

IN THE ARMS OF LOVE

Music: Prandi Sound – Master dance festival 2001 – Track# 19 – Time 2:56

Music available from Choreographer.

Rhythm : Foxtrot & Jive **Phase: IV (Average)**

Footwork : Opposite , except where (Noted)

Release Date : Dec 2009 **REVISED May 2012**

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SEQUENCE : INTRO ABC B ENDING

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INTRO - JIVE

01-04 WAIT 2 MEAS CP WALL LD FT FREE ; ; Chasse L & R ; SLOW RK BK & REC to PICK UP ;

{Wait} Wt 2 meas in CP WALL ld ft free ; ; **{Chasse L & R}** Sd L/cl R, sd L, sd R/cl L, sd R ; **{Slow Rk Bk & Rec to Pick Up}** [SS] Rk bk L to SCP, -, rec R (*W Rk bk R,-, fwd L trng LF to PU*) to CP DLW, - ;

PART A - FOXTROT

01-04 FORWARD & RUN 2 ; NATURAL TURN 1/2 ; CLOSED IMPETUS ; FEATHER FINISH ;

{Fwd & Run 2} Fwd L, -, fwd R, L ; **{Nat Trn 1/2}** Fwd R btw W's ft begin RF trn, -, sd L contg trn to CP (*W heel trn*), bk R to CP RLOD ; **{CL Impetus}** Bk L stg RF trn, -, trng RF heel trn on L & cl R, sd & bk L (*W fwd R btw M's ft, -, trng RF bk L, brush R to L & fwd R btw M's ft*) to CP DLW ; **{Fthr Fin}** Bk R trn LF, -, sd & fwd L, fwd R outsd W to BJO DLC ;

05-08 DIAMOND TURN HALF ; ; QUICK DIAMOND FOUR ; DIP BACK & REC to SCAR ;

{Diamond Trn 1/2} Fwd L, -, trng ¼ LF sd R, bk L ; Bk R, -, trng ¼ LF sd L, fwd R to RDW ; **{Qk Diam 4}** [QQQQ] Fwd L stg to trn LF, sd R contg LF trn, bk L compg 1/4 LF trn to BJO DLW, bk R to CP LOD ; **{Dip Bk & Rec to SCAR}** [SS] Bk L w/ flexed knee, -, rec R to SCAR DLW, - ;

09-11 CROSS HOVER to BJO ; CROSS HOVER to SCAR ; CROSS HOVER to SCP ;

{X Hov BJO} XLif, -, sd R w/ slt rise com LF trn, rec L comp trn to BJO DLC ; **{X Hov SCAR}** XRif, -, sd L w/ slt rise com RF trn, rec R comp trn to SCAR DLW ; **{X Hov SCP}** XLif, -, sd R w/ slt rise, rec L (*W XRib, sd & bk L w/ strong RF trn, fwd R*) to SCP DLC ;

12-16 CROSS HESITATION ; BK BK/LK BK ; IMPETUS to SCP LOD ; SYNC VINE ; WHIPLASH ;

{Cross Hesitation} [M SS] Fwd R, -, trng ¼ LF on ball of R ft draw L (*W fwd L stg LF trn, -, sd R arnd M trng LF, contg LF trn on R toe cl L*) to BJO DRC ; **{Bk bk/lk bk}** [12&3] Bk L, -, bk R/lk Lif, bk R ; **{Impetus to SCP}** W/ bdy RF trn bk L, -, cont RF trn on L heel & cl R risg to ball, fwd L (*W w/ bdy RF trn fwd R w/ heel ld & pvt 1/2, -, sd & fwd L contg trn, brushg R to L fwd R*) to SCP LOD ; **{Sync Vine}** [12&3] Thru R, sd L/XRib (*W XLib*), sd L ; **{Whiplash}** [SS] Thru R, -, trn bdy RF pt L to sd (*W thru L, -, swvl on L to fc M & pt R to sd*) to CP DLW, - ;

PART B - FOXTROT

01-07 REPEAT MEAS 1-7 PART A ; ; ; ; ; ; ;

08-10 DIP BACK & REC to CP ; REVERSE TURN ; ;

{Dip Bk & Rec to CP} [SS] Bk L w/ flexed knee, -, rec R CP LOD, -; **{Rev Trn}** Fwd L twd DLC comm LF turn, -, sd R around ptr, bk L twds LOD (*W Bk R comm LF trn, -, cl L [heel turn], fwd R btw M's ft*); Bk R cont LF turn, -, sd & fwd L cont trn, fwd outsd ptr (*W Fwd L cont LF trn, -, sd & bk R, bk L*) to BJO DLW ;

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11-13 HOVER TELEMARK ; IN & OUT RUNS ; ;

{Hover Telemark} Fwd L, -, sd & fwd R risg & trng ¼ RF, sd & fwd L (*W Bk R, -, sd & bk L risg & trng ¼ RF, brush R to L sd & fwd R*) to SCP DLW ; **{In & Out Runs}** Fwd R begin RF trn, -, sd & bk L CP RLOD, bk R (*W fwd L, -, fwd R btw M's ft, fwd L*) to BJO RLOD ; Bk L cont trng RF, -, sd & fwd R btw W's ft contg RF trn, fwd L (*W fwd R begin RF trn, -, fwd & sd L arnd M contg trn, fwd R*) to SCP DLC ;

14-16 OP NATURAL TURN ; QUICK DOUBLE OUTSIDE SWIVELS ; WEAWE ENDING ;

{OP Natural Trn} Trng RF fwd R, -, trng RF sd & bk L, bk R to CP RLOD ; **{Qk Dbl Outsd Swivels}** [QQQQ] Bk L, XRif w/ no weight (*W fwd R, swvl RF on ball of R foot to SCP*), -; Fwd R, hold (*W fwd L, swvl LF on ball of L ft*) to BJO DRC, -; **{Weave Ending}** [QQQQ] Bk L DLC, bk R trng LF to CP, sd & slightly fwd L, fwd R (*W fwd R, fwd L trng LF to CP, sd & slightly bk R, bk L*) to BJO DLW ;

17-20 HOVER TELEMARK ; NATURAL HOVER FALLAWAY ; SLIP PIVOT ; FWD FC CL to WALL ;

{Hover Telemark} Repeat meas 11 Part B ; **{Nat Hov Fallaway}** Fwd R, -, fwd L risg & trng RF, rec R (*W fwd L, fwd R btw M's ft risg & trng RF, rec L*) to SCP DRW ; **{Slip Pivot}** Bk L, -, bk R trng LF, fwd L (*W bk R, -, trng ½ LF slip L fwd, sd & bk R*) to BJO DLW ; **{Fwd Fc Cl}** Fwd R trng to fc, -, sd L, cl R to CP WALL ;

PART C - JIVE

01-04 CHASSE L & R ; CHANGE R to L ~ CHANGE HANDS BEHIND the BACK ; ; ;

{Chasse L & R} Sd L/cl R, sd L, sd R/cl L, sd R ; **{Change R to L}** Apt L, rec R, raisg jnd ld hnds sd L/cl R, sd L trng ¼ LF (*W apt R, rec L, sd R/cl L, fwd R trng 3/4 RF undr ld hnds*); bringing hnds down Sd & fwd R/cl L, sd R (*W Sd & bk L/cl R, sd & bk L*) to LOP-FCG LOD, **{Chng Hnds Behind Bk}** Rk apt L, rec R ; changing W's R hnd to own R hnd bhd bk fwd L/cl R, fwd L trng 1/4 LF (*W fwd R/L, R trng ¼ RF*), contg LF trn & changing W's R hnd to own L hnd sd & bk R/cl L, sd R (*W contg RF trn fwd & sd L/cl R, sd L*) to LOP-FCG RLOD;

05-09 CHANGE L to R ~ CHANGE HANDS BEHIND the BACK ; ; ; LINK & WHIP TURN ; ; ;

{Chg L to R} Rk apt L, rec R, chasse L/R, L trng 1/4 RF fc COH leading W to trn LF under raised lead arms ; Chasse fwd R/L,R, fcg prt & COH, **{Chg Hnds Behind Bk}** Rk apt L, rec R ; Repeat meas 4 Part C ; **{Link & Whip Trn}** Apt L, rec R, chasse fwd L/R, L to CP RLOD ; XRib, sd L (*W sd L, fwd R btw M's ft*), chasse sd & bk R/L, R to CP WALL ;

10-16 RIGHT TURNING FALLAWAY ~ PRETZEL TURN ~ R TURNING FALLAWAY ; ; ; ; ; SLOW RK BK & REC TO PU ;

{R Trng Fallaway} Rk bk L, rec R to CP, trng 1/2 RF sd L/cl R, sd L ; Sd R/cl L, sd R to CP COH, **{Pretzel trn}** Rk bk L to SCP RLOD, rec R ; Trng twd each other [M RF & W LF] & retaining ld hnds jnd low thruout chasse L/R, L, contg trn chasse R/L, R to end in slight V-BK-TO-BK RDW (*W RDC*) w/ld hnds still jnd bhd bk ; Xtndg free hnd

twd RLOD dip fwd L, rec R , trng awy from each other [M LF & W RF] chasse L/R, L ; Contg trn chasse R/L, R to CP COH, **{R Trng Fallaway}** Rk bk L, rec R to CP ; Trng 1/2 RF sd L/R, L, sd R/cl L, sd R to CP WALL ; **{Slow Rk Bk & Rec to PU}** [SS] Rk bk L to SCP, -, rec R (*W rk bk R, -, fwd L trng LF*) to CP LOD, - ;

ENDING - JIVE

01-02 CHASSE L & R ; ROCK REC FWD & CHAIR ;

{Chasse L & R} Sd L/cl R, sd L, sd R/cl L, sd R ; **{Rk Rec Fwd & Chair}** Rk bk L to SCP, rec R, fwd L, thru R relax R knee both fwd poise, hold as music fades ;