

I GOT RHYTHM

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Record: STAR Records No. 152 (flip "Dancin' Fool")

Phase: V + 2 (Pivot to a Hairpin, Same Foot Lunge) Foxtrot

Footwork: Opposite, directions for man (lady as noted)

Speed 45 rpm

Sequence: Intro, A, A, B, A, C, B mod, A (1-7), Ending

Revised May 2001

- INTRO -

1 - 4 OP DLW WAIT 1; TOG, TCH, & SLIP; TWIST VINE 8 (SCAR)::

- 1 Open facing position DLW lead hands joined wait 1 meas;
- S-Q 2 Step fwd L, with rt fc rotation tch R, -, slip R back with lf face rotation (CP LOD); (W fwd R, with rt fc rotation tch L, -, slip R fwd with lf fc rotation;)
- 3-4 Fwd L trng lf fc, sd R, XlibR, sd R; XlifR, sd R, XlibR, sd R to SCAR DLC; (W bk R trng lf fc, sd L, XrifL, sd L; XribL, sd L, XrifL, sd L to SCAR DLC;)

- A -

1 - 4 CURVING THREE STEP; FEATHER FINISH; REVERSE WAVE::

- 1 Fwd L starting to trn lf, -, fwd R cont trn, fwd L to CP RLOD;
- 2 Bk R, -, trng lf fc sd & fwd L, fwd R to BJO DLW;
- 3-4 Fwd L trng lf fc, -, sd R, bk L to CP DRC; bk R, -, bk L, bk R curving to end CP RLOD;

5 - 8 IMPETUS (SCP); PROM WEAVE to a LEFT WHISK:: LADY UNWIND in 2 & FEATHER

ENDING:

- 5 Start rt fc trn bk L, -, cl R to L heel trn, fwd L (SCP DLC);
- SQQ 6-7 Fwd R, -, fwd L trng lf fc to CP, sd & bk R outside partner to CBMP DLC; bk L, bk R trng lf fc,
- QQQQ bk L, XRibL to RSCP DRC; (W fwd L, -, sd & bk R to CP, cont trn fwd L to CBMP DLC; fwd R to CBMP, fwd L, fwd & bk R, XLibR to RSCP DRC;)
- QQQQ 8 Unwind rt fc with rise, lower, sd & fwd L rising, fwd R to CBMP DLC; (W fwd R arnd M, L arnd M, bk L, bk R to CBMP DLC;)

- B -

1 - 4 TELEMARK (SCP); OPEN NAT'L; PIVOT TO A HAIRPIN; OUTSIDE SWIVEL LILT PIVOT:

- 1 Fwd L starting to trn lf, -, sd R cont trn, sd & fwd L to SCP DLW;
- 2 Start rt fc trn fwd R, -, sd L across LOD, bk R leading W to step outside to CBMP;
- QQQQ 3 Bk L pivoting rt fc trn, fwd R, fwd L starting rt fc trn, sharply trng rt fc fwd R outside W to CBMP DRW; (W fwd R pivoting rt fc, bk L, bk R starting rt fc trn, bk L to CBMP DRW;)
- SQ-/& 4 Bk L, XrifL no wt, fwd R w/lilting action trng lf fc pkg up W, -/fwd L lowering & pvtng lf fc; (W fwd R, swvl rt fc, fwd L w/lilting action trng lf fc to CP, -/bk R lowering & pvtng lf fc;)

5 - 8 FEATHER FINISH; HOVER TELEMARK; WHIPLASH (BJO); BACK FEATHER FINISH:

- 5 same as meas. 2, Part A
- 6 Fwd L, -, sd & fwd R rising slightly trng 1/8 rt fc, fwd L to SCP LOD;
- 7 Thru R, -, trng rt fc to CP pt L, -; (W thru L, -, swvl lf fc to fc M & pt R, -;)
- 8 Bk L, bk R, sd L, fwd R TO CBMP DLC; (W fwd R, fwd L, sd R, bk L to CBMP DLC;)

- C -

1 - 4 **DOUBLE REVERSE; HOVER TELEMAR; CURV FEATHER; OUTSIDE SPIN to a PROMENADE SWAY:**

- 1 Fwd L starting to trn lf, -, sd & fwd R cont trn to CP DLW, -; (W bk R starting to trn lf, -, bring L alongside R trng lf fc & cl L, sd & fwd R trn lf fc/XlifR to CP DLW;)
- 2 Fwd L, -, fwd R trng rt fc, sd & fwd L SCP DLW; (W bk R, -, bk L trng rt fc, sd & fwd R SCP;)
- 3 Fwd R, -, fwd L trng rt fc, fwd R to CBMP DRW; (W fwd L, -, sd R, bk L to CBMP DRW;)
- 4 Leading W to step outside start rt fc trn fwd L along side R toeing in, -, fwd R trng rt fc to fc W, tch L/sd L to SCP DLW stretching body up looking over joined lead hnds; (W starting to trn rt fc fwd R outside M, -, cl L to R on toe cont trn, sd R to SCP stretching body up looking over joined lead hnds;)

5 - 8 **QUICK CHANGE SWAY (twice) & SLIP; QUICK CLOSED TELEMAR; SYNCOP TWISTY VINE 8::**

QQ-Q 5 No weight chng slight lf fc rotation, rt fc rotation, -, trng lf fc slip R bk to CP LOD; (W no weight chng slight lf fc rotation head to lf, rt fc rotation head to rt, -, trng lf fc slip L fwd to CP LOD;)

QQQa 6 Fwd L starting to trn lf, sd & fwd R cont trn, sd L, fwd R to BJO DLW/sd L; (W bk R starting to trn lf, bring L alongside R trng lf fc & cl L, sd R trng lf, bk L to BJO/sd R;)

7-8 XRibL, -/sd L, XRifL, -/sd L; XRibL, -/sd L, XRifL, -/cl L; (W XLifR, -/sd R, XLibR, -/sd R;

Q-aQ-a XLifR, -/sd R, XLibR, -/swvl rt fc;)

Q-aQ-a

9 - 12 **LADY SWIVEL to SAME FOOT LUNGE; TELEMAR (SCP); FEATHER; CHNG OF DIR:**

QS- 9 Sd and slightly fwd R looking rt, rotate rt fc, -, -; (W bk R well under body trng body to lf and looking well to lf, chng head to rt, -, -;)

&QQS 10 Lf fc body trn/fwd L with lf fc rotation, fwd & sd R trng lf fc, sd & fwd L to SCP DLW, -; (W fwd L/R, cl L heel trn, sd & fwd R to SCP DLW;)

SQQ 11 Fwd R, -, fwd L, fwd R to CBMP DLW; (W fwd L starting a lf fc rotation, -, sd R, bk L to CBMP DLW;)

SQQ 12 Fwd L, -, fwd R trng lf fc, draw L to R to CP DLC;

13 - 16 **THREE STEP; NAT'L WEAVE INTERRUPTED with a DOUBLE BACK LILT::**

13 Fwd L, -, fwd R, fwd L DLC;

SQQ 14 Starting a rt fc rotation fwd R, -, sd L trng rt fc to BJO DRW, bk R; (W starting a rt fc rotation bk L, -, cl R to L trng rt fc to BJP DRW, fwd L;)

S&S& 15 Bk L, -, bk R/bk L, -/bk R; (W fwd R, -, fwd L/fwd R, -/fwd L;)

QQQQ 16 Bk L, bk R, trng lf fc sd L, fwd R CBMP DLW; (W fwd R, fwd L, trng lf fc sd R, bk L CBMP;)

- B modified-

1 - 8 **HOVER TELEMAR; Repeat meas. 2 – 8 of Part B;;; ;;;**

1 Fwd L, -, fwd & sd R with rt fc rotation, sd & fwd L to SCP DLW;

2-8 Repeat meas. 2 – 8 of Part B;;; ;;;

- ENDING -

1 - 2 **LADY UNWIND to a SAME FOOT LUNGE LINE::**

QQQQ 1 Unwind rt fc with rise, lower, sd & fwd L rising & swiveling W, tch R; (W fwd R arnd M, Fwd L arnd M, sd R, cl L swiveling rt fc;)

2 sd R looking at W & pointing L, -, -, -; (W bk R pointing L looking well to lf, -, -, -;)