

Can't Help Falling



Choreo: Betty & Al Hamilton, 12090 Brookston Drive, Springdale, OH 45240

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Record: RCA 447-0635, "Can't Help Falling In Love", by Elvis Presley and various CDs

Footwork: Opposite, directions for man except as noted (W's in parentheses)

Rating: Phase III+2 Slow Two Step [Switches, Sweetheart Runs], Speed: 44 rpm , Sequence: Intro A A B C B C End

Note: This dance was written as an "Introduction to Slow Two-Step". Use the open Sweethearts Runs (Part C Measures 1-4) as a tool for teaching the timing of the rhythm. Think of it as a figure done in a practice position, not as an unphased figure. When dancers are comfortable with the timing of the figures, teach the wrapped position according to the Standard definition (Part C Measures 5-8) .

MEAS: INTRODUCTION

1-4 WAIT 2 [OP FCG];; APT PT; TOG TCH [LOOSE CP];

1-4 wait 2 meas;; bk L, -, pt R, -; fwd R, -, tch L, -

PART A

1-4 BAS;; UNDRM TRN; REV UNDRM TRN;

1-4 sd L, -, XRIBL (W XLIBR), rec L; sd R, -, XLIBR (W XRIBL), rec R;
sd L comm ldg W undr jnd hnds, -, XRIBL (W fwd L trng RF undr jnd hnds), rec L;
sd R comm ldg W undr jnd hnds, -, XLIFR (W fwd R trng LF undr jnd hnds), rec R;

5-8 BAS;; OP BAS 2X;;

5-8 sd L, -, XRIBL (W XLIBR), rec L; sd R, -, XLIBR (W XRIBL), rec R;
sd L to L 1/2 OP, -, XRIBL (W XLIBR), rec L to fc;
sd R to R 1/2 OP, -, XLIBR (W XRIBL), rec R to fc;

9-12 SD BAS; OP BAS; SWCHS;;

9-12 sd L, -, XRIBL (W XLIBR), rec L; sd R to R 1/2 OP, -, XLIBR (W XRIBL), rec R;
cross in front of W on L to L 1/2 OP, -, sd R, fwd L (W small fwd R, -, fwd L, fwd R);
small fwd R, -, fwd L, fwd R to fc (W cross in front of M on L, -, sd R, fwd L to fc);

13-16 BAS;; UNDRM TRN; BAS ENDING;

13-16 sd L, -, XRIBL (W XLIBR), rec L; sd R, -, XLIBR (W XRIBL), rec R;
sd L comm ldg W undr jnd hnds, -, XRIBL (W fwd L trng RF undr jnd hnds), rec L;
sd R, -, XLIBR (W XRIBL), rec R;

REPEAT A

PART B

1-4 LUN BAS 2X;; BAS;;

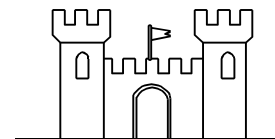
1-4 sd L, -, rec R, XLIFR (W XRIFL); sd R, -, rec L, XRIFL (W XLIFR);
sd L, -, XRIBL (W XLIBR), rec L; sd R, -, XLIBR (W XRIBL), rec R;

5-8 LUN BAS 2X;; BAS;;

5-8 sd L, -, rec R, XLIFR (W XRIFL); sd R, -, rec L, XRIFL (W XLIFR);
sd L, -, XRIBL (W XLIBR), rec L; sd R, -, XLIBR (W XRIBL), rec R;

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PART B -- Continued

9-10 UNDRM TRN; BAS ENDING;

9-10 sd L comm ldg W undr jnd hnds, -, XRIBL (W fwd L trng RF undr jnd hnds), rec L;
sd R, -, XLIBR (W XRIBL), rec R;

PART C

1-4 SD BAS; BK BRK TO OP; OP SWHRT RUNS;;

1-4 sd L, -, XRIBL (W XLIBR), rec L; sd R, -, XLIBR to OP, rec fwd R;
fwd L, -, fwd R, fwd L; fwd R, -, fwd L, fwd R to fc;

5-8 SD BAS; WRAP LDY; SWHRT RUNS;;

5-8 sd L, -, XRIBL (W XLIBR), rec L; sd R leading Lady to WRAP LFC, -, L,
R (sd L beginning to trn LFC, -, fwd R cont. turn, fwd L to wrapped position);
fwd L, -, fwd R, fwd L; fwd R, -, fwd L, fwd R to fc;

9-12 SD BAS; OP BAS; SWCHS;;

9-12 sd L, -, XRIBL (W XLIBR), rec L; sd R to R 1/2 OP, -, XLIBR (W XRIBL), rec R;
cross in front of W on L to L 1/2 OP, -, sd R, fwd L (W small fwd R, -, fwd L, fwd R);
small fwd R, -, fwd L, fwd R to fc (W cross in front of M on L, -, sd R, fwd L to fc);

13-16 BAS;; OP BAS 2X;;

13-16 sd L, -, XRIBL (W XLIBR), rec L; sd R, -, XLIBR (W XRIBL), rec R;
sd L to L 1/2 OP, -, XRIBL (W XLIBR), rec L to fc;
sd R to R 1/2 OP, -, XLIBR (W XRIBL), rec R to fc;

Repeat B & C

ENDING

1-4 BAS;; OP BAS 2X;;

1-4 sd L, -, XRIBL (W XLIBR), rec L; sd R, -, XLIBR (W XRIBL), rec R;
sd L to L 1/2 OP, -, XRIBL (W XLIBR), rec L to fc;
sd R to R 1/2 OP, -, XLIBR (W XRIBL), rec R to BFLY;

5-8 SD DRW TCH [HOLD]; SD DRW TCH [HOLD]; TWRL VIN 3; THRU FC CL;

5-8 sd L, -, -, tch R; sd R, -, -, tch L;
sd L, -, XRIBL, sd L (W fwd R trng RF, -, cont trn sd and bk L, sd R);
XRIFL (W XLIFR), -, fwd L to fc ptr, cl R;

Note: At Meas. 5, tempo changes. Dance SD DRW TCH L on the word "Love";
SD DRW TCH R on "with"; Wait for TW VN 3 on "You"; Tempo resumes.

9 LUNGE SD [TILT];

9 sd L, - hold with left side stretched, raise lead hands and tilt toward reverse, -; -;