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Record Star 128A, Cario Mio
Rhythm Waltz
Footwork Directions for man, lady opposite footwork except as otherwise noted.
Level Roundalab Phase 5+2 (Three Fallaways and Double Telemark)
Sequence Intro A-B-C-A-D -A (1-12)- END

INTRODUCTION

1-4 WAIT; WAIT; CLOSEUP TCH; BOX FINISH DLC;
(1-4) In LOP fcg DW wait 2 Meas;; step fwd L to CP, tch R to L, hold; bk R trng LF, sd L, cl R to CP DLC;

PART A

1-8 TELE ½ OP; NAT HVR FALWY; BK BK-LK-BK; BK HVR DLW;
(1-2) Fwd L comm trn LF, sd R cont trn, sd & fwd L to ½ OP (bk R comm LF trn bring L beside R no wgt, trn LF on R heel & chng Wgt to L <heel trn>, stp sd & fwd R to ½ OP); staying in ½ OP for next 3 meas fwd R with slight RF body trn, fwd L on toe cont trn with slo rise, rec bk R;
(3-4) bk L, bk R/ XLIF, bk R; bk L, bk & sd R with hover action, rec L to ½ op DLW
M ROLL TO ½ LOP; W ROLL TO ½ OP; THRU FC CL; WSK;
(5-6) Fwd R comm trn RF, sd L cont trn, fwd R to ½ LOP (sm fwd stps L,R,L); sm fwd stps L,R,L (roll RF acrs in front of M fwd R, sd L, fwd R to ½ OP); (7-8) thru R trng to fc ptr, sd L, cl R; fwd L, sd & slightly fwd R with rise, XLIB cont rise to tight SCP;
9-16 WEAVE 6 TO BJO;; MANUV; HES CHG; DIAM TRNS;;;
(9-10) Fwd R, fwd L trn LF to CP, sd & bk R DLC; bk L DLC trn W to CBMP, bk R trn LF to CP, sd & fwd L DLW trn W to BJO;
(11-12) Fwd R comm RF upper body trn, cont R trn to fc ptr sd L, cl R fcg RLOD (bk L trn RF, sd R, clo L); Comm RF upper body trn bk L, sd R cont trn, draw L to R to fc DLC;
(13-16) Fwd L trn on the diag, cont L trn sd R, bk L to BJO; trn LF bk R, sd L, fwd R; fwd L trng on diag, sd R, bk L; bk R cont trn, sd L, fwd R to BJO fcg DLC;

PART B

1-8 DBL TELE;; CHAIR & SLIP; TELE SCP; THRU CHASSE BJO; MANUV; SPIN TRN; BOX FIN;
(1-2) Fwd L trng body LF, sd R cont trn, sd & fwd L 7/8 trn; fwd R with heel ld/fwd L cont trn, sd & fwd R, cont trn sd & fwd L to tight SCP completing second 7/8 trn (bk R start LF body trn, bk L to R for heel trn and chng wgt to L, strong fwd R; fwd L trng LF to CP/bk R strst LF trn, bk L to R for toe spin & transfer wgt to L, fwd R);
(3) Chk thru R with lunge action, rec L <no rise>, with slight LF upper body trn slip R bhd L cont trn to DLC (Chk thru L with lunge action, rec R, swvl LF on R and stp fwd L near M's R foot to CP); (4) Repeat meas 1 of Part A ending in SCP fc DLW;
(5) Thru R trng RF, sd L/cl R, sd L to BJO; (6) fwd R comm RF trn, cont RF trn to fc ptr sd L, clo R to CP RLOD;
(7) Comm RF upper body trn bk L piv ½ RF, fwd R between W's feet cont trn leave L extend bk & sd, rec sd & bk L (fwd R between M's feet heel to toe piv ½ RF, bk L toe cont trn brush R to L, sd & fwd R); (8) Repeat meas 4 of Intro;
9-16 3 FALWYS;; SLIP & CHASSE BJO; FWD FWD-LK-FWD; MANUV; SPIN TRN; BOX FIN;
(9-11) Fwd L trng LF, sd R, XLIB to SCP; bk R trng LF to CP, sd & fwd L, cross R well bhd L to RSCP; fwd L trng LF, sd R, XLIB to SCP; (12) trng LF slip R past L <toe in> with small bk R keep L fwd cont L trn 1/4 to CP fcg wall, sd L/clo R, sd L to CBMP (trng LF slip L to CP, sd R/clo L sd R to CBMP); (13) Fwd R, fwd L/XRIB, fwd L;
(14-16) Repeat meas 6-8 of Part B;;

PART C

1-8 DIAM TRNS;;; 1 LEFT TRN; HINGE; HVR EXIT; SLO SD LK;
(1-4) Repeat meas 13 -16 of Part A;;; (5) Fwd L trng 1/4 LF, sd R diag across LOD cont trn, clo L fcg RLOD;
(6) bk R comm LF trn, sd & fwd L trn 1/4 between 1 & 2 comm L sd stretch cont L sd stretch svl LF 1/8 leading W to XLIB keeping L sd toward ptr, relaxing L knee and veering R knee to sway R to look at W (fwd L trng LF, sd R svl LF, XLIB, relaxing L knee <head to left with shoulders almost parallel to ptr> with no wgt on R);
(7-8) Comm rise and RF trn to fc ptr chng wgt to R, brush L to R, fwd L to SCP (fwd R comm rise & RF trn to fc ptr, clo L to R cont trn to SCP, fwd R); thru R, sd & fwd L to CP, XRIB trng slightly LF to fc DLC (thru L start LF trn, sd & bk R cont trn to CP, XLIF);

PART D

1-8 TELE SCP; CURVED FEATH CK; BK TRNG WSK; MANUV; OVRSPN TRN; TRNG LK; MANUV; HES CHNG;
(1-2) Repeat meas 4 of Part B; fwd R in CBMP comm RF trn, with left sd stretch cont trn sd & fwd L, cont upper body trn with left sd stretch fwd R outsd ptr in CBMP DRW checking fwd motion (fwd L in CBMP comm RF trn, staying well in M's right arm with right sd stretch cont R trn sd & bk R, cont upper body trn to R with R stretch bk L in CBMP);
(3) Bk L comm RF trn with slight R sd stretch, sd R cont trn, XLIB to tight SCP; (4) fwd R comm RF trn, cont RF trn to fc sd L, clo R to CP RLOD (Sm fwd L, sd R, clo L);
(5-6) Repeat meas 7 of Part B overturning figure to fc wall; bk R with R sd lead & R sd stretch/XLIF, bk R comm LF trn, sd & fwd L to CBMP DLW; (7) Repeat meas 6 of Part B; (8) Repeat meas 12 of Part A;

END

1-4 DIAMOND TRN 3/4;; HINGE; (1-3) Repeat meas 13 -15 of Part A (4) Repeat meas 6 of Part C;