

# Emily III

COMPOSERS: Jack & Judy DeChenne, 10924 E. 28th Ave, Spokane Valley, WA 99206 (509)928-5774  
E-MAIL ADDRESS: [jdechenne@comcast.net](mailto:jdechenne@comcast.net) Webpage [www.jjdechenne.com](http://www.jjdechenne.com)  
MUSIC: "Emily" by Ross Mitchell (DLD1901 track 1)  
PHASE / RYHTUM: Phase III / Waltz SPEED: Adjust for Comfort  
FOOTWORK: Opposite Except Where Noted  
SEQUENCE: Intro, A, A(mod) B, A(mod), B(mod)  
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## INTRO

- 1-4 WAIT:: STEP TOG TO CP; BOX FINISH:  
1-2 In LOF Pos fcng DW weight on M's R & Ladies's L wait two meas;;  
1,2,- 3 { Step Tog to CP } Fwd L blending to CP, tch R, hold (Fwd R to CP, tch L, hold);  
1,2,3 4 { Box Finish } Bk R trng ¼ lf to face DC, sd L, cl R;

## PART A

- 1-8 TWO LT TURNS:: HOVER; THRU CHASSE TO BFLY; CK THRU. REC. SD TO LT ½ OP;  
FWD. FWD / LK. FWD; LADIES ACROSS; MEN ACROSS:  
1,2,3 1-2 { Two Lt Turns } Fwd L comm lf trn, sd R cont trn, cl L; Bk R comm lf trn, sd L cont trn  
1,2,3 to face wall, cl R;  
1,2,3 3 { Hover } Fwd L, fwd & sd R with rise, rec sd L to SCP LOD;  
1,2/&,3 4 { Thru Chasse to Bfly } Thru R, sd and slightly fwd L / cl R to L, sd L to BFLY;  
1,2,3 5 { Ck Thru. Rec. Sd to Lt ½ OP } Ck thru R, rec L to face, sd & fwd R to lt ½ OP RLOD;  
1,2/&,3 6 { Fwd. fwd / lk. fwd } Fwd L, fwd R / lk LIB of R, fwd R still in lt ½ OP;  
1,2,3 7 { Ladies Across } M fwd L leading ladies across, fwd R ladies cont across, fwd L to ½ OP, (W  
fwd R crossing in front of M starting to trn rf, fwd L cont rf trn, fwd R to ½ OP);  
1,2,3 8 { Men Across } M fwd R crossing in front of ladies starting to trn rf, fwd L cont rf trn, fwd  
R to lt ½ OP (W fwd L as M starts across, fwd R M cont across, fwd L to lt ½ OP)
- 9-16 CK THRU. REC. SD; SYNC VINE FOUR; HOVER FALLAWAY; BK HOVER TO BJO;  
FWD. FWD / LK. FWD; MANUV; SPIN TURN; BOX FINISH;  
1,2,3 9 { Ck Thru. Rec. Sd } Ck thru L, rec R to face, sd & fwd L to BFLY WALL;  
1,2/&,3 10 { Sync Vine Four } XRIF of L, sd L / XRIB of L, sd L;  
1,2,3 11 { Hover Fallaway } Blending to SCP LOD thru R, fwd L rising and checking, bk R still  
in SCP;  
1,2,3 12 { Bk Hover to Bjo } M bk L in SCP, bk R rising and checking starting to lead ladies to BJO,  
fwd L to BJO (W bk R in SCP, bk L and trn lf, bk R in BJO);  
1,2/&,3 13 { Fwd. fwd / lk. fwd } M fwd R, fwd L / lk RIB of L, fwd L still in BJO (W bk L, bk  
R / lk LIF of R, bk R);  
1,2,3 14 { Manuv } M fwd R, fwd and sd L comm RF trn, cl R end fcng RLOD (W bk L, bk and sd R  
comm RF trn, cl L);  
1,2,3 15 { Spin Turn } M bk L comm rf pivot 1/2, fwd R between ladies feet with rise to stop spin,  
small bk L to end CP DW (W fwd R between M's feet comm rf pivot, bk L with rise to stop spin,  
fwd L);  
1,2,3 16 { Box Finish } Bk R trng ¼ lf to face DC, sd L, cl R;

## PART A(mod)

- 1-8 TWO LT TURNS:: HOVER; THRU CHASSE TO BFLY; CK THRU. REC. SD TO LT ½ OP;  
FWD. FWD / LK. FWD; LADIES ACROSS; MEN ACROSS:  
1-8 Repeat Part A meas 1 - 8
- 9-16 CK THRU. REC. SD; SYNC VINE FOUR; HOVER FALLAWAY; BK HOVER TO BJO;  
FWD. FWD / LK. FWD; MANUV; SPIN TURN; BOX FINISH TO SCAR;  
9-15 Repeat Part A meas 9 - 15  
1,2,3 16 { Box Finish to Scar } Bk R leading ladies to M's lt sd, small sd L to SCAR DW, cl R;

**PART B**

- 1-8 **CROSS HOVER TO BJO; CROSS HOVER TO SCAR; CROSS HOVER TO SCP; WING;**  
**TRN LT & RT CHASSE; BK, BK / LK, BK; IMPETUS TO SCP; PICKUP LADIES IN 3;**
- 1,2,3 1 {Cross Hover to Bjo} M fwd L with crossing action, fwd & slight sd R blending to CP, fwd & sd L to Bjo DC (W bk R with crossing action, bk & sd L blending to CP, sd & bk R to Bjo);
- 1,2,3 2 {Cross Hover to Scar} M fwd R with crossing action, fwd & slight sd L blending to CP, fwd & sd R to Scar DW (W bk L with crossing action, bk & sd R blending to CP, sd & bk L to Scar);
- 1,2,3 3 {Cross Hover to Scp} M fwd L with crossing action, fwd & slight sd R blending to CP, sd L to SCP DC (W bk R with crossing action, bk & sd L blending to CP, sd R to SCP);
- 1,- (1,2,3) 4 {Wing} M fwd R, draw L twd R, touch L to R trng upper body LF with left sd stretch (W fwd L, fwd R around M, fwd L around M cont to trn slightly LF to SDCR pos);
- 1,2/&,3 5 {Trn Lt & Rt Chasse} M fwd L comm lf trn, sd R / cl L, sd R to BJO RLOD (W bk R comm lf trn, sd L / cl R, sd L to BJO);
- 1,2/&,3 6 {Bk, bk / lk, bk} M bk L, bk R / lk LIF of R, bk R still in BJO (W fwd R, fwd L / lk RIB of L, fwd L);
- 1,2,3 7 {Impetus to SCP} M bk L commence RF trn, close R to L heel trn cont RF trn, fwd L in tight SCP traveling DC (W fwd R outside M's feet comm RF trn, sd and fwd L cont trn brush R to L, fwd R to SCP);
- 1,2,3 8 {Pickup Ladies in 3} M thru R starting to pickup ladies, sd & fwd L cont to pickup ladies, cl R to CP DC (W thru L comm lf trn, fwd R cont trn to CP, cl L);

**PART B(mod)**

- 1-8 **CROSS HOVER TO BJO; CROSS HOVER TO SCAR; CROSS HOVER TO SCP; WING;**  
**TRN LT & RT CHASSE; BK, BK / LK, BK; IMPETUS TO SCP; CHAIR AND HOLD;**
- 1-7 Repeat Part B meas 1 - 7
- 1,-,- 8 {Chair & Hold} Check thru R and rise to chair ending & hold;