

# Bitter With The Sweet

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**RECORD:** Columbia 1-11184 "The Bitter With The Sweet" Moe Bandy

**PHASE:** IV+1 Rumba Speed 45 rpm

**FOOTWORK:** Opposite except as noted

**SEQUENCE:** Intro A A B B C C Br A A End

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## INTRO

### **1-4 WAIT 2;; CUCA 2X (WITH ARMS);;**

1-4 wait 2 meas;; sd L w/ partial wgt, rec R, sip L, -; sd R w/ partial wgt, rec L, sip R, -;

## PART A

### **1-8 FULL BAS;; FNC LN; CRB WK 2X;; SPT TRN; FWD BAS; WHP TO FC;**

1-4 fwd L, rec R, sd L, -; bk R, rec L, sd R, -; lunge LIFR bending knee, rec R, sd L, -; XRIFL, sd L, XRIFL, -;  
5-8 sd L, XRIFL, sd L, -; strong XLIFR trng RF, cont trn rec R to fc ptr, sd L, -; fwd L, rec R, sd L, -; bk R trng LF, fwd & sd L, sd R, (W fwd L outsd M, fwd R trng LF 1/2, sd L, -);

## PART B

### **1-8 ALEMANA TO LARIAT;;; HND-HND; AIDA; SWITCH RK; CUCA (TO BFLY);**

1-4 fwd L, rec R, sd L, -; bk R, rec L, sd R, - (W fwd LIFR trn RF, cont trn fwd R to fc M, sd L, -); sip L, R, L, - (W circ M CW R, L, R, ); sip R, L, R, - (W cont arnd M L, R, sd L to fc M, -);  
5-8 XLIBR to OP, rec R to fc ptr, sd L, -; XRIFL trng RF to fc ptr, sd L cont RF trn, bk R to V pos ld hnds jnd, -; trn LF to fc ptr on R & sd L, rec R, rec L, -; sd R w/ partial wgt, rec L, sip R, -;

## PART C

### **1-8 (BFLY) DR 2X;; CIRC AWY/TOG(TO BJO);;BOL WHL 6;; TIM STP 2X;;**

1-4 in BFLY sd L, rec R, XLIFR (W XRIFL), -; in BFLY sd R, rec L, XRIFL (W XLIFR), -; trng LF fwd L, cl R, cont trn fwd L, -; cont trn fwd R, cl L, cont trn fwd R to ptr, -;  
5-8 in BJO trng RF 1/2 fwd L, R, L, -; cont trn 1/2 fwd R, L, R, -; no hnds fcg ptr XLIBR, rec R, sd L, -; fcg ptr XRIBL, rec L, sd R, -;

## BRIDGE

### **1-4 OP HIP TWST; FAN; HKY STK;;**

1-4 fwd L, rec R, cl L (W bk R swvl RF 1/4), -; bk R, rec L, sd R, - (W fwd L, trng LF sd & bk L, bk L leaving R leg extended); fwd L, rec R, cl L, - (W cl R, fwd L, fwd R, -); bk R, rec L, fwd R following W, - (W fwd L, fwd R trng LF to fc M, sd & bk L, -);

## END

### **1-4 OP HIP TWST; FAN; HKY STK(AND FREEZE);;**

1-4 fwd L, rec R, cl L (W bk R swvl RF 1/4), -; bk R, rec L, sd R, - (W fwd L, trng LF sd & bk L, bk L leaving R leg extended); fwd L, rec R, cl L, - (W cl R, fwd L, fwd R, -); bk R, rec L, fwd R following W, - (W fwd L, fwd R trng LF to fc M, sd & bk L, -);