

Flying_Dreams_v1_3_text

Flying Dreams

Choreographers: Chris & Terri Cantrell, 960 Garnet St., Broomfield, CO 80020; Tel: 303-469-9140, dance@ctkr.com

Rhythm & Phase: Waltz, Phase VI RAL Difficulty Level: Average

Music: "Flying Dreams" Joseph Whitehead - The Best of Ballroom Music, Part 10, Vol 22 (Casa Musica), track #3, edited*(see below) or contact choreographer Speed: as on CD or slow for comfort

Footwork: Directions for M, W normal opposite, exceptions in () Timing unless noted: 1 2 3

Sequence: Introduction A B C A B C End version 1.3 - October 28, 2007

[[Syncopated Timing Option]]

Introduction

[1-4] Wait 1 Measure ; Syncopated Vine 4 ; PU DLW M Transition ; Fwd / Lk Fwd 2 ;

[1]

{Wait 1 Measure} Wait shadow-DLW with L feet free;

1&23

[2]

{Syncopated Vine 4} Sd L/ XRIB of L, sd L, XRIF of L (W Sd L/ XRIB of L, sd L, XRIF of L);

-23 (123)

[3]

{Pickup DLW Man Transition} Hold while folding W IF, sd L, cls R to L (W Fwd L folding LF IF of M to CP, sd R, cls L to R) CP-DLW;

1&23

[4]

{Forward Lock Forward 2} Fwd L/ lock RIB of L, fwd L, fwd R outside prtner twd DLW BJO-DLW;

Part A

[1-4] Rumba Cross Pivot ; Chkd Natl Slip ; Dbl Rev Spin ; Sd Draw Close ;

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[1]

{Rumba Cross Pivot} Fwd L comm RF trn, XRIB of L (W XLIF of R) cont RF trn, sd & bk L pivot RF CP-DLC;
[[A syncopated alternative to Part A – Measures 1 – 7 is listed at the end of the cuesheet]]

[2]

{Checked Natural Slip} Fwd R trn RF, sd L chkg rotation wgt on both ft (W Bk L trn RF, cls R to L on toes),
rec R trn LF (W fwd L slipping LF) CP-DLC;

12-

(12&3)

[3]

{Double Reverse Spin} Fwd L comm LF trn, sd R cont trn, tch L to R & hold cont trn (W bk R, cls R to L heel
trn/ strong sd R cont trn, fold L IF of R) CP-DLW;

1 - 3

[4]

{Side Draw Close} Sd L, draw R to L, cls R to L CP-DLW;

[5-8] Twist Vine 3 ; Open Natl Undertrnd; Outside Chg SCP ; Oversway ;

[5]

{Twist Vine 3} Sd L to DLC, XRIB of L (W XLIF of R), sd L BJO-DLC;

[6]

{Open Natural Underturned} Fwd R comm RF trn, sd L cont trn, bk R BJO-DRW;

[7]

{Outside Change SCP} Bk L, bk R trn LF, sd L SCP-DLC;

-

[8]

{Change to Oversway} Without wgt chg gradually stretch lft sd (W rt sd) to Oversway;

[9-12] Chasse to Whisk ; Syncopated Whisk ; Q Weave 4 ; Bk to Left Whisk ;

1&23

[9]

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{Chasse to Whisk} Sd R/ cls L to R, sd R, XLIB of R on toes SCP-DLC;

1&23

[10]

{Syncopated Whisk} Thru R trn RF to fac prtnr/ cls L to R, sd R, XLIB of R on toes SCP-DLC;

1&23

[11]

{Quick Weave 4} Fwd R / fwd L trn LF, sd R, bk L BJO-RL0D;

[12]

{Back to Left Whisk} Bk R trn LF, sd L twd LOD, XRIB of L loosely knees soft and together cont to rotate body LF (W Fwd R trn LF, sd R, bk L crossing well behind R twd LOD & flick R in front & over lft knee) ;

[13-16] Syncopated Unwind BJO ; Outside Spin to Side Hvr SCP ; ; Feather ;

- (1&23)

[13]

{Syncopated Unwind BJO} Gradually transfer wgt to R while twisting RF (W Fwd R/ fwd L, fwd R, fwd L circle CW) BJO-DLC;

[14]

{Outside Spin} Bk L very sml stp comm trn RF, fwd R OS prtnr cont RF trn, sd & bk L (W Fwd R OS prtnr comm RF trn, cls L to R cont trn RF, sd & fwd R) CP-DLC;

1-3

[15]

{Side Hover to SCP-DLC} Cont RF trn sd R twd DRW, hvr on R, fwd L SCP-DLC;

[16]

{Feather} Fwd R, fold W IF fwd L, fwd R (W fwd L fold LF, sd & bk R, bk L) BJO-DLC;

Part B

[1-4] Reverse Trn 1/2 ; Bk to Top Spin ; Box Finish CP-DRW ; Contra Check Rec Bk ;

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[1]

{Reverse Turn Half} Fwd L trn LF, sd R, cls L to R CP-RL0D;

1&23

[2]

{Back to Top Spin} Bk R trn strongly LF/ sd L cont trn, fwd R BJO-L0D spin LF, XLIB of R BJO-C0H;

[3]

{Box Finish CP-DRW} Cont LF trn bk R twd DLW, sd L cont trn, cls R to L CP-DRW;

[4]

{Contra Check, Recover & Back} Cont LF body rotation fwd L chkg, rec R comm RF body rotation, bk L;

[5-8] Left Turning Lock ; Natl Telemark ; Op Telemark ; Chair & Slip ;

1&23

[5]

{Left Turning Lock} Bk R w rt sd lead/ XLIF of R (W XRIB), bk R comm LF trn, sd & fwd L BJO-DLW;

[6]

{Natural Telemark} Fwd R trn RF, sd L con trn, sd R (W bk L trn RF, cls R to L heel trn, sd L) CP-DLC;

[[1&2- {Sync Nat Telemark & Hold} Fwd R trn RF/ sd L con trn, sd R (W bk L trn RF/ cls R to L heel trn, sd L), hold CP-DLC;]]

[7]

{Open Telemark} Fwd L trn LF, sd R cont trn, fwd L (W bk R trn LF, cls L to R heel turn, fwd R) SCP- DLW;

[8]

{Chair & Slip} Fwd R chkg, extend line, rec L, bk R trn LF (W fwd slip L) CP-DLC;

[[{ 1-3& {Chair, Hold, Quick Recover & Slip} Fwd R chkg, extend line, rec L, bk R trn LF (W fwd slip L) CP-DLW;]]

[9-12] Op Reverse Turn ; Back Trn LF Sd Draw ; Op Natl Turn ; Hesitation Change ;

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[9]

{Open Reverse Turn} Fwd L trn LF, sd R, bk L BJO-RL0D;

12-

[10]

{Back Turn LF Side Draw} Bk R trn LF, sd L twd DLC, draw R to L no wgt BJO-DLW;

[11]

{Open Natural Turn} Fwd R trn RF, sd L cont trn, bk R BJO-RL0D;

12-

[12]

{Hesitation Change} Bk L trn LF, sd R twd DLW, draw L to R no wgt CP-DLC

Part C

[1-4] Fwd / Lk to Weave to SCP ; ; Thru Hvr Rec SCP ; Bk to Slow Whisk ;

1&23

123

[1-2]

{Forward Lock to Weave} Fwd L/ XRIB of L, fwd L trn LF, sd R BJO-RL0D; Bk L, bk R trn LF, fwd L SCP-DLW;

[3]

{Thru Hover Recover to SCP} Thru R, fwd L rise to toes, rec R SCP-DLW;

1-

[4]

{Slow Whisk} Bk L well under body, gradually chg sway twd DRC & look to rt (W look to lft);

[5-8] Open Natl ; Bk Bk / Lk Bk ; Outside Chg to ; Hinge ;

123

[5]

{Open Natural} Correct sway to neutral fwd R trn LF, sd L cont trn, bk R BJO-DRC;

1&23

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[6]

{Back Back Lock Back} Bk L, bk R/ XLIF of R, bk R BJO-DRC;

- 23

[7]

{Outside Change} Bk L, bk R trn LF, sd L CP-DRW

- (1-)

[8]

{Hinge} Cont LF body trn (W trn LF bk L under body) to hinge line;

[9-12] Syncopated Pivot SCP-DLW; Chasse SCP Thru ; Vine 3 ;

(1) Maneuver Pivot 2 ;

(2) Thru Sd Cls Transition Shadow-DLW ;

- &23-

(1&23)

[9]

{Syncopated Pivot SCP-DLW} Rotate body RF (W Rec fwd R trn RF) / fwd R pivot RF, bk L
cont RF trn, sd
R soft knees SCP-DLW;

1&23

[10]

{Chasse SCP Thru} Sd L/ cls R to L, sd L, thru R SCP-DLW

1&23

[11]

{Vine 3} Sd L, XRIB of L (W XLIB of R), sd L SCP-DLW;

(2nd) 123

(1&23)

[12]

(1st time) {Maneuver Pivot 2} Fwd R trn RF, bk & sd L pivot RF, fwd R CP-DLW

(2nd time) {Thru Side Close Transition Shadow-DLW} Thru R trn RF, sd L, cls R to L
(W Thru L trn LF/ sd
R cont trn, sd L, cls R to L) Shadow-DLW;

Repeat Part A

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Repeat Part B

Repeat Part C

End

[1-4] Sd / Cls Sd XIF ; Syncopated Vine 4 ; Hold W PU, LF Pivot 2 ; Throwaway
Oversway .

1&23

[1]

{Side Close Side Thru} Sd L/ cls R to L, sd L, XRIF of L;

1&23

[2]

{Syncopated Vine 4} Repeat Introduction - Measure 2;

- 23

[3]

{Hold W Pickup, LF Pivot 2} Hold trn body LF fold W IF, fwd L pivot LF, bk & sd R
cont LF trn;

1 -

[4]

{Throwaway Oversway} Sd L rotate upper body (W fwd R trn LF & pt L bk twd DLW) to
throwaway ovrsway
M fac DLW.

-- Alternative Part A with Syncopation --

[1-4] Rumba Cross Pivot Hold ; Chkd Natl Hold ; Slip / Q Dbl Rev Spin ; Sd Draw
Close ;

1&2-

[1]

{Rumba Cross Pivot & Hold} Fwd L comm RF trn/ XRIB of L (W XLIF of R) cont RF trn,
sd & bk L pivot RF/

hold CP-DLC;

12-

[2]

{Checked Natural & Hold} Fwd R trn RF, sd L chkg rotation wgt on both ft (W Bk L trn RF, cls R to L on toes), hold CP-DLW;

1&2-

(1&2&3)

[3]

{Slip / Quick Double Reverse Spin} Rec R trn LF/ fwd L comm LF trn, sd R cont trn, tch L to R & hold cont trn (W fwd L slipping to CP/ bk R, cls R to L heel trn/ strong sd R cont trn, fold L IF of R) CP-DLW;

1 - 3

[4]

{Side Draw Close} Sd L, draw R to L, cls R to L CP-DLW;

[5-8] Syncopated Twist Vine 3 Hold ; Running Open Natl ; Hold Bk Trn Sd ; Oversway ;

1&2-

[5]

{Syncopated Twist Vine 3} Sd L to DLC/ XRIB of L (W XLIF of R), sd L, hold BJO-DLC;

1&23

[6]

{Running Open Natural} Fwd R comm RF trn/ sd L cont trn, bk R, bk L BJO-DRW;

- 23

[7]

{Hold, Back Turn LF & Side} Hold, bk R trn LF, sd L SCP-DLC;

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[8]

{Change to Oversway} Without wgt chg gradually stretch lft sd (W rt sd) to Oversway;