

## CLIMB\_EVERY\_MOUNTAIN

Composers: Richard and Jo Anne Lawson, 237 Mamie Lane, Birmingham, AL 35215

Record: Roper 295-B Rhythm: Foxtrot (205)853-4616

Sequence: Intro-A-B-A-B-Ending SLOW\_FOR\_COMFORT

RoundALab Phase V

## INTRO

1 - 4 WAIT\_2;; HOVER; FEATHER;

1-2 In CP/DW wait 2 meas;;

3-4 Fwd L,-,sd & fwd R with a slight rise,rec on L to SCP/DC; Fwd

R,-,fwd L,fwd R(W thru L,-,trng LF step sd and bk R,bk L)to

Contra Bjo/DC;

## PART\_A

1 - 4 TELEMARK\_TO\_SCP; NAT\_HOVER\_FALLAWAY; SLIP\_PIVOT\_TO\_BJO; FWD/CHECK,

LADY\_DEVELOPE;

1-2 Blend to CP/DC step fwd L starting LF trn,-,sd R cont trn, sd &

slightly fwd L(W bk R starting LF heel trn,-,cont heel trn chg

wgt to L,step sd & slightly fwd R)to SCP/DW; Fwd R with slight

body trn to R,-,fwd L on toe trng to R with slow rise,rec bk on

R(W fwd L,-,fwd R on toe between M's ft trng RF with slow rise,

rec bk on L)to SCP/DRW;

3-4 Bk L,-,bk R trng LF,fwd L(W bk R starting LF pivot on ball of

ft,-,fwd L cont LF trn,bk R)to Bjo/DW; Fwd R,-,-(W bk L,-,

bring R ft up L leg to knee,extend R ft fwd);

5 - 8 BACK\_HOVER\_TO\_SCP; NAT\_HOVER\_CROSS;; DRAG\_HESITATION;

5-6 In Bjo/DW step bk on L,-,bk R with hovering action,rec on L(W

fwd R outside M trng RF,-,step sd L with hovering action,rec on  
 R)to SCP/DW; Fwd R DW starting RF trn,-,cont trn sd on L,with  
 a strong RF trn on L step sd R to fc DC(W fwd L,-,fwd R with RF  
 trn,bk R on toe)to SCar;

7-8 Fwd L across R on toe,rec R,sd & fwd L,fwd R(W bk R on toe,rec  
 L,small sd R,bk L)to Bjo/DC; Fwd L start LF trn,-,sd R cont LF  
 trn,draw L to R(W bk R start LF trn,-,sd L cont LF trn,draw R  
 to L)to Bjo/DRC;

9 - 12 IMPETUS\_TO\_SCP; FEATHER; TELEMARK\_TO\_BJO; CLOSED\_WING;

9-10 Bk L start heel trn,-,chg wgt to R and cont RF trn,fwd L(W fwd  
 R outside M trng RF,-,sd & fwd L around M,cont RF trn and brush  
 R ft to L,fwd R)to SCP/DC; Repeat meas 4 of Intro;

11-12 Blend to CP step fwd L start LF trn,-,fwd & sd R around W cont  
 LF trn,sd & fwd L(W bk R start LF heel trn,-,cont trn and chg  
 wgt to L,bk & sd R)to Bjo/DW; Fwd R,-,dr L to R with LF body  
 trn,tch L(W bk L,-,sd R across M,fwd L)to SCar/DC;

13 - 16 REV\_TURN\_CHECK\_and\_WEAVE;;; CHANGE\_OF\_DIRECTION;

13-14 Fwd L start LF trn,-,sd R cont trn,bk L(W bk R start LF heel  
 trn,-,cont trn on L,fwd R)to CP/RLOD; Ck bk on R,-,rec fwd L,  
 sd R(W ck Fwd L,-,rec bk R,sd L);

15-16 Bk L to Bjo,bk R trng LF,cont trn sd & fwd L,fwd R(W fwd R to  
 Bjo,fwd L trng LF,cont trn sd & bk R,bk L)to Bjo/DW; Fwd L,-,  
 fwd & sd R trng LF,dr L to CP/DC;

PART\_B

1 - 4 DIAMOND\_TURN\_1/2;; UICK\_DIAMOND\_4\_TO\_BJO; OUTSIDE\_SWIVEL\_and\_PICKUP;

1-2 Fwd L start LF trn,-,sd R,bk L to Bjo/DRC; Bk R,-,sd L,fwd R to

Bjo/DRW;

3-4 Fwd L,sd R,bk L,bk R to Bjo/LOD; Bk on L,cross RIF of L with no

wgt,fwd R(W fwd R,swivel RF on ball of R ft to SCP,fwd L trng

LF)pickup W to CP/LOD,-;

5 - 8 DIAMOND\_TURN\_1/2;; UICK\_DIAMOND\_4\_TO\_CP; DIP\_BK\_and\_REC;

5-6 Repeat meas 1-2 of Part B;;

7-8 Repeat meas 3 of Part B except end in CP/LOD; Dip bk on L,-,

rec on R to CP/LOD,-;

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9 - 12 THREE\_STEP; RIGHT\_LUNGE\_and\_RECOVER; FEATHER\_FINISH; DOUBLE\_REVERSE;

9-10 Fwd L,-,fwd R,fwd L; Flex L knee step sd & fwd on R flexing R

knee,-,rec bk on L(W flex R knee step sd & bk on L flexing L

knee,-,rec fwd on R),-;

11-12 Bk R trng LF,-,sd L,fwd R outside W(W fwd L trng LF,-,sd R,bk

L)to Bjo/DC; Fwd L trng LF,-,fwd & sd R around W start LF spin,

cont spin on R(W bk R start LF heel trn,-,cont LF heel trn chg

wgt to L/fwd & sd R around M trng LF,lock LIF of R)CP/LOD;

13 -16 CURVING\_THREE\_STEP; BACK\_CURVING\_THREE\_STEP; HOVER\_TELEMARK; START

NATURAL\_FALLAWAY\_WEAVE;

13-14 Fwd L start LF curve,-,fwd R cont curve,fwd L on toes cont

curve(W bk R,-,bk L,bk R curving LF)to CP/LOD; Bk R start LF

curve,-,bk L cont curve,bk R on toes(W fwd L,-,fwd R,fwd L

curving LF)to CP/DW;

15-16 Fwd L,-,sd & fwd on R with hovering action trng slightly RF,rec

fwd L on toes(W bk R,-,diag sd & bk on L with hovering action

trng RF brush R to L,rec fwd R on toes)to SCP/DW; Fwd R,-,fwd L

on toe trng RF with rise,rec bk R(W Fwd L,-,fwd R on toe bet

M's feet trng RF with rise,rec bk L)to SCP/DRW;

17 - 18 FINISH NATURAL FALLAWAY WEAWE; CHANGE OF DIRECTION;

17-18 Bk L in SCP,bk R to CP,sd & fwd L DW,fwd R(W bk R in SCP start

LF slip pivot,fwd L cont LF trn to CP,sd & bk R,bk L)Bjo/DW;

Repeat meas 16 of Part A;

ENDING

1 - 3 TELEMARK TO SCP; THRU TO PROMENADE SWAY and CHANGE TO OVERSWAY;;

1-3 Repeat meas 1 of Part A; Step thru on R,-,sd & fwd L to SCP/DW

stretching body upward to look over jnd lead hands,relax L knee

(W thru on L,-,sd & fwd R,relax R knee); Without wgt chg,chg

stretch of body and head position with upper body rotation to

look opposite direction; on; BW B:ADJUST.PAS BW B:INIT.PAS BW

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