

HEARTACHES

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RECORD: ROPER JH-420

FOOTWORK: Opposite, Directions for the man except where noted

SEQUENCE: INTRO,A,B,C,D,A,B,C,D,TAG

RATING: PHASE III

RHYTHM: CHA CHA

INTRO**1-8 WAIT:: BASIC:: NEW YORKER: UNDERARM TURN: LARIAT::**

- [1-4] BFLY man fcg WALL wait 2 meas;; fwd L, rec R, sd L/cl R, sd L; bk R, rec L, sd R/cl L, sd R
- [5] trn RF step thru L on straight leg to LOP RLOD, rec R trn LF to fc ptrn, sd L/cl R, sd L;
- [6] bk R (W beg RF trn ½ XLIF unf jnd lead hnds), rec L (W rec R complete RF trn to fc ptrn),
 VS5 / 5 : ~~VG F0 VG W O V~~ VG
- [7] sip L, R, L/R, L (W cir CW arnd M fwd R, L, R/L, R);
- [8] sip R, L, R/L, R (W cont cir CW to fc ptrn L, R, L/R, L);

PART A**1-8 HND-HND 2X:: BRK TO OP: WALK: SLDG DR:: CIR AWAY & TOG::**

- [1] XLIB trn LF to OP LOD, rec R trn RF to fc ptrn, sd L/cl R, sd L;
- [2] XRIB trn RF to LOP RLOD, rec L trn LF to fc ptrn, sd R/cl L, sd R;
- [3-4] XLIB trn LF to OP LOD, rec R, fwd L/cl R, fwd L; fwd R, fwd L, fwd R/cl L, fwd R
- [5-6] rk apt L, rec R releasing hnds, XLIF/sd R, XLIF; rk apt R, rec L, XRIF/sd L, XRIF
- [7] cir CCW (W CW) fwd L, fwd R, fwd L/cl R, fwd L;
- [8] cont cir fwd R, fwd L, fwd R/cl L, fwd R to fc ptrn;

PART B**1-8 CHASE W/DBL PEEK-A-BOO:::~::~:**

- [1] fwd L trn RF ½ (W bk R), rec R to tandem COH, fwd L/cl R, fwd L;
- [2] sd R look at ptrn over L shldr, rec L, sd R/cl L, sd R;
- [3] sd L look at ptrn over R shldr, rec R, sd L/cl R, sd L;
- [4] fwd R trn LF ½ (W trn RF) rec L to tandem WALL W if of M, fwd R/cl L, fwd R;
- [5] sd L (W sd R look at ptrn over L shldr), rec R, sd L/cl R, sd L;
- [6] sd R (W sd L look at ptrn over R shldr), rec L, sd R/cl L, sd R;
- [7-8] fwd L (W fwd R trn ½ LF to fc ptrn), rec R, bk L/cl R, bk L; bk R, rec L, fwd R/cl L, fwd R;

PART C**1-8 NY: CRAB WALKS:: SPOT TURN: CRAB WALKS:: SHOULDER-SHOULDER 2X::**

- [1] repeat Intro meas 5;
- [2-3] in BFLY WALL XRIF, sd L, XRIF/sd L, XRIF; sd L, XRIF, sd L/cl R, sd L;
- [4] beg LF trn ½ XRIF, rec L complete LF trn to fc ptrn BFLY WALL, sd R/cl L, sd R;
- [5-6] XLIF, sd R, XLIF/sd R, XLIF; sd R, XLIF, sd R/cl L, sd R;
- [7-8] fwd L to BFLY SCAR, rec R, sd L/cl R, sd L; fwd R to BFLY BJO, rec L, sd R/cl L, sd R;

PART D

1-8 REV UNDRM TRN; FNC LINE 2X;; SPOT TURN; OP BRK; WHIP; OP BRK; WHIP;

- [1] XLIF (W beg LF trn $\frac{1}{2}$ XRIF und jnd lead hnds), rec R (W cont LF trn rec L to fc ptr), sd L/cl R, sd L;
- [2] BFLY WALL cross lunge thru R with bent knee look to LOD, rec R to fc ptr, sd R/cl L, sd R;
- [3] cross lunge thru L with bent knee look to RLOD, rec L to fc ptr, sd L/cl R, sd L
- [4] repeat Part C meas 4;
- [5] rk apt strongly on L to LOFP ext R arm up w/palm out, rec R lower R arm, sd L/cl R, sd L;
- [6] bk R beg $\frac{1}{4}$ LF trn (W fwd L), cont $\frac{1}{4}$ LF trn rec fwd L (W fwd R trn LF $\frac{1}{2}$), sd R/cl L, sd R;
- [7-8] repeat Part D meas 5-6 to BFLY WALL;;

TAG

1 OPEN BREAK 1:

- [1] rk apt strongly on L to LOFP ext R arm up w/palm out,---;