CECILIA

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RECORD: **Columbia 13-33187 "CECILIA" by Simon & Garfunkel**
FOOTWORK: **Opposite, Directions for the man except where noted**
SEQUENCE: **INTRO,A,A,BRIDGE,B,A,INTERLUDE,B,A,A,ENDING.**
RATING: **Phase IV+1+1 unphased (Shadow Bota Fogo, Bota Whisk)**
RHYTHM: **Samba**

INTRODUCTION

1-4   WAIT; HIP BUMPS; TRAVELING VOLTA 2X;;

                [1]   BFLY WALL wait;
1,2,3,4;   [2]   bump R hip twd RLOD 4 times;
1a,2a,3a,4;   [3]   jnd lead hnds extend trailing hnds RLOD look LOD xLif/sd & bk R, xLif/sd & bk R, xLif/sd & bk R, xLif;
1a,2a,3a,4;   [4]   flare R CCW look RLOD xRif/sd & bk L,xRif/sd & bk L,xRif/sd & bk L,xRif BFLY WALL;

PART A

1-4   SAMBA WKS AWAY & TOG 2X;; WHISK L & R; SAMBA WK & SD SAMBA WK;

1a,2,3a,4;   [1]   blend to OP LOD fwd L DC/sd & bk R part wt, pull L slightly twd R take wt, fwd R twd DW/sd & bk L part wt, pull R slightly twd L take wt;
1a,2,3a,4;   [2]   repeat meas 1 to CP WALL;
1a,2,3a,4;   [3]   sd L/xRib on toe, rec L, sd R/xLib on toe, rec R to SCP LOD;
1a,2,3a,4;   [4]   fwd L/bk R part wt, pull L slightly twd R take wt, fwd R/slight trn RF sd L part wt, rec pull R slightly twd L;

5-8   SHADOW BOTA FOGO 2X;; CRISS CROSS VOLTAS;;

1a,2,3a,4;   [5]   with lead hnds jnd fwd L x beh W/sd & fwd R on insd edge of toe trng ¼ LF, rec L free hnd out to sd, fwd R x beh W/sd & fwd L on insd edge of toe trng ¼ RF, rec R free hnd up palm in until hnd passes fc then trn palm out;
1a,2,3a,4;   [6]   repeat meas 5;
1a,2a,3a,4a;   [7]   with jnd lead hnds fwd L strong trn LF x beh W/sd R, moving down LOD xLif/sd R, xLif/sd R, xLif (W trn RF chg sds if of M und jnd lead hnds)/flare R ccw;
1a,2a,3a,4;   [8]   fwd R twd COH strong trn RF x beh W/sd L, moving down LOD xRif/sd L, xRif/sd L, xRif (W trn LF chg sds if of M und jnd lead hnds) to momentary BFLY;
                NOTE: 3rd time to OP LOD no hnds jnd. 5th time to CP WALL

BRIDGE

1   SAMBA WALKS AWAY & PICKUP;

1a,2,3a,4;   [1]   blend to OP LOD fwd L DLC/sd & bk R part wt, pull L slightly twd R take wt, fwd R twd LOD/cl L, sip R picking up W to CP LOD;

PART B

1-4   MAYPOLE;; LEFT TURNS;;

1a,2a,3a,4;   [1]   LF circ volta arnd W xLif/sd & slightly bk R, xLif/sd & slightly bk R, xLif/sd & slightly
                     bk R, xLif (W RF spot volta und jnd lead hnds xRif/sd L, xRif/sd L, xRif/sd L, xRif);

1a,2a,3a,4;   [2]   RF circ volta arnd W xRif/sd & slightly bk L, xRif/sd & slightly bk L, xRif/sd & slightly
                     bk L, xRif (W LF spot volta und jnd lead hnds xLif/sd R, xLif/sd R, xLif/sd R, xLif) to
                     CP LOD;

1a,2,3a,4;   [3]   fwd L trng ¼ LF/sd R, cl L, bk R trng ¼ LF/sd L, cl R;

1a,2a,3a,4;   [4]   repeat meas 3 to CP LOD;

5-8   REVERSE TURNS;; BOTA WHISKS;;

1a,2,3a,4;   [5]   fwd L trng LF/sd R, xLif cont LF trn (W bk R trng LF/sd L, cl R) to fc RLOD,
                     bk R trng LF/sd L, cl R (W fwd L trng LF/sd R, xLif cont LF trn) to fc LOD;

1a,2,3a,4;   [6]   repeat meas 5;

1a,2,3a,4;   [7]   fwd L slight trn LF/sd R twd DW part wt,rec L(W sd R slight trn LF/xLib on toe,rec R),
                     fwd R trn RF/sd L twd DC part wt, rec R (W trng RF sd L/xRib on toe, rec L);

1a,2,3a,4;   [8]   repeat meas 7 to BFLY WALL;

INTERLUDE

1-4   2 SAMBA WALKS; COPAS;; SAMBA WALK AWAY & PICKUP;

1a,2,3a,4;   [1]   fwd L/bk R part wt, pull L slightly twd R take wt,
                     fwd R/bk L part wt, pull R slightly twd L take wt;

1a,2,3a,4;   [2]   fwd L/bk R part wt, pull L slightly twd R take wt,
                     fwd R trng LF ¼ (W RF)/bk L part wt, pull R slightly twd L take wt;

1a,2,3a,4;   [3]   fwd L trng LF ¼ (W RF)/bk R part wt, pull L slightly twd R take wt,
                     fwd R trng LF ¼ (W RF) to fc ptr/bk L part wt, pull R slightly twd L take wt;

1a,2,3a,4;   [4]   repeat bridge;

ENDING

1-4   WHISK L & R; 2 SPOT VOLTAS;; SD LUNGE & HOLD;

1a,2,3a,4;   [1]   repeat meas 3 of part A;

1a,2a,3a,4;   [2]   release hnds make 1 full trn LF (W RF) xLif/sd R, xLif/sd R, xLif/sd R, xLif;

1a,2a,3a,4;   [3]   make 1 full trn RF (W LF) xRif/sd L, xRif/sd L, xRif/sd L, xRif;

              [4]   slow sd lunge L arms extnd to sd with sway to RLOD,-;