CLIMB_EVERY_MOUNTAIN

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Record: Roper 295-B Rhythm: Foxtrot (205)853-4616

Sequence: Intro-A-B-A-B-Ending SLOW_FOR_COMFORT

RoundALab Phase V

INTRO

1 - 4 WAIT_2;; HOVER; FEATHER;

1-2 In CP/DW wait 2 meas;;

3-4 Fwd L,-,sd & fwd R with a slight rise,rec on L to SCP/DC; Fwd
R,-,fwd L,fwd R(W thru L,-,trng LF step sd and bk R,bk L)to
Contra Bjo/DC;

PART_A

1 - 4 TELEMARK_TO_SCP; NAT_HOVER_FALLAWAY; SLIP_PIVOT_TO_BJO; FWD/CHECK,
LADY_DEVELOPE;

1-2 Blend to CP/DC step fwd L starting LF trn,-,sd R cont trn, sd &
slightly fwd L(W bk R starting LF trn,-,cont heel trn chg
wgt to L,step sd & slightly fwd R)to SCP/DW; Fwd R with slight
body trn to R,-,fwd L on toe trng to R with slow rise,rec bk on
R(W fwd L,-,fwd R on toe between M's ft trng RF with slow rise,
rec bk on L)to SCP/DRW;

3-4 Bk L,-,bk R trng LF,fwd L(W bk R starting LF pivot on ball of
ft,-,fwd L cont LF trn,bk R)to Bjo/DW; Fwd R,-,,-,(W bk L,-,
bring R ft up L leg to knee,extend R ft fwd);

5 - 8 BACK_HOVER_TO_SCP; NAT_HOVER_CROSS;; DRAG_HESITATION;

5-6 In Bjo/DW step bk on L,-,bk R with hovering action,rec on L(W
fwd R outside M trng RF, -, step sd L with hovering action, rec on R to SCP/DW; Fwd R DW starting RF trn, -, cont trn sd on L, with a strong RF trn on L step sd R to fc DC (W fwd L, -, fwd R with RF trn, bk R on toe) to SCar;

7-8 Fwd L across R on toe, rec R, sd & fwd L, fwd R (W bk R on toe, rec L, small sd R, bk L) to Bjo/DC; Fwd L start LF trn, -, sd R cont LF trn, draw L to R (W bk R start LF trn, -, sd L cont LF trn, draw R to L) to Bjo/DRC;

9 - 12 IMPETUS_TO_SCP; FEATHER; TELEMARK_TO_BJO; CLOSED_WING;

9-10 Bk L start heel trn, -, chg wgt to R and cont RF trn, fwd L (W fwd R outside M trng RF, -, sd & fwd L around M, cont RF trn and brush R ft to L, fwd R) to SCP/DC; Repeat meas 4 of Intro;

11-12 Blend to CP step fwd L start LF trn, -, fwd & sd R around W cont LF trn, sd & fwd L (W bk R start LF heel trn, -, cont trn and chg wgt to L, bk & sd R) to Bjo/DW; Fwd R, -, dr L to R with LF body trn, tch L (W bk L, -, sd R across M, fwd L) to SCar/DC;

13 - 16 REV_TURN_CHECK_and_WEAVE;;; CHANGE_OF_DIRECTION;

13-14 Fwd L start LF trn, -, sd R cont trn, bk L (W bk R start LF heel trn, -, cont trn on L, fwd R) to CP/RLOD; Ck bk on R, -, rec fwd L, sd R (W ck Fwd L, -, rec bk R, sd L);

15-16 Bk L to Bjo, bk R trng LF, cont trn sd & fwd L, fwd R (W fwd R to Bjo, fwd L trng LF, cont trn sd & bk R, bk L) to Bjo/DW; Fwd L, -, fwd & sd R trng LF, dr L to CP/DC;

PART_B

1 - 4 DIAMOND_TURN_1/2;; UICK_DIAMOND_4_TO_BJO; OUTSIDE_SWIVEL_and_PICKUP;
1-2 Fwd L start LF trn.,-sd R,bk L to Bjo/DRC; Bk R,-sd L,fwd R to Bjo/DRW;
3-4 Fwd L, sd R,bk L,bk R to Bjo/LOD; Bk on L,cross RIF of L with no wgt,fwd R(W fwd R, swivel RF on ball of R ft to SCP,fwd L trng LF) pickup W to CP/LOD,-;
5 - 8 DIAMOND_TURN_1/2;; UICK_DIAMOND_4_TO_CP; DIP_BK_and_REC;
5-6 Repeat meas 1-2 of Part B;;
7-8 Repeat meas 3 of Part B except end in CP/LOD; Dip bk on L,-, rec on R to CP/LOD,-;
9 - 12 THREE_STEP; RIGHT_LUNGE_and_RECOVER; FEATHER_FINISH; DOUBLE_REVERSE;
9-10 Fwd L,,-fwd R,fwd L; Flex L knee step sd & fwd on R flexing R knee,-,rec bk on L(W flex R knee step sd & bk on L flexing L knee,-,rec fwd on R),-;
11-12 Bk R trng LF,,-sd L,fwd R outside W(W fwd L trng LF,,-sd R,bk L to Bjo/DC; Fwd L trng LF,,-fwd & sd R around W start LF spin, cont spin on R(W bk R start LF heel trn,,-cont LF heel trn chg wgt to L/fwd & sd R around M trng LF,lock LIF of R)CP/LOD;
13 -16 CURVING_THREE_STEP; BACK_CURVING_THREE_STEP; HOVER_TELEMARK; START NATURAL_FALLAWAY_WEAVE;
13-14 Fwd L start LF curve,,-fwd R cont curve,fwd L on toes cont curve(W bk R,,-bk L,bk R curving LF)to CP/RLOD; Bk R start LF curve,,-bk L cont curve,bk R on toes(W fwd L,,-fwd R,fwd L curving LF) to CP/DW;
15-16 Fwd L, - , sd & fwd on R with hovering action trng slightly RF, rec

fwd L on toes (W bk R, -, diag sd & bk on L with hovering action

trng RF brush R to L, rec fwd R on toes) to SCP/DW; Fwd R, -, fwd L

on toe trng RF with rise, rec bk R (W Fwd L, -, fwd R on toe bet

M's feet trng RF with rise, rec bk L) to SCP/DRW;

17 - 18 FINISH_NATURAL_FALLAWAY_WEAVE; CHANGE_OF_DIRECTION;

17-18 Bk L in SCP, bk R to CP, sd & fwd L DW, fwd R (W bk R in SCP start

LF slip pivot, fwd L cont LF trn to CP, sd & bk R, bk L) Bjo/DW;

Repeat meas 16 of Part A;

ENDING

1 - 3 TELEMARK_TO_SCP; THRU_TO_PROMENADE_SWAY_and _CHANGE_TO_OVERSWAY;;

1-3 Repeat meas 1 of Part A; Step thru on R, -, sd & fwd L to SCP/DW

stretching body upward to look over jnd lead hands, relax L knee

(W thru on L, -, sd & fwd R, relax R knee); Without wgt chg, chg

stretch of body and head position with upper body rotation to

look opposite direction; on; BW B: ADJUST.PAS BW B: INIT.PAS BW

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