

BIG, BLONDE, AND BEAUTIFUL

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\$.89 Download Rhapsody Big, Blonde and Beautiful by Queen Latifa
Hairspray Soundtrack Track 10 Footwork: Opposite Unless Noted
Phase: V+2 West Coast Swing Released: February 22, 2008
Sequence: INTRO, A, B, A, B, C, ENDING

INTRO

1-4 WAIT:: SWVL BK TO BK., SWVL TO FC.: OK SD BREAKS:

1-2 {Wait} Fc ptr & LOD with lead hnds joined lead ft free pt fwd;;
1-3- 3-4 {Swvl bk to bk swvl to fc} Fwd L trn RF to bk to bk pos lead hnd
&1&2&3&4 down free trail hnds up by ear,, fwd R trn LF to fc trail hnds come
down,/sd L to start next meas on & ct;
{Qk sd breaks} sd R/ bring L in under body, cl R/ sd L, sd R/
bring L in under body, cl R;

PART A

1-4 SUGAR PUSH:: UNDERARM TRN MAN HOOK TRN LADY TRANS TO TANDEM:: SWVL WALK 4:

12-4 1-2 {Sugar push} Bk L, bk R, tch L, fwd L; anchor in pl R/L, R (W
1&234 fwd R, fwd L, tch R to L, bk R; anchor in pl L/R, L), [option for
W on cts 3&4 do a triple step slightly to M's R XRIB of L/XLIF
of R, sd R;]
{Underarm trn man hook trn lady trans} Bk L trn RF, fwd R
trn RF (W fwd R, fwd L under joined lead hnds);
1&23&4 3-4 {Cont} Fwd L/ cl R to L, fwd L start RF trn, XRIB of L fcing
(W 1&234) LOD/ cl L, fwd R (W fwd R trn ¼ LF/ XLIF of R cont LF trn, bk
1234 R/ in pl L, R) end in tandem lead hnds held behind M's bk;
{Swvl walk 4} Walk with toes out twd LOD both L, R, L, R;

5-8 MOD CATAPULT TRANS; SHADOW TUCK & SPIN:: LEFT SD PASS::

1-3&4 5-6 {Catapult trans} XLIB of R to get off track and pull W by on R
(W 123&4) sd, pt R to sd, sailor shuffle ending to get bk on track XRIB of L/
12-4 sd L, sd R (W walk by M fwd L, fwd R trn RF to fc, RF spin
L/R,L);
{Shadow tuck & spin} Bk L, fwd R lead W to trn RF to fc wall,
connect R hnd to her R wrist as you trn W to fc wall in shadow
pos pt sd L, pl wgt on L as you start to spin her RF; (W fwd R,
fwd L trn LF to fc wall, tch R to L, put wgt on R to start RF spin;
1&234 7-8 {Cont to left sd pass } Anchor R/L, R to fc RLOD (W spin L/R,
1&23&4 L), bk L, cl R trn LF leading W to start past M; in pl L/R, L, fc
LOD anchor R/L, R (W fwd R, fwd L; fwd R/L, R trn LF, bk into
anchor L/R, L);

9-12 WHIP TRN;; ALTERNATING HEAD LOOPS;;

123&4 9-10 {Whip trn} Bk L, recov fwd R moving to W's R sd comm RF trn
567&8 ¼ to momentary SCP, sd L cont RF trn ¼ / fwd R, sd & fwd L;
cont trn XRIB of L, sd L, anchor in pl R/L, R (W fwd R, fwd L
trn RF ½ to SCP, bk R/ cl L, fwd R; fwd L start RF trn, cont RF
trn bk R, anchor L/R, L);

12-4 11-12 {Alternating head loops} Bk L, bk R keep head fwd & L sd twd
1&234 ptr as lift lead hnds with palm up and elbow in to form a reverse
salute, pt L fwd as loop joined hnds over bk of M's head to his
neck, fwd L letting go of joined hnds to slide to shake hnd pos;
anchor R/L, R, bk L, bk R keep R sd twd ptr as lift R hnds;

13-16 FIN ALTERNATING HEAD LOOPS; EVEN COUNT SD WHIP WITH ROCKS;; THROWOUT WITH SD BREAK ENDING;

-23&4 13-14 {Cont} Pt L fwd as loop joined hnds over W's head to the back of
1234 her neck, fwd L letting go of joined hnds to slide to lead hnds
joined, anchor R/L, R;

{Even count sd whip with rocks} Bk L, fwd R, lunge fwd & sd
L trn to fc DW, recov sd R (W fwd R, fwd L trn RF ½, bk R chk
fc DC, recov fwd L with an in-out action against ptr in an "L"
pos);

1234 15-16 {Cont} Rk apt L, recov R, rk apt L, recov R;

12&3&4 {Throwout with sd break ending} Fwd L bring W to step fwd to
go by you on R sd, recov R/ on & ct sd L, sd R/ bring L in under
body, cl R (W start LF trn sd & fwd R, cont LF trn to fc ptr bk L/
sd R, sd L/ bring R under body, cl L);

PART B**1-4 SUGAR SD BREAK HUG & FREEZE; HIP RK 4; SUGAR PUSH WITH CHEST PUSH ENDING;..UNDERARM TRN,;**

12&3- 1-2 {Sugar sd break hug & freeze} Bk L, bk R/ on & ct sd L, sd R,
1234 put both arms arnd W's waist and freeze (W fwd R, fwd L/ fwd R
btwn M's legs, sd L put R hnd arnd his neck L arm on his R
shoulder); {Hip rk 4} With figure 8 action hip rock L, R, L, R
with a slgt lower and rise thruout figure;

12-4 3-4 {Sugar push with chest push ending} Still in hug pos bk L, bk
1&234 R, pt L fwd bring L sd twd ptr, use L sd to push ptr away to lead
hnds joined fwd L; anchor R/L, R (W fwd R, fwd L, tch R lean R
sd into M and put R hnd on his chest, push off to step strongly bk
R; anchor L/R, L),

{Underarm trn} Bk L trn RF, fwd R trn RF (W fwd R, fwd L
under joined lead hnds);

5-8 FIN UNDERARM TRN TO SD BY SD; TURKEY WALK 6 TO FC LOD;.. SUGAR WRAP KNEE LIFT AND UNWRAP,;

1&23&4 5-6 {Cont underarm trn to sd by sd} Fwd L/ cl R to L, fwd L start
1234 RF trn, cont trn RF to LOP fc COH R/L, R (W fwd R trn ¼ LF/

- XLIF of R cont LF trn, bk R start LF trn, trn LF to fc COH in pl L/ R, L); **{Turkey walk}** Passing behind W do a merengue sd cl action to chg sds L, R, L, R while using jazz hnds up with bent elbows and shaking action;
- 1234 7-8 **{Cont turkey walk to sugar wrap knee lift & unwrap}** Cont turkey walk action curve RF to fc LOD & ptr L, R, bk L, bk R leading W to wrap in front of you RF; pt L fwd, recov fwd L unwrap the W to fc, anchor R/L, R (W sd R, cl L, fwd R, fwd L swvl RF to wrap in front of M; lift R knee up pushing R arm fwd twd LOD, fwd R trn LF to fc ptr, anchor L/R, L);
- 23&4

REPEAT A & B**PART C****1-4 UNDERARM TRN WITH SD BREAKS OVERTRND TO WALL;;; CHEERLEADER TO FC;;;**

- 12&3&4 1-2 **{Underarm trn sd brks}** Bk L, fwd R to her R sd trn ¼ RF raise jnd lead hnds/ circle arnd W trn ½ over next 4 beats step sd L small step, sd R/ almost cl L, XRIF of L/ small sd L; sd R/ almost cl L, XRIF of L to end fc COH, sd & fwd L trn RF/ rec R trn RF, fwd L fc LOD (W fwd R, fwd L with slght LF under jnd lead hnds/ circle ½ LF under joined lead hnds over next 4 bts small step R, sd L/ almost cl R, XLIF of R/ small sd R; sd L/ almost cl R, XLIF of R end fc DC, sd R/ XLIF of R, trn LF bk R to fc RLOD);
- 1&23&- 3-4 **{Overtrn ending to wall}** Both do an overtrn coaster step XRIB of L/ sd & bk L, fwd R to fc wall in “V” pos still fcng ptr on diag, **{Cheerleader}** XLIF of R/ step sd R to fc, tap L heel to L/ sd L; XRIF of L/ step sd L to fc, tap R heel to R/ sd R, XLIF of R/ step sd R to fc, tap L heel fwd twd ptr;
- 1&23&4 5-6 **{Surprise whip}** Bk L, fwd & sd R moving to W’s R sd start RF trn ¼ to CP, sd L cont RF trn/ recov fwd R, sd & fwd L complete ½ RF trn; ck fwd R trn upper body strongly to the R lead W to trn sharply to the R & stop her with R hnd on her bk in L-shaped SCP look at ptr, recov L raise lnd lead hnds, anchor R/L, R (W fwd R, fwd L trn RF ½, bk R/ cl L, fwd R btwn M’s feet trn sharply RF ½ keeping L leg close to R and under the body; chk bk L, recov fwd R trn RF under jnd lead hnds to fc ptr, anchor L/R, L);
- 567&8
- 123&4 7-8 **{Half whip}** Bk L, fwd & sd R moving to W’s R sd start RF trn to CP, sd L cont RF trn slightly/ recov fwd R with R sd twd ptr, sd & bk L with R sd still twd ptr; fwd R, fwd L, anchor R/L,R (W fwd R, fwd L trn RF ½, bk R/ cl L, fwd R being stopped by M; bk L, bk R, anchor L/R, L);
- 567&8

ENDING

- 1-5 UNDERARM TRN MAN HOOK TRN LADY TRANS TO TANDEM:,,
SWVL WALK 6,;; MOD CATAPULT TRANS TO FC WALL; ROLL
ACROSS 2 & LUNGE APT;**
- 123&4 1-2 **{Underarm trn man hook trn lady trans}** Bk L trn RF, fwd R
5&678 trn RF (W fwd R, fwd L under joined lead hnds), fwd L/ cl R to
(W 5678) L, fwd L start RF trn; XRIB of L fcing LOD/ cl L, fwd R (W fwd
R trn ¼ LF/ XLIF of R cont LF trn, bk R, in pl L, R) end in
tandem lead hnds held behind M's bk,
{Swvl walk 6} Walk with toes out twd LOD both L, R;
- 1234 3-4 **{Cont swvl walks}** Fwd L, R, L, R;
1-3&4 **{Catapult trans}** XLIB of R to get off track and pull W by on R
(W 123&4) sd, pt R to sd, sailor shuffle ending to get bk on track XRIB of L/
sd L, sd R overtrn to fc wall (W walk by M fwd L, fwd R trn RF
to fc, RF spin L/R,L undertrn to fc wall);
- 12-&- 5 **{Roll 2 & lunge apt}** Roll LF behind W sd & fwd L, sd & bk R,
join trail hnds hold the & ct/ and then lunge apt sd L with lead
arm diag up & look at ptr,;