

## C'EST MAGNIFIQUE FOXTROT

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Record; Dean Martin or Minidisc from above address

Phase Rating: Foxtrot V +2 Speed to suit

Sequence: Intro,A,A,B,C,C,A,B 1-6 END

### INTRO

1-4 1 MEAS WT 4 FT APT DW TRAILING FT FREE & POINTED TO SIDE HOLD; X SWLVEL& POINT HOLD; X SWIVEL & POINT & HOLD BLENDING TO SCP; FEATHER DC;

Wait 1 Meas; XR infrt L swlvng ¼ RF Hold-; XL infrt R swlvng ¼ LF to SCP DC HOLD; thru R,-, fwd L,fwd R, DC (thruL Fwd & sd Rtrng LF bk L cbjo);

### PART A

1-4 REVERSE WAVE CHECK & WEAVE:: THREE STEP:

Fwd L,-,sd R (heel trn) ,bkLfcg DRC; chk bkR,-, rec L,sd &bk R dc;bk L cbjo trng LF,sd R , sd & fwd L LOD,fwd R cbjo DW; fwd L to CP ,-, fwd R,fwd L;

5-8 NATURAL HOVER X UNTRN:: TOP SPIN: CHANGE OF DIRECTION;

Fwd R comm Rf trn,-, sd & fwd cont Rf trn(heel trn) ,sd & fwd R DC; chk fwd L, rec R, sd L, XRIF of L to cbjo DRC; XLIB of R trng LF, sd R cont trn, sd & fwd L , fwd R cbjo DW; fwd&sd L,-, fwd & sd R trng LF, draw L to R DC;

### PART B

1-4 DOUBLE REVERSE SPIN X 2:: WISK; FEATHER;

Fwd L trn LF,-, fwd R cont trng(heel trn) cont spin on R (sd & fwd cont trn XLIF ofR)fc LOD; Repeat Double Reverse Spin DW; fwd L,-, fwd & sd rising to ball of foot , XLIBof R cont rise to SCP DC; thru R,-, fwd L,fwd R cbjo DC;

5-8 OPEN TELEMAR; CURVED FEATHER; PREP STEP; SAME FOOT LUNGE;

Fwd L trng LF,-, fwd & sd R con trn Lf (heel trn) , sd & fwd L SCP DW; fwd R trn RF,-, fwd &sd L swlvng RF, Chk fwd on R cbjo; bk L comm RF trn COH ,-, tch R to L (S-S) ( fwd RcommRF trn cl L to R SCP,HOLD); Sd R lowrng into R knee leave L extnded, HOLD, HOLD ( XRIB of L flex knee Head to Left );

9-12 SWIVEL TO HINGE LINE; IMPETEUS SCP; OPEN NATURAL TURN; OUTSIDE SPIN ;

Rec on L rotate upper bdy LF, cont trn & HOLD- HOLD ( rec L,bring R to L swvl LF lower on L & extnd R fwd ); M comm RF rotation ( rec R between Ms feet ),rec R trn RF ,( sd & fwdL arnd M trn RF) brush L to R cont trn , Fwd L SCP LOD; fwd R trn RF,-, fwd & sd trn RF , ( fwd L,-, fwd R, fwd L) sd & bk R cbjo fc RLOD; Toe into R heel& trn RF,-, fwd R arnd Wcont RF trn, sd L DRW ( fwd arnd M on R trn Rf ,-, cl L to R cont trn On toes fwd R CP);

13-16 DOUBLE DEVELOPE:: LINK SCP; FEATHER;

Fwd R keeping hips to-gether opening up the W to SCP DRC,-, leave L ft extnd HOLD,HOLD( bk L swlvng RF To SCP DRC,-, draw R ft up outside L leg toe pointed down to knee & extnd-); sway to Right XLIB of R ,-, extnd R Ft toward Wall & point HOLD,HOLD ( XRIBof L swlvng ½ LF to fc DW, draw L leg up outside of R leg with toe Pointed down & extend); fwd R trng Rf risng & brush L to R SCP DC( XLIB of R trng RF brush R to L fwd R to SCP DC); fwd R,-, fwd L, fwd R cbjo DC( fwd L,-, fwd R trng Lf , sd & bk cbjo DC);

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PART C

- 1-4 DIAMONDS TURN1/2;; BACK & CHASSE SIDECAR;X SWIVEL & HOLD ;  
Fwd L trng LF ,-, sd & bk R,bk L cont trng to fc DRC; bk R trn Lf,-, sd & fwd L,fwd R ,  
Chkng to end fcng DRW; bk L,-, sd R/cl L,sd R to sdcr fcng DRC; fwd L outsd ptr,-,  
Swvl LF. 1/2 Pt R DRC, & HOLD, ( chge of sway optional);
- 5-8 OVERTURNED CURVED FEATHER; BACK TURNING WISK; SYNCOPATED WISK;FEATHER  
Fwd R outsd ptr trng RF,-,sd & fwd L swvlng RF, fwd R w/chkng action outside ptr fcng RLOD ; bk L comm RF  
trn,-, sd R cont trn, XLIB end fcng COH; thru on R trng RF ,-,  
To fc ptr sd L/cl R , XLIB to SCP DC; thru R,-, fwd L, fwd R cbjo DC ( thru L ,-, fwd  
R trng LF ,sd &bk L to cbjo);

ENDING

- 1-8 IMPETEUS SCP; THRU TO PROM SWAY & CHANGE THE SWAY ;; FALLAWAY RONDE & SLIP;  
REVERSE TURN;; THREE STEP; R/LUNGE & CHANGE THE SWAY;  
Bk L trn Rf,-, cl R cont trn RF,( fwd R outsd ptr trn Rf, fwd L cont trn RF) fwd L SCP; thru  
R ,-, fwd & sd on L to SCP leave R leg extnd, HOLD; W chg sway to RLOD,-, HOLD,  
HOLD: rec bk on R,-, ronde L ccw& X behnd R no wgt,slp bk R trn LF brng prt to CPDC;  
Fwd Lcomm Lf trn,-, sd R cont trn, bk L LOD CP( bk L comm LF trn,-, cl L to R heel trn,  
Fwd R CP \_; bk R cont LF trn ,-, sd & fwd L DW, fwd R cbjo; fwd L blndg CP DW,-, fwd  
R, fwd L to CPLOD ; sd &fwd R w/ lungng action ( bk L in lunge) , HOLD, & Change  
Sway to LOD;\_\_\_\_\_