

# It Ain't Necessarily So



Choreographers: Chris & Terri Cantrell, 960 Garnet St., Broomfield, CO 80020; 303-469-9140, [dance@ctkr.com](mailto:dance@ctkr.com)

Music: "It Ain't Necessarily So" Online from Rhapsody <http://www.real.com/realone/rhapsody>, Glory of

Gershwin (Mercury/Universal), Trk #7 Cher, or choreographer

Music Modifications: See Below\*

Rhythm & Phase: West Coast Swing, Phase IV + 1 (Whip Turn) West Coast Swing Difficulty Level: Easy Intermediate

Footwork: Directions for M, W normal opposite, exceptions in () Comments: [Notes] & [\[\[Easier Options - phase IV\]\]](#)

Sequence: **Introduction A Interlude B C A B C A End**

## Introduction

### [0-21 Wait - 2 Sailor Shuffles -

- [0-1] {Wait Drum Beats,, & 1 measure;} Wait in LOP-fcg M fcg Wall;  
 Q&Q Q&Q [2] {2 Sailor Shuffles} XLIB of R/ sd R, sd L, XRIB of L/ sd L, sd R;

## Part A

### [0-81 Sugar Push.- Sugar Tuck A Spn,-,- UA Tm COH,-, UA Tm Wall,-,- Wrapped Whip,- ;

- QQ -Q Q&Q [0-1.5] {Sugar Push} Bk L, sm bk R, tap L fwd, fwd L; Anchor Step\* (W Fwd R [the R remains in the same place on the floor throughout this entire figure as if it were glued to the floor], fwd L, tap R, take wgt onto R; Anchor Step\*),  
 QQ -Q Q&Q [1.5-3] {Sugar Tuck & Spin} Bk L, sm bk R; Tap L fwd [tuck] lead W swvl sltly LF, fwd L lead W to spin full trn RF, anchor step (W Fwd R, fwd L; Tap R in place [tuck] swvl sltly LF, sd R RF comm spin, cont RF spin L/ R, L) LOP-fcg Wall; [0 tion: Sugar Push]]  
 QQ Q&Q Q&Q [3-4.5] {Underarm Turn to COH} Bk L, fwd R out of slot trn 1/4 RF, sd L/ rec R trn 1/4 RF, fwd & sd L into slot; Anchor Step (W Fwd R, fwd L trn 1/4 LF, sd R/ XLIF of R, sd R swvl 1/4 LF; Anchor Step) LOP-fcg COH,  
 [4.5-6] {Underarm Turn to Wall} Repeat Part A - Measures 3-4.5 to LOP-fcg Wall;;  
 QQ Q&Q [6-8] {Wrapped Whip} Bk L to dbl hnd hold, fwd R out of slot raise lead hnds bet faces trn 1/4 RF, sd L/ rec R trn 1/4 RF, fwd & sd L wrapped-COH; XRIB of L, trn 1/2 RF on R to fac Wall then fwd L, anchor step (W Fwd R, fwd L, fwd R/ cls L to R, bk R; Bk L, bk R, anchor step) LOP-fcg Wall;

## Interlude

### [0-31 Sugar Push with Rocks -,-,-

- QQ (Q-)  
 QQ QQ  
 QQ QQ  
 &Q&Q (Q&Q) [0-3] {Sugar Push with Rocks} Bk L, small bk R, fwd L, bk R; Fwd L, bk R, fwd L, bk R; Fwd L, bk R/ fwd L, anchor step (W Fwd R, fwd L partial wgt, full wgt on L, bk R; Fwd L, bk R, fwd L, bk R; Fwd L, bk R, anchor step) LOP-fcg Wall;

## Part B

### [0-81 Sugar Push.- Lft Sd Pass,, SSugar Push to 'L' hndshig, Rt Sd Pass.- - Whip Tm ; ;

- [0-1.5] {Sugar Push} Repeat Part A - Measures 0-1.5;,  
 QQ -Q Q&Q [1.5-3] {Left Side Pass} Bk L, fwd R & sd out of slot swvl 1/4 LF; Tap L sd, fwd & sd L into slot trn 1/4 LF, (QQ Q&Q Q&Q) anchor step (W Fwd R, fwd L; Trn 1/4 LF sd R/ XLIF of R, sd R swvl 1/4 LF, anchor step) LOP-fcg COH;  
 QQ -Q Q&Q [3-4.5] {Sugar Push to `L' position handshake} Bk L, sm bk R, tap L fwd, fwd L; [anchor step] XRIB of L/ rec L trn 1/4 LF rt-rt handshake M fac RLOD, sd & bk R (W Fwd R leave R in this position, fwd L, tap R, bk R; Anchor Step), [\[\[Option for Part B - Measures 3-6: Sugar Push;,, Left Side Pass;\]\]](#)  
 QQ -Q Q&Q [4.5-6] {Right Side Pass} Sd L, bk & sd R out of slot; Tap L sd chg to M lft-W rt hnds, fwd & sd L into slot trn (QQ Q&Q Q&Q) 1/4 LF, anchor step (W Fwd R, fwd L; Trn 1/4 LF sd R / XLIF of R, sd R swvl 1/4 LF, anchor step) LOP-fcg Wall; [\[\[Option for Part B - Measures 3-6: see Option above in Part B - Measures 3-4.5\]\]](#)  
 QQ Q&Q [7-8] {Whip Turn} Bk L, fwd R out of slot trn 1/4 RF, sd L/ rec R trn 1/4 RF trn, fwd & sd L to CP; XRI B of L, (QQ Q&Q) trn 1/2 RF on R to fac Wall then fwd L, anchor step (W Fwd R, fwd L swvl 1/2 RF, bk R/ cls L to R, fwd R swvl 1/2 RF; Bk L, bk R, anchor step) LOP-fcg Wall; [0 tion: Wrapped Whip]]

\* The original music has been modified for length. The first 41.5 seconds were cut and then cut again 2 minutes & 57 seconds later. The music was faded 3 seconds prior to end (right after the lyrics "It ain't necessarily so"). Music provide by choreographer is cut to specs.

## Part C

### **[0-81 Sugar Push, , Sugar Tuck to Hammerlock.-, UA Trn,-, Sugar Tuck to Hammerlock.- - UA Trn with Points - , - ,**

**[0-1.5]** { Sugar Push } Repeat Part A - Measures 0-1.5;

*QQ -Q Q&Q* **[1.5-3]** { Sugar Tuck to Hammerlock } Bk L, sm bk R to dbl hnd hold; Tap L fwd [tuck] lead W swvl LF, fwd L lead W twirl full turn RF, anchor step (W Fwd R, fwd L to dbl hand hold; Tap R in place [tuck] swvl slightly LF, sd R comm RF twirl, cont RF trn L/ R, L under jnd lead hnds allow trail hnds to fold behind W's back) Hammerlock\*-fcg Wall; [Option: Sugar Tuck & Spin OR for an easier option: Sugar Push]

*QQ Q&Q Q&Q* **[3-4.5]** { Underarm Turn } Bk L, fwd R out of slot trn 1/4 RF, sd L/ rec R trn 1/4 RF, fwd & sd L into slot; Anchor Step (W Fwd R, fwd L trn 1/4 LF, sd R/ XLIF of R, sd R swvl 1/4 LF; Anchor Step) LOP-fcg COH,

**[4.5-6]** { Sugar Tuck to Hammerlock } Repeat Part C - Measure 1.5-3 to Hammerlock-fcg COH;;  
[[Option for Part C - Measure 4.5-8: Sugar Tuck & Spin;; Underarm Turn;; OR easier: Sugar Push;; Underarm Turn;;]]

*QQ Q&Q  
Q&Q  
&Q&Q* **[6-8]** { Underarm Turn with Points } Bk L, fwd R out of slot trn 1/4 RF, sd L/ rec R trn 1/4 RF, fwd & sd L into slot; [anchor step] XRIB of L/ rec L, sd & bk R [points] / cls L to R, pt R sd/ cls R to L, pt L fwd (W Fwd R, fwd L trn 1/4 LF, sd R/ XLIF of R, sd R swvl 1/4 LF; [anchor step] XLIB of R/ rec R, sd & bk L [points] / cls R to L, pt L sd/ cls L to R, pt R fwd); [Option: Dance a normal Underarm Turn & Hold 2 beats keeping time with your body OR do one of the easier Options listed in Part C - Measures 4.5-6 options]

Repeat Part A

Repeat Part B (instrumental)

Repeat Part C

Repeat Part A

End

### **[0-41 Sugar Push with Rocks Apart A Point.**

**[0-3]** { Sugar Push with Rocks } Repeat Interlude - Measure 0-3 LOP-fcg Wall;;;

*SS* **[4]** { Apart Point } Step Apart L, point R twd partner.

**Anchor Step:** Figure starts with the trail foot. Cross trail foot in back of lead foot, recover onto lead foot, and step slightly side and back with your trail foot. The timing is like a triple in jive, quick and quick (Q&Q).

FOOtwork: XRIB of L/ rec L, sd & bk R (W XLIB of R/ rec R, sd & bk L)

**Hammerlock:** Hammerlock is like the "Tamara" position. The lead hands (M's left hand & W's right hand) are held high and the trail hands (M's right hand & W's left hand) are joined low behind the W's back. The couple is in BJO position (slight offset to the right of each other).

For additional information about West Coast Swing please visit our website and click on "Clinic Notes":

<http://www.ctkr.com>