

FOR A CHANGE

Choreographer: Mike Seurer 3200 N. Garden Ave. Roswell, NM 88201 (505) 622-5363

Record: :” For A Change”, Atlantic 7-87176, Neal McCoy

Phase: III+1(Alemana) Time: 3:22

Rhythm: Cha-Cha Speed: 44 rpm

Footwork: Opposite, except as noted

Sequence: INTRO AABC INTER AABC ENDING

INTRODUCTION

1---4 WAIT;; FENCE LINE (TWICE);;

1-2 In BFLY/WALL wait 2 meas;;

3-4 Retain BFLY hold XLif of R, rec R to fc, sd L/cl R, sd L; Retain BFLY hold Xrif of L, rec L to fc, sd R/cl L, sd R;

PART A

1---4 BASIC;; VINE 4; LEFT CUCARACHA;

1-2 Rk fwd L, rec R, sd L/cl R, sd L; Rk bk R, rec L, sd R/cl L, sd R;

3-4 Sd L, XRib of L, sd L, XRif of L; Rk sd L, rec R, in place L/R,L;

5---8 VINE 4 REVERSE: RIGHT CUCARACHA; SHOULDER TO SHOULDER;;

5-6 Sd R, XLib of R, sd R, XLif of R; Rk sd R, rec L, in place R/L,R;

7-8 Fwd L trng to BFLY/SDCAR, rec R to fc ptr, sd L/cl R, sd L; Fwd R trng to BFLY/BJO, rec L to fc ptr, sd R/cl L, sd R;

PART B

1---4 VINE 2, FC TO FC; VINE 2, BK TO BK; (OP/LOD) FWD & BK BASIC;;

1-2 Sd L, XRib of L, sd R/cl L, sd R trng LF to bk to bk pos; Sd R, XLib of R, sd R/cl L, sd R trng RF to OP/LOD;

3-4 Rk fwd L, rec R bk L/cl R, bk L; Rk bk R, rec L fwd R/cl L, fwd R;

5---8 SLIDE THE DOOR;; CIRCLE CHA;;

5-6 Rk sd L, rec R, XLif of R/sd R, XLif of R(W Xif of M); Rk sd R, rec L, XRif of L/sd L, XRif of L (W Xif of M);

7-8 Circ twd COH (W twd WALL) fwd L, R, Fwd L/cl R, fwd R trng LF to fc ptr & WALL,-; Circ tog Fwd L,R Fwd R/cl L, fwd R to BFLY/WALL;

9---12 NEW YORKER; CRABWALKS;; SPOT TURN;

9-10 Rk thru L twd RLOD to LOP, rec R to BFLY/WALL, sd L/cl R, sd L; XRif of L, sd L, XRif of L/ sd L, XRif of L;

11-12 Sd L, XRif of L sd L/XRif of L, sd L; XRif of L start LF trn fwd L completing LF trn to fc ptr in BFLY, sd R/cl L, sd R;

PART C

1---4 ALEMANA;; LARIAT;;

1-2 Rk fwd L, rec R, sd L/cl R, sd R; Rk bk R, rec L, sd R/cl L, sd R(W trn RF undr jnd ld hnds XLif of R, fwd R to complete RF trn to M's R sd, sd L/cl R, sd L);

3-4 In place L,R, L/R,L raise ld hnds release trling hnds (W circ RF ib of M R,L,R/L,R);

In place R,L, R/L,R(W Cont RF circ L,R, L/R,L) to BFLY/WALL;

5---8 TRAVELING DOORS;; CUCARACHAS;;

5-6 Rk sd L, rec R, XLif of R/sd R, XLif of R; Rk sd R, rec L, XRif of L, sd L, XRif of L;

7-8 Rk sd L, rec R in place L/R,L; Rk sd R, rec L, in place R/L,R;

INTERLUDE

1---2 APART POINT, TOG TCH;

1-2 Apt L, pt R twd R-; Tog R to BFLY, tch L to R,-;

ENDING

1---4 BASIC;; VINE 4; LEFT CUCARACHA;

1-2 Repeat Meas 1-2 of PART A;;

3-4 Repeat Meas 3-4 of PART A;;

5---7 RIGHT CUCARACHA;TWO SIDE CLOSES; APT PT;

5-6 Rk sd R, rec L, R/L,R; Sd L ,cl R, sd L, cl R,-;

7- Apt L, pt R twd ptr,-;