



## HE WAS BEAUTIFUL

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Record: Available from Choreographer & Palomino (For Educational Use Only) PHASE VI WALTZ

Sequence : INTRO – A – A MOD – B – INTERLUDE – A MOD – B – END SPEED – 46/47

Footwork: Opposite, Unless noted (W's footwork & timing in parentheses)

Timing: Standard Waltz unless noted

(Release 8/00)

### INTRO

#### Meas:

- 1-4** SHAD POS DLW L FT FREE FOR BOTH WAIT 1 MS; SD LUNGE WITH ARM SWEEP; BK LUNGE; REC W SWIVEL TO OPEN HINGE LN;
- 1 - - **1-2** Shad pos fc DLW both L ft free wait 1 ms; [sd lng] sm ft wk Lunge sd L, both ptrs sweep both arms across body twd LOD, -;
- 1 - - **3-4** [bk lunge] fc DLW slight upper RF body rotation sd & bk R twd DRC, -, -; [hinge ln] rec L, comm slight LF upper body rotation and lower into L leg, pl R hd at W's waist extend L arm (W rec L, swivel LF on L lower into leg, point R thru twd RLOD pl R hd on M's L shoulder extend L arm) OP HINGE LN DLW;
- 5-8** SYNCO BOLERO WHEEL TWICE;; W ROLL OUT (RF); X CHK REC SD;
- 12&3; 12&3 **5-6** [syn bol wheel] Rise and comm RF trn wheel R, L/R, L; R, L/R, L fc DRW;
- - 3 (123) **7- 8** [w roll] M hold, hold, rec R (W fwd R comm RF roll, cont roll RF bk L, cont roll RF fwd R) to extended shad fc DRW; [x chk] X LIF of R, rec R, sd L to shad fwd DLW;

### PART A

- 1-4** RT SD LUNGE WITH ARM SWEEP; WHISK L & R;; SOLO LF ROLL;
- 1 - - **1-2** [sd lng] Sm ft wk lunge sd R, both ptrs sweep R arm across body twd LOD, cont arm sweep up & CW twd RLOD, cont arm swing down -; [whisk lt] Sd L sweep arms twd LOD, XRIB of L, rec L;
- 3-4** [whisk rt] Sd R sweep arms twd RLOD, XLIB of R, rec R; [solo roll] Comm LF roll L, R, L fc OP LOD;
- 5-8** M CHASSE TRANS W ROLL SCP; CHASSE SCP; WING SCAR; X SWIVEL TWICE;
- 12&3 (123) **5-6** [m trans w roll] thru R, sd L/cl R, sd L (W roll RF R, L, R) blend SCP LOD; [chasse] Thru R, sd L/cl R, sd L (W thru L, sd R/cl L, sd R) SCP;
- 1 - - (123) **7-8** [wing] Fwd R with slight upper body turn to L, draw L to R cont upper body turn (W fwd L comm LF trn, fwd R cont LF trn, fwd L outsd ptr) SCAR DLC; [x swvl] fwd L swivel LF, fwd R swivel RF, - (W bk R swivel LF, bk L swivel RF, -) SCAR DLC;
- 12 -
- 9-12** TRN L TO RT CHASSE; BK & BK/LK BK; OUTSD SPIN UT TO SM FT LUNGE LN; REC W DEVELOPE;
- 12&3 **9-10** [rt chasse] Fwd L DLC outsd ptr, trn LF sd R/cl L, sd & bk R BJO DRC; [bk lk] bk L, bk R/lk LIF of R, bk R;
- 12&3
- 11-12** [outsd spn sm ft lng ln] Comm underturned outsd spn trn body RF bk L, cl R to L to CP fc DLW, lower in R to sm ft lng ln (W comm RF trn fwd R, cont trn swivel RF on R, pt L fwd in sm ft lng ln) DLW;
- 1 - - (123) [develope] rec L straightening knee, - - (W fwd L, raise R leg, kick R fwd in develop) DLW;
- 13-16** SM FT LUNGE ; RUNNING WING SCAR/DRW; W ROLL (RF); X CHK REC SD;
- 12 - **13-14** [sm ft lng] Lower into L leg, sd R to sm ft lng (W lower into L leg, bk R into sm ft lng ln), - DLW; [run wing] Ronde L leg CCW from hip to lead W ro run around rising slightly touch L to R (W keeping head to L fwd L/R, L/ R, around M fwd L with checking action) SCAR DRW;
- (1&2&3) **15-16** [w roll] Hold, fwd L, fwd R (W roll RF R, L, R) to extended shad fc DRW; [x chk] Repeat meas 8 of Intro;

PART A MODIFIED

1-14 **RT LUNGE WITH ARMS; WHISK L & R;; SOLO LF ROLL;M CHASSE W ROLL SCP; CHASSE SCP; WING; X SWIVEL TWICE;TRN L TO RT CHASSE; BK & BK/LK BK; OUTSD SPIN TO SM FT LUNGE;REC W DEVELOP;REC TO LUNGE; RUNNING WING SCAR DRW;**

1-14 Repeat Meas 1 – 14 of Part A ;;;;;;;;;;;;

15 – 16 **SCAR DRW HOVER SCP; NAT TRN;**

15-16 [hvr] Fwd L, fwd R trn LF with hovering action, cont trn rec fwd & sd L (W bk R, bk L with hovering action, rec fwd R) SCP DLW; [nat trn] Fwd R comm RF trn, sd L cont trn, cl R (W fwd L, fwd R, cl L) CP RLOD;

PART B

1-4 **BK TIPPLE CHASSE CHECK; TURNING INSIDE SLIP & LILT PIVOT; CHASSE SCP; BIG TOP;**

12&3 1-2 [tipple chasse]CP RLOD Comm RF upper body trn Bk L, cont trn sd R/cl L, sd & fwd R check(W comm RF trn fwd R,cont trn sd L/cl R, sd & bk L check )with checking action CP DLC; [trn insd slip lilt pvt] Comm RF upper body trn sd & bk L shaping body twd ptr allow W to swvl RF to SCP, slight CW ronde thru R with slight body rise pvt LF, cont LF pvt on R slip L in front of R (W fwd R bet ptrns ft swvl RF sm ronde L ft CW , thru L swvl LF with slight body rise to CP, slip R in bk of L) CP DRW;

12&3 3-4 [chasse] Cont LF trn bk R, cont trn sd L/cl R, sd L (W cont LF trn fwd L, cont trn sd R/cl L, sd R) SCP DLC; [big top] Thru R trn L keep L foot tucked in bk of R, cont L trn chg wt to L, slip bk R on toe small step (W thru L comm LF trn, sd & fwd R arnd M cont LF trn on toe, slip fwd L) CP DRW;

5-8 **CHG OF DIR WITH RT STRETCH; CONTRA CHK SWITCH; DBL RONDE TWIST TRN SCP;;**

12 - 5-6 [chg dir] Fwd L, comm LF trn fwd R, cont LF trn draw L to R DLW; [contr chk switch] Cont LF trn flex R knee fwd L comm slight LF trn with crossed thighs R shoulder lead, recov R trn ½ RF, check bk L (W cont trn flex L knee bk R look well to L, recov L trn ½ RF, check fwd R) end CP DRW;

(12&3) 7-8 [dbl ronde] Fwd R between W's feet as if to start a RF pvt but check action ronde L ft CW, sd L, XRIB of L for twist trn (W fwd L arnd M trng RF to allow R leg to ronde CW, XRIB of L/ sd & fwd L, fwd R) CP DLC; [twist trn] unwind RF, -, cont trn transfer wgt to L (W fwd L arnd ptrn, cont trn fwd R/fwd L, fwd R) SCP DLW;

9-12 **RUNNING OP NAT; TUMBLE TRN; BK WING SCAR; X SWIVEL SD WITH CHK ACTION;**

1&23 9-10 [run op nat'l] Comm RF upper body trn Fwd R/sd L cont RF trn, bk R, bk L BJO RLOD, [tumble trn] Bk R comm LF upper body trn/ cont trn sd & fwd L, with soft knee fwd R cont LF trn rise to ball of ft, cont trn slip fwd on ball of L ft & lower (W fwd L comm LF upper body trn/cont trn fwd & sd R, bk L trn LF rise to ball of ft, cont trn slip bk R) CP DRC;

1&23 11-12 [bk wing] Bk R comm LF upper body trn, cont trn bk L, bk R(W fwd L bet ptrns ft, fwd R outsd ptrn; fwd L)to SCAR DRC ; [x swvl chk]Rec L swvl LF to BJO DLW, fwd R swvl RF CP RLOD, sd L with checking action (W bk R swvl LF, bk L swvl RF to CP RLOD, sd R with checking action ) CP RLOD;

13-16 **BK CURVING THREE STEP ; OP TELEMAR TO SLOW THROWAWAY & EXTEND;;;**

13-14 [ bk curv 3 step] Bk R trn LF, bk L cont trn, cont trn bk R CP DLC; [op tele] Fwd L, comm trn LF sd & bk R, cont trn sd & fwd L with strong R sd stretch (W bk R, comm LF trn bring L beside R no wgt trn LF on R (heel trn) chg wgt to L, sd & fwd R with strong L sd stretch)SCP DLW;

---; --- 15-16 [throwaway extend] Comm RF upper body trn leading W to swivel LF to CP, develop throwaway by lowering into L knee, trn upper body LF with slight L sd stretch, -; cont trn strong lowering action into L leg allow R to pt sd & bk , - (W comm LF upper body trn swivel on R draw L to R no wgt , cont trn lower into R knee, -; allow L ft to slide bk under body past R, & pt L ft straight back, -);

INTERLUDE

1-4 **SYNCO WHEEL TO PROM SWAY;; OVER SWAY; SLOW RT LUNGE;**

1&2&3 1-2 [synco wheel] On "trust in me" rise through L leg comm RF wheel R/L, R/L, R (W rise through R leg wheel L/R,L/R,L) SCP; [prom sway] SCP Sd L, comm RF upper body trn with slight R side stretch , - ;

1 - - ; 3-4 [oversway] Relax L knee comm slight LF upper body trn with slight L sd stretch; [sl rt lng] Slowly lower into L knee, sd & fwd R with R sd stretch, (W lowering into R knee, sd & bk L,) -;

-2 -

- 5-8                    REC & SLIP; FWD TRN TO RT CHASSE; WEAWE END TO L WHISK; REC W TRN;**  
**1 - 3                5-6            [slip]** slight upper body roll RF recover L, slight upper body roll LF, slip R past L (W slight upper body roll RF recover R, slight upper body roll LF, slip L in front of R) CP DLC;  
**12&3                [rt chasse]** Fwd L DLC outsd ptr, trn LF sd R/cl L, sd R BJO DRC;  
**12&3                7-8            [weave to L whisk]** BJO DRC Bk L, bk R comm LF trn/sd L, XRIB of L (W fwd R, fwd L comm LF trn/sd R, XLIB of R) CP DRW; **[w trn]** Rec L, lead W to trn RF, - (W rec R, trn RF bk & sd L, -) SHAD DRW;  
**9-10                W ROLL OUT (RF); X CHK REC SD;**  
**1—(123)           9-10           [w roll]** Rec R, -, - (W roll RF R, L, R)to extended R shad DRW; **[x chk]** X LIF of R, rec R, sd L to shad fwd DLW;

REPEAT PART A MOD

REPEAT PART B

END

- 1-4                    KICK SWIVEL TO SM FT LUNGE LN; CONTINUOUS SWIVELS; SWIVEL TO SM FT LUNGE LN; HVR TRANS BJO;**  
**1-2                [sm ft lng ln]** Comm RF upper body rotation rise through L leg, cont trn cl R to L, lower into R leg and extend L (W rise through R leg slightly lifting on R kick L straight fwd, swivel RF on R, lower on R and extend L fwd) DLW; **[swvls]** Comm LF upper body trn rec L causing W to swivel LF, trn upper body RF rec R causing W to swivel RF, trn upper body LF rec L causing W to swivel LF (W rec L swivel LF, fwd R outsd ptrn swivel RF, fwd L outsd ptr swivel LF);  
**1 --                3-4            [sm ft lng ln]** Trn upper body RF rec R causing W to swivel RF, lower into R leg, extend L (W fwd R outsd ptrn swivel RF, lower into R leg, extend L) DLW; **[hvr trans bjo]** Trn upper body LF causing W to rec, rec L with hovering action, sd & bk R (W trn LF rec L, sd & bk R, rec L)BJO DLW  
**5-9                CURL TO SHAD; SHAD CONTRA CHK; REC BK; W ROLL ACROSS TO EXPLODE; REC SHAPE**  
**--- (1 --)        5-6            [curl]** Slight upper body trn RF raise ld hds, lead W to trn LF under jnd hds, release hds and pl R hd at W's R hip ext L arm (W fwd R outsd ptr, trn LF under jnd hds, release hds pl R hd on top of M's at W's R hip ext L arm) to SHAD DRW; **[shad contra chk]** both lower into R leg, fwd L with crossed thighs with R shoulder lead, - DRW;  
**-2-                7-9            [rec]** DRW both rec R, -, - ; **[w roll]** Sd L lead W across, -, sd R to explode fc DRW (W trn LF fwd L, cl R, sd L to explode fc DRC); **[shape]** Rec L sharp tm LF to fc ptr shape body to partner (W rec R sharp trn RF to fc ptr shape body to partner) - - ;  
**1 --                1 - 3 (123)   1 - -**