

## HEARTBEAT TWOSTEP

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Record: Stardust URC 1236 "Can't You Hear My Hearbeat", by Herman's Hermits

Footwork: Opposite, directions for man ( *woman in parentheses* ) Speed: 46 RPM Time: 2:15

Phase & Rhythm: Roundlab Phase 2 Twostep Timing is QQS except as noted.

Sequence: Introduction, A, A, B, A, End Released: Jan 96

## INTRODUCTION

Measures

1-4 OP FCG DLW WAIT 2;; APT PT; TOG PU CP LOD;

1-2 In OP DLW FCG wait 2 meas;;

3 SS Stp apt L,-, pt R,-;

4 SS Stp tog R,-, tch L,-, pickup W CP LOD;

Note: A Snug Closed Position works best so you can hear each other's "heartbeat" **J J**

## PART A

1-4 BOX;; SD DRW TCH LEFT; SD DRW TCH RIGHT;

1-2 Sd L, cls R, fwd L,-; sd R, cls L, bk R,-;

3-4 SS; SS Sd L, drw R to left,-, tch R; sd R, drw L to R,-, tch L;

5-8 REV BOX;; SD DRW TCH LEFT; SD DRW TCH RIGHT;

5-6 Sd L, cls R, bk L,-; sd R, cls L, fwd R,-;

7-8 Repeat meas 3 & 4 loosen Snug Closed Position;;

9-12 PROGRESSIVE SCISSORS TWC BJO;; FWD HITCH; HITCH SCISSORS SCP;

9-10 Sd L, cls R, XLIF SCAR DLW,-; sd R, cls L, XRIF BJO DLC,-;

11-12 Fwd L, cls R, bk L,-; bk R, cls L, fwd R,-, ( *W bk/sd L trng fc M, cls R, stp thru L* ) to SCP LOD;

13-16 2 FWD TWOSTEPS OP LOD;; HITCH DOUBLE;;

13-14 Fwd L, cls R, fwd L,-; fwd R, cls L, fwd R,-, OP LOD;

15-16 Fwd L, cls R, bk L,-; bk R, cls L, fwd R,-;

17-19 FWD LOCK FWD TWC;; WALK & PU CP LOD;

17-18 Fwd L, lk RIB, fwd L,-; fwd R, lk LIB, fwd R,-;

19 SS Fwd L, -, fwd R,-, pick up W CP LOD;

NOTE: 2nd time chg meas 19 to WALK & FC CP WALL; 3rd time WALK & FC BFLY WALL;

## PART B

1-4 LEFT TURNING BOX-HALF COH;; SD TWO STEP LEFT; SD TWO STEP RIGHT;

1 Sd L, cls R, fwd L trng ¼ lfc,-; sd R, cls L, bk R trng ¼ lfc,-, fc COH CP;

3-4 Sd L, cls R, sd L,-; sd R, cls L, sd R,-;

5-8 LEFT TURNING BOX-HALF WALL;; SD CLS TWC; WALK & PU;

5 Sd L, cls R, fwd L, trng ¼ lfc,-; sd R, cls L, bk R trng ¼ lfc,-, fc WALL CP;

7 QQQQ Sd L, cls R, sd L, cls R, SCP LOD;

8 SS Repeat Part A meas 19;

## END

1-4 BFLY LIMP; WALK FC BFLY; LIMP; WALK & FC BFLY;

1 QQQQ Sd L, XIB R, sd L, XIB R,;

2 SS Fwd L, -, fwd R,-, BFLY;

3 QQQQ Repeat Meas 1;

4 SS Repeat Meas 2;

5-6 TWIRL VINE 2; APT PT;

5-6 SS;SS Sd L,-, XIB R,-,(W twirl rfc under joined lead hnds R,-,L,-,); stp apt L,-, pt R twd ptrn,-;