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ARTIST ROSS MITCHELL & TONY CRANE

FOOT WORK DIRECTIONS FOR MAN EXCEPT WHERE NOTED SPEED: 45

RHYTHM SLOW TWO STEP PH 1V+2 [TRPL TRAVELER-CHG SWAY] DATE 6/11

SEQUENCE A B B C A [1/14] END

INTRO

1-4 :: 2 LUN BAS W/PU::

BFLY Wait;; Sd L,-, rec R, XLIF; Sd R,-, rec L, XRIF;

PART A

1-4 TRAV X CHASSES:::;

Fwd L trn,-, sd R, XLIF; Fwd R trn,-, sd L, XRIF; Fwd L trn,-, sd R, XLIF;
Fwd R trn,-, sd L, XRIF FC/WL;

5-8 UNDRM TRN; LARIAT:: BAS ENDING;

Sd L,-, XRIB, rec L; IN PLC Stp R,-, stp L, stp R; Stp L, stp R, stp L; Sd R,-, XLIB, rec R;

9-12 2 SWCHS::; R TRN W/OUTSD ROLL; BAS ENDING;

Fwd & sd L,-, bk & sd R, fwd L; Fwd R,-, fwd L, fwd R; Sd & bk L,-, sd & bk R, XLIF;
Sd R,-, XLIB, rec R;

13-16 L TRN W/INSD ROLL; BAS ENDING; 2 OP BAS::;

Fwd L,-, sd R, XLIF; Sd R,-, XLIB, rec R; Sd L,-, XRIB, rec L; Sd R,-, XLIB, rec R;

PART B

1-4 TRPL TRAVELER::; BAS ENDING;

Fwd L,-, fwd R, fwd L; Fwd R sprl,-, fwd L, fwd R; Fwd L,-, sd R, XLIF;
REPEAT 8 PART A;

5-8 2 TWIST BAS::; 2 OP BAS::;

Sd L,-, XRIB, rec L; Sd R,-, XLIB, rec R; Sd L,-, XRIB, rec L; Sd R,-, XLIB, rec R;

PART C

1-4 SD BAS; WRAP LADY; SWHRT RUNS::;

Sd L,-, XRIB, rec L; Stp R,-, stp L, stp R WRAP/LOD;
Fwd L,-, fwd R, fwd L; Fwd R,-, fwd L, fwd R;

5-8 SWHRT RUNS; FWD SD CL; 2 SD BAS::;

Fwd L,-, fwd R, fwd L; Fwd R trn,-, sd L, cl R;
Sd L,-, XRIB, rec L; Sd R,-, XLIB, rec R;

9-12 UNDRM TRN; REV UNDRM TRN; 2 OP BAS::;

Sd L,-, XRIB, rec L; Sd R,-, XLIF, rec R; REPEAT 15-16 PART A;;

13-16 2 SWCHS::; 2 LUN BAS W/PU::;

Fwd & sd L,-, bk & sd R, fwd L; Fwd R,-, fwd L, fwd R;
Sd L,-, rec R, XLIF; Sd R,-, rec L, XRIF;

END

1-2 PROM SWAY; CHG SWAY;

Sd & fwd L trn,-, relax knee,-; Rotate upper body no wt chg,-,-;