

COLOURS OF THE WIND

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RECORDING: "Colours Of The Wind" [Flip "Phantom Tango"]

PHASE & RHYTHM: Phase VI Rumba

SEQUENCE: INTRO, A, B, A, B Mod, C, END Speed 41-42 RPM

INTRO**1-4 WAIT; SYNC BASIC TRANS; BK WK 2; BK & FWD 2 RLOD (W SPIRAL TO SHAD);**

- 1 [WAIT] Fc LOD lead hds joined lead ft free slo raise free arm(W fc RLOD);
 2 QQ&_ [SYNC BASIC TRANS] Fwd L LOD, bk R/bk L cont lead W fwd to M's rt sd join rt hds, __, __
 (QQ&S) (W bk R, fwd L/fwd R, fwd L RLOD to M's rt sd, __);
 3 SS [BK WK 2] Rt hds joined bk R RLOD lead ptr outsd, __, bk L, __ (W fwd R RLOD outsd ptr, __, fwd L, __);
 4 QQS [BK & FWD 2 RLOD (W SPIRAL TO SHAD)] Bk R trn rf lead W spiral lf, fwd L RLOD, sd R to LT SHAD fc WALL, __
 (W fwd R spiral lf, fwd L RLOD, sd R LT SHAD WALL, __);

5-8 SYNC CROSS WKS; CROSS CK, REC, FWD LOD; FAN TRANS; CK & LK TO FAN;

- 5 Q&QS [SYNC CROSS WKS] SHAD rt hds joined xLif RLOD/cl R, xLif, sd R, __ (W xLif/cl R, xLif, sd R, __);
 6 (QQS) [CROSS CK, REC, FWD LOD] Cross ck Lif, rec R, fwd L LOD RT SHAD, __ (W cross ck Lif, rec R, fwd L LOD, __);
 7 QQS [FAN TRANS] SHAD fwd R LOD, fwd L trn rf lead W lf trn, sd R fan pos fc WALL, __
 (QQ&S) (W fwd R LOD, fwd L trn lf/cl R, bk L fan pos fc RLOD, __);
 8 QQ&S [CK & LK TO FAN] Ck fwd L, rec R/cl L, sd R fc WALL, __ (W cl R, fwd L/lk Rif, bk L fan pos fc RLOD, __);

PART A**1-4 HOCKEY STICK RF SPIRAL END;; HIP TWIST TO SHAD; HIP RKS & FC;**

- 1 QQS [HOCKEY STICK RF SPIRAL END] Ck fwd L, rec R, cl L release hds, __ (W cl R, fwd L, fwd R rt hd on M, __);
 2 QQS Bk R, fwd L, fwd R DRW join lead hds, __ (W fwd L spiral rf, fwd R DRW trn rf 1/2, bk L fc DLC, __);
 3 QQS [HIP TWIST TO SHAD] Ck fwd L, rec R, sd L wt split between ft SHAD fc DRW, __
 (W bk R, fwd L, fwd R trn rf 1/2 tch L to R SHAD fc DRW, __);
 4 QQQQ(QQS) [HIPS RKS & FC] Sd L, rec R trn rf, bk L DLW, cl R fc DRC join lt hds (W sd L, rec R, cl L trn lf fc DLW, __);

5-8 PULL PAST & SWITCH TO FC; BRK APT, REC, & FWD;**DBL HD ADV HIP TWIST OVERTRN & BK TO CP;;**

- 5 QQS [PULL PASS & SWITCH TO FC] Bk L, fwd R DRC pull past ptr lt hds, fwd L swivel rf 1/2 fc ptr & DLW,
 (W bk R, fwd L DLW pull past ptr, fwd R swivel lf 1/2 fc ptr & DRC, __);
 6 QQS [BRK APT, REC, & FWD] Bk R, fwd L, fwd R DLW join both hds, __ (W bk L, fwd R, fwd L DRC M's rt sd, __);
 7 QQS [DBL HD ADV HIP TWIST OVERTRN & BK TO CP] Dbl hd hold ck fwd L WALL, rec R, bk L press line, __
 (W swivel rf 1/2 on L ck bk R, rec fwd L swivel lf 1/2, fwd R press line M's rt sd, __);
 8 QQS Lead W swivel rf trail hds joined bk R, fwd L, fwd R CP WALL, __
 (W swivel rf 1/2 on R fwd L WALL trn lf 1/2, fwd R, fwd L M's rt sd CP fc COH, __);

9-12 OP OUT TO CONT CIR HIP TWISTS;;; FAN;

- 9 QQS [OP OUT TO CONT CIR HIP TWISTS] CP WALL ck fwd & sd L, rec R, bk L press line, __
 (W swivel rf 1/2 bk R, rec L swivel lf 1/2, fwd R press line M's rt sd, __);
 10 QQS Trng lf & leading W to hip twists sd R, bk L, sd R, __ (W swivel rf fwd L, swivel lf cl R, swivel rf fwd L, __);
 11 QQS Cont trng lf bk L, sd R, cl L fc WALL, __ (W swivel lf cl R, swivel rf fwd L, swivel lf cl R, __);
 12 QQS [FAN] Ck bk R, rec L, sd R fc WALL, __ (W swivel rf fwd L LOD, fwd R trn lf 1/2, bk L fan pos fc RLOD, __);

13-16 ALEMANA TO SLID DOOR PREP;; START ADV SLID DOOR;**UNDERARM TRN TO SHAD;**

- 13 QQS [ALEMANA TO SLID DOOR PREP] Ck fwd L, rec R, cl L, __ (W cl R, fwd L, fwd R, __);
 14 QQS Bk R lead W alemana trn, rec L, cl R lead W rf trn SHAD WALL, __
 (W fwd L outsd M's lt sd trn rf 1/2, fwd R WALL trn rf 1/2, fwd L trn rf to SHAD WALL, __);
 15 QQS [START ADV SLID DOOR] Join lt hds ck fwd L, rec R, cl L lead W to cross in frt of M, __
 (W ck bk R, rec L, fwd R LOD in frt of M rt hd caress M, __);
 16 QQS [UNDERARM TRN TO SHAD] Ck bk R lead W rf underarm trn, rec L, cl R lead W trn rf to SHAD fc WALL, __
 (W fwd L LOD trn rf underarm, fwd R RLOD cont rf trn, tch L to R SHAD fc WALL, __);

1-4 **ARM SWEEPS;;; FAN TRANS TO FC;**

- 1 S_ [ARM SWEEPS] SHAD WALL both extend lt arm sd palm down slo sweep arm up cw looking at hd;
- 2 S_ Both trn palm to fc & slo draw arm down in frt of body;
- 3 S_ Both slo sweep rt arm up ccw palm out wt on R slo slide L to sd look lt;
- 4 SS(QQS) [FAN TRANS TO FC] Lead W fwd cl L trn lf, __, fwd R LOD, __(W fwd L LOD, fwd R trn lf, bk L fc RLOD, __);

5-8 **SYNC BASIC TRANS; BK WK 2; BK & FWD 2 RLOD (W SPIRAL TO SHAD); SYNC CROSS WKS;**

- 5 QQ&_ [SYNC BASIC TRANS] Join lead hds fwd L LOD, bk R/bk L cont lead W fwd to M's rt sd join rt hds, __, __ (QQ&S) (W bk R, fwd L/fwd R, fwd L RLOD to M's rt sd, __);
- 6 SS [BK WK 2] Rt hds joined bk R RLOD lead ptr outsd, __, bk L, __(W fwd R RLOD outsd ptr, __, fwd L, __);
- 7 QQS [BK & FWD 2 RLOD (W SPIRAL TO SHAD)] Bk R trn rf lead W spiral lf, fwd L RLOD, sd R to LT SHAD fc WALL, __ (W fwd R spiral lf, fwd L RLOD, sd R LT SHAD WALL, __);
- 8 Q&QS [SYNC CROSS WKS] SHAD rt hds joined xLif RLOD/cl R, xLif, sd R, __(W xLif/cl R, xLif, sd R, __);

9-11 **CROSS CK, REC, FWD LOD; FAN TRANS; CK & LK TO FAN;**

- 9 (QQS) [CROSS CK, REC, FWD LOD] Cross ck Lif, rec R, fwd L LOD RT SHAD, __(W cross ck Lif, rec R, fwd L LOD, __);
- 10 QQS [FAN TRANS] Fwd R LOD, fwd L trn rf lead W lf trn, sd R fan pos fc WALL, __
- 11 (QQ&S) (W fwd R LOD, fwd L trn lf/cl R, bk L fan pos fc RLOD, __);
- 11 QQ&S [CK & LK TO FAN] Ck fwd L, rec R/cl L, sd R fc WALL, __(W cl R, fwd L/lk Rif, bk L fan pos fc RLOD, __);

PART A

1-16 **REPEAT PART A;,,,,,,,,,,,,,**
1-16 [REPEAT] Repeat ms 1-16 PART A;,,,,,,,,,,,,;

PART B Mod

1-10 **REPEAT MS 1-10 PART B;,,,,,,,,,**
1-10 [REPEAT] Repeat ms 1-10 PART B;,,,,,,,,;

PART C

1-4 **HOCKEY STICK OVERTRN TO TANDEM;; FWD BRK (W TRN TO FC & SPIRAL); START REV TOP;**

- 1 QQS [HOCKEY STICK OVERTRN TO TANDEM] Ck fwd L, rec R, cl L, __(W cl R, fwd L, fwd R RLOD, __);
- 2 QQS Bk R, fwd L lead W overtrn lf full trn, fwd R DRW tandem W in frt lead hds joined, __ (W fwd L, fwd R DRW overtrn lf full trn, fwd L DRW tandem in frt lead hds joined, __);
- 3 QQS [FWD BRK (W TRN TO FC & SPIRAL)] Fwd L lead W trn rf, rec R, fwd L W's lt sd lead W spiral lf, __ (W fwd R DRW trn rf 1/2, fwd L DLC, fwd R M's lf sd spiral lf, __);
- 4 QQS [REV TOP] Lead hds join trng lf fwd R, fwd L, fwd R fc COH, __(W trng lf fwd L, sd R, xLib fc ptr & WALL, __);

5-8 **FINISH REV TOP; NY; CROSS WKS TO SYNC CROSS SWIVELS;;**

- 5 QQS Cont trng lf fwd L, fwd R, sd L fc ptr & WALL join trail hds, __(W trng lf sd R, xLib, sd R fc ptr & COH, __);
- 6 QQS [NY] Ck fwd R LOD, rec L, sd R fc WALL join lead hds, __(W ck fwd L LOD, rec R, sd L fc COH, __);
- 7 QQS [CROSS WKS TO SYNC CROSS SWIVELS] Fwd L RLOD, sd R wt split between ft fc WALL, lead W swivel rf, __ (W fwd R RLOD, sd L, fwd R swivel rf 1/2 fc LOD both hds joined, __);
- 8 Q&QS Wt split between ft lead W swivel lf/swivel rf, swivel lf, swivel rf, __ (W fwd L swivel lf/xRif swivel rf, xLif swivel lf, fwd R RLOD swivel rf fc LOD, __);

9-12 **FAN TO FC; SYNC BASIC TRANS; BK WK 2; BK & FWD 2 RLOD (W SPIRAL TO SHAD);**

- 9 QQS [FAN TO FC] Rec R lead W fwd, cl L trn lf, fwd R LOD, __(W fwd L LOD, fwd R trn lf, bk L fc RLOD, __);
- 10 QQ&_ [SYNC BASIC TRANS] Lead hds joined fwd L LOD, bk R/bk L cont lead W fwd to M's rt sd join rt hds, __, __ (QQ&S) (W bk R, fwd L/fwd R, fwd L RLOD to M's rt sd, __);
- 11 SS [BK WK 2] Rt hds joined bk R RLOD lead ptr outsd, __, bk L, __(W fwd R RLOD outsd ptr, __, fwd L, __);

12 QQS [BK & FWD 2 RLOD (W SPIRAL TO SHAD)] Bk R trn rf lead W spiral lf, fwd L RLOD, sd R LT Shad fc WALL, __
(W fwd R spiral lf, fwd L RLOD, sd R SHAD fc WALL, __);

PART C (cont) "Colours Of The Wind"

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13-16 SYNC CROSS WKS; CROSS CK, REC, FWD LOD; FAN TRANS; CK & LK TO FAN;

13 Q&QS [SYNC CROSS WKS] SHAD rt hds joined xLif RLOD/cl R, xLif, sd R, __ (W xLif/cl R, xLif, sd R, __);
14 (QQS) [CROSS CK, REC, FWD LOD] Cross ck Lif, rec R, fwd L RT SHAD LOD, __ (W cross ck Lif, rec R, fwd L LOD, __);
15 QQS [FAN TRANS] Fwd R LOD, fwd L trn rf lead W lf trn, sd R fan pos fc WALL, __
(QQ&S) (W fwd R LOD, fwd L trn lf/cl R, bk L fan pos fc RLOD, __);
16 QQ&S [CK & LK TO FAN] Ck fwd L, rec R/cl L, sd R fc WALL, __ (W cl R, fwd L/lk Rif, bk L fan pos fc RLOD, __);

END

1-4 ALEMANA TO SLID DOOR PREP;; START ADV SLID DOOR; UNDERARM TRN TO SHAD;

1 QQS [ALEMANA TO SLID DOOR PREP] Ck fwd L, rec R, cl L, __ (W cl R, fwd L, fwd R, __);
2 QQS Bk R lead W alemana trn, rec L, cl R lead W rf trn SHAD WALL, __
(W fwd L outsd M's lt sd trn rf 1/2, fwd R WALL trn rf 1/2, fwd L trn rf to SHAD WALL, __);
3 QQS [START ADV SLID DOOR] Join lt hds ck fwd L, rec R, cl L lead W to cross in frt of M, __
(W ck bk R, rec L, fwd R LOD in frt of M rt hd caress M, __);
3 QQS [UNDERARM TRN TO SHAD] Ck bk R lead W rf underarm trn, rec L, cl R lead W trn rf to SHAD fc WALL, __
(W fwd L LOD trn rf underarm, fwd R RLOD cont rf trn, tch L to R SHAD fc WALL, __);

5-8 ARM SWEEPS;; LOWER & SHAPE;;

5 S_ [ARM SWEEPS] SHAD WALL both extend lt arm sd palm down slo sweep arm up cw look at hd;
6 S_ Both trn palm to fc & slo draw arm down in frt of body;
7 S_ [LOWER & SHAPE] M's rt arm around W's waist both slo lower on R extend L sd look strong lt strong lt sway;
8 S_ Both cont to lower & extend sway line;