

DANCIN' FOOL

Choreography: Ron S Mary Noble, 1570 N. Kings Valley Hwy Dallas, OR 67338 (503) 623-3732
Nov - Mar 13624 East 51st Lane Yuma, AZ 85367 (628) 345-0760
Record STAR Records No. 152 (flip "I Got Rhythm") RdancerCool.com
Phase: V + 1 + 2 Quickstep (Four Quick Run) (Extended Open Nat I, Pendulum)
Footwork: Opposite, directions for man (lady as noted) Speed 41-42 rpm
Sequence: Intro, A, B, C, D, Ending April 2002

- INTRO -

I - 431) by SD LOD WAIT 26: WALK 2n FWD LOCK HOLD:

1-2

Side by side W to M's rt sd OP LOD no hnds joined wait 2 meas.;

SSQQ- 3-4Walk fwd L, -, fwd R, -; Fwd L, XRIBL, -, -;

1 - 3 "HARLESTON (twice): CHARLESTON POINTS: THRU HOP - TWO SIDE CLOSES - SIDE DRAW TOUCH to BFLY SCAR: CHUG (three times in BFLY) to BJO DLW.

SS SS 1-2[CHARLESTON] fwd L, -, pt R twd, -; bk R, -, pt L bk, -;

SSS- 3-4[CHARLESTON POINTS] fwd L, -, pt R fwd, -; pt R bk trng to fc with rt sway, -, -; QQQQ 5-8

QQSS

aSaSaSrrHRU HOP TWO SIDE CLOSES SIDE DRAW TOUCH to BFLY SCAR) thru R, hop, sd L, cl R; ad L, cl R, slide sd L, -; draw R to BFLY SCAR, tch R, [CHUG three times in BFLY) both ft fwd bending knees/slide bk straightening knees to BJO, -; fwd bent knees/bk straighten knees to SCAR, -, fwd bent kneea/bk straighten knees to BJO, -;

6 -16 oB & CHASSE FWD FWD L K FWD L K wnf sways FWD MANUV SIDE CLOSE SPIN TRN - BK & CHASSE (BJO DLC)::

SQQS 6-11 SQQQS (BK & CHASSE) (trailing ft) bk R to BJO, -, sd L, cl R;sd L,-, [FWD-TWO FWD LOCKS w/H sway] twd R, -; fwd L, XRIBL (XLIFR), fwd L, XRIBL (XLIFR) with lf sway;

SSQQ 12-13[FWD MANUV SIDE CLOSE] -, -, chng sway sd & fwd L, -; fwd R trng rt fc, -, sd L, cl R;

SSS 14-16

SQQS [SPIN TURN] bk L, -, fwd R, -; bk L, -, [BACK & CHASSE BJO] bk R, -; sd L, cl R, sd L to BJO DLC, -;

111-24 FWD OK OPEN REVERSE PIVOT" DOUB REVERSE - CROSS CHASSE HOP::: STEP HOP TWICE CONTRA CHK & RECe start PIVOT THREE:

SS 17-18 QQS

[FWD OK OP REVERSE PIVOT] Fwd R trng lf fc, -, fwd L, -; sd R, bk L to CBMP, bk R trng lf fc to LOD, -;

SSS 19-21

(SSQQ) SQQQQ(DOUB REVERSE) Fwd L trng lf fc, -, fwd R trng lf fc, -; cont trng tch L to fc DLW, -, (W bk R trng lf fc, -, bring L to R cont trn chng wt to L, -; fwd R trng lf fc, XLIFR,) [CROSS CHASSE HOP) fwd L, -; twd & sd R, close L, fwd R to CBMP LOD, hop; (W bk R, -; bk L, cl R, bk L, hop);

QQQQ 22[STEP HOP TWICE] Fwd L, hop, fwd R, hop;

SS 23[CONTRA CHECK & REC) Fwd L in CBMP DLW, -, rec R commencing rt fc trn, -;

SS 24[start PIVOT THREE] Cont trn back L pivoting rt fc, -, twd R pivoting rt fc, -;

25-3 2

-inisn mvv m RIGHT TRNG LOCK -THRU PKUP TO: ::: CHARLESTON CR OSSES BK LK BK: RUNNING FINISH: FOUR OK RUN (twice).

S 25-27

QQQQ

SQQS [finish PIVOT THREE] Cont trn bk L pivoting rt to fc RLOD, -, [RIGHT TURNING LOCK] bk R trng rt fc, XLIFR; fwd R LOD, sd b fwd L DLC, (W fwd L trng rt fc, XRIBL; bk L, sd b fwd R DLC,) [THRU PKUP TO CHARLESTON CROSSES] thru R, -; fwd L trng to loose CP COH, sd R swllng on balls of ft trng rt heel out to rt and lf heel out to lf, XLIFR (XRIBL) trng lf heel out to rt and rt heel out to lf, -;

QQQQ 28 (CHARLESTON CROSSES] Sd R swdng on balls of 1t img rt heel out to rt and If heel out to N, XLIBR (XRIBL) trng if heel out to rt and rt heel out to If, ad R smMing on balls of tt trng rt heel out to rt and H heel out to If, XUFR (XRIBL) trng If heel out to rt and rt heel out to F;
 QQS 29 (BK LK SK] Blending to BJO bk R, XLIBR (XRIBL), bk R, -;
 SQQ 30 (RUNNING FINISH] bk L in CBMP trng rt fc leading W outside partner, -, ad & fwd R, fwd L to BJO LOD;
 8 Q's 31-32 [FOUR QUICK RUN (twice)] Fwd R, fwd L, XRIBL (XUFR), fwd L; fwd R, fwd L, XRIBL (XUFR), fwd L to BJO LOD,

1-8 EXT OPN NAT'L (SCAR LOD] CROSS HOVER (BJO) - EXT OPN NAT'L (SCAR LOD(= CROSS HOVER (BJO- ::*: FWD - TELEMARK (SCP]v: THRU, SIDE CORTE:

SQQQQ 1-4 [EXTENDED OPEN NAT'L SCAR] Fwd R trng rt fc, -, sd L cont trn, bk R to BJO; Sk L trng rt fc, ad 3 fwd R to SCAR LOD, (W bk L trng rt fc, -, ad R cont trn, fwd L to BJO; fwd R trng rt fc, ad & bk L to SCAR LOD), [CROSS HOVER (BJO)] XUFR, -; ad & fwd R trng ff fc, fwd L to BJO LOD, (W XRIBL, -; sd (t bk L, bk R to BJO LOD,) (EXTENDED OPEN NAT'L SCAR] Fwd R trng rt fc, -; ad L cont trn, bk R to BJO, bk L trng rt fc, ad 3 fwd R to SCAR LOD;
 SQQ 5 (CROSS HOVER (BJO)] XLIBR, -, sd iL fwd R, fwd L (BJO DLC);
 S 8-7 [FWD - TELEMARK (SCP)] Fwd R DLC, -, twd L trng If fc, -; ad & fwd R cont trn, -, sd b fwd L to SCP DLW, -; (W bk L, -, bk R trng If fc bringing L beside R, -; trn If fc on R heel 3 chng wt to L, -, ad 3 fwd R to SCP DLW, -;)
 SSS 8 [THRU SIDE CORTE] Thru R, -, sd L DLW with If sd stretch, -;

1-8 TURNING SIDE ROCKS In 4 (RLOD) :: BK LK BK: RUNNING FINISH: FWD TO A FISHTAIL F-D MANUV SIDE CLOSE PIVOT & PUSH AWAY TO FC WALL:::

SSSS 1-2 (TURNING SD ROCKS in 4) With a rt fc rotation sd R with rt sd stretch, -, cont trn sd L with If ad stretch, -; cont trn ad R with rt ad stretch, -, cont trn sd L with if ad stretch to BJO RLOD, -;
 3-4 [BK LK BFQ Repeat meas. 29 Part A; [RUNNING FINISH] Repeat meas. 30 Part A;
 SQQQQ 5-7 [FWD - FISHTAIL - FWD] Fwd R, -, XLIBR, ad R; twd L, XRIBL, fwd L to BJO LOD, -; (W bk L, -, XRIBL, sd L; bk R, XUFR, bk R to BJO LOD, -) [MANUV, SD CL] Fwd R trng rt fc, -, ad L, cl R;
 SS 8 [PIVOT & PUSH AWAY] Sk L trng rt fc 12, -, fwd R trng rt fc Y. to WALL pushing away from partner, -; (W fwd R trng rt fc y4, -, bk L trng rt fc Y. to fc COH pushing away from partner, -;)

-D

1-8 MAN SD CROSS HOLD & UNWIND:: LADY SD CROSS - HOLD & UNWIND:: BOTH SD CROSS HOLD & UNWIND:: OK TWIST VINE 4: LUNGE APT REC FACE.

QS- 1-2 [MAN SD CROSS - HOLD S UNWIND] Man sd L, XRIBL, -, -; unwind rt fc to fc WALL, -, -; (W holds both meas.)
 (Q\$_) 3.4 [LADY SD CROSS - HOLD & UNWIND] Lady ad R, XLIBR, -, -; unwind If fc to fc COH, -, -, -; (M holds both meas.)
 QS- 5-13 [BOTH SD CROSS - HOLD S UNWIND] Both ad L, XRIBL, -, -; unwind rt fc to fc WALL, - (W ad R, XLIBR, unwind If fc to COH, -, -, -;)
 QQQQ 7 [OK TWIST VINE 4] Sd L to CP, XRIBL (XLIBR), ad L, XRIBL (XLIBR), -;

