

Don't Get Around Much Anymore

Released April 2004

CHOREOGRAPHERS: Roy & Janet Williams, 517 Bay Road, Amherst, MA 01002

RoyJanetW@comcast.net or (413) 256-8446

RECORD: CD Unforgettable (Natalie Cole) Elektra/Asylum: #61049 or 1997 SpecPr (flip: Pencil Thin Moustache)

FOOTWORK: Opposite except as noted: (*W in parentheses*)

RHYTHM: Foxtrot/Jive RAL PHASE V (Three Phase V figures: Natural Hover Cross, Double Reverse, Stop & Go)

SEQUENCE: Intro – A A – B A – C – B D Ending

MEAS:**INTRODUCTION****1-4 WT 2 MEAS DBL HANDHOLD/LOD; ; RK APT, REC, KICK STP; KICK STP, PT/HOLD;**

- 1-2 Wait two meas Low Dbl Handhold lead ft free facing ptrn & LOD;;
- 3-4 Bk L, rec R, kick fwd L outsd W (*W kick btw*), sip L; kick fwd R btw W's ft (*W kick outsd*), sip R, qk pt L to sd extending arms to sid releasing trail hands ld arms lower to match pt line trail arms higher, - ;

PART A (Foxtrot)**1-5 3 STEP; NATL TURN HALF; IMPETUS TO SCP; IN & OUT RUNS; ;**

- 1-2 Fwd L blend to CP,-,fwd R w heel ld, fwd L; Fwd R comm RF trn,-,fwd & arnd ptr L (*W heel trn*), bk R LOD in CP;
- 3 Bk L trng RF,-,cl R to L cont RF trn on L heel transferring wgt to R, cont bdy trn RF sd & fwd L (*W fwd R betw M's ft trn RF,-,sd & fwd L trn RF brush R to L, trn RF sd & fwd R*) to SCP overturning slightly to about LOD ;
- 4-5 comm RF trn fwd R across W's line, -, sd L, bk R (*W fwd L,-,R,L*) to BJO DRC; cont RF trn bk L,-, fwd R betw W's feet, fwd L (*W comm RF trn fwd R outside M, -, sd L, fwd R*) to SCP overturning slightly to about LOD ;

6-8 NATURAL HOVER CROSS; ; DOUBLE REVERSE;

- 6-7 Thru R comm RF trn,-, sd L DW cont trn (*W cl R heel trn*), sd R twd DW; cont trn fwd L across R rt shldr lead cking in SCAR, rec R, sd & fwd L, fwd R to BJO DLC;
- 8 fwd L comm LF trn, -, sd R cont trn, - (*W bk R,-, cl L heel turn/ fwd R cont trn, XLIF [option: 4Q]*) ptrns stay in CP thruout end DLW;

REPEAT PART A

PART B (Foxtrot)**1-4 REVERSE WAVE; ; BACK FEATHER; BACK THREE STEP;**

- 1-2 Fwd L comm LF trn,-, sd R, bk L in CP fc DRC (*W bk R comm LF trn,-, cl L to R heel trn, fwd R in CP*); Bk R,-, bk L curve LF, bk R cont curve to fc RLOD;
- 3-4 Bk L,-, bk R with R shoulder lead, bk L in BJO; Bk R,-, bk L with L shoulder lead, bk R in CP;

5-8 BACK TO BK/LK, BK; IMPETUS TO SCP; PROMENADE WEAWE; ;

- 5 bk L with R shoulder lead to BJO,-, bk R/lk LIB (*W RIF*), bk R staying in BJO;
- 6 Repeat meas. 3 of Part A starting in BJO (*W's first step is fwd R outside M's rt side*) ending SCP DLC;
- 7-8 Thru R DLC,-,blending to CP fwd L DLC trng LF, sd & bk R LOD; Bk L LOD in BJO, bk R cont LF trn blending to CP, sd & fwd L DLW to BJO, fwd R;

REPEAT PART A MODIFYING DBL REV TO END FCING WALL (*W MAY CLOSE ON FINAL STEP RATHER THAN XIF*)

PART C (Jive)**1-4 CHASSE L & R TO SCP; RK BK, REC, 3 POINT STPS; ; 2 KICK STPS TO BFLY;**

- 1-2 Chasse sd L/R,L, sd R/L,R to SCP, LOD; Bk L, recov R, point fwd L, stp fwd L;
 3-4 point fwd R, stp fwd R, point fwd L, stp fwd L; kick thru R to LOD, sip R blend to Bfly/Wall, kick thru L to RLOD, sip L;

5-8 THRU, , REPLACE [or: BALL/CHANGE]; THROWAWAY; LINDY CATCH; ;

- 5-6 [Timing: S aS] Lunge thru R to LOD still in Bfly,-/sip L,R (ball/chg action),-; chasse sm fwd L/R,L, R/L,R leading W LF to LOFP (*W chasse fwd R/L,R trng LF to fc RLOD, chasse sd & bk L/R,L*) endg in LOFP LOD;
 7-8 Rk apt L, rec R, chasse fwd L/R,L trng RF arnd W catching her waist w/R hnd (*W rk apt R, rec L, chasse fwd R/L,R*); Fwd R, fwd L cont arnd W, chasse fwd R/L, R (*W bk L, bk R, chasse bk L/R,L*) to end in LOFP LOD;

9-11 AMERICAN SPIN; , , CHANGE L TO R; ;

- 9-10/ Rk apt L, rec R jn ld hnds palm-to-palm, chasse in pl L/R, L leading W to spin RF on the last stp (option: M spin LF at the same time); chasse in pl R/L,R to LOFP LOD,
 /10-11 Rk apt L, rec R raising jnd ld hnds; chasse sd & fwd sm stp L/R,L trng ¼ RF (*W rk bk R, rec L, chasse fwd R/L,R trng ¾ LF under ld hnds to fc ptr*), Chasse R/L,R to LOFP Wall;

12-16 STOP AND GO; ; BASIC RK TO SCP; , , RK BK, REC; SLOW WALK & PICKUP ;

- 12-13 Rk bk L, rec R, chasse fwd L/R,L trng W 1/2 LF undr jnd lead hnds to M's R sd lower jnd hnds in front of W & place M's R hnd on W's L shldr (*W rk bk R, rec L, chasse fwd R/L,R trng 1/2 LF under ld hnds to M's right sd endg fcg Wall*); Ck fwd R looking bk at W, rec L, chasse bk R/L,R raising jnd hnds trng W 1/2 RF undr jnd hnds to LOFP Wall;
 14-15 Rk apt L, rec R, chasse L/R,L; chasse R/L,R to SCP LOD, rk bk L, rec R;
 16 Fwd L,-,R (*W pickup*),- to CP DLW;

REPEAT PART B (Foxtrot)**1-4 REVERSE WAVE; ; BACK FEATHER; BACK THREE STEP;****5-8 BACK TO BK/LK, BK; IMPETUS TO SCP; PROMENADE WEAVE; ;****PART D (Foxtrot)****1-4 3 STEP; NATL TURN HALF; IMPETUS TO SCP; THRU CHASSE TO SCP (DLC);**

- 1-4 Repeat Meas. 1-3 of Part A but end DLC; ; ; Thru R trn to fc, -, sd L/cl R, sd L to SCP DLC;

5-8 PROMENADE WEAVE; ; DIAMOND TURN HALF TO FACE RLOD; ;

- 5-6 Repeat Meas. 7-8 of Part B; ;
 7-8 Fwd L comm LF trn,-,sd R, bk L in BJO; Bk R cont LF trn,-,sd L, fwd R in BJO overturning slightly to fc RLOD;

ENDING**1-4 QK DIAMOND 4 TO CP; SLOW DIP BACK, RECOVER (DLW); SLOW FWD TO RT LUNGE; RECOVER TO LEG CRAWL (W'S L ARM UP) ;**

- 1-2 Fwd L cont LF trn, sd R cont trn, bk L blending to CP, bk R to CP DLW; Dip bk L,-,rec R,-;
 3 Slow fwd L,-,lunge fwd & sd R looking at ptr (*W looking well to L*),-;
 4 Rec to L without rising still CP slowly rotate upper body LF leaving R leg extended bring joined lead hands straight down as far as is comfortable for both ptrns (*W's L leg will crawl slowly up outside of M's R leg as she turns her head to look at M,-,-,extend L arm straight up on Natalie's "Whee!" fingers extended [jazz hand]*);