

# CIDER HOUSE RULES

(Music by Rachel Portman, Oscar-Nominated for Best Score 1999)



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**Release Date:** June 2006

**Rhythm & Phase:** Waltz, Phase IV+1 (Contra Check) **Level of Difficulty:** Difficult

**Album/Track/Time:** The Cider House Rules Soundtrack/Track 1 (Main Titles)/2:10

**Sequence:** Intro A B C B(1-8) D End

**Footwork:** Opposite, unless noted (W's footwork & timing in parentheses)

**Timing:** Standard Waltz unless noted

## INTRODUCTION

Meas

**1-2** Wait 2 Meas;;  
{Wait 2 Meas} CP LOD lead feet free;;

## PART A

Meas

**1-4** Diamond Turn 4;;;;  
{Diamond Turn 4} Fwd L trn LF, sd R, bk L BJO; Bk R trn LF, sd L, fwd R DRW; Fwd L trn LF, sd R, bk L; Bk R, trn LF, sd L, fwd R to BJO DLC;

**5-8** Fwd Waltz; Manuv; Spin Turn; Bk Box to SCAR;  
{Fwd Waltz} Fwd L, fwd R, cls L;  
{Manuv} Fwd R DLW start RF trn, sd L DLW, cl R in CP fcg RLOD;  
{Spin Turn} Bk L pivoting RF, trng RF fwd R, sd & slightly bk L; (Fwd R pivoting RF, trng RF bk & slightly sd L, brush R to L then sd & slightly fwd);  
{Back Box to Sidecar} Bk R slight LF trn, sd L, cl R to SCAR DLC;

**9-12** X Hovers to BJO to SCAR to SCP and P/U;;;;  
{3 Cross Hovers ending in SCP} Fwd L in SCAR, fwd R hovering trn LF, small fwd L to BJO DLC; Fwd R, fwd L hovering trn RF, small fwd R in SCAR DLW; Fwd L in SCAR, fwd R hovering trn LF, small fwd L to SCP DLC;  
{Pickup} Fwd R, sd L, cls R (W pkup LF) CP DLW;

**13-16** Whisk; 2 Semi Chasses;; Thru FC CL to BFLY Wall;  
{Whisk} Fwd L, sd R & sltly fwd, XLIBR in SCP; (Bk R, diag bk L, XRIBL in SCP);  
*12&3* {2 Semi Chasses} Thru R, facing sd L/cl R, sd L to SCP LOD; Thru R, facing sd L/cl R, sd L to SCP LOD;  
{Thru Face Close} Thru R, fc L, cls R BFLY Wall;

## PART B

### Meas

- 1-4 Wz Away & Tog;; Solo Turn 6;;**  
{Wz Away & Tog} Trng to OP waltz fwd LOD L, R, L to slight bk to bk pos; Fwd R, L, R LOD end in BFLY WALL;  
{Solo Turn 6} Fwd L trng LF ½ away frm partner, sd R twd LOD, cl L; bk R trng LF ½ twd partner, sd L twd LOD to face partner, cl R to BFLY Wall;
- 5-8 Wz Away & Lady Wrap;; Fwd Run 3 Lady Touch; One Rt Turn;**  
{Wz Away & Wrap} OP fwd L, fwd R, cls L; fwd R, fwd L, cls R (W wrap LF);  
{Fwd Run 3 Trans} Fwd L, sd & fwd R, fwd sml stp L (lady tch R) wrapped LOD;  
(same footwork next measure only)  
{Rt Turn} Fwd R trn RF, sd & fwd L trn RF, cl R wrapped RLOD man on outside;
- 9-12 Bk to Open Sd-by-Sd / Man Point (Man on outside, both facing LOD); Lady Cross Twirl to SCP (opt Roll Lady Across); Both Thru & Swivel (W to BJO) & opt W Develope; Bk Sd Cl (Wall);**  
{Back to Opn Trans} Bk L release trail hnds trn RF, sd & fwd R LOD, pnt L bk no wght in opn LOD (bk L, bk R trn LF, sd & fwd L opn LOD);  
{Lady Cross Twirl Semi} Thru L lead lady across, trn RF sd & fwd R twrl lady RF undr lead hnds, sd & fwd L in semi LOD (fwd R trn RF, sd & fwd L twrl RF under lead hnds, fwd R semi LOD);
- 1--* {Both thru, swivel, opt W develope} Thru R, swivel L to face, -; (Thru L, swivel R to face BJO RLOD & optional develope)  
{Back Side Close} Bk L, fc R, cl L; (Fwd R, fc L, cl R;)
- 13-16 Rt Lunge, Rec, Hold; P/U; 2 LF Turns (to Wall);;**  
*12-* {Right Lunge & Recover Hold} Sd R & fwd, rec L, -;  
{Pickup} Small fwd R trng, sd L trng, cl R fcng LOD; (Fwd L trng, sd R trng, cl L fcng RLOD;)  
{2 Left Turns} Trng LF fwd L, sd R, cls L; bk R, sd L, cls R; (to Wall)

## PART C

### Meas

- 1-4 Hover; Weave 6 to SCP; Thru face CL to BJO DLW;**  
{Hover} Fwd L, sd R RLOD, trng to SCP rec fwd L LOD;  
{Weave 6 to SCP} Fwd R, fwd turn L, side & bk R; bk L, bk turn R, side & fwd L; (fwd L, side turn R, side & fwd R; fwd R, fwd turn L, side & fwd R;)  
{Thru Face CL to BJO DLW} Thru R, sd L, cl R to BJO DLW; (Thru L, sd R, cl L to BJO DLW;)
- 5-8 BJO Wheel 6 to BFLY SCAR;; Fwd & W Develope; P/U to LOD;**  
{BJO Wheel 6} Wheeling RF fwd L, fwd R, fwd L; fwd R, fwd L, fwd R;
- 1--* {Fwd & Develope} Fwd L in C/SCAR body fcg DRW (bk R), sway L & look at W,- (bend L knee raise toe to R knee, straighten L leg horizontal with R sway);  
{Pickup} Bk R, sd L, cls R (W pkup LF) CP LOD;
- 9-12 4 Viennese Turns (last one W sd cl, both BFLY wall);;;;**  
{4 Viennese Turns} Fwd turn L, sd R, XIFL; bk turn R, side L, cl R; (Bk turn R, sd L, close R; fwd turn L, sd R, XIFL;) {repeat, but on last measure, W sd cl and both adj to BFLY wall}

## PART B (1-8)

### Meas

- 1-4 Wz Away & Tog;; Solo Turn 6;;**  
{Wz Away & Tog} Trng to OP waltz fwd LOD L, R, L to slight bk to bk pos; Fwd R, L, R LOD end in BFLY WALL;  
{Solo Turn 6} Fwd L trng LF ½ away frm partner, sd R twd LOD, cl L; bk R trng LF ½ twd partner, sd L twd LOD to face partner, cl R to BFLY Wall;
- 5-8 Wz Away & Lady Wrap;; Fwd Run 3 Lady Touch; One Rt Turn;**  
{Wz Away & Wrap} OP fwd L, fwd R, cls L; fwd R, fwd L, cls R (W wrap LF);  
{Fwd Run 3 Trans} Fwd L, sd & fwd R, fwd sml stp L (lady tch R) wrapped LOD;  
(same footwork next measure only)  
{Rt Turn} Fwd R trn RF, sd & fwd L trn RF, cl R wrapped RLOD man on outside;

## PART D

### Meas

- 1-4 (Lady Trans) Roll Apart 3; Roll Across 3; 2 Twinkles to FC Wall;;**  
{Roll Apart 3} Roll LF to face RLOD inside hands joined (W trans to R foot free & roll RF)  
{Roll Across 3} Roll RF changing sides to face RLOD joining inside hands (W roll LF behind M)  
{2 Twinkles} Thru L, sd R, cls OP LOD; Thru R, sd L, cls R CP Wall;
- 5-8 Hover; Chair & Slip; OP Telemark; OP Natural;**  
{Hover} Fwd L, fwd & sd rise R, rec L; (Bk R, bk & sd rise L, rec R);  
{Chair & Slip} Fwd R w/strong lowrng and ckng action, rec L & start trng LF, comp 1/4 LF turn slip R bk to CP DLC; (Fwd L w/strong lowrng and ckng action, rec R & start trng LF, comp 3/4 LF turn slip L fwd to CP DRW;)  
{Open Telemark} Fwd L slight body trn LF, cont trng LF sd R, cont trng LF sd & fwd L in SCP DLW; (Bk R slight LF trn, close L to R trng LF on R then chg wt to L (heel turn), cont trng LF sd & fwd R in SCP DLW;)  
{Open Natural} Fwd R LOD in SCP strtg trng RF, trng RF sd & bk L LOD, trng RF bk R LOD R shoulder leading; (Fwd L LOD in SCP, trng RF fwd R LOD, trng RF fwd L LOD L shoulder leading;)

## END

### Meas

- 1-3 In & Out Runs (Lady Across, Man Across);; Bk & R Chasse to CL DLC;**  
{In & Out Runs} Bk L & turn, side R & fwd, fwd L; Fwd R & turn, fwd L & side trn, bk R; (Fwd R & turn, fwd L & side turn, bk R; fwd L, fwd R, fwd L;)
- 12&3* {Bk & R Chasse} Turning RF Bk L, sd R/cl L, sd R;
- 4-7 Diamond Turn 4 (to a);;;**  
{Diamond Turn 4} Fwd L trn LF, sd R, bk L BJO; Bk R trn LF, sd L, fwd R DRW; Fwd L trn LF, sd R, bk L; Bk R, trn LF, sd L, fwd R to BJO DLC;
- 8-9 Slow Contra Check and hold as music fades;;**  
*1--* {Contra Check} Lowering into R knee & trng body sltly LF fwd L, hold (Lowering into L knee & turning body sltly LF bk R, hold)