

EL AMOR CHA

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MUSIC: "Eso Es El Amor" Star 132 Available from Choreographer or Palomino Records, flip side: My Foolish Heart

FOOTWORK: Opposite, directions for man (*woman in parentheses*)

Speed: 42-44 RPM

PHASE & RHYTHM: Phase IV+2 Cha [Single Cuban Break, Double Cuban Break]

Released: July 2002

TIMING: 123&4 except where noted

SEQUENCE: Intro, A, B, C, A (1-12), END

INTRO

1-4 **WAIT 1 MEAS; NEW YORKER; SINGLE CUBAN BREAK; QK RK RCVR, PRESS & LOOK (W-SIT & SHIMMY);**

- 1 Wait 1 Measure, Trail Hnds Joined, Off Lead Foot Free Fc WALL;
- 2 Thru with straight R leg turn twd LOD to sd by sd, rec L fc ptrn, sd R/cl L, sd R;
- 3 1&23&4 XLIF (*W XRIF*) of R/rec R, sd L, XRIF (*W XLIF*) of L/rec L, sd R;
- 4 1&23 -- Rk bk L/rec R, press L ball of foot slightly fwd & sd of R in press line position L hand on upper L thigh
(1&234) R hand on hip, hold, hold trng head to look at woman as she does the shimmy then straighten up rising as woman finishes the shimmy releasing wgt from L foot (*W Rk bk R/rec L, press R ball of foot slightly in front of L in slight press line position, compress into L leg into a slight "sit" position arms down palm twd floor, shoulder shimmy as you rise*) jn lead hnds;

PART A

1-8 **FWD BASIC & FAN;; HOCKEYSTICK FC WALL HANDSHAKE;; HALF BASIC & WHIP FC LOD;; SHDW BRKS TWICE (fc COH then fc WALL);;**

- 1 Fwd L, rec R, bk L/lk RIF of L, bk L;
- 2 Bk R, rec L slightly LFC, sd R/cl L, sd R (*W fwd L, trn LFC ¼ sd & bk R fc RLOD, bk L/lk RIF of L, bk L*) WALL;
- 3-4 Fwd L, rec R, sd L/cl R, cl L raising lead hnd to shape for window; bk R slightly behnd L, rec L lead W to trn LFC, sd R/cl L, sd R (*W Cl R to L, fwd L, fwd R/lk LIB of R, fwd R; fwd L undr jnd lead hnds, fwd R trn LFC ½ fc ptrn, sd L/cl R, sd L*) HNDSHK WALL;
- 5 Fwd L, rec R, sdL/cl R, sd L;
- 6 Bk R trng ¼ LFC lead W with joined R hnds to M's lft sd, rec fwd L fc LOD, sd R/cl L, sd R (*W fwd L outsd M on his lft sd, fwd R trng ¼ LFC, sd L/cl R, sd L*) HNDSHK;
- 7 Swivel LFC to OP COH rk bk L, rec R to fc ptrn, sd L/cl R, sd L;
- 8 Swivel RFC to OP WALL rk bk R, rec L to fc ptrn, sd R/cl L, sd R HNDSHK;

9-16 **HALF BASIC & WHIP FC COH;; SHDW BRKS TWICE (RLOD & LOD);; FENCELINE IN 4 LOD; SINGLE CUBAN; QK RK RECR, PRESS & LOOK (W-SIT & SHIMMY); MODIFD DBL CUBAN BFLY;**

- 9 Fwd L, rec R, sdL/cl R, sd L;
- 10 Bk R trng ¼ LFC lead W with joined R hnds to M's lft sd, rec fwd L fc COH, sd R/cl L, sd R (*W fwd L outsd M on his lft sd, fwd R trng ¼ LFC, sd L/cl R, sd L*) HNDSHK;
- 11 Swivel LFC to OP RLOD rk bk L, rec R to fc ptrn, sd L/cl R, sd L;
- 12 Swivel RFC to OP LOD rk bk R, rec L to fc ptrn, sd R/cl L, sd R BFLY;
- 13 Cross lunge thru with bent knee L, rec R trng to fc, sd R, rec L no hnds;
- 14 1&23&4 XRIF (*W XLIF*) of L/rec L, sd R, XLIF (*W XRIF*) of R/rec R, sd L;
- 15 1&23 -- Rk bk L/rec R, press L ball of foot slightly fwd & sd of R in press line position L hand on upper L thigh
(1&234) R hand on hip, hold, hold trng head to look at woman as she does the shimmy then straighten up rising as woman finishes the shimmy releasing wgt from L foot (*W Rk bk R/rec L, press R ball of foot slightly in front of L in slight press line position, compress into L leg into a slight "sit" position arms down palm twd floor, shoulder shimmy as you rise*);
- 16 1&2&3&- XLIF (*W XRIF*) of R/rec R, sd L/rec R, XLIF (*W XRIF*) of R/rec R, tch L BFLY;

EL AMOR CHA (Cont.)

PART B

1-8 HALF BASIC & WHIP FC WL;; FENCELINE RLOD; DOUBLE CUBAN BRK; FENCELINE RLOD; SPOT TRN IN 4; UNDERARM TRN; DOUBLE CUBAN BRK;

- 1 Fwd L, rec R, sdL/cl R, sd L;
2 Bk R trng ¼ LFC lead W with joined hnds to M's lft sd, rec fwd L cont trn 1/4, sd R/cl L, sd R (*W fwd L outsd M on his lft sd, fwd R trng 1/2 LFC, sd L/cl R, sd L*)WALL;
3 Cross lunge thru with bent knee L, rec R trng to fc ptrn, sd L/cl R, sd L;
4 1&2&3&4 XRIF (*W XLIF*) of L/rec L, sd R/rec L, XRIF (*W XLIF*) of L/rec R, sd L BFLY;
5 Repeat meas 3 Part B;
6 1234 XRIF trng LFC on crossing foot ½, rec L cont to trn fc ptrn, sd R, rec L;
7 Trn slightly RFC raising lead hands up high ck R bk & across, rec L trng fc ptrn, sd R/cl L, sd R (*W fwd & across L LOD trn RFC under joined lead hnds, rec R cont RFC trn fc ptrn, sd L/cl R, sd L*) BFLY;
8 1&2&3&4 XLIF (*W XRIF*) of R/rec R, sd L/rec R, XLIF (*W XRIF*) of R/rec R, sd L BFLY;

9-16 FAN TO LOD; HOCKEYSTICK FC RLOD;; DOUBLE CUBAN BRK; SPOT TRN; FENCELINE COH; SINGLE CUBAN BRK; PT TWD COH- HOLD - HIP RK 3;

- 9 Bk R, rec L trng 1/4 LFC, sd R/cl L, sd R (*W fwd L, trn LFC ¼ sd & bk R fc RLOD, bk L/lk RIF of L, bk L*) LOD;
10-11 Fwd L, rec bk R slightly RFC, bk L/cl R, cont RFC trn bk L raising lead hnds shape for window; bk R slightly behnd L, rec L lead W to trn LFC, fwd R/lk LIB of R, fwd R (*W cl R to L, fwd L, fwd R/lk LIB of R, fwd R with slight RFC shape twd M; fwd L undr jnd lead hnds, fwd R trn LFC ½ fc ptrn, bk L/lk RIF of L, bk L*) RLOD BFLY;
12 1&2&3&4 XLIF (*W XRIF*) of R/rec R, sd L/rec R, XLIF (*W XRIF*) of R/rec R, sd L;
13 XRIF trng LFC twd WALL on crossing foot ½, rec L cont to trn fc ptrn, sd R/cl L, sd R BFLY;
14 Cross lunge thru with bent knee L, rec R trng to fc ptrn, sd L/cl R, sd L;
15 1&2&3&4 XRIF (*W XLIF*) of L/rec L, sd R, XLIF (*W XRIF*) of R/rec R, sd L;
16 1-3&4 Pt R twd COH, hold, shift weight onto R foot, shift weight to L foot ,shift weight to R foot release trailing hnds;

PART C

1-9 CHASE W/UNDRARM TRN OVRTRN HNDSHK;; ROLL 2 TO TRIPLE CHAS;; ROLL 2 & CHA FC LOD; CHASE W/UNDRARM TRN OVRTRN HNDSHK;; ROLL 2 TO TRIPLE CHAS;;

- 1-2 Fwd L trn ½ RFC fc LOD , rec R lead W fwd twd M's lft sd, small fwd L/lk RIB of L raising lft arm to form window, fwd L (*W Bk R, rec L moving twd M's lft sd, fwd R/lk LIB of R, fwd R to sd by sd pos under M's raised lft arm to form the window*); fwd R, fwd L leading W to trn LFC under jnd lead hands, fwd R/lk LIB of R, fwd R with rt sd slightly twd ptrn (*W Fwd L, fwd R trng LFC ½ to fc M, bk L/lk RIF of L, bk L with rt sd slightly twd ptrn*) rt to rt HNDSHK;
3-4 123&4,1&2&3&4 Fwd L with roll trng 1/2 RFC, cont RFC roll 1/2 fwd R trng to fc LOD & ptrn with lft sd slightly twd ptrn lft HNDSHK, fwd L/lk RIB of L, fwd L; chg to rt HNDSHK rt sd slightly twd ptrn fwd R/lk LIB of R, fwd R, chg to lft HNDSHK lft sd slightly twd ptrn fwd L/lk RIB of L, fwd L (*W Bk R with roll trng 1/2 RFC, cont RFC roll ½ bk L trng to fc ptrn & RLOD in lft HNDSHK, bk R/lk LIF of R, bk R; chg to rt HDNSHK rt sd slightly twd ptrn bk L/ lk RIF of L, bk L, chg to lft HNDSHK lft sd slightly twd ptrn bk R/lk LIF R, bk R*) LOD;
5 Fwd R with roll trng 1/2 LFC, cont LFC roll 1/2 fwd L trng to fc LOD & ptrn join lead hnds, fwd R/lk LIB of R, fwd R (*W Bk L with roll trn LFC, cont LFC roll ½ bk R fc RLOD & ptrn; bk L/lk RIF of L, bk L*);
6-7 Fwd L trn ½ RFC fc RLOD, rec R lead W fwd twd M's lft sd, small fwd L/lk RIB of L raising lft arm to form window, fwd L (*W Bk R, rec L moving twd M's lft sd, fwd R/lk LIB of R, fwd R to sd by sd pos under M's raised lft arm to form the window*); fwd R, fwd L leading W to trn LFC under jnd lead hands, fwd R/lk LIB of R, fwd R with rt sd slightly twd ptrn (*W Fwd L, fwd R trng LFC ½ to fc M, bk L/lk RIF of L, bk L with rt sd slightly twd ptrn*) rt to rt HNDSHK;
8-9 123&4,1&2&3&4 Fwd L with roll trng 1/2 RFC, cont RFC roll 1/2 fwd R trng to fc RLOD & ptrn with lft sd slightly twd ptrn lft HNDSHK, fwd L/lk RIB of L, fwd L; chg to rt HNDSHK rt sd slightly twd ptrn fwd R/lk LIB of R, fwd R, chg to lft HNDSHK lft sd slightly twd ptrn fwd L/lk RIB of L, fwd L (*W Bk R with roll trng 1/2 RFC, cont RFC roll ½ bk L trng to fc ptrn & LOD in lft HNDSHK, bk R/lk LIF of R, bk R; chg to rt HDNSHK rt sd slightly twd ptrn bk L/ lk RIF of L, bk L, chg to lft HNDSHK lft sd slightly twd ptrn bk R/lk LIF R, bk R*) RLOD;

EL AMOR CHA (Cont.)

10-16

ROLL 2 & CHA FC RLOD; FWD BASIC & FAN FC WL;; QK NEW YORKERS TWC;

NEW YORKER RLOD; DBL CUBAN BRK; QK RK RCVR, PRESS & LOOK (W-SIT & SHIMMY);

- 10 Fwd R with roll trng 1/2 LFC, cont LFC roll 1/2 fwd L trng to fc RLOD & ptrn join lead hnds, fwd R/lk LIB of R, fwd R (*W Bk L with roll trn LFC, cont LFC roll 1/2 bk R fc LOD & ptrn; bk L/lk RIF of L, bk L*);
- 11 Fwd L, rec R, bk L/lk RIF of L, bk L;
- 12 Bk R, rec L trng LFC 1/4, sd R/cl L, sd R (*W fwd L, trn LFC 1/4 sd & bk R fc COH, bk L/lk RIF of L, bk L*) fc WALL;
- 13 1&23&4 Thru with straight L leg turn twd RLOD to sd by sd/rec R fc ptrn, sd L, thru with straight R leg turn twd LOD to sd by sd/rec L, sd R;
- 14 Thru with straight L leg turn twd RLOD to sd by sd, rec R fc ptrn, sd L/cl R, sd L no hnds;
- 15 1&2&3&4 XRIF (*W XLIF*) of L/rec L, sd R/rec L, XRIF (*W XLIF*) of L/rec L, sd R;
- 16 1&23 -- Rk bk L/rec R, press L ball of foot slightly fwd & sd of R in press line position L hand on upper L thigh
(1&234) R hand on hip, hold, hold trng head to look at woman as she does the shimmy then straighten up rising as woman finishes the shimmy releasing wgt from L foot (*W Rk bk R/rec L, press R ball of foot slightly in front of L in slight press line position, compress into L leg into a slight "sit" position arms down palm twd floor, shoulder shimmy as you rise*) with lead hnds;

PART A (1-12)

1-8

FWD BASIC & FAN;; HOCKEYSTICK FC WALL HANDSHAKE;;

HALF BASIC & WHIP FC LOD;; SHDW BRKS TWICE (fc COH then fc WALL);;

- 1-8 Repeat Part A, Measures 1-8;;;;;

9-12

HALF BASIC & WHIP FC COH;; SHDW BRKS TWICE (RLOD & LOD);;

- 9-12 Repeat Part A, Measures 9-12;;;

END

1-4

FENCELINE LOD; SINGLE CUBAN BRK; NEW YORKER RLOD;

RUMBA AIDA TWD LOD & FREEZE FCNG RLOD;

- 1 Cross lunge thru with bent knee L, rec R trng to fc ptrn, sd L/cl R, sd L;
- 2 1&23&4 XRIF (*W XLIF*) of L/rec L, sd R, XLIF (*W XRIF*) of R/rec R, sd L BFL Y;
- 3 Thru with straight R leg turn twd RLOD to sd by sd, rec L fc ptrn, sd R/cl L, sd R;
- 4 QQS Thru L twd LOD, sd R to fc ptrn, bk L trng LFC to Aida position,- holding on to lead hnds while extending trailing hnds out and up;