

DIAMONDS V

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RECORD: STAR 196 SPEED: Slow for Comfort
RYHTUM / PHASE: QUICKSTEP Phase V
FOOTWORK: Opposite Except Where Noted
SEQUENCE: Intro, A, B, C, A, B, C(mod)
RELEASE DATE: October 2002 Version 1.0

INTRO

1-4 WAIT; WAIT; APART & PT; PICK LADIES UP TO CP LOD & TCH
SS 1 In LOF Pos fcng DW weight on M's R & L's L wait two meas;;
SSSS 3-4 (Apt & Pt - Pick Ladies Up) Apt L,-, pt R twd ptrn,-; Tog R picking ladies up to LOD,-,
tch L,-;

PART A

1-8 QUARTER TURNS & PROGRESSIVE CHASSE;;; FWD LOCK FWD; TIPPLE
CHASSE;; BK LOCK BK;; IMPETUS TO SCP;; BIG TOP;;
HOVER TELEMAR TO BJO;; STUTTER;; MANUV;; HES CHG;;
SSQQS 1-4,, (Qtr Trns & Prog Chasse) Fwd L,-, fwd R trn RF,-; Sd L trn 1/8 RF, cont 1/8 RF trn cl R,
SQQS sd and bk L DC,-; Bk R comm LF trn,-, sd L, clo R; Sd and fwd L,- (W bk R,-, bk L turn
RF,-; Sd R trn 1/8 RF, cont 1/8 RF trn cl L, sd and fwd R DC,-; Fwd L comm LF trn,-, sd R,
cl L, sd and bk R,-),
SQQS 4-5 (Fwd.; Fwd. Lk. Fwd) M fwd R,-; Fwd L, lk RIB, fwd L,- (W bk L,-, bk R, lk LIF, bk R,-);
SQQS 6,, (Tipple Chasse) M fwd R trn RF,-, sd L, cl R; sd & bk L cont RF trn,- (W bk L trn RF,-,
sd R, cl L; sd & fwd R cont RF trn,-),
QQS 7,, (Bk Lk Bk) Blend to contra BJO bk R, lk LIF; fwd R,- (W fwd L outside ptr, lk RIB; bk L,-),
SSS 8-9 (Impetus to SCP) M bk L comm RF trn,-; cl R heel trn,-, fwd L to SCP DC,- (W fwd R
comm RF trn,-; fwd & sd L 3/8 trn,-, fwd R to SCP DC,-);
SSS 10,, (Big Top) Thru R comm LF spin,-, cont LF spin XLIB of R,-; Cont spin slip R bk passing
L,- (W thru L comm LF spin,-, fwd & arnd man R, spin LF no wt chg; cont trn slip L fwd
to CP,-),
SSS 11-12 (Hover Telemark to BJO) Fwd L,-, Fwd R with rise,-, sd and fwd L contra BJO DW,- (W
bk R,-; bk L; with rise,-, sd and bk R to contra BJO DW,-);
SQQS 13,, (Stutter to BJO) M fwd R,-; sd & fwd L body trn LF, sd & fwd R body trn RF; fwd L to
contra BJO,- (W bk L,-; sd & bk R body turn LF, sd & bk L body trn RF, bk R to BJO,-);
SQQ 14,, (Manuv) M fwd R trng RF,-, sd & bk L fc RLOD, cl R (W bk L,-, bk and sd R comm right
face trn, cl L);
SSS 15-16 (Hes Chg) M bk L trng RF,-; sd R,-, draw L to R no weight CP DC,- (W fwd R trng RF,-;
sd L,-, draw R to L no weight,-);

PART B

1-9 DOUBLE REV;; WHISK;; WING;; CLOSED TELEMAR;; FWD TO RUNNING
FWD LKS;;; MANUV;;; SPIN TURN;;; BOX FINISH;
SSS 1-2,, (Double Reverse Spin) Fwd L comm LF trn,-, fwd and sd R 3/8 trn,-; spin LF to end fcng
(SSQQ) DW bringing L foot beside R no weight chg (W bk R comm to LF trn,-, L foot cl to R for
heel trn,-; fwd R strong trn LF, XLIF of R no weight chg end fcng RDC);

PART B (cont)

SSS	2-3	(<u>Whisk</u>) Fwd L to CP DW,-; fwd and sd R comm rise,-; cross LIB of R cont to rise to ball ending in tight SCP DC,- (W bk R,-; bk and sd L comm rise,-, cross RIB of L ending in tight SCP);
SSS	4-5,,	(<u>Wing</u>) Thru R,-; start LF body rotation leading W around M,-, cont LF rotation leading W to contra SDCR,- (W thru L,-; fwd R around M,-, W fwd L ending in contra SDCR,-);
SSS	5-6	(<u>Closed Telemark</u>) Fwd L outsd ptrn comm LF trn,-; fwd & sd R cont trn,-; fwd L to contra BJO DW,- (W bk R comm LF trn,-; L foot cl to R for heel trn,-, sd and bk R to contra BJO,-),
SQQQ	7-9,,	(<u>Fwd to the Running Fwd Lks</u>) M fwd R,-; fwd L, lk RIB of L, fwd L, fwd R; fwd L, lk RIB of L, fwd L,- (W bk L,-; bk R, lk LIF of R, bk R, bk L; bk R, lk LIF of R, bk R,-);
QQQS		
SQQ	9-10,,	(<u>Manuv</u>) M fwd R trng RF,-, sd & bk L fc RLOD, cl R (W bk L,-, bk and sd R comm right face trn, cl L);
SSS	10-11	(<u>Spin Turn</u>) M bk L pivoting right face,-, fwd R cont turn,-; bk & sd L to face DW,- (W fwd R between M's feet pivot,-, bk L trng right face,-; fwd R to CP,-);
SQQ	12	(<u>Box Finish</u>) M bk R,-, sd L trng left face, cl R (W fwd L,-, sd R trng left face, cl L) end fcng DC;
SQQSQQ	13-16	(<u>Diamond Turns</u>) M fwd L comm LF trn to contra BJO DRC,-, sd and bk R, bk L (W bk R comm LF trn to contra BJO DRC,-, sd and fwd L, fwd R); M bk R comm LF trn to contra BJO DRW,-, sd and fwd L, fwd R (W fwd L comm LF trn to contra BJO DRW,-, sd and bk R, bk L); M fwd L comm LF trn to contra BJO DW,-, sd and bk R, bk L (W bk R comm LF trn to contra BJO DW,-, sd and fwd L, fwd R); M bk R comm LF trn to contra BJO DC,-, sd and fwd L, fwd R (W fwd L comm LF trn to contra BJO DC,-, sd and bk R, bk L);

PART C

1-12		<u>CHASSE REV TRN TO PROG CHASSE;,,, FWD.; FISHTAIL; CHASSE REV TRN TO PROG CHASSE;,,, FWD.; FISHTAIL; FWD., MANUV;,,, SPIN TURN OVERTURN;,,; BOX FINISH;</u>
SQQSQQS	1-3,,	(<u>Chasse Reverse Turn to Prog Chasse</u>) M fwd L body trn LF,-, fwd & sd R cont LF trn, cont LF trn cl L fc RLOD; Bk R trng LF,-, sd L cont trn, cl R to L; sd L to BJO DW,- (W bk R body trn LF,-, bk & sd L cont trn, cont trn LF cl R; fwd L trng LF,-, sd R cont trn, cl L to R; sd R to BJO,-),
SQQQQ	3-4	(<u>Fwd & Fishtail</u>) M fwd R contra BJO,-; lk LIB, fwd R, fwd L, lk RIB (W bk L,-; lk RIF, bk L, bk R, lk LIF);
SQQSQQS	5-7,,	(<u>Chasse Reverse Turn to Prog Chasse</u>) M fwd L body trn LF,-, fwd & sd R cont LF trn, cont LF trn cl L fc RLOD; Bk R trng LF,-, sd L cont trn, cl R to L; sd L to BJO DW,- (W bk R body trn LF,-, bk & sd L cont trn, cont trn LF cl R; fwd L trng LF,-, sd R cont trn, cl L to R; sd R to BJO,-),
SQQQQ	7-8	(<u>Fwd & Fishtail</u>) M fwd R contra BJO,-; lk LIB, fwd R, fwd L, lk RIB (W bk L,-; lk RIF, bk L, bk R, lk LIF);
SSQQ	9-10,,	(<u>Fwd and Manuv</u>) M fwd L,-, fwd R trng RF,-; sd & bk L fc RLOD, cl R (W bk R,-, bk L,-; bk and sd R comm RF trn, cl L),
SSS	10-11	(<u>Spin Turn</u>) M bk L pivoting right face,-, fwd R cont turn,-; bk & sd L to face DW,- (W fwd R between M's feet pivot,-, bk L trng right face,-; fwd R to CP,-);
SQQ	12	(<u>Box Finish</u>) M bk R,-, sd L trng left face, cl R (W fwd L,-, sd R trng left face, cl L) end fcng DC;

C (mod)

1-7 CHASSE REV TRN TO PROG CHASSE::: FWD.: FISHTAIL: FWD., MANUV.:::
SPIN TURN OVERTURN:::

- 1-4 Repeat Part C meas 1 - 4
- 5-7 Repeat Part C meas 9 - 10

8-15 BK AND CHASSE TO SKIPS:: FWD LK FWD: TIPPLE CHASSE:: RUNNING BK LKS::
IMPETUS TO SCP::, TIPPSY POINT:::

- SQQS&S& 8-9 (Bk and Chasse to Skips) M bk R trng LF,-, sd and bk L to LOD, cl R, sd and fwd L to BJO BJO,-/ hop on L, fwd R,-/ hop on R (W fwd L trng LF,-, sd and fwd R to LOD, cl L, sd and bk R to BJO,-/ hop on R, bk L,-/ hop on L);
- QQS 10 (Fwd, Lk, Fwd) M Fwd L, lk RIB, fwd L,- (W bk R, lk LIF, bk R,-);
- SQQS 11-12,, (Tipple Chasse) M fwd R trn RF,-, sd L, cl R; sd & bk L cont RF trn,- (W bk L trn RF,-, sd R, cl L; sd & fwd R cont RF trn,-),
- QQQQ 12-13,, (Running Bk Lks) M bk R, lk LIF of R; bk R, bk L, bk R, lk LIF of R; bk R,- (W fwd L, lk RIB of L; fwd L, fwd R; fwd L, lk RIB of L; fwd L,-),
- QQS 13-14 (Impetus to SCP) M bk L comm RF trn,-; cl R heel trn,-, fwd L to SCP DC,- (W fwd R comm RF trn,-; fwd & sd L 3/8 trn,-, fwd R to SCP DC,-);
- QQS 15 (Tippsy Point) M thru R trng to face partner, sd L; tap R behind with strong right side sway,- (W thru L trng to face partner, sd R; tap L behind,-);