

GREENWAVES

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Music: Casa Musica download (www.casa-musica.de)

Footwork: Opposite (Woman in parenthesis)

Rhythm: Waltz Roundalab Phase IV

Sequence: A-A(Mod)BC-End

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PART A

- 1-8 CP/DC WT, TWO LEFT TURNS;; RUN 2 FWD LK FWD; FWD SWIVEL TO SIDECAR; FWD SWIVEL TO BJO; MANEUVER; ONE RIGHT TURN; FWD CHASSE TO SCP;**
[Two Left Trns {123 123}] Wt one note cp dc, Fwd L trn LF, sd R, cl L end fc rlod; bk R, sd L, cl R to L end fc dw;
[Run 2 Fwd Lk fwd {1&2&3}] Fwd L blend bjo/fwd R, fwd L/lk Rib, fwd L;
[Fwd Swivel Sdcar {12-}] Fwd R, swivel RF on R blend to sdcar fc rlod, point sd & bk L twd lod;
[Fwd Swivel Bjo {12-}] Fwd L, swivel LF on L blend to bjo, point R sd & bk twd rlod;
[Maneuver {123}] Fwd R outsd ptr trng RF, sd L continue trn, cl R to L cp/rlod;
[One Right Turn {123}] Bk L trng RF, sd R continue trn, cl L to R fc lod;
[Fwd & Chasse SCP/LOD {12&3}] Fwd R trn RF fc wall, sd L lod, cl R to L/sd L blend scp/lod (W Bk L trn RF fc coh, sd R lod, cl L to R/sd R blend scp/lod);
- 9-16 IN & OUT RUNS;; WEAVE TO BJO; SYNCOPATE ENDING; CHANGE DIRECTION; DIAMOND TURN ½;; QUICK DIAMOND TURN 4;**
[In & Out Runs {123 123}] Thru R start trng RF, sd & bk L across lod in front of Lady end cp/rlod, bk R with R sd leading blend bjo; Bk L trng RF, sd & fwd R between Lady's feet, fwd L blend to scp/lod (W Thru L, fwd R between M's feet, fwd L blend bjo with L sd leading; Fwd R trng RF, fwd & sd L, fwd R blend scp/lod);
[Weave to bjo With Sync End {123 12&3}] Thru R, fwd L start LF trn, continue trn sd & bk R fc drc; Bk L lod leading Lady bjo, bk R continue LF trn./sd & fwd L bjo, fwd R dw (W Thru L, sd & bk R fc drw, continue trn sd & fwd L lod; Fwd R lod outsd ptr, fwd L continue trn/sd & bk R dw blend to bjo, bk L);
[Change Direction {123}] Fwd L blend cp dw, fwd R trn LF to fc dc, drw L to R;
[Diamond turn ½ {123 123}] Fwd L trng LF on diag, continue LF trn sd R, bk L blend bjo; Stay in bjo trng LF bk R, sd L, fwd R in bjo;
[Diamond turn 4 {12&3}] Fwd L trng LF on diag, continue LF trn sd R/bk L blend bjo, stay in bjo trng LF bk R;
- 17-20 DIP BACK & RECOVER; OP TEL; THRU CHASSE SCP LOD; PICK UP SIDE LOCK DC;**
[Dip Back & Rec {1-3}] Bk L blend cp lod, hold, rec R blend fc dc;
[Open Telemark{123}]Fwd L start LF trn, sd R continue LF trn, sd & fwd L blend scp/lod (W Bk R start LF trn, bring L beside R with on weight, trn LF on take weight, sd & fwd R blend scp/lod);
[Thru & Chasse SCP/LOD {12&3}] Thru R, sd L/cl R, fwd L in scp/lod;
[Pk Up Sd Lk {123}] small thru R blend to cp lod, sd L, Xib R continue body RF rotation (W Thru L folding in front of M, sd R continue body rotation, Xif L);

PART A (Mod)

- 1-8 TWO LEFT TURNS;; RUN 2 FWD LK FWD; FWD SWIVEL TO SIDECAR; FWD SWIVEL TO BJO; MANEUVER; ONE RIGHT TURN; FWD CHASSE TO SCP;**
- 9-16 IN & OUT RUNS;; WEAVE TO BJO; SYNCOPATE ENDING; CHANGE DIRECTION; DIAMOND TURN ½;; QUICK DIAMOND TURN 4;**
Repeat meas 1-16 of part A.....

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PART A (MOD) CONTINUED**

17-20 DIP BACK & RECOVER; OP TEL; PICK UP SIDE CLOSE DW;

Repeat meas 17 & 18 of part A;

[Pick Up Side Close dw {123}] Small thru R blend to cp dw, sd L, cl R to L (W Thru L folding in front of M cl drc, sd R, cl L to R);

PART B

1-8 FWD WALTZ; CROSS PIV SDCAR; TWINKLE BJO; FWD PT; OP IMP; THRU CHASSE BJO; FWD FWD LK FWD; FWD FC CL CP/WALL;

[Forward Waltz {123}] Fwd L dw, Fwd & slighty sd R, cl L to R;

[X Pivot SDCAR {123}] Fwd R start 7/8 RF trn, sd L continue trn, fwd R complete trn blend to sdcar/lod (W bk L start 7/8 RF trn, sd R continue trn, bk L complete trn blend to sdcar/lod);

[Twinkle to BJO {123}] Xlib of R start a 1/2 LF trn, sd R continue trn, cl L to R complete trn blend bjo rlod (W XRib of L start a 1/2 LF trn, sd L continue trn, cl R to L complete trn blend bjo lod);

Forward & Point {12-} Fwd R, point L fwd, hold (W bk L, point R bk, hold);

[Open Impetus {123}] Start upper body RF trn bk L, cl R to L heel to toe continue trn, chg wt to R, sd & fwd L scp lod (W start upper body RF fwd R outsd ptr, sd & bk L continue trn, sd & fwd R scp lod);

[Thru Chasse BJO {12&3}] Thru R to fc ptr wall sd L/cl R to L, sd L blend to bjo dw (W Thru L to fc ptr & coh, sd R/cl L to R, sd R blend to bjo drc);

[Fwd Fwd Lk Fwd {12&3}] In bjo fwd R, fwd L, XRib of L, fwd L;

[Fwd & Fc sd Cl cp/wall {123}] Fwd R trn fc ptr wall, sd L, cl R to L;

9-16 HOVER; PK UP SD CL DC; OP TEL; NATURAL HOVER FALLAWAY; SLIP PIV; MANEUVER; SPIN TURN; 1/2 BOX BK TO SDCAR DW;

[Hover {123}] Fwd L, fwd & sd R rising to ball of foot, rec L blend scp dc;

[Pk Up Side Close dc {123}] Small thru R blend to cp dc, sd L, cl R to L (W Thru L folding in front of M cl drw, sd R, cl L to R);

[Open Telemark {123}] Repeat meas 18 of part A end dw;

[Natural Hover Fallaway {123}] Thru R dw trng RF in scp, sd & fwd L drw in scp rising on L, bk & sd R twd dw (W Thru L dw trng RF in SCP, sd & fwd R drc in scp rising on R, bk & sd twd dc L);

[Slip pivot {123}] XLib of R, bk R trng LF, sd & fwd L end bjo dw (W XRib of L, piv LF on R slip fwd on L, sd & bk R end bjo drc);

[Maneuver {123}] Repeat meas 5 of part A;

[Spin Turn {123}] Bk L pivoting 1/2 RF fc lod, fwd R staying between W's feet heel to toe leaving left leg extended, complete trn bk L (W fwd R between M's feet heel to toe pivoting 1/2 RF, bk L, complete trn fwd R);

[1/2 box bk to sdcar {123}] Bk R trng RF to dw, sd L blend to sdcar dw, cl R to L (W fwd L trng RF to drc, sd R blend to sdcar drc, cl L to R)

PART C

1-8 X HOVER 3 TIMES TO BJO/LOD;;; MANEUVER; 2 RIGHT TURNS FACE WALL;; WHISK; THRU CHASSE SCP LOD;

[X Hover 3 Times end bjo/lod {123 123 123}] Fwd L slightly in front of R start 1/4 LF trn, sd R rise, rec L blend to bjo dc; Fwd R slightly in front of L start 1/4 RF trn, sd L rise, rec R blend to sdcar dw; Fwd L slightly in front of R start 1/8 LF trn, sd R rise, rec L blend to bjo lod (W Bk R slightly in back of L start 1/4 LF trn, sd L rise, rec R blend to bjo drw; Bk L slightly in bk of R start 1/4 RF trn, sd R rise, rec L blend to sdcar drc; Bk R slightly in back of L start 1/8 LF trn, sd L rise, rec R blend to bjo rlod);

