

BALLIN' THE JACK

Choreographers: Milo & Carol Molitoris, PO Box 824, Willows, CA 95988 916-934-8569

Record: "Ballin' the Jack" Georgia Gibbs Collectables 3716A

Footwork: Opposite, directions for man (*woman in parentheses*) Speed: 46-47 RPM Time: 3:00

Phase & Rhythm: Roundlab Phase 4 + 1 (Neck Slide) Jive/Foxtrot

Sequence: Introduction, A, B, C, A, END Released: JULY 1996

INTRODUCTION-JIVE

Measures

1-4 LOP FCG WALL WAIT 1; LINK ROCK SCP-FALLAWAY ROCK;;;

1 1/&,2,3/&,4 With lead hands joined slightly apart from ptnr M fcg wall (*W coh*) wait 1;

2 1,2,3/&,4 Rk apt L, rec R, fwd L/cls R, fwd L;

3 1/&,2,3,4 Sd R/cls L, sd R, [begin fallaway rock] scp lod rk bk L, rec R fc;

4 1/&,2,3/&,4 Sd L/cls R, sd L, sd R/cls L, sd R;

PART A-JIVE

1-4 SCP RK BK REC - SWVL CLS 6;; BFLY KNEE BOUNCE LEFT & RIGHT;;

1-2 1,2,3,4 Scp lod rk bk L, rec R fc ptnr, swvl L, cls R; swvl L, cls R, swvl L, cls R bring knees tog;

3 1/&,2/&,3/&,4 Bfly bend and swvl knees twd left flex and release knees with bouncing action down/up,
down/up, down/up, straighten and swvl knees twd right;

4 1/&,2/&,3/&,4 Repeat bouncing action down/up, down/up, down/up, straighten and fc ptnr and shk
hands;

5-8 TRIPLE WHEEL 3 FC COH w/SPIN-M SPIN LFC;; RK BK REC-KICK BALL CHANGE;

5 1,2,3/&,4 [Begin triple wheel] Hand shk pos fcng wall rk apt L, rec R, fwd L/cls R, fwd L tching W's bk
with lft hand begin rfc wheel;

6 1/&,2,3/&,4 Cont whl fwd R/cls L, fwd R (*W tch M's back with lft hand*), fwd L/cls R, fwd L tch W's back w
lft hnd;

7 1/&,2,3,4 [Finish triple wheel] Cont turning to fc COH M sd R/cls L, sd R (*W spin rfc L/R, L,*), [man spin]
M spin lfc on L, cls R fc coh, (*W in place R, L,*);

8 1,2, 3&,4 Rk apt L, rec R, kick L/ball L, cls R;

9-12 NECK SLIDE FC REV LOD;; WHEEL 4 FC LOD; 2 TRIPLES SCP LOD;

9 1,2, 3&, 4 [Begin neck slide] Fcng coh rk apt L, rec R, sd L/cls R, sd L raise joined hands over ptnr head release hold right hands rest on ptnr's shoulder;

10 1,2,3&,4 [Finish neck slide] Fwd R, fwd L wheel ½ fc wall, fwd R/cls L, fwd R wheel ¼ fc rev lod slide hands down arms to join rt palms;

11 1,2,3,4 [Begin wheel 4] With rt palms joined raise left hands cont wheel with swvl action L, R, L, R trng ½ to fc lod with M twd coh;

12 1/&,2,3/&,4 Fwd L/R, L, R/L, R scp lod (*W trn rfc twd scp lod R/L,R,L/R,L*);

13-16 RK BK REC-POINT STEPS-RK BK REC;;; KICK BALL CHANGE TWICE;

13 1,2,3,4 In scp rk bk L, rec R, pt L look lod, stp L;

14 1,2,3,4 Pt R look at ptnr, stp R, pt L look lod, stp L;

15 1,2,3,4 Pt R look rt, stp R, rk bk L, rec R;

16 1/&,2,3/&,4 Kick L/ball L, cls R, kick L/ball L, cls R;

PART B JIVE

1-6 FALAWAY THROWAWAY-CHANGE LEFT TO RIGHT BFLY;;; WINDMILL TWICE;;;

1 1,2,3/&,4 [Begin fallaway throwaway] Scp lod rk bk L, rec R, fwd L/cls R, fwd L (*W rk bk R, rec L , fwd R/cls L, fwd R trng lfc pu lod*);

2 1/&,2, 3,4 Join lead hands sd R/cls L, sd R, [begin lft to rt] rk apt L, rec R;

3 1/&,2,3/&,4 Sd L/cls R, sd L trng ¼ rfc (*W fwd R/cls L, fwd R trng ¾ lfc undr ld hands*), sd R/cls L, sd R fc wall;

4 1,2,3/&,4 [Begin windmills] Bfly rk apt L, rec R, fwd L/cls R, fwd L trng ¼ lfc;

5 1&,2,3,4 Sd R/cls L, sd R trng ¼ lfc to coh, rk apt L, rec R;

6 1/&,2,3/&,4 Fwd L/cls R, fwd L trng ¼ lfc, sd R/cls L, sd R trng ¼ lfc to wall;

7-9 BOTH AMERICAN SPIN-BEGIN PRETZEL TURN;;;