

HERNANDO'S TWO STEP

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Record Grenn 17094
Rhythm Two-step
Footwork Directions for man, lady opposite footwork except as otherwise noted.
Level Roundalab Phase 2+1 (Strolling Vine plus optional leg crawl)
Sequence Intro A-B- A(1-8)- B-End Recommended Speed 45 rpm

INTRODUCTION

1-4 WAIT;; APT PT; TOG TCH TO BFY;

(1-2) In OP fcg ptr and wall wait 2 meas;;
(3-4) Stp apt L,-, pt R,-; tog R,-, tch L,- to BFY;

PART A

1-4 TRAVELLING DOOR;;;

(1-4) Rk sd L,-, rec R ,;-; (both cross in front) XLIF, sd R, XLIF,-; Rk sd R,-, rec L,-; XRIF, sd L, XRIF,-;

5-8 LUNGE TWIST BHD SD THRU;; CUT BK TWICE; DIP & REC TO OP;

(5-6) Lunge sd L,-, twist RF to look RLOD,;-; bhd R, sd L, thru R to SCP,;-;
(7-8) Cross L in front and beyond R, bk R, cross L in front and beyond R, bk R; dip bk L,;-; rec R blending to OP ,;-;

9-16 SLIDING DOOR TWICE;;; CIRCLE AWAY 2 2-STPS;; STRUT TOG 4 TO CP WALL;;

(9-12) Rk apt L releasing hnds and blending to pass behind W,-, rec R,-; changing sides without changing facing dieection and both crossing in front XLIF, sd R, XLIF,-; Rk apt R,-, rec L,-; XRIF, sd L, XRIF,-;
(13-14) Circle away from ptr LF fwd L, clo R, fwd L,-; fwd R, clo L, fwd R,- to finish fcg ptr;
(15-16) Strut fwd L,-,R,-; L,-, R,- to CP fcg wall;

PART B

1-8 STROLLING VINE;;; TWO TRNG TWO STPS FC WALL;; ROLL 4 TO CP

(1-4) Comm slight RF upper body trn Sd L,-, with slight LF upper body trn XRB,-; cont trn sd L,cont trn clo R, cont trn sd L,-; comm LF upper body trn sd R,-, with slight RF upper body trn XLIB,-; cont trn sd R, cont trn clo L, cont trn sd R,;-;
(5-6) Sd L, clo R, sd L trng RF,;-; sd R, clo L, sd R cont trn to fg wall,;-;
(7-8) Roll LF L,-,R,-; L,-, R,- to CP fgg wall;

9-16 BROKEN BOX;;; TWL VINE 3; REV TWL VINE 3 TO CP WALL; RK FWD REC; RK BK REC TO BFY;

(9-12) Sd L, clo R, fwd L,-; rk fwd R,-, rec L,-; sd R, clo L, bk R,;-; rk bk L,-, rec R,-;
(13-14) Leading W to twl RF under jnd lead hnds sd L, XRB, sd L,-; leading W to twl LF under jnd lead hnds sd R, XLIB, sd R,-to CP fcg wall;
(15-16) Rk fwd L,-, rec R,-; rk bk L,-, rec R to BFY,;-;

END

1-8 FC TO FC RK SD REC;; BK TO BK RK SD REC;; TWL VINE 3; REV TWL VINE 3; RK FWD REC; RK BK HOLD;

(1-4) Sd L, clo R, sd L trng ½ LF to bk to bk position,;-; rk sd R,-, rec L,-; sd R, clo L, sd R trng ½ RF to fc ptr,;-; rf sd L,-, rec R,;-;
(5-7) Repeat Part B meas 13 - 15,;;;
(8) Rk bk L and hold,;- (optional leg crawl W rk fwd R bringing L leg up along mans outer thigh);