

BLUE MOON

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Record: Special Pressing (Flip "Whistling in the Dark")

Available thru Palomino Records

Rhythm/Phase: Foxtrot, Phase VI

Slow to suit

Sequence: INTRO A B A(meas 1-8) C B A (meas 1-12) ENDING



INTRO

1 - 5 WT;; SLOW X PNT (3X);;

- 1-2. Wt 2 meas bth fcg LOD sd-by-sd w/ W on R sd of M w/ M's R & W's R hnds jnd ovr jnd M's L & W's L hnds and bth w/ L ft pointed sd twd COH (W's L pointed IF of M) and bth w/ heads dwn;;
- 3-5. Keeping heads dwn until meas 7 slow XLIF of R,-,trng very slightly LF pnt R sd Wall w/ M's R ft bhd W,-; Slow XRIF of L,-,trng very slightly RF pnt L sd COH w/ W's L ft IF of M,-; Rpt Meas 3 of INTRO;

6 - 8 M CHASSE (W TWRL) TO LOW BFLY; SLOW CROSS,-,OK SD,CROSS; -,OK CHAIR & SLP;

6. XRIF of L trng more strongly RF and comm to raise jnd R hnds while releasing L hnds,-,chasse fwd LOD L/R,L (W fwd LOD R comm to trn RF undr jnd R hnds,-,cont RF twrl L,R) blending to low BFLY Wall w/ heads still lowered;
- 7-8. [*Note: Timing in meas 7&8 will match the syncopated bts in the music. Timing is SQSQ&QQ*] In low BFLY Wall stp thru R,-,sd LOD L, stp thru R comm to lift heads while slowly raising arms to normal BFLY pos as the note in the music swells; Cont to raise arms to normal BFLY pos, on 2nd bt stp sd LOD L comm to blend to SCP LOD/on & ct quickly lunge thru R, rec L comm to trn bdy LF (W rec R trng LF into M), slp bk R trng W to CP DLC;

PART A

1 - 4 REV WAV;; BK TIPPLE CHASSE PIV; IMP SCP (FC LOD);

- 1-2. Fwd L DLC trng LF,-,sd R cont LF trn (W heel trn), bk L to CP DRC; Bk R,-, curving LF bk L, R to CP RLOD;
3. Bk L comm RF trn,-,sd R/cl L to R cont RF trn, fwd LOD R between W's ft pivoting RF to CP fcg almost RLOD;
4. Bk L trng RF,-,cl R to L cont RF trn on L heel transferring wgt to R, cont bdy trn RF sd & fwd L to SCP LOD (W fwd R trn RF,-,sd & fwd L trn RF brush R to L, trn RF sd & fwd R to SCP);

5 - 8 PROM RUN; THRU & CHASSE TO LOW BFLY; SLOW CROSS,-,OK SD,CROSS; -,OK CHAIR & SLP;

5. Thru R, fwd L w/ slight LF bdy trn, fwd R trn bdy RF to SCP, fwd L in SCP (W fwd L, fwd & sd R, bk L in BJO, sd & fwd R to SCP);
6. Thru R,-,sd & fwd L/cl R, sd & fwd L blending to low BFLY Wall w/ heads lowered;
- 7-8. Rpt meas 7-8 of INTRO;;

9 -12 TELE BJO; NAT WEV W/ RISING LK ENDING;; DBL REV;

9. Fwd L comm to trn LF,-,fwd & sd R arnd W (W heel trn) cont LF trn, fwd & sd L to BJO DLW;
- 10-11. Fwd R outsd ptr comm RF trn,-,fwd & arnd W L (W heel trn), cont RF trn sd & bk R DLC; Bk L

(W fwd R outsd M), blending to CP bk R DLC, trng LF sd & fwd L DLC, rising on L and continuing slight LF rotation XRIB of L (W XLIF of R);

12. Fwd L in CP trn LF,-,fwd & sd R trn LF, bring L to R w/o wt & spn LF on R to CP DLW (W bk R,-,trn LF on R heel transfer wgt to L/fwd & sd R trn LF, XLIF of R);

13-16 HVR TELE (FC LOD); THRU & CHASSE TO LOW BFLY; SLOW CROSS,-,OK SD,CROSS;- ,OK CHAIR & SLP;

13. Fwd L DLW,-,fwd & sd R rising & trng bdy 1/8 RF to SCP LOD, sd & fwd L in SCP;
14. Rpt meas 6 of PART A;
- 15-16. Rpt meas 7-8 of INTRO;;

PART B

1 - 4 OK REV FALWY & SLP; REV PIV TO OVRSWAY; FALWY RONDE & SLP; TELEFTHR ENDING;

1. Fwd L comm LF trn, cont LF trn sd & bk R w/ R sd leading, bk L well undr bdy rising & trng LF, trn LF slp R past L (W bk R, bk L w/ L sd leading, bk R well undr bdy trng LF, slp LF on R and stp fwd L into CP) to CP LOD;
2. Fwd L LOD comm LF trn, sd R arnd W cont LF trn (W heel trn), sd L to look LOD in SCP quickly changing to a R sway lowering in L knee w/ slight bdy trn to L & head slightly to R to look at W (W head to L),-;
3. Rec R trng upper bdy RF to trn W to SCP while L ft rondes CCW (W CW),-,bk L in SCP, bk R slipping W to CP DLC;
4. Fwd DLC L trng LF, sd R cont trn, sd & slightly fwd L to BJO DLW, fwd R DLW outsd W (W bk R comm LF trn bringing L beside R w/ no wgt, cont LF trn on R heel and cg wgt to L, cont LF trn stp sd & slightly bk R to BJO, bk L) to BJO DLW;

5 - 8 THREE STP; INTERRUPTED CONTINUOUS HVR CROSS;;;

5. Fwd L to CP,-,fwd R w/ heel ld, fwd L;
- 6-8. Fwd R comm RF trn,-,fwd & arnd W L (W heel trn), cont RF trn so that bdy faces DLC but stepping sd R w/ foot pointing almost to DLW; Ck fwd L sm stp high on ties in SCAR, rec bk R, fwd L on toes in SCAR trng bdy RF, close R to L cont RF bdy trn to fc DLW; Bk L DRC in BJO, bk R blending briefly to CP, sd & slightly fwd L DLC, fwd R DLC in Contra BJO (W bk L,-,cl R to L heel trn RF to fc LOD, cont RF trn then stp sd & slightly bk L; Bk R high on toes in SCAR, rec L, bk R still in SCAR, allow L to brush past R then stp sd L; Fwd R in BJO, fwd L blending briefly to CP, sd & slightly bk R, bk L in BJO);

PART C

1 - 5 TRN LF & CHASSE; WEV ENDING; CONTRA CK & SWITCH TO; DBL RONDE TWST TRN;;

1. Fwd DLC L trng LF,-,sd R LOD/cl L, cont LF trn stp sd & bk R to BJO DRC;
2. Bk L (W fwd R outsd M), bk R blending to CP and comm to trn LF, sd & fwd L cont trn to fc DLW, fwd R DLW in BJO preparing to blend to CP;
3. In CP comm upper bdy LF trn flex knees w/ strong R sd ld ck fwd L,-,rec R comm RF trn leave L almost in plc, cont RF trn bk L soft knees R ft extended fwd between W's legs in CP DRC;
4. Fwd R w/ RF bdy trn ronde L leg CW,-,fwd & sd L trng RF arnd W to CP DRW cont to trn RF, hook RIB of L (W bk L w/ RF bdy trn ronde R leg CW,-,XRIB of L cont RF trn/sd & fwd L, fwd R outsd of M) to end w/ M fcg RLOD (W fcg LOD) w/ W prepared to stp outsd M; [Note: M's timing

is SQQ. W's timing is SQ&QJ

5. Unwind on bth ft trng RF ovr first 2 bts transferring wt to R ft on bt 3 to fc DRW,-,-,stp bk L DLC in CP (W unwind M stepping fwd L,R,L to CP, fwd R in CP) to end in CP DRW;

6 - 8 BK & CHASSE TO BJO; NAT TELE; ZIG ZAG 4;

6. Bk R trng LF to CP Wall,-,sd LOD L/cl R, sd & fwd L to BJO DLW;
7. Fwd R outsd ptr comm RF trn,-,fwd & arnd W L (W heel trn), cont RF trn stp sd & fwd R to SCAR w/ bdy fcg DLC;
8. Fwd L outsd ptr comm LF trn, sm sd R to BJO DRC, bk L outsd ptr comm RF trn, sm sd & fwd R to SCAR w/ bdy fcg DLC;

9 -12 OP TELE; WHIPLASH TO BJO; BK HVR TO SCP; OP NAT;

9. Fwd L outsd ptr comm LF trn,-,sd R cont trn, sd & fwd L (W bk R comm LF trn,-,cl L to R for heel trn, sd & fwd R) to SCP DLW;
10. Thru R, flexing R knee ronde L CW (W ronde R CCW) & point fwd, ovr last two bts swvl LF on R to BJO DLW; [*Note: We like to rush the ronde in order to match the LF swvl action to the strong note that begins on bt 2 and swells thru the rest of the meas*]
11. Bk RLOD L,-,trng slightly RF stp bk & sd R rising and brushing L to R, sd & fwd L (W fwd R in BJO,-,trng RF stp sd L rising & brushing R to L, cont RF trn to SCP DLW stp sd & fwd R) to SCP DLW;
12. Thru R,-,trng RF acrs ptr stp sd & arnd L (W fwd R bet M's feet), sd & bk R to fc RLOD w/ R shldr bk;

13-16 OUTSD SWVL LILT PIV; BK & CHASSE TO BJO; NAT HVR CROSS;;

13. Bk L leaving R fwd (W fwd R outsd M swvl RF) to SCP,-,fwd R heel to toe (W fwd L swvl LF to CP), fwd L on toe w/ sm stp pivoting LF & lowering in CP DRW;
14. Reach bk R trng LF to CP Wall,-,sd LOD L/cl R, sd & fwd L to BJO DLW;
- 15-16. Fwd R comm RF trn,-,fwd & arnd W L (W heel trn), cont RF trn so that bdy faces DLC but stepping sd R w/ foot pointing almost to DLW; Ck fwd L sm stp in SCAR, rec bk R, sd L trng LF twd COH, fwd DLC in BJO;

ENDING

1 - 4 HVR; DBL LILT; QK OP REV; BK TO QK OVRSWAY;

1. Fwd L,-,fwd & sd R rising to ball of ft, rec fwd L to SCP DLC;
2. Thru R on heel rising to toe, sm fwd L lowering at end of stp, thru R on heel rising to toe, sm fwd L lowering at end of stp;
3. [*Note: Meas 3&4 of ENDING are danced to the soft bass notes at the end of the music*] Thru R DLC,-,blending to CP fwd L DLC trng LF/sd & bk R LOD, bk LOD L in BJO;
4. Bk R blending to CP and comm to trn LF to fc Wall, sd & fwd L to SCP DLW, lower on L cont to trn bdy LF twd W leaving R extended twd RLOD (W head well L),-;