

IF YOU

Composers: Brent & Mickey Moore, 206 Scenic Drive, Oak Ridge, TN 37830, (423) 483-7997
Record: special press (flip Daddy Cha) 40 RPM
Footwork: Opposite, directions for man (lady as noted)
Phase & Rhythm: Unphased Rhythm Bolero
Sequence: A, B, Amod, Ending August 1993

PART A

1-4 LUNGE & HOOK TURN; HIGH LINE / SIDE BREAK; FORWARD WALKS; SWITCH & WALK;

- open fcng fc WALL R (L) feet free wait lead-in measure--
- 1 [LUNGE & HOOK TRN SQQ] Sd R slght "V" pos fc partnr slght lft (lady right) sway,-, lwr sharply trn RF (LF) hook LIFR, twist trn RF (LF) on heel of frnt/toe of bk foot to fc WALL;
- 2 [Hi LINE & SD BRK SQQ] Chng wght to L lift body up strt to raise arms,-, lwr & rk sd R arms to sd, rec L slght trn LF (RF) to "V" pos LOD slide arms to prtnr's back;
- 3 [FWD WALKS SQQ] Rise fwd R in "V" pos LOD,-, lwr fwd L, fwd R LOD;
- 4 [SWITCH & WALK SQQ] Fwd L sharp trn RF (LF) to "V" pos RLOD lead arms slide to prtnr's back,-, lwr fwd R, fwd L RLOD;

5-8 SWITCH & WALK; FORWARD MANEUVER SYNCOPATED PIVOTS;; TURNING BASIC WITH LEG CRAWL;

- 5 [SWITCH & WALK SQQ] Fwd R sharp trn LF (RF) to "V" pos LOD trail arms slide to prtnr's back,-, lwr fwd L, fwd R LOD;
- 6-7 [FWD MAN & PIVOTS SQQSQQ] Rise fwd L in "V" pos LOD,-, lwr trn RF in frnt of lady fwd R to cp extnd lft arm out, sd & bk L pvt RF to LOD; Fwd R pvt RF,-, fwd L across lady pvt RF, fwd R pvt RF (lady plc right hnd arnd man's waist as man manvrs in frnt extnd lft arm out for "helicopter" pvts)
- 8 [TRN BASIC/LEG CRAWL SQQ] Sd & bk L to cp DRW slght shpe RF pull right leg slghtly in (lady look at man lift lft leg up man's right tch his cheek with lft hnd),-, trn LF slip pvt action bk R sft knee, sd & fwd L trn LF to fc LOD sft knee strt rise release hold;

9-12 LUNGE BREAK; WRAP & RIPPLE; DEVELOPE & FACE; LADY SWITCH TO SHADOW;

- 9 [LUNGE BREAK SQQ] Trn LF sd & bk R to opn fcng fc LOD lead hnds still jnd,-, lower on R extnd lft to sd & bk good tone press lady bk, strt rise on R bring lady fwd (sd & bk L opn fcng,-, bk R contra ck action slght sit line action, rec fwd L strt rise);
- 10 [WRAP & RIPPLE &SS] Lead lady fwd & trn her RF to wrap/lwr on both feet to "spoon" shape both fc LOD,-, ripple up by strt knees fwd then strghtn knees brng body ovr knees in stages,-;
- 11 [DEVELOPE & FACE SQQ] Lift body up raise arms up & out jn hnds,-, lead lady out to trn LF under jnd right hnds weight to R (develope with L as arms extnd up & out,-, fwd L, fwd R trn LF undr right hnds to fc man & RLOD);
- 12 [SWITCH TO SHADOW SQQ] Fwd L slghtly to lady's right,-, fwd R lead lady fwd & to trn LF release right hnds, fwd L to shdw mve LOD right hnd to lady's right shldr jn lft hnds & extnd fwd (bk L,-, rec fwd R trn LF comb hair with right hnd, fwd L to shdw extnd right arm bk lft hnd fwd);

13-16 SHADOW CRAB WALKS; JETE POINT (LADY RONDE); DEVELOPE & FORWARD BREAK; RIGHT PASS; [2nd Time CROSS BODY LEAD;

- 13 [SHADOW CRAB WALK QQQQ] Fwd R XIFL, fwd L, Fwd R XIFL, fwd L no rise or fall all Q walk;
- 14 [JETE POINT (LADY RONDE) QQ&S] Fwd R XIFL lead lady across, trn LF cl L release hold, jn right hnds as lady trns lower & point R fwd LOD,- (Fwd R XIFL strt lf trn, fwd trn LF L, trn LF bk R jn right hnds, bk L soft knee undr body ronde R CW around & collect by L no weight,-);
- 15 [DEVELOPE & FWD BREAK SQQ] Rec sd & fwd R right sd lead LOD,-, ck fwd L sml stp slght contra ck action, rec bk R strt rise (slght rise on L develope R,-, bk R contra ck action slght sit line action, rec fwd L strt rise);

- 16 [RIGHT PASS SQQ] Fwd L trn RF to "L" pos fc WALL raise rght hnds to create window look at lady,-, XRIBL slght trn RF sft knee, trn RF rec L to opn fcng fc RLOD (fwd R look at man thru "window",- , fwd L sft knee strt slght trn LF, fwd R trn LF undr rght hnds to fc LOD);
- 16mod [CROSS BODY SQQ] Trn LF sd & bk L to "L" shpe COH,-, fwd R toe-in sft knee slght trn LF chnge to lead hnd hld, trn rf rec L strt rise fc LOD lft open pos (sd & fwd R trn rf,-, fwd L strt LF trn in frnt of man, trn LF sd & fwd R fc LOD);

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PART B

1-4 FORWARD BREAK; RIGHT PASS; HALF MOON;;

- 1 [FWD BREAK SQQ] Fwd R in opn fcng pos fc RLOD,-, ck fwd L sml stp slght contra ck action, rec bk R strt rise keep r-to-r hand hold (bk L opn fcng pos,-, bk R contra ck action slght sit line action, rec fwd L strt rise);
- 2 [RIGHT PASS SQQ] Fwd L trn RF to "L" pos fc COH raise rght hnds to create window look at lady,-, XRIBL slght trn RF sft knee, trn RF rec L to lft skaters fc LOD (fwd R look at man thru "window",- , fwd L sft knee strt slght trn LF, fwd R trn LF undr rght hnds to sktrs fc LOD);
- 3-4 [HALF MOON SQSSQQ] Sd & fwd R to lft skaters LOD,-, ck thru L LOD soft knee, rec R trn LF to fc COH soft knee strt to rise (trn LF sd & fwd L to lft sktrs LOD,-, ck thru R sft knee, rec L trn RF to fc man); Trn LF sd & fwd L to "L" pos moving RLOD,-, XRIBL sft knee slght trn LF, slip rec L trn LF (sd & fwd R fc RLOD "L" pos,-, fwd L trn LF sft knee, sd R trn LF);

5-8 START HALF MOON; UNDERARM TURN; HIP LIFTS;;

- 5 [START HALF MOON SQQ] Sd & fwd R to lft skaters RLOD,-, ck thru L RLOD soft knee, rec R trn LF to fc WALL soft knee strt to rise chnge hnds to jn trail hnds (trn LF sd & fwd L to lft sktrs RLOD,-, ck thru R sft knee, rec L trn RF to fc man chnge hnds);
- 6 [UNDERARM TURN SQQ] Bk L slght LF trn raise rght hands,-, bk R sft knee lead lady under, rec L release hnd hold fc WALL (trn RF sd & fwd R LOD,-, fwd L soft knee trn RF undr raised arms, rec R cont trn RF to fc sft knee strt to rise);
- 7 [HIP LIFT SQQ] Sd R to cp man's arms loosely arnd lady fc WALL,-, tch L to R lift hip up slght press on L, lower hip no weight;
- 8 [HIP LIFT SQQ] Sd L to cp man's hands to lady's waist (lady extnd arms out),-, tch R to L lift hip up slght press on R lady sweep hands in to tch man's face, lower hip no weight;

9-12 OPEN BREAK; NATURAL TOP RONDE WRAP & CROSSBODY;;

- 9 [OPEN BREAK SQQ] Sd & slght bk R slght opn fc pos extnd both arms to partnr fc WALL,-, bk L soft knee ck action press lady bk, rec fwd R strt RF trn release hnds (sd & bk L extnd arms to man,-, bk R sft knee, rec fwd L strt rise);
- 10 [NATURAL TOP SQQ] Fwd L trn RF to bjo fc DRW,-, XRIBL sft knee slght trn RF, trn RF sd & fwd L (fwd R to bjo,-, fwd L trn RF, fwd R trn RF);
- 11 [RONDE SQQ] Fwd R betwn lady's feet lead lady to ronde R CW,-, bk L in fallaway, bk R trn lady to bjo (sd & fwd L ronde R CW,-, bk R in fallaway, trn LF fwd & sd to bjo);
- 12 [WRAP & CROSSBODY SQQ] Bk L in bjo wrap lady LF into arms,-, lead lady to XIF bk & sd R, rec L unwrap lady to LOD (fwd R wrap LF under lead hnds into man's rght arm,-, fwd L XIF of man strt trn LF, sd R trn LF unwrap to LOD);

13-16 PREPARE THE AIDA; AIDA LINE & RECOVER; RIFF TURNS; TURNING BASIC;

- 13 [PREP AIDA SQQ] Sd & fwd R "v" pos LOD,-, thru L sft knee trn LF jn trail hnds (lady trn RF), sd R trn LF rlease lead hnds strt rise (lady trn RF);
- 14 [AIDA & RECOVER SS] Trn LF bk L slght "V" bk to bk pos RLOD lead hnds up & out trail hnds fwd (lady trn RF),-, rec R trn RF (lady LF) no lowering fc partner jn lead hnd high,-;
- 15 [RIFF TRNS QQQQ] Sd L trn lady RF undr lead hnds, cl R, Sd L trn lady RF undr lead hnds, cl R (trn RF fwd R cont with RF spin to fc man, cl L, trn RF fwd R cont with RF spin to fc man, cl L);
- 16 [TRN BASIC SQQ] Sd L to cp COH (lady look rght),-, trn LF slip pvt action bk R sft knee, sd & fwd L trn LF to fc WALL sft knee strt rise release hold;

ENDING

1-3 AIDA WITH ROCKS: RONDE & ARM DRAPE: LUNGE LINE & LEG CRAWL:

- 1 [AIDA & ROCKS **SQQ**] Trn RF bk R slight "V" bk to bk pos LOD trail hnds up & out lead hnds fwd (lady trn LF),-, rk fwd L hld pos, rec bk R;
- 2 [RONDE & ARM DRAPE **SS**] Rec Fwd L ronde CCW,-, cont ronde thru trn LF sd R near lady's R drape lead hnds on right shldr to lady fc DRW (rec fwd R ronde L CW strt RF trn,-, trn RF leave L slightly bk right hnd over man's right shldr,-);
- 3 [LUNGE & LEG CRAWL **SS**] lower on R extnd L DLW release lead hnds plc right hnd on lady's rght,-, cont extnd L to dlw shpe with left sway take lady's knee with lft hnd (lower slightly on R lift lft leg on man's L in leg crawl,-, lft hnd to man's lft shldr in caress action);