

EXACTLY LIKE YOU QUICKSTEP

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RECORDING: "Exactly Like You" [Flip: "Through Your Eyes"]
PHASE & RHYTHM: Phase VI QUICKSTEP [V-6, double ronde, twist turn, traveling contra ck]

SEQUENCE: INTRO, A, B, A Mod, B Mod, END Speed: 44 RPM

INTRO

1-4 WAIT;; CHARLSTON PTS;;
[WAIT] Fc WALL SD X SD M to lt of W wait 2 ms L ft free for both;;
[CHARLSTON PTS(SSSS)] M & W fwd L, __, pt fwd R, __; Bk R, __, pt bk L, __;

5-8 BB TRN;; CIRCLE RF/W PT & ROLL LF;;
[BB TRN(SSSS)] M & W SD X SD/WALL fwd L trn rf 1/2, __, fwd R, __; Fwd L trn rf 1/2, __, fwd R, __ fc WALL;
[CIRCLE RF/W PT & ROLL LF(SSSS)] M cir rf fwd L, __, fwd R, __; fwd L, __, fwd R fc LOD, __;
(W pt fwd L, __, fwd L LOD trn lf 1/2 fc RLOD, __; Bk R, __, bk L fc RLOD, __;)

PART A

1-4 FWD TO NAT TRN;;, EXTENDED BK TIPPLE CHASSE & QK FWD LK,,;
[FWD TO NAT TRN(SSQQ)] Fwd L blend BJO, __, fwd R DW outsd ptr rf trn, __; Sd L, cl R CP/RLOD,
(W bk R blend BJO, __, bk L DW ptr outsd trn rf, __; Sd R, cl L CP fc LOD,)
[EXTENDED BK TIPPLE CHASSE(SQQQSS)] Bk L rf trn, __; Sd R, cl L, sd R, cl L; Sd R CP/LOD, __,
(W fwd R trn rf, __; Sd L, cl R, sd L, cl R; Sd L fc RLOD, __)
[QK FWD LK(QQ)] Fwd L DC, lk Rib CP/DC; (W bk R, lk Lif CP fc DRW;)

5-8 OP TELE;;, QK TIPSYP PT W KICK & TAP,,;;, QK BK LK,;
[OP TELE(SSS)] Lower on R CP heel lead fwd L, __, fwd R lf trn, __; Fwd L SCP/DW, __,
(W lower on L CP bk R, __, cl L lf heel trn, __; Fwd R SCP/DW, __)
[QK TIPSYP PT(QQS)] SCP fwd R, fwd L WALL; Tap Rib sway lt, __, (W fwd L, fwd R; Tap Lib look rt __)
[W KICK & TAP(SS)] Chg sway look rt, __; Chg sway look lt, __, (W kick L look lt, __; Tap Lib look rt, __)
[QK BK LK(QQ)] Lose sway bk R DC, lk Lif; (W lose sway fwd L, lk Rib;)

9-12 PROG CHASSE;;, EXTENDED FWD TIPPLE CHASSE,,;;, V-6,;
[PROG CHASSE(SQQS)] Lower on L CP lf trn bk R COH, __, sd L, cl R; Sd L fc DW, __,
(W lower on R CP lf trn heel lead fwd L COH, __, sd R, cl L; Sd R fc DRC, __)
[EXTENDED FWD TIPPLE CHASSE(SQQQSS)] Fwd R outsd ptr rf trn, __; Sd L, cl R, sd L, cl R; Sd L CP/RLOD, __,
(W bk L ptr outsd rf trn, __; Sd R, cl L, sd R cl L; Sd R CP fc LOD, __)
[V-6 (QQSSQQ)] Bk R DC, lk Lif; (W fwd L, lk Rib;)

13-16 FIN V-6;;, FWD SKIP CONTRA CK & SWITCH,,;;, DBL RONDE TWIST TRN TO SCP,;
Bk R, __, bk L ptr outsd, __; Bk R blend CP lf trn, fwd L BJO/DW,
(W fwd L, __, fwd R outsd ptr, __; Fwd L CP lf trn, bk R BJO fc DRC,)
[FWD SKIP CONTRA CK & SWITCH(S&SSS)] Fwd R outsd ptr, __/lift on R; CP ck fwd L, __, rec R, __; Bk L, __,
(W bk L ptr outsd, __/lift on L; CP ck bk R, __, rec L, __; Trn rf fwd R CP fc DC, __)
[DBL RONDE TWIST TRN SCP(SQQQSS)] CP fwd R against ptr rt leg rf upper body trn ronde L fwd cw, __;
(W bk L ronde R bk cw head rt, __;)

17-18 FIN TWIST TRN TO SCP;;
Fin ronde fwd L RLOD, hook Rib, unwind rf, cont unwind rf; Rise on R, __, fwd L SCP/LOD, __;
(W fin ronde bk R under body, fwd L around ptr head lt, fwd R, fwd L; Rise on L, __, fwd R SCP/LOD, __;)

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PART B

- 1-4** **OP NAT;;; HEEL PULL;;; SLO OP FIN;;;**
[OP NAT(SSS)] SCP fwd R DW, __, fwd L rf trn, __; Bk R BJO/RLOD, __, (W fwd L, __, fwd R, __; Fwd L, __)
[HEEL PULL(SS)] Bk L ptr outsd, __; Heel pull rf trn sd R SCAR, __, (W fwd R outsd ptr, __; Trn rf sd L, __)
[SLO OP FIN(SSS)] Fwd L LOD outsd ptr lt sd, __; Fwd R CP, __, rf trn fwd L SCP/LOD, --;
(W bk R ptr outsd lt sd, __; Bk L CP fc RLOD, __, rf trn fwd R SCP/LOD, __;)
- 5-8** **SEMI CHASSE & FWD SKIP;; 2 TRNG SKIP CHASSES;;**
[SEMI CHASSE & FWD SKIP(SQQSS&)] SCP/LOD fwd R, __, fwd L, cl R: Fwd L, __, fwd R blend CP, __/lift on R;
(W SCP fwd L, __, fwd R, cl L; Fwd R, __, fwd L blend CP, __/lift on L;)
[2 TRNG SKIP CHASSES(QQS&QQS&)] CP/WALL trng rf sd L, cl R, sd L CP/DRC, __/lift on L;
Cont rf trn sd R, cl L, sd R CP/LOD, __/lift on R;
(W CP fc COH trng rf sd R, cl L, sd R CP fc DW, __/lift on R; Trng rf sd L, cl R, sd L CP fc RLOD, __/lift on L;)
- 9-12** **FWD RUN LKS;; NAT TRN; PVT & WK;**
[FWD RUN LKS(QQQQQQS)] BJO/LOD fwd L, lk Rib, fwd L, fwd R out sd ptr; Fwd L, lk Rib, fwd L, __;
(W BJO fc RLOD bk R, lk Lif, bk R, bk L ptr outsd; Bk R, lk Lif, bk R, __;)
[NAT TRN(SQQ)] Fwd R DW outsd ptr rf trn, __, sd L, cl R CP/RLOD;
(W bk L DW ptr outsd rf trn, __, sd R, cl L CP fc LOD;)
[PVT & WK(SS)] Bk L LOD pvt rf trn, __, fwd R CP/LOD, __; (W fwd R LOD pvt rf trn, __, bk L CP fc RLOD, __;)
- 13-16** **FWD TO QTR TRN PROG CHASSE;;; CK FWD TO TOP SPIN,;;**
[FWD TO QTR TRN(SSQQS)] CP fwd L, __, fwd R DW, __; Sd L, cl R, sd & bk L CP/DRW, __;
(W CP bk R, __, bk L, __; Sd R, cl L, sd & fwd R BJO fc DRC, __;)
[PROG CHASSE(SQQS)] Bk R DC, __, sd L, cl R; Sd L BJO/DW, __, (W fwd L, __, sd R, cl L; Sd R BJO fc DRC, __;)
[CK FWD TO TOP SPIN(SSQQ)] Ck fwd R outsd ptr DW, __; (W ck bk L ptr outsd, __;)
- 17-20** **FIN TOP SPIN; CK OUT SD & HOLD; RUN FIN; FWD TO LK;**
Lf trn bk L ptr outsd, __, cont lf trn bk R CP/DC, sd L; (W lf trn fwd R outsd ptr, __, lf trn fwd L CP, sd R;)
[CK OUTSD & HOLD(SS)] Ck fwd R outsd ptr DRC & hold, __, __, __; (W ck bk L ptr outsd fc DW, __, __, __;)
[RUN FIN(SQQ)] Bk L ptr outsd rf trn, __, fwd R, fwd L BJO/LOD, __;
(W fwd R outsd ptr rf trn, __, bk L, bk R BJO fc RLOD, __;)
[FWD TO LK(SQQS)] Fwd R outsd ptr LOD, __, fwd L, lk Rib; (W bk L ptr outsd fc RLOD, __, bk R, lk Lif;)

PART A Mod

- 1-4** **FIN FWD LK TO NAT TRN;; EXTENDED BK TIPPLE CHASSE & QK FWD LK,;;;**
Fwd L toe lead & lower, __, (W bk R & lower, __;)
[NAT TRN(SQQ)] Fwd R heel lead outsd ptr DW rf trn, __, sd L, cl R CP/RLOD;
(W bk L ptr outsd rf trn, __, sd R, cl L CP fc LOD;)
- 5-8** **OP TELE;;; QK TIPSY PT W KICK & TAP,;;;, QK BK LK,;;**
9-12 **PROG CHASSE;; EXTENDED FWD TIPPLE CHASSE,;;;, DBL BK LK,;;**
[DBL BK LK(QQQQS)] Bk R DW, lk Lif; (W fwd L DW, lk Rib;)
- 13-16** **FIN DBL BK LK; RT CHASSE;; SLO TRAVELING CONTRA CK,;;**
Bk R, lk Lif, bk R BJO/DRC, __; (W fwd L, lk Rib, fwd L BJO fc DW, __;)
[RT CHASSE(SQQS)] Bk L ptr outsd DW rf trn, __, sd R, cl L; Sd R CP/LOD, __;
(W fwd R outsd ptr DW rf trn, __, sd L, cl R; Sd L CP fc RLOD, __;)
[SLO TRAVELING CONTRA CK(SSS)] Fwd L LOD sharp rf trn, __; Cl R & rise, __, fwd L SCP/LOD, __;
(W bk R sharp rf trn, __; Cl L & rise, __, fwd R SCP/LOD, __;)

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PART B Mod

- 1-4** **OP NAT;;; HEEL PULL;;; SLO OP FIN;;;**
5-8 **SEMI CHASSE & FWD SKIP;; 2 TRNG SKIP CHASSES;;**

9-12
13-16
17-20

FWD RUN LKS;; NAT TRN; PVT & WK;
FWD QTR TRN PROG CHASSE;;,, CK FWD TO TOP SPIN,,;
FIN TOP SPIN; CK OUT SD & HOLD; SLO OP FIN & FWD TO OP;;
[SLO OP FIN & FWD OP(SSSS)] Bk L ptr outsd rf trn, __, fwd R CP/LOD, __; Fwd L LOD, __, fwd R OP/LOD, __;
(W fwd R outsd ptr rf trn, __, bk L CP cont rf trn, __; Fwd R blend OP/LOD, __, fwd L OP/LOD, __;)

END

1-4

CHARLSTON PTS;; BB TRN;;
[CHARLSTON PTS(SSSS)] OP/LOD fwd L, __, pt fwd R, __; Bk R, __, pt bk L, __;
(W fwd R, __, pt fwd L, __; Bk L, __, pt bk R, __;)
[BB TRN(SSSS)] OP/LOD fwd L trn rf 1/2, __, fwd R, __; Fwd L trn rf 1/2, __, fwd R, __;
(W fwd R trn lf 1/2, __, fwd L, __; Fwd R trn lf 1/2, __, fwd L, __;)

5-8

CIRCLE AWY & TOG 4;; SD DBL CHASSE TO PROM HIGH LINE & HOLD;;
[CIRCLE AWY & TOG 4(SSSS)] OP/LOD cir lf fwd L, __, fwd R, __; Fwd L, __, fwd R CP/WALL, __;
(W cir rf fwd R, __, fwd L, __; Fwd R, __, fwd L CP fc COH, __;)
[SD DBL CHASSE PROM HIGH LINE HOLD(QQQSS)] CP/WALL sd L, cl R, sl L, cl R; Sd L rt stretch, __, __, __;
(W CP fc COH sd R, cl L, sd R, cl L; Sd R lt stretch look rt, __, __, __;)

9

DROP OVERSWAY LEG CRAWL;
[DROP OVERSWAY LEG CRAWL(Q___)] Qk lower on L chg sway extend R leg slight lf body rotation, __, __, __;
(W qk lower on R chg body sway qk slide lt leg up M's rt leg head strong lt, __, __, __;)