

FEED THE BIRDS

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p 1 of 2

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Music: "A Celtic Melody" STAR-234-CD

PHASE III+2+1 WALTZ (Diam Trn, In & Out Runs, Interrupted box) degree of difficulty-Easy

Sequence: INTRO – ABC – AC(MOD) ENDING

2/2009

INTRO

1 – 4 OP fcg PTR WALL WAIT 2 MEAS; ; APT, PT; BFLY TCH:

1-2 Trail hnds jnd ld feet free wait; wait;

3-4 Apt L,-,pt R; BFLY fwd R,-, tch L;

PART A

1 – 4 WZ AWAY; WZ WRAP the LADY; FWD WZ; ROLL THE LADY ACROSS:

1 – 2 [wz awy] blend Op LOD waltz fwd L trn slightly away from ptr, fwd R, cl L; [wz wrap]; fwd R,L,R

(W trn LF to wrap pos L,R,L);

3 – 4 [fwd wz] fwd wz in wrapped pos L,R,L; [roll the lady across LOP] M stp in pl R, L, R (W roll across LF IF of M L, R,L to LOP LOD) w on inside;

5 – 8 THRU TWINKLE; THRU, SD, CL CP COH; CANTER 2X; ;

5 – 6 [thru twink] fwd L LOD trng LF (w RF) to fac, sd R, cl L to SCP RLOD; [thru, sd, cl] fwd RLOD

R trng RF to face, sd L RLOD, cl R to CP COH;

7 – 8 [canter 2x] Sd L, draw R to L, cl R; Repeat action of Part A meas 7;

9 – 12 (COH) WZ AWAY; WZ WRAP the LADY; FWD WZ; ROLL THE LADY ACROSS:

9 – 12 Repeat action of PART A meas 1-4 but fcg COH to end fcg Wall; ; ; ;

13 – 16 THRU TWINKLE; THRU, SD, CL CP WALL; TWIRL/V-3; PKUP

13-14 [thru twink] fwd L RLOD trng LF (W RF) to fac, sd R, cl L to SCP LOD; [thru, sd, cl] fwd LOD R

trng RF to face, sd L LOD, cl R;

15-16 [twirl/v-3] M's L & W's R hnds jnd sd L, XRib, sd L (W sd & fwd R, trng ½ RF under jnd hnds, sd &

bl L trng ½ RF, sd R to fc ptr); [pkup] fwd R, sd L, cl R now in CP LOD

PART B

1 – 4 DIAMOND TURN; ; ; ;

1-2 [start diam trn] Fwd L trn LF,cont LF trn sd R, bk L fc DRC, cont LF trn bk R, cont LF trn sd L, fwd R DRW;

3 - 4 [fins diam trn] Cont LF trn fwd L trng LF, cont LF trn sd R, bk L DLW; bk R, sd L, fwd R CBJO

DLC;

5 – 8 FWD WZ; DRIFT APART; THRU TWINKLE TWICE to CP LOD; ;

5 – 6 [fwd wz] Fwd L blend CP, fwd & sd R, cl L; [drift apt] Drop M's R & W's L hds fwd R strong stp, sip L,R (W bk L,R, L);

7 - 8 [thru twink 2x] XLif (WxRif) twd wall, sd R, cl L; XRif (WxLif) twd COH, sd L, cl R to CP LOD;

9 – 12 FWD TRN LF & RT CHASSE BJO; IMPETUS SCP LOD; IN & OUT RUNS; ;

9 – 10 [trn lf & chasse bjo] Fwd L,-, comm upper body LF trn sd & fwd R/clo L, sd & bk R to BJO RLOD;

[imp scp lod] Comm upper body RF trn Bk L(W fwd R o/s ptr), cl R to L [heel trn]

cont trn, fwd L to SCP LOD;
11-12 **[in & out runs]** fwd R comm. RF trn, fwd & sd L (W R bet M's ft) cont trn, bk R to CBJO;
Bk L comm. RF trn, sd & fwd R between W's ft cont trn (W sd & fwd L around M),
fwd L to SCP;

13-16 **MANU; 2 QTR RT TRNS FC LOD; : 1 CANTER to COH:**

13 **[manu]** fwd R comm upper body trn, cont RF trn fwd & sd L, cl R to end CP RLOD;
14-15 **[2 qtr rt trns lod]** bk L comm. RF trn, sd R cont trn $\frac{1}{4}$ to fc COH, cl L; fwd R trn RF, sd cont trn to fac LOD, cl L to CP;
16 **[canter]** Sd L twd COH, draw R to L, cl R;

PART C

1 – 4 **INTERRUPTED BOX; ; ; ;**

1 – 4 **[inter box]** Fwd L, sd R, cl L; Bk R, sd L, cl R (W fwd L comm RF trn $\frac{1}{2}$ under Id hnds, fwd R cont trn, fwd L comp $\frac{1}{2}$ RF trn to fc LOD); Fwd L, sd R, cl L (W cont RF trn $\frac{1}{2}$ fwd R, fwd L cont trn, fwd R comp $\frac{1}{2}$ RF trn to fc ptr & CP RLOD); Bk R, sd L, cl R ending CP LOD;

Note for Woman: meas 2 & 3 are a gradual RF full revolution ending in CP.

FEED THE BIRDS (BUCK)

P. 2 OF 2

5 – 8 **FWD WALTZ; MANU; SPIN TURN; BOX FINISH FC LOD:**

5 – 6 **[fwd wz]** fwd L, fwd & sd R, cl L; **[manu]** fwd R comm. Upper RF body trn, cont RF trn fwd & sd L, cl R;

7 – 8 **[spin trn & box fins]** Comm RF upper body trn bk L pvtg $\frac{1}{2}$ RF, fwd R bet W's ft w/rise cont trn,
comp trn to DLW rec sd & bk L; **[box fins]** bk R, sd & bk L trng $\frac{1}{8}$ LF, cl R to fc LOD;

9 – 12 **INTERRUPTED BOX; ; ; ;**

9 – 12 **[inter box]** Fwd L, sd R, cl L; Bk R, sd L, cl R (W fwd L comm RF trn $\frac{1}{2}$ under Id hnds, fwd R cont trn, fwd L comp $\frac{1}{2}$ RF trn to fc LOD); Fwd L, sd R, cl L (W cont RF trn $\frac{1}{2}$ fwd R, fwd L cont trn, fwd R comp $\frac{1}{2}$ RF trn to fc ptr & CP RLOD); Bk R, sd L, cl R ending CP LOD;

Note for Woman: meas 2 & 3 are a gradual RF full revolution ending in CP.

13 – 16 **FWD WALTZ; FWD FC WALL, SD,CL; CANTER 2X; :**

13-14 **[fwd wz]** fwd L, fwd & sd R, cl L; **[fc wall sd cl]** fwd R comm. RF trn to fc Wall, sd L, cl R;

15-16 **[canter 2x]** Sd L, draw R to L; cl R; sd L, draw R to L, sl R;

REPEAT A (1-16)

PART C (MOD)

1 – 8 **INTERRUPTED BOX; ; ; ; FWD WZ; MANU; SPIN TRN; BOX FINS FC LOD:**

1 – 8 REPEAT ACTIONS OF PART C MEAS 1-8 ; ; ; ; ; ; ; ; ; ;

9 – 16 **INTERRUPTED BOX; ; ; ; FWD WZ; MANU; SPIN TRN; BOX FINS DLC:**

9 – 16 REPEAT ACTIONS OF PART C MEAS 1-8 to end fcg DLC ; ; ; ; ; ; ; ; ; ;

ENDING

1 – 6 **2 LEFT TURNS; : TWIRL/V-3; THRU, FC, CL CP WALL; 1 CANTER; DIP TWIST (KISS OPTIONAL):**

- 1 – 2 **[2 lf trns]** Fwd L comm. LF upper body trn, cont to trn sd & bk R, cl L; bk R comm. LF upper body trn, cont to trn sd and fwd L, comp trn cl R to fc DLW;
- 3 - 4 **[twrl/v-3]** M's L & W's R hnds jnd sd L, XRib, sd L (W sd & fwd R, trng ½ RF under jnd hnds, sd & bk L trng ½ RF, sd R to fc ptr); **[thru fc cl]** Thru R (W thru L) sd L to fc, cl R to CP WALL;
- 5 **[1 canter]** Sd L, draw R to L, cl R;
- 6 **[dip,twist]** Dip bk & slightly sd L, slight LF twist, kiss optional;

FEED THE BIRDS (HEAD CUES) Ph 3+2 by Bill & Martha Buck

OP fcg WALL ld ft free WAIT 2 MEAS; ; APT, PT; BFLY, TCH;

PART A

WZ AWAY; WZ WRAP THE LADY; FWD WZ; ROLL LADY X;
THRU TWINK; THRU,FC,CL to CP COH; CANTER TWICE; ;
WZ AWAY; WZ WRAP THE LADY; FWD WZ; ROLL LADY X;
THRU TWINK; THRU,FC,CL; TWRL/V-3; PU WZ;

PART B

DIAM TRN; ; ; FWD WZ; DRIFT APART;
THRU TWINK 2X to CP/LOD; ; TRN LF & CHASSE BJO;
IMP SCP; IN & OUT RUNS; ; MANU;
2 QTR RT TRNS LOD; ; 1 CANTER to COH;

PART C

INTERRUPTED BOX; ; ; FWD WZ; MANU; SPIN TRN DLW; BOX FINS LOD;
INTERRUPTED BOX; ; ; FWD WZ; FC WALL, SD,CL; CANTER 2X; ;

PART A

WZ AWAY; WZ WRAP THE LADY; FWD WZ; ROLL LADY X;
THRU TWINK; THRU,FC,CL to CP COH; CANTER TWICE; ;
WZ AWAY; WZ WRAP THE LADY; FWD WZ; ROLL LADY X;
THRU TWINK; THRU,FC,CL; TWRL/V-3; PU WZ;

PART C (MOD)

INTERRUPTED BOX; ; ; FWD WZ; MANU; SPIN TRN DLW; BOX FINS LOD;
INTERRUPTED BOX; ; ; FWD WZ; MANU; SPIN TRN DLW; BOX FINS DLC;

ENDING

2 LF TRNS; ; TWRL/V-3; THRU FC CL(CP); 1 CANTER; DIP, TWIST, LEG CRAWL;