

FREEDOM CHA

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Record: Collectable 4337B, San Francisco - You've Got Me (Flip of YMCA)
Footwork: Directions for man, lady opposite footwork except as otherwise noted.
Level: Roundalab Phase 5
Sequence: Intro, A B C D B C INT C1-12

INTRODUCTION

BFY FCG WALL

- 1-6 WAIT 2 MEAS;; SINGLE CUBAN; SPOT & TIME; SINGLE CUBAN; TIME & SPOT;**
(1-2) In Bfy pos fcg wall wait 2 meas;;
(3) XLIF/rec, sd L, XRIF/rec, sd R;
(4) XLIF releasing hnds trng ½ RF, rec R cont trn to fc ptr, sd L/clo R, sd L (XRIB, rec L, sd R/clo L, sd R);
(5) XRIF/rec, sd R, XLIF/rec, sd L;
(6) XRIB, rec L, sd R/clo L, sd R (XLIF releasing hnds trng ½ RF, rec R cont trn to fc ptr, sd L/clo R, sd L)

PART A

- 1-8 FULL BASIC;; NEW YORK IN 4; MOD VINE 4; NEW YORKER;
NEW YORK IN 4; NEW YORKER; MOD TWISTY VINE 4;**

(1-2) Step fwd L, rec R, sd L/clo R, sd L (Bk R, rec L, sd R/clo L, sd R); Bk R, rec L, sd R/clo L, sd R (fwd L, rec R, sd L/clo R, sd L);
(3) Thru L, rec R, sd L, in pl R; (4) XLIF, sd R, XLIB, sd R (XRIF, sd L, XRIB, sd L);
(5) Thru L, rec R, sd L/clo R, sd L; (6) Thru R, rec L, sd R, in pl L;
(7) Thru R, rec L, sd R/co L, sd R; (8) XLIF, sd R, XLIB, sd R (XRIB, sd L, XRIF, sd L);

- 9-16 OPN HIP TWIST; FAN; STOP & GO HKY STK;; HKY STK TO FWD TRPLS;;; RK 4 (W TRN);**

(9) Lead hnds joined Fwd L, rec R, bk L/clo R, bk L pushing arm fwd gently to trn W: (Rk bk R, rec L, fwd R/fwd L, fwd R/swivel 1/4 RF on R;
(10) Bk R lead W: twd LOD, rec L, sd R/clo L, sd R (W: Fwd L, fwd R trng LF to fc RLOD, diag bk L/clo R, bk L);
(11-12) Ck fwd L, rec R raising L arm leading W to LF u/arm trn, in pl L/R, L; ck fwd R placing R hnd on W L shoulder blade, rec L raising L arm to lead W to RF u/arm trn, in pl R/L,R (Clo R, fwd L, fwd R/L, R trng LF und jnd hnds to M's R sd; rk bk L, rec R, fwd L/R, L trng ½ RF und jnd hnds to fan pos)
(13-15) Fwd L (clo R to L) rec R, (fwd L) in pl L/R, L; (fwd R/L, R end in front of M); Bk R, rec L diag RLOD/wall, (trn LF under joined hnds L, R to fc diag COH/LOD, bk L/R, L;) M follow W with lead hnds joined at waist hgt fwd R/ lk LIB, fwd R; fwd L/lk RIB, fwd L, fwd R/ lk LIB, fwd R;
(16) Rk fwd L, rec R, fwd L, rec R releasing hnds (bk R, rec L, bk R, fwd L trng RF 1/2)

PART B

- 1-9 CIRC CHASE OUT TO OP LOD (W TRANS) ;; TRAV DOOR ;; PARALLEL CHASE (COH);; CIRC CHASE IN TO BFY WALL (M TRANS);; CUCARACHA;**
(1-2) Rel hnds follow RF circ pattern fwd L,R, L/R,L; R,L,R/L,R to end op pos fcg LOD (Trn RF R,L,R/L,R; L,R,L,R);
(3-4) Holding hnds and with same footwork rk sd L, rec R, XLIF/sd R, XLIF; rk sd R, rec L, XRIF/sd L, XRIF;
(5-6) Releasing hnds Rk sd L, rec R trng RF 1/4 to fc wall, fwd L/cl R, fwd L; fwd R trn LF 1/2, rec L, fwd R/clo L, fwd R;
(7-8) Follow LF circ pattern fwd L,R, L/R,L; R,L,R,L to end in BFY pos fcg wall (fwd L,R, L/R,L; R,L,R,L/R end BFY;,
(9) Sd R, rec L, clo R/L, R;

PART C

- 1-8 ALEMANA;; CUDDLE TWICE;; CROSS BODY;; MOD TWIST VINE 8;;**
(1-2) Rk fwd L, rec R, sd L/clo R, sd L; rk bk R, rec L trng slight LF to fc DW, sd R/clo L, sd R to CP wall (XLIF trng RF under joined hnds, conti RF trn fwd R, fwd L/clo R, fwd L);
(3) Leading W to opn out sd L, rec R, clo L placing L hnd on W's R shoulder blade/stp R, stp L (trn 1/2 RF bk R, rec L, fwd R placing R hnd on M's L shoulder trng 1/2 LF/clo L, sd R blending to CP);
(4) Leading W to opn out sd R recL, clo R placing R hnd on W's L shoulder blade/stp L, stp R (trn 1/2 LF bk L, rec R, fwd L placing L hnd on M's R shoulder trng 1/2 RF/clo L, sd L blending to CP);
(5-6) Fwd L, rec R trng LF, sd L/clo R, sd L; bk R, cont LF trn, rec L, sd R/clo L, sd R (bk R, rec L, fwd R/clo L, fwd R; fwd L comm LF trn, fwd R cont trn, sd L/clo R, sd & bk L);
(7-8) Relaxing knee on X steps and straightening on sd steps XLIF, sd R, XLIB, sd R; XLIF, sd R, XLIB, sd R;
- 9-16 ALEMANA;; CUDDLE TWICE;; CROSS BODY;; MOD TWIST VINE 8;;**
(9-16) Repeat meas 1-8 of Part C

PART D

- 1-6 FULL BASIC;; SHLDR TO SHLDR TWICE;; HAND TO HAND; SD CLO SD TCH ;**
(1-2) Repeat meas 1-2 of Part A
(3-4) Trng slight RF XLIF (XIB), rec R to fc ptr, sd L/clo R, sd L; Trng slight LF XRIF (XIB), rec L to fc ptr, sd R/clo L, sd R;
(5) Trn LF (RF) to OP fcg LOD bk L, rec R trng RF (LF) to BFY, sd L/clo R, sd L releasing hnds;
(6) Sd R, clo R, sd L, tch R to L;
- 7-18 FLIRT;; W TRN TO BFY; SD CLO SD TCH; SHLDR TO SHLDR TWICE;; HND TO HND; SD CLO SD TCH; FLIRT;; W TRN TO BFY; SD CLO SD TCH;**
(7-8) Fwd L, rec R, sd L/clo R, sd L; bk R, rec L, sd R/clo L, sd R; (rk bk R, rec L trng LF, cont trn to VARS sd R/clo L, sd R; rk bk L, rec R, sd L/clo R, sd L moving in front of M to L VARS);
(9) Stp in place L,R, L/R, L releasing hnds (fwd R comm RF trn, sd L to fc M, in place R/L, R);
(10) Repeat meas 6 of Part D
(11-18) Repeat meas 3-10 of Part D;,,,,,;

INTERLUDE

- 1-2 FENCELINE TWICE;;**
(1-2) Thru L RLOD in slight lunge, rec R, sd L/clo R, sd L; thru R LOD in slight lunge, rec L, sd R/clo L, sd R;