

I CAN S Y NOW

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Music: "I Can See Clearly Now", CD: "We Are All One. The Best of Jimmy Cliff"
Note: Music has been slowed slightly
Rhythm/Phase: Cha Cha, Phase III
Timing: 123&4, except where noted (W in parentheses)
Sequence: INTRO A A(meas-16) B A B(meas 1-12) ENDING



INTRO

1 - 4 WAIT:: SHOULDER TO SHOULDER TWICE::

- 1-2. In BFLY Wall wt 2 meas;;
3. Trng slightly RF rk fwd L in BFLY SCAR, rec R to fc, sd LOD L/cl R, sd L;
4. Trng slightly LF rk fwd R in BFLY BJO, rec L to fc, sd RLOD R/cl L, sd R;

PART A

1-4 BASIC:: REVERSE UNDERARM TRN; CRAB WALK:

- 1-2. In BFLY fwd L, rec R, sd L/cl R, sd L; Bk R, rec L, sd R/cl L, sd R;
3. XLif of R lifting M's L & R's R arms up to ld W into LF undrm trn, rec R, sd Ucl R, sd L (W XRif of L undr jnd ld hnds trng 1/2 LF, rec L cont trn to fc ptr, sd R/cl L, sd R);
4. In BFLY XRif of L (bth Xif), sd L, XRif of L (bth Xif)/sd L, XRif of L (bth Xif);

5 - 8 TRAVELING DOOR; SD WALK RLOD; HAND TO HAND TWICE::

5. Staying in BFLY rk sd LOD L, rec R, XLif of R (bth Xif)/sd R, XLif of R (bth Xif);
6. Sd RLOD R, cl L, sd R/cl L, sd R;
7. Trng LF (W RF) to OP LOD rk bk L, rec R trng RF (W LF) to BFLY Wall, sd LOD Ucl R, sd L;
8. Trng RF (W LF) to LOP RLOD rk bk R, rec L trng LF (W RF) to BFLY Wall, sd RLOD R/cl L, sd R;

9-12 FWD BASIC; WHIP; NEW YORKER; SPOT TURN:

9. In Bfly Wall rk fwd L, rec R, sd L/cl R, sd L;
10. Bk R trng LF, rec L to fc COH, sd LOD R/cl L, sd R (W fwd L stepping outsd M on his L sd commencing LF trn, sd R COH cont LF trn to fc Wall, sd LOD Ucl R, sd L) to BFLY COH;
11. Releasing M's R & W's L hnds trn 1/4 RF (W LF) and rk thru L LOD, rec R trng LF (W RF) to BFLY COH, sd RLOD Ucl R, sd L;
12. XRif of L (bth Xif) commencing LF trn (W RF) releasing hnds, rec L cont trn to fc ptr, sd LOD R/cl L, sd R;

13-16 TIME STEP TWICE:: FWD BASIC, WHIP:

13. XLib of R (bth Xib) while extending bth arms out to sds, rec R, sd RLOD L bringing bth arms in frnt of chest/cl R, sd L;
14. XRib of L (bth Xib) while extending bth arms out to sds, rec L, sd LOD R bringing bth arms in frnt of chest/cl L, sd R;
15. Blending to BFLY rk fwd L, rec R, sd L/cl R, sd L;
16. Bk R trng LF, rec L to fc Wall, sd RLOD R/cl L, sd R (W fwd L stepping outsd M on his L sd commencing LF trn, sd R Wall cont LF trn to fc COH, sd RLOD L/cl R, sd L) to BFLY Wall;

17 - 20 TIME STEP TWICE:: NEW YORKER; SPOT TURN:

17. Releasing BFLY XLib of R while extending bth arms out to sds, rec R, sd LOD L bringing bth arms in frnt of chest/cl R, sd L;
18. XRib of L while extending bth arms out to sds, rec L, sd RLOD R bringing bth arms in frnt of chest/cl L, sd R;
19. Trng 1/4 RF (W LF) jn ld hnds and rk thru L RLOD, rec R trng LF (W RF) to BFLY Wall, sd LOD Ucl R, sd L;
20. XRif of L (bth Xif) commencing LF trn (W RF) releasing hnds, rec L cont trn to fc ptr, sd RLOD R/cl L, sd R to BFLY Wall;

PART B

- 1 - 4 OP BREAK; UNDERARM TURN; LARIAT (BOTH FC LOD); FWD 2 & CHA:
1. Releasing M's R & W's L hnds rk apt L, rec R, sd LOD L/cl R, sd L;
 2. XRif of L raising jnd ld hnds, rec L, sip R/L,R (W XLif of R trng 1/2 RF undr jnd ld hnds, rec R cont RF trn to fc M, sd RLOD L/cl R, sd L to M's R sd) to end w/ ld hnds still jnd and ready to pass ovr M's hd w/ W to R of M;
 3. Rk sd LOD L, rec R trng 1/4 LF to fc LOD, sm fwd LOD L/R,L (W circ'1/4 RF arnd M w/ ld hnds passing ovr M's hd stepping fwd R, L, R/L, R) to LOP LOD;
 4. Fwd LOD R, L, fwd R/lk Lib of R, fwd R;
- 5 - 8 TURN IN 2 AND BACK CHA; BACK BASIC; SLIDING DOOR TWICE::
5. Fwd LOD L trng 1/4 LF, sd LOD R cont LF trn to fc RLOD, bk L/lk Rif of L, bk L (W fwd LOD R trng 1/4 RF, sd LOD L cont RF trn to fc RLOD, bk R/lk Lif of R, bk R) to OP RLOD;
 6. Rk bk R, rec L, fwd RLOD R/lk Lib of R, fwd R;
 7. Rk apt L, rec R, slide beh W XLif of R releasing jnd hnds/sd R, XLif of R (W rk apt R, rec L, slide in front of M XRif of L/sd L, XRif of L) to LOP RLOD;
 8. Rk apt R, rec L, slide beh W XRif of L releasing jnd hnds/sd L, XRif of L (W rk apt L, rec R, slide in front of M XLif of R/sd R, XLif of R) to OP RLOD w/ no hnds jnd;
- 9-12 (FIGURE 8) CIRCLE AWAY 2 & CHA; TOGETHER 2 & CHA; PASS R SHOULDERS AND CIRCLE TWD LOD; TOG 2 & CHA:
9. Circ LF awy twd Wall (W circ RF awy twd COH) fwd L, R, fwd L/lk Rib of L, fwd L;
 10. Cont LF circ twd ptr (W RF circ) fwd R, L, fwd R/lk Lib of R, fwd R twd ptr's R sd preparing to pass each other;
 11. Passing R shoulders circ RF awy twd COH and LOD (W circ LF awy twd Wall and LOD) fwd L, R, fwd L/lk Rib of L, fwd L;
 12. Cont RF circ twd ptr (W LF circ) fwd R, L, fwd R/lk Lib of R, fwd R to fc ptr and Wall;
- 13-15 (BFLY) MERENGUE BASIC; CUCARACHA TWICE::
- 1234
13. Blending to BFLY stp sd LOD L, cl R, sd LOD L, cl R;
 14. Rk sd LOD L, rec R, cl L/sip R, sip L;
 15. Rk sd RLOD R, rec L, cl R/sip L, sip R;

ENDING

- 1-5 CHASE; (TO TANDEM WALL); CUCARACHA TWICE; (TO CUDDLE POS); POINT SIDE AND HOLD,-,-,;:
1. Rk fwd twd Wall L and trn 1/2 RF to fc COH, rec R, fwd twd COH L/lk Rib of L, fwd L (W rk bk twd Wall R, rec L, fwd twd COH R/lk Lib of R, fwd R);
 2. Rk fwd twd COH R trng 1/2 LF to fc Wall, rec L, fwd twd Wall R/lk Lib of R, fwd R (W rk fwd twd COH L trng 1/2 RF, rec R, fwd twd Wall L/lk Rib of L, fwd L) to Tandem POS Wall w/ no hnds jnd;
 3. Rk sd LOD L, rec R, cl L/sip R, sip L (W rk sd RLOD R, rec L, cl R/sip L, sip R);
 4. Rk sd RLOD R, rec L, cl R/sip L, sip R (W rk sd LOD L, rec R, cl L/sip R, sip L) taking the arms to Cuddle POS on bts 3&4 w/ W's arms folded in frnt of her bdy and M's arms wrapped around her;
 5. Pt L ft sd twd LOD (W pt R ft sd twd RLOD),-,-,;:
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