Don’t Get Around Much Anymore

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MUSIC: CD Unforgettable (Natalie Cole) Elektra/Asylum: #61049 or 1997 SpecPr (flip: Pencil Thin Moustache)

PHASE: RAL IV+2 (Natural Hover Cross, Double Reverse)

RHYTHM: Foxtrot/Jive

RELEASED: April 2004

FOOTWORK: Opposite except as noted: (W in parentheses)

SEQUENCE: Intro – A A – B A – C – B D Ending

INTRODUCTION

1-4 WT 2 MEAS DBL HANDHOLD/LOD; ; RK APT, REC, KICK STP; KICK STP, PT/HOLD;

1-2 Wait two meas Low Dbl Handhold lead ft free facing ptnr & LOD;;
3-4 Bk L, rec R, kick fwd L outs W (W kick btw), sip L; kick fwd R btw W’s ft (W kick outsd), sip R, qk pt L to sd extending arms to sid releasing trail hands ld arms lower to match pt line trail arms higher, - ;

PART A (FOXTROT)

1-5 3 STEP; NATL TURN HALF; IMPETUS TO SCP; IN & OUT RUNS; :

1-2 Fwd L blend to CP,-,fwd R w heel ld, fwd L; Fwd R comm RF trn,-,fwd & armd ptr L (W heel trn), bk R LOD in CP;
3 Bk L trng RF,-,cl R to L cont RF trn on L heel transferring wgt to R, cont bdy trn RF sd & fwd L (W fwd R btw M’s ft trn RF,-, sd & fwd L trn RF brush R to L, trn RF sd & fwd R) to SCP overturning slightly to about LOD ;
4-5 comm RF trn fwd R across W’s line, -, sd L, bk R (W fwd L,-,R,L) to BJO DRC; cont RF trn bk L,-, fwd R betw W’s feet, fwd L (W comm RF trn fwd R outside M, -, sd L, fwd R) to SCP overturning slightly to about LOD ;

6-8 NATURAL HOVER CROSS; ; DOUBLE REVERSE;

6-7 Thru R comm RF trn,-, sd L DW cont trn (W cl R heel trn), sd R twd DW; cont trn fwd L across R rt shldr lead cking in SCAR, rec R, sd & fwd L, fwd R to BJO DLC;
8 fwd L comm LF trn, -, sd R cont trn, - (W bk R,-, cl L heel turn/ fwd R cont trn, XLIF [option: 4Q]) ptnrs stay in CP thruout end DLW;

REPEAT PART A

PART B (FOXTROT)

1-4 REVERSE WAVE; ; BACK FEATHER; BACK THREE STEP;

1-2 Fwd L comm LF trn,-, sd R, bk L in CP fc DRC (W bk R comm LF trn,-, cl L to R heel trn, fwd R in CP); Bk R,-, bk L curve LF, bk R cont curve to fc RLOD;
3-4 Bk L,-, bk R with R shoulder lead, bk L in BJO; Bk R,-, bk L with L shoulder lead, bk R in CP;

5-8 BACK TO BK/LK, BK; IMPETUS TO SCP; PROMENADE WEAVE; :

5 bk L with R shoulder lead to BJO,-, bk R/lk LIB (W RIF), bk R staying in BJO;
6 Repeat meas. 3 of Part A starting in BJO (W’s first step is fwd R outside M’s rt side) ending SCP DLC;
7-8 Thru R DLC,-,blending to CP fwd L DLC trng LF, sd & bk R LOD; Bk L LOD in BJO, bk R cont LF trn blending to CP, sd & fwd L DLW to BJO, fwd R;

REPEAT PART A MODIFYING DBL REV TO END FCING WALL (W MAY CLOSE ON FINAL STEP RATHER THAN XIF)