

# Chattanooga Cha Cha



**DANCE BY** : Dwain & Judy Sechrist, 2148 E. Bighorn Mtn. Dr., Oro Valley, Az. 85737  
(520) 825-6672 e-mail DJRnds312@aol.com  
**RECORD** : STAR-133B Chattanooga Cho Cho flip of "All That Jazz"  
(contact choreographer or Palomino Records)  
**FOOTWORK**: Lady opposite (except as noted)  
**RHYTHM** : Cha Cha **PHASE**: V  
**SEQUENCE** : Intro, A, B, A, B

**SPEED**: 43-44  
Rel: 6/2001 1.01

## INTRO

### 1 - 4 WAIT; W CUBAN BRK & PT ; SOLO CHASE TRN ; BK/REC, FWD - ;

- 1 Wait 1 meas. LOP [low hnd hld] fcg WL both w/L ft M's R (W's L) palm twd WL ;  
2 1&2-- **{Sd/rec, - - (Cuban Break & Point)}** As W dances X ck rk sd L check her motion placing palm of free hnds together/rec R, -, -, - (looking at M XLIF/rec R, pt L to sd ) end M's R (W's L) arms out to sd;  
3 123&4 **{Solo Chase Turn}** Both fwd L trng RF extnd L arm twd WL, rec R trng RF, bk chassé lock L/R, L [both again fcg WL];  
4 1&2-- **{Back break/recover, forward & hold}** Bk R/rec L, fwd R, extnd arms down and out from sides palms down "umpires safe signal" & hold, -;

## A SEQ

### 1 - 4 BSKT BALL TRN ; PROG PTS & SHIMMY ; ; BASIC to LOD (Lady trn in 4) ;

- 1 1234 **{Basketball Turn}** Fwd L trng RF, rec R trng RF, fwd L trng RF, rec R trng RF to fc WL;  
2-3 1234 **{Progressive Point Steps & Shimmy}** Fwd & acrs L, pt R to sd, fwd & acrs R, pt L to sd;  
123&4 fwd & acrs L, pt R & hld, tuck elbows at hips and on counts 3&4 shoulder shimmy ; [At the same time pt R ft to sd also drop R shldr to pt R index finger acrs frnt of bdy at L ft . . . when pt L ft to sd also drop L shldr to pt L index finger acrs frnt of bdy at R ft]  
4 123&4 **{Back Basic w/turn (Break back, recover, roll 2)}** Bk R, rec L trng LF, fwd chassé lk R/L, (1234) R to fc LOD to hndshk (Bk R, rec L trng LF, cont trn R, L to fc ptrn & RLOD) ;

### 5 - 8 OPN HIP TWIST ; FAN THREE CHAS w/Hnd Chgs ; ; FWD/REC, BK - ;

- 5 123&4 **{Open Hip Twist}** Fwd L, rec R, bk chassé lk L/R, L leading Hip Twist (Bk R, rec L, fwd chassé lk R/L, R tuck L knee to R as swvl RF bdy fcg DLC hips trn more);  
6-7 123&4 **{Fan to Three Chas}** Bk R ld W fwd, rec L, w/R sd lead & R palm-R palm chassé lk LOD 1&23&4 R/L, R; w/L sd lead L palm-L palm chassé lk LOD L/R, L, w/R sd lead & R palm-R palm R/L, R (Fwd L, fwd R trng LF, w/L sd lead bk chassé lk L/R, L; w/R sd lead bk chassé lk R/L, R, w/L sd lead bk chassé lk L/R, L) ;  
8 1&2-- **{Fwd break/rec, bk & hold}** Fwd L hnds to chest /rec R, bk L, (Bk R hnds to chest / rec L, fwd R,) [on hold counts both qkly push arms down and out from sides "umpires safe signal"] ;

### 9 - 12 CHASE ; ; OK CUCARACHAS ; SPOT TRN to FAN ;

- 9-10123&4 **{Chase - She Trn }** Bk R, rec L, fwd chassé lk R/L, R (Fwd L trng RF, rec R trng RF, bk chassé lk L/R, L) ; **{Cont Chase - He Trn }** Fwd L trng RF, rec R trng RF, bk chassé lk L/R, L (Bk R, rec L, fwd chassé lk R/L, R) ;  
11 1&23&4**{Quick Cucarachas}** Sd R pressure step/rec L, cl R, sd L pressure step/rec R, cl L (Sd L/rec R, cl L, sd R/rec L, cl R) ;  
12 123&4 **{Spot Turn to Fan End}** Fwd & acrs R trng LF, cont trn rec L, ck fwd R twd W jn ld hnds/rec L trng RF, sd R fcg WL (Fwd & acrs L trng RF, cont RF trn rec R, bk chassé lock L/R, L end in FAN pos fcg RLOD) ;

### 13 - 16 HOCKY STICK ; ; BASIC to NATRL TOP ; ;

- 13 123&4 **{Hockey Stick}** Fwd L, rec R, sd chassé L/R, L (Cl R, fwd L, fwd chassé lk R/L, R);  
14 123&4 **{cont. to LOP fcg}** Bk R raise jnd hnds to lead W's LF trn, rec L trng 1/8 RF, fwd chassé DRW R/L, R (Fwd L trng 1/8 LF, fwd R trng 1/2 LF, fcg DLC bk chassé L/R, L);

- 15 123&4 **{Basic to}** Fwd L, rec R, sd chassé L/R, L trng RF blnd to CP;  
16 123&4 **{Natural Top}** XRIB trng RF, sd L trng RF, XRIB trng RF/sd L trng RF, cl R end CP fcg WL (Sd L trng RF, XRIF, sd L/XRIF, sd L) ;

### B SEQ

#### 1 – 4 SD WALK ; FAN to THREE CHAS w/dbl hnd hld ; ; OPN HIP TWST (LOD) ;

- 1 123&4 **{Side Walk}** In loose CP Sd L, cl R, sd chassé L/R, L (Sd R, cl L, sd chassé R/L, R) ;  
2-3 123&4 **{Fan to Three Chas}** Bk R lead W to stp fwd, rec L trng LF, blnd dbl hnd hld as fwd 1&23&4 chassé lk LOD R/L,R; L/R, L, R/L, R to hndshk (Fwd L btw M's feet, bk R trng LF, bk chassé lk L/R, L; R/L, R, L/R, L) ;  
4 123&4 **{Open Hip Twist}** Hndshk Fwd L, rec R, bk chassé lk L/R, L leading Hip Twist (Bk R, rec L, fwd chassé lk R/L, R tuck L knee to R as swvl RF bdy fcg DLC hips trn more);

#### 5 – 8 AIDA ; SWITCH LOCK ; LUNGE (BFLY), REC, RONDE CHA ; NEW YORK ;

- 5 123&4 **{Aida}** Fwd R trng RF, bk L cont trn, bk chassé lk R/L, R to Aida fcg RLOD (Fwd L trng LF, bk R cont trn, bk chassé lk L/R, L to Aida fcg RLOD) ;  
6 1&23&4 **{Switch w/flick & Chassé Lock }** Sd L to fc ptnr, rec R trng RF/flick L ft bk, chassé lock RLOD fwd L/lk R, fwd L (Sd R, rec L/flick R ft bk, chassé lock R/L, R) ;  
7 123&4 **{Lunge Side, rec, Ronde Cha}** Ck sd R trng 1/4 LF to BFLY, rec L as Ronde R CW, XRIB of L/sd L, sd R sml stp (Ck sd L trng 1/4 RF, rec R as Ronde L CCW, XLIB of R/sd R, sd L sml stp) ;  
8 123&4 **{New York}** Swivel on R to ck thru L twd RLOD, rec R, sd chassé L/R, L retain but lower lead hnd hld (Swivel on L to ck thru R twd RLOD, rec L, sd chassé R/L, R) ;

#### 9 – 12 NEW YORK CATCH & Lady SPIN ; BASIC to ALEMANA & ROPE SPIN ; ; ;

- 9 123&4 **{Ckd New York w/shoulder catch & W's Free Spin}** Raise jnd hnds to lead Swivel on L to ck thru R twd LOD leading W to trn RF catch W's L shoulder w/R hnd as rel jnd ld hnds, rec L retract R hnd lead W to spin LF, sd chassé R/L, R fcg DRW (Swivel on R to ck thru L as M ck's trn by catching L shldr, rec R trng LF, spin LF full trn L/R, L) ;  
10 123&4 **{Basic}** Jn ld hnds as Fwd L, rec R, compact chassé L/R, L raise ld hnds ;  
11 123&4 **{Alemana w/Spiral end}** Bk R lead W's RF trn, rec L, chassé R/L, R stretch L sd to lead extra RF trn for W's Spiral (Fwd L trng RF, fwd R trng RF, chassé lk L/R, L then Spiral RF) ;  
12 123&4 **{Rope Spin}** Sd L, rec R, inplc chassé L/R, L (RF crcl wlk fwd R, fwd L, fwd R/L, R), -;

#### 13 – 16 (cont Rope Spin) ; REV UNDR ARM ; X BDY (FC WL) ; KNEE POPS (M in 4) ;

- 13 123&4 **{cont Rope Spin}** Sd R, rec L, inplc cha R/L, R (RF crcl wlk fwd L, fwd R, sd L/cl R, sd L) ;  
14 123&4 **{Reverse Underarm Turn to SCAR}** XLIF to leading W's LF trn, rec R, sd chassé L/R, sd & bk L (XRIF trng LF, rec L cont trn, sd chassé R/L, R) ; [Blend to Paso Doble type hold as dance the sd chassé with slight RF turn]  
15 123&4 **{Cross Body to face WL}** Bk R trng bdy LF lead W to stp fwd, rec L, sd chassé R/L, R fcg WL (Fwd L twd M's L sd, fwd & sd R trng LF, cont LF trn to sd chassé L/R, L fcg WL) ; [Release hnd hld now about 2 –3 foot apart both fcg WL, both tuck elbows into sides]  
16 1234 **{Knee Pops M Trans}** Flex R knee, flex L knee, flex R knee, flex L knee [left foot free] (123&4) (Flex L knee, flex R knee, flex L/flex R, flex L [left foot free]); [Use accentuated knee and hip action, as knee flexes the other leg straightens – on count 4 extend R hand fwd with palm toward wall]

(Repeat) A SEQ & B SEQ