

Bad is Bad

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Music: "Bad is Bad," Huey Lewis & the News. CD: **Sports**, Track 3. Also available as .mp3 through Amazon
Time: 3:47 @ 100% speed
Footwork: Opposite (*Woman's footwork opposite, except as noted in parentheses*)
Rhythm/Phase: West Coast Swing Phase V+1 [Whip Inside Turn]
Degree of difficulty: Average
Sequence: INTRO – A – B – A – B – INTERLUDE – C – B – END

INTRODUCTION

- 1-3 IN BFLY POS FACING WALL & PARTNER LEAD FEET FREE WAIT FIVE DRUM BEATS SAILOR SHUFFLE TWICE ; APART POINT TOGETHER TOUCH ; THROWOUT ;**
- 1 BFLY WALL lead ft free wait 5 drum beats and at "Bah" of "Bah dit dit dit dit doo wop" begin with {**Sailor Shuffle 2X**} XLib/sd R, sd L, XRib/sd L, sd R ;
2 {**Apt Pt Tog Tch**} Apt L, pt R twd ptr, tog R, tch L to CP ;
3 {**Throwout**} To LOD fwd & sd L commence 1/4 LF turn/cl R, fwd L, anchor R/L, R (*W Sd & bk R comm 1/4 LF turn/cl L, sd & bk R, anchor L/R, L*) ;
- 4-6 SUGAR PUSH ~ UNDERARM TURN ; ; ;**
- 4-6 {**Sugar Push**} Bk L, bk R, tch L to R, fwd L ; anchor R/L, R, {**Underarm Turn**} Bk L, raising joined lead hands and leading woman to pass man's R sd XRif to woman's R sd commence RF turn ; sd L/close R, sd and fwd L complete 1/2 R face turn, anchor R/L, R (*W Fwd R, fwd L commence LF turn ; sd R cont turn/XLif cont turn, bk R complete 1/2 LF turn to fc partner RLOD, anchor L/R, L*) ;
- 7-9 TUCK & SPIN ~ LEFT SIDE PASS ; ; ;**
- 7-9 {**Tuck & Spin**} Bk L, bk R bring lead hand in to ctr leading W to a R side lead, tap L to R with L shldr lead, fwd L with L side lead to lead W's spin ; anchor R/L, R (*W: Fwd R, fwd L slight turn LF to tight LOP-FCG, tch R to L, turn 1/2 R face fwd R spin 1/2 RF to face partner; anchor L/R, L*), {**Left Side Pass**} Bk L trng LF, cl R leading W to M's L side ; fwd L/cl R, fwd L fc ptr, anchor R/L, R (*W fwd R, fwd L pass on M's L sd, sd & fwd R/XLIF of R trng LF, bk R to fc ptr; anchor L/R, L*) ;
- 10-12 MAN'S UNDERARM TURN ~ UNDERARM TURN ; ; ;**
- 10-12 {**Man's Underarm Turn**} Bk L, fwd & sd R twd W's L sd raising joined lead hands commence RF turn, sd L continue turn/bk and sd R completing 1/2 RF turn, fwd L ; anchor R/L, R (*W Fwd R, fwd L commence LF turn, sd R cont turn/XLif cont turn, bk R completing 1/2 LF turn to face ptrnr ; anchor L/R, L*), {**Underarm Turn**} Bk L, fwd R to W's R sd trn RF; sd & fwd L trn RF/rec R, fwd L fc RLOD, anchor R/L,R (*W Fwd R, fwd L trn LF under jnd lead hnds; sd R/XLIF cont trn LF, bk R, anchor L/R, L*) ;

PART A

- 1-3 SUGAR PUSH ~ TUCK & TWIRL ; ; ;**
- 1-3 {**Sugar Push**} Bk L, bk R, tap L to R, fwd L ; bk R/rec sl fwd L, sl bk R, {**Tuck & Twirl**} Bk L, sm bk R; tap L fwd, fwd L twirl W to fac, anchor R/L, R (*W Fwd R, fwd L; Tap R in place swvl slightly LF, sd R comm RF spin, cont RF spin L/R, L*) ;
- 4-5 WHIP TURN ; ;**
- 4-5 {**Whip Turn**} Bk L, XRif of L trng RF to W's R sd taking W into R arm, sm sd & fwd L/rec R trng RF, sd L (*W fwd R, fwd L trng 1/2 RF, bk R/cl L, fwd R*) to CP RLOD; XRif of L trng RF, fwd L cont RF to fc ptr & LOD, anchor R/L,R (*W fwd L trng RF to fc ptr, bk R, anchor L/R,L*) to LOP-FCG ;

6-8 LEFT SIDE PASS ~ UNDERARM TURN ; ; ;

6-8 {**Left Side Pass**} Bk L trng LF to fc LOP-FCG RLOD, cl R leading W to M's L side, fwd L/cl R, fwd L fc ptr ; anchor R/L, R (*W fwd R, fwd L pass on M's L sd, sd & fwd R/XLIF of R trng LF, bk R to fc ptr; anchor L/R, L*), {**Underarm Turn**} Bk L, fwd R to W's R sd trn RF ; sd & fwd L trn RF/rec R, fwd L to LOD LOP-FCG, anchor R/L, R (*W Fwd R, fwd L trn LF under jnd lead hnds ; sd R/XLIF cont trn LF, bk R, anchor L/R, L*) ;

PART B

1-3 SUGAR PUSH ~ TUCK & SPIN ; ; ;

1-3 {**Sugar Push**} Bk L, bk R, tch L to R, fwd L ; anchor R/L, R, {**Tuck & Spin**} Bk L, bk R bring lead hand in to ctr leading W to a R side lead ; tap L to R with L shldr lead, fwd L with L side lead to lead W's spin, anchor R/L, R (*W: Fwd R, fwd L slight turn LF to tight LOP-FCG, tch R to L, turn 1/2 R face fwd R spin 1/2 RF to face partner; anchor L/R, L*) ;

4-8 UNDERARM TURN ~ MAN'S UNDERARM TURN ; ; ; WRAPPED WHIP ; ;

4-6 {**Underarm Turn**} Bk L, raising joined lead hands and leading woman to pass man's R sd XRif to woman's R sd commence RF turn, sd L/close R, sd and fwd L complete 1/2 R face turn ; anchor R/L, R (*W Fwd R, fwd L commence LF turn, sd R cont turn/XLif cont turn, bk R complete 1/2 LF turn to fc partner ; anchor L/R, L*), {**Man's Underarm Turn**} Bk L, fwd & sd R twd W's L sd raising joined lead hands commence RF turn ; sd L continue turn/bk and sd R completing 1/2 RF turn, fwd L, anchor R/L, R (*W Fwd R, fwd L commence LF turn ; sd R cont turn/XLif cont turn, bk R completing 1/2 LF turn to face prtnr, small bk L with toes turned out and instep close to heel of R/rec slightly fwd R, slightly bk L*) ;

7-8 {**Wrapped Whip**} Bk L to join all hnds, raising M's L & W's R hnds above W's head rec R trng 1/4 RF, bring M's L & W's hnds over W's head sd L cont RF trn/cl R, sd & fwd L lowering hnds to wrapped pos M at W's L sd (*W fwd R, fwd L, fwd R/cl L, bk R*) ; XRib trng RF release hnds, trng RF to fc LOD sd & fwd L, anchor R/cl L, bk R (*W bk L, bk R, anchor L/R, L*) ;

REPEAT PART A

1-3 SUGAR PUSH ~ TUCK & TWIRL ; ; ;

4-5 WHIP TURN ; ; ;

6-8 LEFT SIDE PASS ~ UNDERARM TURN ; ; ;

REPEAT PART B

1-3 SUGAR PUSH ~ TUCK & SPIN ; ; ;

4-8 UNDERARM TURN ~ MAN'S UNDERARM TURN ; ; ; WRAPPED WHIP ; ;

INTERLUDE

1-6 TO RLOD UNDERARM TURN TO TRIPLE TRAVEL WITH ROLL ~ KICK BALL CHANGE ; ; ; SAILOR SHUFFLE TWICE ;

1-5 {**Underarm Turn to Triple Travel with Roll**} Bk L comm RF trn, fwd R, sd L/cl R, fwd L to fc WALL joining R hands palm to palm in R Hand Star (*W fwd R, L, R/xLif, bk R twd RLOD passing M und jnd hnds trng LF 3/4 on last stp to fc COH*) ; Sd chassé R/L, sd & fwd R, pushing lightly w/ R hnds fwd L, fwd R rolling RF 1 1/2 to fc COH joining L hnds palm to palm in L Hand Star (*W L/R, sd & bk L, roll RF 1 1/2 R, L to fc WALL*) ; Sd chasse L/R, sd L & fwd trng 1/2 LF chg to R hnds palm to palm in R Hand Star, sd chasse R/L, sd & fwd R trng 1/2 RF chg to L hnds palm to palm in L Hand Star ; Sd chasse L/R, sd & fwd L pushing lightly w/ L hnds, fwd R, fwd L completing a LF roll 1 1/4 joining ld hnds to fc RLOD & ptr ; Anchor R/cl L, bk R, {**Kick Ball Change**} Kick L fwd/cl L on ball of ft, stp in pl R ;

6 {**Sailor Shuffle 2X**} XLib/sd R, sd L, XRib/sd L, sd R ;

7-12 TO LOD UNDERARM TURN TO TRIPLE TRAVEL WITH ROLL ~ KICK BALL CHANGE ; ; ; SAILOR SHUFFLE TWICE ;

7-12 [Repeat measures 1-6 to return to beginning positions facing LOD]

PART C

- 1-2 SUGAR PUSH ~ KICK BALL CHANGE ; ;**
1-2 {**Sugar Push**} Bk L, bk R, tap L to R, fwd L ; bk R/rec sl fwd L, sl bk R, {**Kick Ball Change**} Kick L fwd/cl L on ball of ft, stp in pl R ;
- 3-4 WHIP INSIDE TURN ; ;**
3-4 {**Whip Inside Turn**} Bk L, fwd R trng RF to loose CP, sd L/cl R , sd L completing RF trn to fc RLOD (*W fwd R, fwd L completing 1/2 trn to loose CP, bk R/cl L, fwd R*); raising lead hands leading W to trn LF XRib, sd & fwd L, anchor R/L, R completing full trn to fc LOD (*W fwd L starting LF turn under lead hands, fwd R cont trn 1/2, anchor L/R, L*) ;
- 5-6 BACK TWO & QUICK SIDE BREAKS ; BACK TWO & QUICK SIDE BREAKS ;**
5 {**Back 2 & Quick Side Breaks**} Blending to low BFLY bk L, bk R, stp out L/stp out R, stp in L/stp in R ;
6 **Repeat Measure 5 ;**
- 7-8 CHICKEN WALKS 2 SLOW 4 QUICK ; ;**
7-8 {**Chicken Walks 2 Slow 4 Quick**} Bk L, -, bk R, -; bk L, bk R, bk L, bk R (*W fwd toeing out fwd R, -, fwd L, -; fwd R, fwd L, fwd R, fwd L*) ;

REPEAT PART B

- 1-8 SUGAR PUSH ~ TUCK & SPIN ; ; ;**
UNDERARM TURN ~ MAN'S UNDERARM TURN ; ; ;
WRAPPED WHIP ; ;

END

- 1-3 CHEEK TO CHEEK ~ SUGAR PUSH ; ; ;**
1-3 {**Cheek to Cheek**} Bk L, rec fwd R begin RF trn, lift L knee up cnt trn to tch M's L hip to W's R hip, XLif trng LF fc ptr ; XRib/sd L, sd R end fcg LOD, {**Sugar Push**} Bk L, bk R ; tch L to R, fwd L, anchor R/L, R ;
- 4-6 SUGAR BUMP ~ MAN'S UNDERARM TURN ; ; ;**
4-6 {**Sugar Bump**} Bk L, rec R, Lift L knee trn 1/2 RF on ball of R foot release hds, fwd L trn 1/2 RF to face partner ; anchor R/L, R (*W fwd R, L; Lift R knee trn 1/2 LF on ball of L foot, fwd R trn 1/2 LF, anchor L/R, L*), {**Man's Underarm Turn**} Bk L, fwd & sd R twd W's L sd raising joined lead hands commence RF turn ; sd L continue turn/bk and sd R completing 1/2 RF turn to RLOD, fwd L, anchor R/L, R (*W Fwd R, fwd L commence LF turn ; sd R cont turn/XLif cont turn, bk R completing 1/2 LF turn to face ptrnr, anchor L/R, L*) ;
- 7-8 PASSING TUCK & SPIN ~ POINT & HOLD ; ;**
7-8 {**Passing Tuck & Spin**} Bk L trng slightly LF, bk R to fc WALL, tch L tucking W in, trng LF fwd L releasing hnds ; anchor R/L, R (*W fwd R, fwd L trng LF to fc M, tap R, fwd R trng RF 1/2 to fc M ; anchor L/R, L*), {**Point Side & Hold**} Point Sd L and hold, -, -, -;