

CHALITA

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\$.89 Download Rhapsody Chalita by Michael Sahl
CD: The Tango Project Track 7 Footwork: Opposite Unless Noted
Phase: VI Argentine Tango Released: July 1, 2008
Sequence: INTRO, A, B, INTER, A, B (1-15), ENDING

INTRO

1-4 WAIT; CORTE WITH LEAN,-, RECOV TRANS, CL; BASIC ENDING; TRNING TANGO DRAW;

- 1-2 {Wait} Wait in CP L ft free (W wgt on R with L ft XIB at ankle
SQQ with no wgt) fc DRC;
(W -) {Corte with lean recov cl} Present R sd of body strongly to W as
trn LF to corte bk on the L but body straight on angle & up to W
(W lean fwd on the M lifting to the toe of R ft and L ft off the
ground with center of body pulled up strongly to support wgt with
no lower bk collapse),-, recov on R, cl L to R to BJO (W no wgt);
QQS 3-4 {Basic ending} Fwd R, fwd L, cl R to L (W bk L, bk R, XLIF of
QQ- R) still fcng DC,-;
{Trning tango draw} Fwd L contra body with L fc trn, sd R cont
LF trn, draw L to R end fcng DRW,-;
- 5-6 **(LAS CUNAS) TRNING ROCKS::**
QQS 5-6 {Trning rks} Fwd L with body rotation LF, recov R, fwd L,-;
QQS fwd R with R sd lead cont movement in LF circle, recov L, fwd R
end DW,-;

PART A

1-4 (LOS CAMINOS) WALK,-, 2,-; (ROCK CON GIRO) FWD, RK, RECOV BJO REV,-; (RIGHT FOOT ROCKS MILONGA STYLE) RK FWD, RECOV, RK BK, RECOV; RK FWD, RECOV, BK TRNING TANGO DRAW,-;

- SS 1-2 {Walk 2} Curve walk fwd L,-, fwd R fc LOD,-;
QQS {Fwd rk trn recov BJO} Cont walk fwd L to fc DC, rk to the sd
R fwd LOD trn sharply to BJO RLOD, fwd L in BJO fc RLOD,-;
QQQQ 3-4 {Rt ft rks Milonga style} Rk fwd R, recov L, rk bk R, recov L;
QQQQ rk fwd R, recov L, {Start trning tango draw} Bk R trn LF, cont
LF trn to step sd L fc wall;
- 5-8 **FIN TANGO DRAW,-, TRING RIGHT FOOT START,-,-, (EL
LANZAMIENTO LA IZQUIERDA) CLOSED WING,-,-, (CADENAS)
TWIST VINE 6,-,;**
- S 5-6 {Fin draw } Draw R to L,-, {Trning rt ft start} Bk R trning LF,-;
SS fwd L in BJO LOD,-, {Start Closed Wing} fwd R leave L ft

- (W SQQ) behind, trn body LF (W bk L, sd R to XIF of M);
 -QQ 7-8 **{Fin Wing to twist vine 6}** Trn body more LF to end like a wing
 (W SQQ) (W fwd L to SCAR),-, fwd L trn LF, sd R fc COH; bk L trn RF,
 QQQQ sd R fc COH, fwd L trn LF, sd R fc COH;
- 9-12 SIMPLE OCHO Y BESOS (KISSES); DOUBLE START; LA PARADA;
 RIGHT FOOT RESOLUTION;**
- SS 9-10 **{Simple ocho y besos}** Bk L in BJO, flick R ft on the floor to the
 Q-S L sd of L leg lift ft but keep knees close (W fwd R in BJO, swvl
 RF to bring L ft to R), bring R ft down to cl as trn the body bk to
 CP fc RLOD (W fwd L to pick-up swvl to bring R ft next to L),-;
{Double start} Sd L small step with partial wgt, draw L to R, sd
 L slgtly bigger step,-;
- S- 11-12 **{La parada}** Fwd R in BJO checking to swvl the W to SCP,-,
 (W SS) hold keep wgt fwd look bk at W (W bk L swvl RF to SCP,-, bk R
 -Q-- in a sitting action) both fc RLOD,-;
 (W HOLD) **{Rt ft resolution}** (W holds her pos for the entire meas with L ft
 pt twd RLOD) Place wgt fully on R start RF trn, sd L XIF of W,
 trn to wall and pl R ft perpendicular to W's L ft tching her toe in
 an "L" pos fcng wall feels like RSCP in the arms,-;
- 13-16 4 OCHOS WITH LIFT & TAP;;;;**
- M HOLD 13-14 **{Ochos with lift & tap}** Hold (W puts wgt on her L ft to lift the
 4 MEAS R ft up inside of M's R leg with her toe down,-, lift R ft over M's
 (WSS) R leg to step fwd R to swvl RF to fc LOD) M draws his R ft twd
 (W-S) RLOD to tap the toe of the W's R ft,-; Hold (W lift the L ft up the
 outside of M's R leg with her toe down,-, lift L ft over M's R leg
 to step fwd L to swvl LF to fc RLOD) M draws his R ft twd LOD
 to tap the toe of the W's L ft,-;
- (W-S) 15-16 **{Ochos with lift & tap}** Hold (W lifts the R ft up inside of M's R
 (W-S) leg with her toe down,-, lift R ft over M's R leg to step fwd R to
 swvl RF to fc LOD) M draws his R ft twd RLOD to tap the toe of
 the W's R ft,-; Hold (W lift the L ft up the outside of M's R leg
 with her toe down,-, step fwd L),-;
- 17-18 BICICLETA PICKING UP; TRNING TANGO CLOSE;**
- S 17-18 **{Bicicleta}** Before the W can start her next ocho her R leg is still
 (W--S&) over the M's R leg so that if he lifts his ft straight up with bent
 QQS knee it catches R leg right at the ankle and lifts her foot up in the
 air with his ft flexed as if on the pedal of a bicycle, drop the ft
 down, take wgt next to L ft as W is forced to move bkward to her
 R as if told she can not go over the ft on the last ocho,-/ (W on the
 & ct steps fwd L to pick-up); Note: the muic slows starting at the
 4 ochos and has become very slow here so there is plenty of time
 for the lift and drop of the foot and the & ct of pick-up is still
 quite slow
{Trning tango cl} With LF body trn fwd L, cont LF trn to step sd
 R, cl L to R fcng LOD,-;

PART B

1-4 (RIGHT FOOT BASIC CON LATIGAZO) RIGHT FOOT BASIC LADY FLICK;; 3 QK OCHOS WITH REV DEVELOPE;;

- SS 1-2 {**Right ft basic lady flick**} Bk R,-, sd L,-; in BJO DC fwd R, fwd L, bring R slgtly fwd twd L but stop the ft action while lower part of body follows thru like you are bowling & take wgt sharply (W lk LIF of R to flick the R ft bk from the hip knee bent),-;
- QQS
- 3-4 {**3 qk ochos with rev developpe**} M hold and trns body RF (W steps fwd R, swvl RF bring L under body, fwd L, swvl LF bring R under body; fwd R, swvl RF bring L under body, flick L ft out and up then bend the knee and bring L toe down the R sd of the R leg to tap toe on the R sd of R leg),-;
- (W SS)
-
- (W S-)

5-8 PICK-UP; TRNING TANGO CLOSE; LA DOBLE SENTADA (THE DOUBLE SITS);;

- SS 5-6 {**Pick-up**} Recov fwd L trn body LF,-, cl R to L (W fwd L to pick-up in front of M,-, bring R ft under body no wgt end CP),-;
- (W S-)
- QQS {**Trning tango cl**} With LF body trn fwd L, cont LF trn to step sd R, cl L to R fcng COH,-;
- QQ- 7-8 {**Double Sentada**} Bk R trn LF, cont LF trn sd L to fc RLOD, cont LF body rotation no wgt chg (W fwd L trn LF, cont LF trn sd R, bk L still inside M's L ft and flick the R ft up like a figure "4" but knees close while sitting bk in L leg),-; Trn body RF to lead the W out of sentada, cont RF body trn sd R, cont body trn no wgt chg (W fwd R trn RF, sd L cont RF trn, bk R still inside M's R ft flick L ft up like a figure "4" but knees close while sitting bk in R leg),-;
- (W QQS)
- Q-
- (W QQS)

9-12 (LAS EMBOSCADAS) THE AMBUSHES;; DOBLE OCHO,-, CHK BK, RECOV; TRNING TANGO CLOSE;

- QS 9-10 {**The Ambushes**} Trn body LF to lead W out of sentada, cont LF body trn sd L, swvl LF on L to step sd & fwd R in press line to block the lady fc DW,- (W fwd L with LF body trn, cont LF body trn sd R, cont LF body trn sd & bk L, flick R bk btwn M's ft from the knee much like a bk gancho); Recov L trn RF to fc COH, cont RF trn sd R, swvl RF on R to step sd & fwd L in press line to block the lady fc DC,-(W fwd R trn RF, cont RF trn sd L, bk R, flick L bk btwn M's ft from the knee much like a bk gancho);
- (W QQS)
- QQS
- SQQ 11-12 {**Both ocho chk bk recov**} Bk R swvl LF to BJO fc wall, bring L ft under body, chk bk L in BJO, recov R;
- QQS {**Trning tango cl**} Blend to CP with LF body trn fwd L, cont LF trn to step sd R, cl L to R fcng LOD,-;

13-16 TRNING RIGHT FOOT START TRANS; CORTE WITH LEAN,-, RECOV TRANS, CL; BASIC ENDING; TRNING TANGO DRAW;

- SQQ 13-14 {**Rt ft start**} Trn LF to step bk R,-, cont LF trn sd L with stopping action, at the last minute bring R to L to cl the ft (W trn LF to step fwd L,-, cont LF trn sd R, bring L ft behind R crossed at ankle no
- (W SQ-)
- SQQ

- (W -) contact with the floor);
{Corte with lean recov trans cl} Present R sd of body strongly to W as trn LF to corte bk on the L but body straight on angle & up to W (W lean fwd on the M lifting to the toe of R ft and L ft off the ground with center of body pulled up strongly to support wgt with no lower bk collapse),-, recov on R, cl L to R to BJO (W no wgt);
- QQS 15-16 **{Basic ending}** Fwd R, fwd L, cl R to L (W bk L, bk R, XLIF of R) still fcng DC,-;
- QQ- **{Trning tango draw}** Fwd L contra body with L fc trn, sd R cont LF trn, draw L to R end fcng DRW,-;

INTERLUDE

- 1-2 **(LAS CUNAS) TRNING ROCKS::**
- QQS 1-2 **{Trning rks}** Fwd L with body rotation LF, recov R, fwd L,-;
- QQS fwd R with R sd lead cont movement in LF circle, recov L, fwd R end DW,-;

REPEAT A

REPEAT B 1-15

ENDING

- 1 **(LA PUNTA DEL PIE) PICK-UP TRAP & PT FT;**
- Q--- 1 **{Pick-up trap & pt ft}** With L fc body rotation fwd L, pl R ft btwn L ft and lady's R ft like a trap very close to each other, drop in the knee as push the lady's ft out to COH look in the direction of the pointed ft,-;