

## IF YOU WANT TO BE HAPPY

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RECORD: S.P.Q.R. "If You Want To Be Happy" by Jimmy Soul

FOOTWORK: OPPOSITE THROUGHOUT

RHYTHM: T/S

RAL PHASE II+1(Figure 8)

SPEED 42 rmp

SEQUENCE: 1NTR0-A-A-B-A-C-B( 1 -8)-A-B(9-1 6)-A-A-ENDING    RELEASE DATE 6/00

### INTRODUCTION

1-4 WAIT 2;; APT PT; TOG TCH BFLY;

1-4     wait 2 meas;; bk L,-,pt R,-;fwd R,-,tch L to BFLY,-;

### PART A

1-8   VIN 3; WRAP LDY; UNWRAP; CHG SDS L; FIGURE 8;;;;

1-4     sd L, XRIBL, sd L,-;ld W LF into WRP R,L,R,-(W tmg LF wrap into M stp L,R,L,-); ld W RF out of WRP in plc L,R,L,-  
(W trng RF out of WRP stp R,L,R,-); fwd L passing L shldrs id hnds jnd, ci R W under id hnds, fwd L tmg LF, - ;

5-8     trng LF fwd L, ciR, conttmfwdL, - ;   cont tm fwd R, ciL, cont tmfwdRtofcptr, -;passingR shid trngRFfwdL, ciR,  
conttmfwdL, - ;   conttmfwdR, ciL, conttmfwdRtofcptr, - ;

### PART B

1-8   FC-FC BK-BK;; BBALL TRN TO OPEN;; VIN APT/TOG;; FWD LK FWD 2X;;

1-4     sd L,cl R, sd L tmg LF 1/2,-;sd R,cl L, sdR trng RF 1/2,-; fwdLtrng 1/4,-, rec Rtrng 1/4,-;  
fwdLtrng 1/4,-, rec Rtrng 1/4 end in OP, - ;

5-8 sd L,XRIBL, sd L,-;sd R,XLIB R, sd R,-;fwd L, lk R in bk of L,   fwdL, -;fwd R, lk L in bk of R, fwd R, - ;

9-16 LACE ACRS ;   FWD 2STP; LACE BK; FWD 2STP; L TRNG BOX;;;;

9-12   ldg W under jnd id hnds fwd L chgg sds, cl R, fwd L, - ;   fwd R, ci L, fwd R, - ;   ldg W under jnd trl hnds fwd L chgg  
sds, ci R, fwd L, - ;   fwd R, ci L, fwd R, - ;

13-16 sd L,cl R, fwd L trng 1/4 LF,-; sd R,cl L, bk R tmg 1/4 LF,-;sd L,cl R, fwd L tmg 1/4LF,-; sd R,cl L, bk R tmg 1/4LF, - ;

### PART C

1-8   TWO TRNG 2STP TO LOD;; PROG SCIS 2X;; HTCH 6 TO FC;; SD 2STP L/R;;

1-4     sd L,cl R, fwd L pvtg RF 1/2,-;sd R,cl L, fwd R pvtg RF TO FC LOD,-; sd L, ci R, fwd XLIFR to SCAR, - ;   sd R, ci L,  
fwd XRJFL to BJO, - ;

5-8     fwd L, cl R, bk L, - ;   bk R, ci L, fwd R, - ;   sd L, ci R, sd L, - ;   sd R, ci L, sd R, - ;

### ENDING

L-7   VIN 3; WRAP LDY; UNWRAP; CHG SDS L; CIRC AWY/TOG; APT PT;

1-4     sd L,XRIBL, sd L,-;ld W LF into WRP R,L,R,-(W tmg LF wrap into M stp L, R, L, - ) ;   id W RF out of WRP in plc L,  
R, L, - (W tmg RF out of WRP stp R, L, R, - ) ;   fwd L passing L shldrs id hnds jnd, ci R W under id hnds, fwd L tmg LF, - ;

5-7     tmg LF fwd L, ci R, cont tm fwd L, - ;   cont tm fwd R, ci L, cont tm fwd R to fc ptr, - ;   step bk L, pt R twd partner