

Choreographer :

Jos.Dierickx Jos.Dierickx ELEGIA

Beverloestwg. 14 B 2 Music : Prandi Sound - Cd.: Vihren's Collection  
for Dancing -Standard 09 -Track # 9

Time: 2:18 Speed: 29 Bpm

3583 - Paal -Belgium Rhythm : Waltz (28 bpm)

Phone : 0032/474.67.83.84 Phase : V + 0 + 1U (Lace Box)

Email: Footwork : Opposite, except where noted.

Jos.Dierickx@telenet.be Release Date : Feb.2012

SEQUENCE : INTRO ABC A(8-15) END

INTRO

01-02 Wait 2 Meas CL POS DLW -Wait 2 Meas.in CP DLW ;

-Wait ;

03 FWD Hover -Fwd L, sd & fwd R, bk L (W Bk R, sd & bk L, fwd R) ;

04 Closed Finish -Bk R com LF trn, contg LF trn sd L to mom CP, cl R to  
CL DLC ;

PART A

01-02 Viennese Turns -Fwd L comm LF turn, sd R cont LF turn, XLIFR ;

-Bk R cont LF turn, sd L cont LF turn, cl R to left fc DLC ;

03 OP Telemark -Fwd L comm LF trn to diag, fwd and sd R around ptr trng  
LF, fwd and sd L ( W bk R comm

LF trn bringing L to R with no weight, cont LF trn on R (heel turn)

change weight to L, sd and fwd

R) to SCP/DLW;

04 Nat Hover Fallaway -Forw.R, fwd L with rise & turn RF, rec.bk R (W  
fwd L, fwd R with Rise & turn Rf to semi,

rec.bk L) in fallaway backing LOD) ;

05 To a OP Impetus -Bk L trng RF, cl R heel turn, fwd L (W bk R under  
body, Bk L across ptr & LOD brush R to L

trng RF, sd & fwd R) end SCP/DLC ;

06-07 In & Out Runs -Fwd R comm RF trn, sd and bk L twd DLW to CP, bk R  
to CBMP ;

-Bk L trng RF, sd and fwd R Between W's feet cont RF trn, fwd L to SCP ;

08 Whiplash to Bjo LOD -Thru R, trng LF (W LF) start drawing L toe in an  
arc to pt to LOD, cont trng BJO/DLW ;

09 Back Whisk -Bk L slght body trn LF, sd & bk R slght body trn RF,  
XLIBR to SCP/ DLC ;

10 Fwd & Prom.Sway &

Change Sway

-Thru R, sd & fwd L tng to SCP/DLC stretch lft sd upward to look over  
joined lead hands,

relax L knee begin to chg head to look twd wall, cont to chg head to  
look twd wall chg to

rgt sd stretch ;

11 Body Roll to a Hover Semi -Roll upper body RF, sd & bk R rise on R,  
fwd & sd L to SCP/ LOD ;

12 OP Natural -Fwd R, fwd & sd L turn RF, cont sd & bk R to cbdrc w/rt  
shoulder lead ;

13-14 Bk & Tipple Chasse Pivot

to a Spinturn

-Comm upper body trn RF bk L, cont trn sd R with left sd stretch/cl L,  
cont trn sd & fwd R  
twd LOD Pivot 1/2 RF end CP RLOD ;  
-Cont RF pivoting action bk L pivot 1/2 RF, fwd R cont trn, sd & bk L to  
CP/LOD;  
15 Bk Feather to DRC -Bk R comm Trng LF, sd & bk L cont trng LF, Fwd R  
to Bjo DRC ;  
16 Top Spin -With toe spin LF on R bk L twd DLC, slip bk R/cont trn sd &  
fwd L, cont trn fwd R outsd ptr  
end BJO/LOD ;

Page 2 : Elegia PART B

01-04 Lace Box -Fwd L trng LF to RDC, sd R, cl L to R ;  
-Bk R trng LF to RDW, sd L, cl R to L (W fwd L,R,Lunder lead arm) ;  
-Fwd L trng LF to DLW, sd R, cl L tot R (W under lead arm fwd R trng  
RF,fwd L cont RF trn to fc  
prtn, cl R to L) ;  
-Bk R trng LF to DLW, sd L, cl R to L ending CP/DLC ;  
05 Close Telemark -Fwd L start LF trn, fwd & sd cont LF trn R, fwd L (W  
bk R, bring L to R no wgt trng. LF on R heel  
trans wgt to L , bk & sd R) to Bjo/DLW ;  
06 OP Natural -Repeat meas 12 Part A ;  
07-08 Outs. Spin to Turn. Lock -Trn body RF toe in bk L small stp, fwd R  
cont trn outsd ptr, sd & bk L (W Trn Body RF fwd  
R outsd ptr, cl L to R cont trn, fwd R CP) to CP DRC ;  
-Bk R with right sd lead and right sd stretch/lk LIF, bk & slightly sd R  
trn 1/4 LF, sd & fwd L  
,-(W fwd L with left sd lead and left sd stretch/lk RIB, fwd & slightly  
sd L trn 1/4 LF, sd & bk R)  
end BJO/DLW ;  
09 Cross Pivot -Fwd R DW outsd ptr comm RF trn, sd DW L cont RF trn,  
trng strongly RF on L step sd R  
(W bk L comm RF trn, close R no wgt for heel trn and cont trn chngng wgt  
to R, sd L) to SCAR/DLW ;  
10-12 3 Cross Hovers  
end in Semi  
-XLIFR, sd R rise, rec L BJO ;  
-XRIFL, sd L rise, rec R SCAR ;  
-XLIFR, sd R rise, rec L to SCP/LOD ;  
13-14 Weave 6 to BJO -Thru R, fwd L comm LF trn to CP (W trn LF to PU),  
cont trng LF sd and bk R to BJO/RL0D ;  
-Bk L, cont LF trn bk R, Sd and fwd L cont trn to BJO/DLW ;  
15-16 Nat Hover Cross w/  
Syncop. Ending  
-Repeat Meas 9 Part B ;  
-Fwd L across R to SCAR/rec R, sd & fwd L to BJO/DLC, fwd R to BJO/DLC ;  
17 Turn Left & R Chasse Bjo -Fwd L comm LF trn, cont trng LF sd R/cl L,  
sd & bk R to BJO/DRC ;  
18 Hesitation Change -Comm RF trn bk L, sd R cont trn, draw L to R  
CP/DLC ;  
19 Double Reverse Spin -Fwd L comm LF trn, sd R cont turn, spin LF on  
ball of R (W Bk R comm LF trn, close L to R  
[heel (12&3) turn] /sd & bk R cont LF trn, XLIFR) ;

PART C

01-04 Diamond Turn -Fwd L trn LF to DRC, sd R,XLIBR CBJO ;  
-Bk R trng LF to DRW, sd L, XRIFL ;  
-Repeat meas 1-2 Part CBJO/DLC ; ;  
05 Fwd Waltz -Fwd L, sd & fwd R, cl L ;  
06 OP Natural -Repeat meas 12 Part A ;  
07-08 Outs. Spin & R. Turn. Lock -Repeat meas 7 Part B ;  
-Bk R DW w/R sd lead comm to trn R/XLIFR, cont R trn sd & fwd R between

W's

ft, fwd L (W Fwd L w/L sd lead comm to trn R/XRIBL, fwd & sd L cont trng R, fwd R) to

SCP/LOD ;

09 Manuver/Pivot 2 -Fwd R strt trn RF, trn RF sd L pvt action, fwd R pvt RF ;

10 Pivot 2 & Step to Semi -Cont trn RF sd L pvt action, fwd R pvt RF rise, sd & fwd L to SCP/LOD ;

11 Thru Ripple Chasse -Thru R trn RF, sd & slightly fwd L with slight left sd stretch/cont stretch into sway right cl

L look right, sd & fwd L losing sway end SCP DLW ;

12 Thru Side Behind -Thru R, trn to fc sd L, XRIBL w/ right sway ;

13 Roll 3 to Semi -Start LF trn (W RF) sd & fwd L, sd & fwd R cont LF trn, sd & fwd L cont LF trn to SCP/LOD ;

14 Manuver -Comm RF trn Thru R, cont RF trn sd L to CP/RL0D, cl R ;

15 OP Impetus -Repeat meas 5 Part A ;

ENDING

01 M Rice & Close to High -Cl L to R fcg prtn & rice to High Line, lowering to a Hinge relax L knee & pt R ft thru (W

Line & Lower to a Hinge Rice on L, lwrng to a Hinge relax L knee & pt R ft thru) -;

Elegia (Jos Dierickx)

Waltz V+0+1U (Lace Box)  
Intro ABC A(8-15) End

Intro (Cp Dlw)

Wait ; ; Fwd Hover ; Cls Finish ;

A

Viennese Turns ; ; Op Telemark ;  
Nat Hover Fallaway to Op Impetus ; ; In & Out Runs ; ; 7  
Whiplash to Bjo ;  
Bk Whisk ; Fwd to Prom Sway & Chg Sway ;  
Body Roll to Hover Scp ; Op Nat ;  
Bk Tipple Chasse Pivot ; Spin Turn ;  
Bk Feather Finish (Drc) ; |15  
Top Spin ;

B

Lace Box ; ; ; ;  
Cls Telemark ; Op Nat ; Outsd Spin to Trng Lk ; ;  
Cross Pivot ; Cross Hover 3x ; ; (Scp) ;  
Weave 6 ; ; Nat Hover Cross ; Sync the Ending  
Turn Left & Chasse Bjo ; Hes Chg ; Dbl Rev Spin ;

Diamond Turn ; ; ; ;  
Fwd Waltz ; Op Nat ; Outsd Spin to R Trng Lk ; ;  
Manuver & Pivot 2 ; Pivot 2 Step Scp ;  
Thru Ripple Chasse ; Thru Side Behind ;  
Roll 3 to Scp ; Manuver ; Op Impetus ;

End

M Rise & Cls to High Line & Lower to a Hinge ;