

COLOURS

Page 1 of 3

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RECORDING:

"Colours Of The Wind" [Flip: "Phantom Tango"]

Speed 40-41 RPM

PHASE & RHYTHM:

Rumba IV + 2 [op hip twist, op out] [Phase V with ropespin option]

SEQUENCE: INTRO, A, B, A, B MOD, B MOD (1-14), END

INTRO

1-4

OP HIP TWIST TRANS SHAD; SHAD CUCARACHA;

1-2 [WAIT] LOP/WALL wait 2 ms lead hds joined lead ft free;;
3 QQ [OP HIP TWIST TRANS SHAD] Fwd L, rec R, tch L to R lead W hip twist SHAD/WALL, __
(W bk R, fwd L, fwd R swivel rf 1/2 fc Wall, __);
4 QQS [SHAD CUCARACHA] Hds on W waist sd L, rec R, cl L to R, __ (W sd L, rec R, cl L to R, __);

5-8

BRK TO SKATERS; FWD WK 2T;; UNDERARM TRN TRANS FC;

5 QQS [BRK TO SKATERS] Shad/wall sd R, rec L, xRif, __ (W sd R, rec L, xRif, __);
6 QQS [FWD WK] SKATERS/LOD fwd L, fwd R, fwd L, __ (W fwd L, fwd R, fwd L, __);
7 QQS [FWD WK] Fwd R, fwd L, fwd R, __ (W fwd R, fwd L, fwd R, __);
8 QQ [UNDERARM TRN TRANS FC] Fwd L lead W underarm trn, rec R, tch L to R fc WALL, __
(W fwd L rf underarm trn, fwd R, cl L to R fc COH, __);

PART A

1-4

OP BRK & CHG SIDES 2T;; OP BRK TO SKATERS; WHEEL;

1 QQS [OP BRK & CHG SIDES] Join rt hds bk L, fwd R trn rf 1/2 lead W lf trn, bk L fc COH join lt hds, __
(W bk R, fwd L trn lf 1/2, bk R fc WALL, __);
2 QQS [OP BRK & CHG SIDES] Join lt hds bk R, fwd L trn lf 1/2, bk R fc WALL join rt hds, __
(W bk L, fwd R trn rf 1/2, bk L fc COH, __);
3 QQS [OP BRK TO SKATERS] Join rt hds bk L, fwd R lead W lf trn, fwd L SKATERS/RLOD, __
(W bk R, fwd L trn lf, bk R fc RLOD, __);
4 QQS [WHEEL] Fwd R rf wheel, fwd L, fwd R SKATERS/WALL, __ (W bk L rf wheel, bk R, bk L fc WALL, __);

5-8

OP OUT; FAN; HOCKEY STICK;;

5 QQS [OP OUT] Fwd L, rec R, cl L to R, __ (W bk R, rec L lf trn, fwd R LOD, __);
6 QQS [FAN] Bk R, rec L, join lead hds sd R lead W fan fc WALL, __
(W fwd L LOD, fwd R trn lf 1/2, bk L fan fc RLOD, __);
7 QQS [HOCKEY STICK] Fwd L, rec R, cl L to R, __ (W cl R to L, fwd L, fwd R, __);
8 QQS Bk R, fwd L DRW lead W lf trn, sd R LOP/WALL, __ (W fwd L DRW, fwd R lf trn 5/8, sd L LOP fc COH, __);

9-12

OP HIP TWIST TRANS SHAD; SHAD CUCARACHA; BRK TO SKATERS; FWD WK;

9 QQ [OP HIP TWIST TRANS SHAD] Fwd L, rec R, tch L to R lead W hip twist SHAD/WALL, __
(W bk R, fwd L, fwd R swivel rf 1/2 fc Wall, __);
10 QQS [SHAD CUCARACHA] Sd L, rec R, cl L to R, __ (W sd L, rec R, cl L to R, __);
11 QQS [BRK TO SKATERS] Shad/wall sd R, rec L, fwd R LOD, __ (W sd R, rec L, fwd R, __);
12 QQS [FWD WK] SKATERS/LOD fwd L, fwd R, fwd L, __ (W fwd L, fwd R, fwd L, __);

"COLOURS" (CONT.)

Page 2 of 3

13-16

FWD WK; UNDERARM TRN TRANS FC; OP HIP TWIST; FAN;

13 QQS [FWD WK] Fwd R, fwd L, fwd R, __ (W fwd R, fwd L, fwd R, __);
14 QQ [UNDERARM TRN TRANS FC] Fwd L lead W underarm trn, rec R, tch L to R fc WALL, __
(W fwd L rf underarm trn, fwd R, cl L to R fc COH, __);
15 QQS [OP HIP TWIST] Join lead hds fwd L, rec R, cl L to R lead W hip twist, __
(W bk R, fwd L, fwd R swivel rf 1/4 fc LOD, __);
16 QQS [FAN] Bk R, rec L, sd R lead W fan pos fc WALL, __ (W fwd L LOD, fwd R trn lf 1/2, bk L fan pos fc RLOD, __);

PART B

<u>1-4</u>	ALEMANA TO LARIAT /ROPESPIN OPTION];;;;	
1	QQS	[ALEMANA] LOP/WALL fwd L, rec R, cl L to R alemana lead prep, __ (W cl R to L, fwd L, fwd R, __);
2	QQS	Bk R lead W alemana trn, rec L, cl R to L lead W rt sd [<i>lead W rf spiral option</i>], __ (W fwd L outsd M's lt sd rf trn 1/2, fwd R rf trn 1/2, fwd L M's rt sd [<i>rf spiral option</i>], __);
3	QQS	[LARIAT] Sd L lead W lariat, rec R, cl L to R, __ (W fwd R cw around M, fwd L, fwd R, __);
4	QQS	Cont lead lariat bk R, rec L, sd R LOP/WALL, __ (W cont cw around M fwd L, fwd R, sd L, fc COH, __);
<u>5-8</u>	HD TO HD 3T;;; SPT TRN;	
5	QQS	[HD TO HD] Trn lf 1/4 bk L fc LOD, fwd R, fwd L, __ (W trn rf 1/4 bk R fc LOD, rec L, fwd R, __);
6	QQS	[HD TO HD] Trn rf 1/2 fc RLOD bk R, fwd L, fwd R, __ (W trn lf 1/2 fc RLOD bk L, fwd R, fwd L CP, __);
7	QQS	[HD TO HD] Trn rf 1/2 fc LOD bk L, fwd R, sd L fc WALL, __ (W trn lf 1/2 fc LOD bk R, fwd L, sd R fc COH, __);
8	QQS	[SPT TRN] Fwd R LOD trn lf 1/2, fwd L, sd R LOP/WALL (W fwd R LOD trn rf 1/2, fwd R, sd L fc COH, __);
<u>9-11</u>	NY; OP CRAB WK & CK; BK TO FACING HIP RKS (QQQQ);	
9	QQS	[NY] Swivel rf fwd L RLOD, rec R, sd L fc WALL, __ (W swivel lf fwd R RLOD, rec L, sd R fc COH, __);
10	QQS	[OP CRAB WK & CK] Swivel lf fwd R LOD, swivel rf sd L, swivel lf fwd L LOD cking, __ (W swivel rf fwd L LOD, swivel lf sd R, swivel rf fwd R LOD cking, __);
11	QQQQ	[BK TO FACING HIP RKS] Rec bk L, rk sd R, rk sd L, rk sd R fc ptr (W rec bk R, rk sd L, rk sd R, rk sd L fc ptr);

PART A

<u>1-4</u>	OP BRK & CHG SIDES 2T;; OP BRK TO SKATERS; WHEEL;
<u>5-8</u>	OP OUT; FAN; HOCKEY STICK;;
<u>9-12</u>	OP HIP TWIST TRANS SHAD; SHAD CUCARACHA; BRK TO SKATERS; FWD WK;
<u>13-16</u>	FWD WK; UNDERARM TRN TRANS; OP HIP TWIST; FAN;

“COLOURS” (CONT.)

Page 3 of 3

PART B MOD

<u>1-4</u>	ALEMANA TO LARIAT /ROPESPIN OPTION];;;;
<u>5-8</u>	HD TO HD 3T;;; SPT TRN;
<u>9-12</u>	HALF BASIC TO CROSS BODY 2T;;;;
9	[HALF BASIC] CP/WALL fwd L, rec R, sd L prep cross body lead, __ (W bk R, fwd L, fwd R COH, __);
10	QQS [CROSS BODY] Bk R, fwd L lf trn, sd R CP/COH, __ (W fwd L lf trn, bk R, sd L CP fc WALL, __);
11	QQS [HALF BASIC] CP/COH fwd L, rec R, sd L prep cross body lead, __ (W bk R, fwd L, fwd R WALL, __);
12	QQS [CROSS BODY] Bk R, fwd L lf trn, sd R LOP/WALL, __ (W fwd L lf trn, bk R, sd L LOP fc COH, __);
<u>13-15</u>	NY; OP CRAB WK & CK; BK TO FACING HIP RKS (QQQQ);

PART B MOD (1-14)

<u>1-4</u>	ALEMANA TO LARIAT /ROPESPIN OPTION];;;;
<u>5-8</u>	HD TO HD 3T;;; SPT TRN;
<u>9-12</u>	HALF BASIC TO CROSS BODY 2T;;;;
<u>13-14</u>	NY; OP CRAB WK & CK;

END

1-4

BK TO AIDA WITH ARM SWEEP; HIP RKS TO FC;
ARM SWEEP TO FENCE LINE & EXTEND;;

- 1 QQS [BK TO AIDA] Bk L, bk R, bk L lt arm sweep ccw fc LOD, __ (W bk R, bk L, bk R rt arm sweep cw fc LOD, __);
2 QQS [HIP RKS TO FC] Slow rk fwd R, rk bk L, rk fwd R fc ptr & WALL, __ (W rk fwd L, rk bk R, rk fwd L fc COH, __);
3 S__ [ARM SWEEP TO FENCE LINE] Sweep L arm cw, __, soft rt knee xLif RLOD, __
 (W sweep R arm ccw, __, soft lt knee xRif RLOD, __);
4 S__ [EXTEND] Extend lt arm bk upper body fwd & look rt (W extend rt arm bk upper body fwd & look lt);