L, rec R, bk L/d R, bk L (W turning LF under LH to RLOD) ;
- 14 Bk R, rec L to BFLY WALL, Sd R/CI L, sd R ; (W turning RF to BFLY) ;

15-16 NY'r; WHIP to COH;

- 15 XLif straight leg to LOP, rec R to BFY WALL, Sd L/CI R, sd L ;
- 16 Bk R to LOD, fwd L to BFLY COH, Sd R/CI L, sd R ;
(W Fwd L outsd M on his L side, fwd R turning LF ½ to BFLY WALL Sd L/CI R, sd L) ;

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PART B (1-16)

1-4 HALF BASIC ; ONE FENCE LINE ; REV UNDERARM TURN ; UNDERARM TURN ;

- 1 BFLY WALL fwd L, rec R, sd L/cl R, Sd, L ;
- 2 Lunge Rif bending knee, Rec L, sd R/cl L, sd, R ;
- 3 XLif, rec R, (W XRif under jnd lead hnds trng LF, rec L to BFLY) sd L/cl R, sd L ;
- 4 XRif, rec L, (W XLif under jnd lead hnds trng RF, rec R to BFLY), sd R/cl L, sd, R ;

5-8 REV CRAB WKS ; CUCAR ; FENCE LNS ;:

- 5 XLif, Sd R, XLif, Sd R, XLif ;
- 6 Pres sd R, rec L, sd R/cl L, sd R ;
- 7 Lunge Lif bending knee, Rec R, sd L/cl R, sd L ;
- 8 Lunge Rif bending knee, Rec L, sd R/cl L, sd R ;

9-12 SIDE WALK LOD ; SIDE WALK RLOD ; NY'R TO OP ; SWVL 2 & CHA ;

- 9 Sd L, cl R, sd L/cl R, sd L LOD ;
- 10 Sd R, cl L, sd R/cl L, sd R RLOD ;
- 11 XLif straight leg to LOP, rec R to BFLY WALL, Sd L/Cl R, sd L ;
- 12 Swivl R OP LOD, swivl L, fwd R/cl L, fwd R ;

13-16 SLIDE THE DR OVR & BK ; CUCAR TO FC ; BK BASIC ;

- 13 Rk Apt L, Rec R, XLif, Sd R, XLif, Sd R, XLif, changing sds M beh W ;
- 14 Rk Apt R, Rec L, XRif, Sd L, XRif, Sd L, XRif, changing sds M beh W ;
- 15 Pres R Sd, Rec L to FC, sd R/cl L, sd R ;
- 16 Bk R, Rec L, sd R/cl L, sd R ;

Part C (Mod)

1-4 HND to HND ; NY'R TO OP ; SWVL 2 & CHA ;

- 1 XLib trng to sd by sd, rec R to fc ptr, Sd L/Cl R, sd L ;
- 2 XRif trng to sd by sd, rec L to fc ptr, Sd R/Cl L, sd R ;
- 3 XLif straight leg to LOP, rec R to BFLY WALL, Sd L/Cl R, sd L ;
- 4 Swivl R OP LOD, swivl L, fwd R/cl L, fwd R ;

5-8 CIRC CHA to BFLY ; FULL BASIC ;:

- 5 Circ LF (W RF) fwd L, fwd R, fwd L/cl R, fwd L ;
- 6 Cont circ fwd R, fwd L, fwd R/cl L, fwd R ;
- 7 Fwd L, Rec R, Sd L/Cl R, sd L ;
- 8 Bk R, Rec L, Sd R/Cl L, sd R ;

9-14 CUCARACHES ; FULL CHASE ;:

- 9 Pres sd L, rec R sd L/cl R, sd L ;
- 10 Pres sd R, rec L, sd R/cl L, sd R ;
- 11 Fwd L, Turn rf fwd R, Fwd L/cl R, Fwd L (W Bk R, Rec L, Fwd R/cl L, Fwd R) ;
- 12 Fwd R, Turn lf fwd L, Fwd R/cl L, Fwd R (W Fwd L, Turn lf fwd R, Fwd L/cl R, Fwd L) ;
- 11 Fwd L, Rec R, Fwd L/cl R, Fwd L (W Fwd R, Turn lf fwd L, Fwd R/cl L, Fwd R) ;
- 12 Bk R, Rec L, Fwd R/cl L, Fwd R (W Fwd L, Rec R, Bk L/cl R, Bk L) ;

15-20 ALEMANA ; LARIAT ; TIME STEPS ;:

- 15 Fwd L, Rec R, sd L/cl R, sd L (W bk R, rec L, sd R/cl L, sd R commence RF swivel) ;
- 16 Bk R, Rec L, sd R/cl L, sd R
(W fwd L cont RF tm under Jnd ld hnd, fwd R cont RF tm under jnd ld hnds to fc M, sd L/cl R, sd L to M's R sd) ;
- 17 Pres sd L, rec R, sd L/cl R, sd L (W circ arnd M CW jnd ld hnds fwd R, fwd L, fwd R/cl L, fwd R) ;
- 18 Pres sd R, Rec L, sd R/cl L, sd R to BFLY WALL (W cont arnd M jnd ld hnds fwd L, fwd R, fwd L/cl R trng to fc M, sd L) ;
- 19 No hnds fcg ptr XLib, rec R, sd L/cl R, sd L ;
- 20 No hnds fcg ptr XRif, rec L, sd R/cl L, sd R ;

End:

1-3 CHASE TO TANDUM WALL ; ONE CUCAR (Looking back at partner) ;

- 1 Fwd L, RF tm to ctr fwd R, fwd L/cl R, fwd L (W bk R, rec L, fwd R/cl L, fwd R) ;
- 2 Fwd R, LF Turn to Wall fwd L, fwd R/cl L, fwd R (W fwd L, tm RF fwd R, fwd L/cl R, fwd L) ;
- 3 Press Sd L, Rec R, sd L/cl R, sd L ; Looking back at your partner.