

M ALL RIGHT



Choreographers: Chris & Terri Cantrell, 960 Garnet St., Broomfield, CO 80020; Tel: 303-469-9140, dance@ctkr.com
Rhythm & Phase: Foxtrot, Phase VI **RAL Difficulty Level:** Below Average (4 Phase VI figures, 1 unphased)
Music: "I'm All Right" Madeleine Peyroux, "Half the Perfect World" or download or contact choreographer
Speed: Unchanged (27½ mpm)
Footwork: Directions for M, W normal opposite, exceptions in parentheses
Sequence: Introduction A B A B A End

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Introduction

[1-4] Wait ; Thru Fac Sd Behind ; Roll 3 ; Thru Vine 4 :

- SQ0 [1] **{Wait}** Wait drum beats and 1 measure – lead feet free LOP-LOD;
SQ0 [2] **{Thru Fac Sd Beh}** Fwd L trng LF to fac ptrr tch trail hnds,, sd R, XLIB of R;
SQ0 [3] **{Roll 3}** Trng RF fwd R cont RF trn,, bk L cont RF trn, sd R cont RF trn LOP-LOD;
Q000 [4] **{Thru Vine 4}** Fwd L trng LF to fac ptrr tch trail hnds, sd R, XLIB of R, sd R trn RF LOP-LOD;

5-8] Chk Thru Rec Sd to Fac ; Brk Bk Rec Lunge Apt ; Roll Across SCP ; Feather :

- Q0S [5] **{Chk Thru Rec Sd to Fac}** Fwd L chkg, rec R comm trng LF, sd L momentary Bfly-COH,;
Q0S [6] **{Brk Bk Rec Lunge Apt}** Trng RF bk R LOP-LOD, rec L, drop hnds sd R in lunge twd wall (W twd COH),;
SQ0 [7] **{Roll Across SCP-LOD}** Rec L comm LF trn pass beh W,, sd R cont LF trn w/ hvr action, fwd L SCP-LOD;
SQ0 [8] **{Feather}** Fwd R (W fwd L comm LF trn),, fwd L (W bk & sd R), fwd R BJO-LOD;

Part A

[1-4] Rev Wave 3 ; Start Check & Weave ; Bk Zig Zag 4 ; Heel Pull :

- SQ0 [1] **{Rev Wave 3}** Fwd L comm LF trn,, sd R cont trn (W heel trn), bk L CP-DRC;
SQ0 [2] **{Start Check & Weave}** Bk R chkg,, rec L, sd R prep stp in BJO;
Q000 [3] **{Bk Zig Zag 4}** Bk L twd LOD in BJO, cls R to L trn RF (W sd L), fwd L SCAR-LOD, trn LF sd R (W cls L to R) BJO-RL0D;
SS [4] **{Heel Pull}** Bk L,, draw R to L trn RF cls R (W sd L) CP-DLC;

[5-8] Telefeather (check) ; ; Topspin (check) ; Back Feather :

- SQ-& (SQ0&) [5] **{Telefeather}** Fwd L comm. trn LF,, sd R cont trn (W heel trn), pt L bk (W fwd R) SCAR-RL0D/bk L comm LF spin (W fwd L);
-000 (Q000) [6] Cont LF spin (W fwd & sd R) CP-DLC, sd R trng LF (W cls L to R on toes), trng LF sd & sltly fwd L, fwd R BJO-DLW chkg;
Q000 [7] **{Topspin}** spin LF bk L, bk R comm LF trn, sd L, fwd R BJO-DRC chkg;
SQ0 [8] **{Back Feather }** Bk L,, bk R, bk L BJO-DRC;

[9-12] Back Wave ; Finish Weave ; Hvr Telemark ; Curvd Feather Chk :

- SQ0 [9] **{Back Wave}** Bk R curv LF blend CP,, bk L, bk R CP-RL0D;
Q000 [10] **{Finish Weave}** Bk L comm LF trn, bk R cont trn, sd L, fwd R BJO-DLW;
SQ0 [11] **{Hover Telemark}** Fwd L,, fwd R CP hvr and trn RF, fwd L SCP-DLW;
SQ0 [12] **{Curved Feather Check}** Fwd R comm RF trn (W fwd L),, fwd L cont RF trn (W sd R), fwd R (W bk R) BJO-DRW chkg;

[13-16] Double OS Swivel ; OS Change SCP-DLC ; Q Open Reverse ; Bk to Oversway :

- SS [13] **{Double Outside Swivel}** Bk L (W fwd R swvl RF) SCP-DRW,, fwd R (W fwd L swvl LF) BJO-DRW,;
SQ0 [14] **{Outside Change SCP}** Bk L,, bk R comm LF trn (W fwd L), fwd & sd L SCP-DLC;
SQ&Q [15] **{Quick Open Reverse}** Fwd R (W fwd L fold LF CP-DLC),, fwd L trn LF/ sd R, bk L BJO-DRW;
Q0- [16] **{Back to Oversway}** Bk R comm LF trn, sd L twd DLC (W sd R), chg sway to rt,;

Part B[1-4] Fallaway Ronde Slip ; Reverse Turn ; ; Closed Hover ;

- &SQQ [1] **{Filwy Ronde Slip}** Rec R/ronde L CCW (W ronde CW),, bk L under body SCP-DLC, bk R (W trn LF fwd L) CP-DLC;
- SQQ [2] **{Reverse Turn}** Fwd L comm LF trn,, sd R cont trn (W heel trn), bk L CP-RL0D;
- SQQ [3] Bk R comm LF trn,, sd L cont trn, fwd R BJO-DLW;
- SQQ [4] **{Closed Hover}** Fwd L blend CP-DLW,, fwd R rise to toe, rec bk L CP-DLW;

[5-8] Feather Finish ; Double Reverse Spin ; Fwd, Right Lunge ; Rag Doll Sways & Slip ;

- SQQ [5] **{Feather Finish}** Bk R comm LF trn,, sd L cont trn, fwd R BJO-DLW;
- SS(SQ&Q) [6] **{Double Reverse Spin}** Fwd L comm LF trn,, sd R cont trn (W heel tm)/ cont LF trn (W sd R), cont LF trn W XLIF of R) CP-DLW;
- SS [7] **{Forward, Right Lunge}** Fwd L rotate body LF,, fwd R with rt sd leading in lunge,;
- Q000 [8] **{Rag Doll Sways & Slip}** Rec L sway lft, fwd R sway rt,; rec L sway lft, rotate LF bk R (W trn LF fwd L) CP-DLC;

[9-12] Left Curving 3 ; Bk Left Feather ; , Three Step ; , Forward ;

- SQQ [9] **{Left Curving 3}** Fwd L curv LF,, fwd R cont curv, fwd L CP-DRC chkg;
- SQQ [10] **{Bk Left Feather}** Bk R, bk L comm LF body trn, bk R SCAR-DRC comm LF trn;
- Q0S [11] Sd L CP-DRW cont LF trn, fwd R BJO-DLW, **{Three Step}** fwd L blend CP-DLW, fwd R heel lead;
- Q0S [12] Fwd L CP-DLW, **{Forward}** fwd R CP-DLW;

[13-16] Hover Telemark ; Natural Fallaway Weave ; ; Change of Direction ;

- SQQ [13] **{Hover Telemark}** Repeat meas 11, Part A SCP-DLW;
- SQQ [14] **{Natural Fallaway Weave}** Fwd R comm. LF trn,, fwd L rise chkg, bk R SCP-DRW;
- Q000 [15] Bk L, bk R comm. LF trn (W trn LF fwd L) CP-wall, sd L, fwd R BJO-DLW;
- SS [16] **{Change of Direction}** Fwd R,, fwd L trn LF & draw L to R CP-DLC;

Repeat Part A**Repeat Part B****Repeat Part A****End**[1-4] Fallaway Ronde Slip ; Reverse Zig Zag 4 ; Forward, Prepare ; Same Ft Lunge ...

- &SQQ [1] **{Fallaway Ronde Slip}** Repeat meas 1, Part B;
- Q000 [2] **{Reverse Zig Zag 4}** Fwd L comm LF trn, sd R cont trn (W cls L to R), bk L comm RF, cls R to L cont trn (W sd L) SCAR-LOD;
- S- [3] **{Forward Prepare}** Fwd L comm. LF trn (W bk R),, tch R to L fac COH (W cls L to R fac RLOD),;
- (SS)
- S... [4] **{Same Ft Lunge}** Fwd & sd R (W bk R) to same foot lunge sway rt W's head well lft M look twd W's face..