

C'est Si Bon

Released: July 2000

Revised Cue Sheet: August 2000

Choreographers: Dick & Karen Fisher, 1004 Augusta Drive, Lufkin, TX 75901
 Phone: 936-639-9582; e-mail: Rfisher86@aol.com

Record: Roper Records 278-A (Flip: My Funny Valentine)

Footwork: Opposite unless noted (Woman's footwork in parentheses)

Rhythm & Phase: Foxtrot Phase V+1 (Natural Twist Turn)

Sequence: **Intro A B C A B C End**

3:05 @ 43 RPM

MEAS:

INTRO

**1-4 LOP LOD L FT FREE BOTH WAIT 1 ; SD, CL, SD,-; X LUNGE,-, REC, PT / LADY ACROSS ;
 SD,-, DRAW, FWD TO SCP :**

1 LOP LOD M's L W's L ft free wait 1 ;
 QOS 2 {SIDE, CLOSE, SIDE} [SAME FOOTWORK] Sd L, cl R, sd L,-;
 SS (SOO) 3 {X LUNGE,-, REC, PT / LADY ACROSS IN 2} Lowering and strongly crossing thighs XRif DLC,-, rec L lead W to face M, pt sd R leading W to step fwd twd WALL (fwd R twd WALL to fc M) end CP DLW [OPP FOOTWORK] ;
 SOO 4 {SD,-, DRAW, FWD TO SCP} Sd R DRW (sd L),-, draw L to R w/rise, sd & fwd L (sd & fwd R) end SCP DLC ;

PART A

1-4 PROM WEAVE ; ; 3-STEP ; NATL TELEMARK SCAR ;

SQO 1-2 {PROMENADE WEAVE} SCP DLC fwd R,-, fwd L trn LF to CP, sd & slightly bk R DLC (fwd L,-, sd & slightly bk R to CP, cont trng on R until fcg LOD fwd L DLC) to contra BJO ; bk L DLC in BJO, bk R trng LF to CP, sd & slightly fwd L, fwd R (fwd R to contra BJO, fwd L DLC trng LF to CP, sd & slightly bk R, bk L) to contra BJO DLW ;
 SQO 3 {3-STEP} Fwd L heel to toe blending to CP,-, fwd R , fwd L ;
 SQO 4 {NATURAL TELEMARK SCAR} Fwd R commence R trn (bk L commence R trn),-, sd L w/ L sd stretch (cl R heel trn w/R sd stretch), cont R trn sd & fwd R sm step (sd & bk L) end SCAR DLC ;

5-8 CL TELEMARK ; OP NATL ; OUTSD SWIVEL TWICE ; IMPETUS SCP ;

SQO 5 {CLOSED TELEMARK} SCAR DLC fwd L commencing LF trn(bk R w/ LF trn),-, fwd & sd R w/LF trn (cl L heel trn), fwd & sd L (bk & sd R) to contra BJO ;
 SQO 6 {OPEN NATURAL} Commence RF upper body trn fwd R heel to toe (commence RF upper body trn bk L) ,- , sd L across LOD (cl R heel trn cont RF trn), bk R (fwd L outsd ptr) to contra BJO ;
 SS 7 {OUTSIDE SWIVEL TWICE} Bk L w/RF upper body rotation (fwd R swivel RF on ball of R foot) end SCP,-, rec R (fwd L swivel LF on ball of L foot) end in contra BJO,- ;
 SQO 8 {IMPETUS SCP} Bk L starting RF body trn,-, cl R to L heel trn, sd & fwd L DLC (fwd R pivoting RF,-, sd & fwd L cont trn brush R to L, fwd R) end SCP DLC ;

9-12 PROM WEAVE 3 ; BK TWIST VINE 4 ; OUTSD CHANGE SCP ; CHAIR & SLIP ;

SQO 9 {PROM WEAVE 3} SCP DLC fwd R,-, fwd L trn LF to CP, sd & slightly bk R DLC (fwd L,-, sd & slightly bk R to CP, cont trng on R until fcg LOD fwd L DLC) to contra BJO ;
 QQQQ 10 {BACK TWIST VINE 4} Bk L trng RF to CP, sd R, fwd L outsd ptr contra SCAR, trng LF sd R to CP ;
 SQO 11 {OUTSIDE CHANGE SCP} Bk L (fwd R outsd ptr in contra BJO) ,- , bk R trng LF (fwd L), sd & fwd L (sd & fwd R) to SCP DLW ;
 SQO 12 {CHAIR & SLIP} Check thru R (L),-, rec L (R) w/no rise, w/ slight LF body trn slip R behind L and rise (swivel LF on R step fwd L outsd M) to end CP DLC ;

13-16 OP TELEMARK ; NATL HOVER FALLAWAY ; FALLAWAY IMPETUS SCP ; FEATHER ;

SQO 13 {OPEN TELEMARK} CP DLC fwd L commencing LF trn (bk R commence LF trn) ,-, fwd & sd R cont trn (cl L heel trn), sd & fwd L (sd & fwd R) to SCP DLW ;
 SQO 14 {NATURAL HOVER FALLAWAY} Fwd R w/ RF trn (fwd L) ,-, fwd L (fwd R on toe between M's feet w/slow rise) trng R w/slow rise, rec bk R (L) in tight SCP RLOD ;
 SQO 15 {FALLAWAY IMPETUS SCP} Bk L under body commencing RF body trn (bk R under body),-, cl R heel trn (sd L across ptr & LOD brush R to L), sd & fwd L (sd & fwd R) end SCP DLC ;
 SQO 16 {FEATHER} Fwd R (thru L trng LF twd ptr) ,-, fwd L (sd & bk R to contra BJO), fwd R (bk L) end contra BJO DLC ;

PART B

1-4 DBL REV ; HOVER TELEMARK ; NATL TWIST TURN ; ;

SQO 1 {DOUBLE REVERSE SPIN} BJO DLC fwd L commencing LF body trn,-, sd & fwd R spinning LF, tch L (bk R commencing LF trn,-, cl L heel trn, sd & slightly bk R/XLif) to CP DLW ;
 (SOO&) 2 {HOVER TELEMARK} Fwd L (bk R) ,-, fwd R w/RF body trn and hovering action (bk L w/RF trn and hovering action, fwd L (fwd R) to SCP DLW ;

PART B (continued)

SQO	3-4	{ NATURAL TWIST TURN } SCP DLW fwd R heel to toe commencing RF body trn (fwd L heel to toe) ,-, sd L across ptr (fwd R between ptr's feet), hook Rib staying low strong RF body trn (fwd L outsd ptr) ; continue RF trn (fwd R outsd ptr),-, cont RF trn commence rise (fwd L end in CP), bk L DLC (fwd R between ptr's feet) end in CP DRW ;
5-8 FEATHER FINISH ; 3-STEP ; FULL NATL TURN ;		
SQO	5	{ FEATHER FINISH } CP DRW bk R trng LF (fwd L trng LF),-, sd & fwd L (sd & bk R), fwd R (bk L under body) in contra BJO DLW ;
SQO	6	{ 3-STEP } Repeat meas. 3, part A ;
SQO	7-8	{ FULL NATL TURN } Fwd R commencing RF trn (bk L trng RF) ,-, sd L across LOD cont RF trn (cl R heel trn), bk R (fwd L) ; bk L starting RF trn (fwd R heel to toe commencing RF trn) ,-, continue RF trn on L heel pull R to L sm sd R (sd L across LOD) end CP DLC ,:-;

PART C

1-4	REV WAVE 3 ; CHECK & WEAVE ; CHANGE OF DIRECTION ;
SQO	1 { REV WAVE 3 } CP DLC fwd L comm LF body trn 3/8,-, sd R (bk R starting LF body trn 3/8, cl L heel trn), bk L DLW ;
SQO	2-3 { CHECK & WEAVE } Bk R ,-, lowering fwd L DRC, sd & bk R commencing LF trn ; bk L in contra BJO, bk R trng LF, sd & fwd L, fwd R in contra BJO ;
SS	4 { CHANGE OF DIRECTION } BJO DLW fwd L,-, fwd R w/R shoulder lead trn LF, draw L to R & brush end CP DLC ;
5-8	OP TELEMARK ; THRU TO OVERSWAY ; HOVER, BRUSH, STP SCP ;
	CHECK / LADY ACROSS TO LOP ;
SQO	5 { OPEN TELEMARK } CP DLC repeat Meas. 13, Part A ;
SS	6 { THRU TO OVERSWAY } Thru R (thru L in SCP),-, sd L (sd R) w/strong L sd lead relaxing L knee and leaving R leg extended, rotate R hip twd ptr (trn head L) ;
SQO	7 { HOVER BRUSH STP SCP } Rec R,-, draw L to R w/hovering action, sd & fwd L end SCP DLC ;
SQO	8 { CHECK / LADY ACROSS TO LOP } Lowering check fwd R (fwd L trng LF),-, rec L (fwd R trng LF), fwd R (sd & fwd L trng LF) end in LOP LOD ;
9-12	OPEN VINE 4 ; LADY ACROSS TO ½ OP ; OPEN IN & OUT RUNS ;
QQQQ	9 { OPEN VINE 4 } LOP LOD fwd L trng LF (fwd R trng RF) to BFLY, sd R trng LF (sd L trng RF) to OP RLOD, bk L trng RF (bk R trng LF) to BFLY, sd R trng RF (sd L trng LF) to LOP LOD ;
SQO	10 { LADY ACROSS ½ OP } Fwd L leading ptr to step twd WALL (trng RF fwd R twd WALL),-, fwd R (sd L across LOD cont RF trn), fwd L (fwd R) end in ½ OP LOD ;
SQO	11-12 { OPEN IN & OUT RUNS } Commencing RF trn fwd R (fwd L),-, cont RF trn sd & bk L across LOD (fwd R between ptr's feet), fwd R trng RF (fwd L) to L ½ OP; fwd L (commencing RF trn fwd R),-, fwd R between ptr's feet (cont RF trn sd & bk L across LOD), fwd L (fwd R trng RF) end in ½ OP LOD ;
13-16	LADY ACROSS TO LOP ; VINE 3 ; FWD / W SYNC TWIRL TO CP DLC ; HOVER TELEMARK ;
SQO	13 { LADY ACROSS TO LOP } ½ OP LOD fwd R leading ptr to step twd COH (fwd L trng LF to fc ptr),-, fwd L (cont LF trn sd R), fwd R (fwd L finish LF trn to fc LOD) to LOP LOD ;
SQO	14 { VINE 3 } Fwd L trng LF(fwd R trng RF) to BFLY,-, sd R in BFLY, XLib ;
SQO	15 { FWD / W SYNC TWIRL TO CP DLC } Fwd R (fwd L),-, fwd L (fwd R trng RF/sd L trng RF), fwd R (fwd R trng RF/sd & bk L finish RF trn) end CP LOD ;
(SQ&Q&)	
SQO	16 { HOVER TELEMARK } Fwd L (bk R),-, fwd R w/RF body trn and hovering action (bk L w/RF trn and hovering action, fwd L (fwd R) to SCP DLC) ;

REPEAT A ; ; ; ; ; ; ; ; ; ; ; ; ; ; ; ; ; ;

REPEAT B ; ; ; ; ; ; ;

REPEAT C ; ; ; ; ; ; ; ; ; ; ; ; ; ; ; ; ; ;

END

1-4	CHECK / LADY ACROSS TO LOP ; OPEN VINE 4 ; FWD, TRANS, SD, CL ; SD,-, X CHECK ;
SQO	1 { CHECK / LADY ACROSS TO LOP } SCP DLC repeat Meas. 8, Part C ;
QQQQ	2 { OPEN VINE 4 } Repeat Meas. 9, Part C ;
QQQQ	3 { FWD, TRANS, SD, CL } Fwd L, cl R (fwd R, -), [SAME FOOTWORK] sd L, cl R ;
(SQQ)	
SS	4 { SD,-, X CHECK } Sd L,-, lowering and strongly crossing thighs XRif ;