

ARRIVEDERCI ROMA

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RECORD: Roper 288-A Arrivederci Roma SPEED: 41 RPM
PHASE RATING: Fox Trot Phase VI
SEQUENCE: Intro, A, A (MOD), B, B (MOD), Tag
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INTRO

1-8 CP DW WAIT 1 MEAS; CHG OF DIR; TELESPIIN TO SLOW THROWAWAY OVERSWAY;;; CHG TO SAME FT LUNGE LINE; CHG OF SWAY; TELESPIIN ENDING TO SCP;

1 In Closed Pos fcng DW weight on M's R & L's L wait one meas;
SS 2 (Change of Direction) Fwd L DW,-, fwd R DW trn LF 1/4 to fc DC and draw L to R,-;
SQQQQS 3-5 (Telespin to Slow Throwaway Oversway) Fwd L start LF trn,-, fwd and sd R cont LF trn, pt sd and bk L with partial weight on L keeping left sd fwd twd ptrn (W bk R,-, clo L to R comm heel trn LF, fwd R); Spin LF / take weight to L cont LF trn, fwd and sd R cont LF trn, bk and sd L cont LF trn slowly relax L knee allow R to pt sd and bk look at ptrn keep R sd twd ptrn fc DW (Keep right sd twd ptrn fwd L/bk R, clo L to R comm LF heel trn, sd and fwd R trn LF slowly relax R knee allow L to pass R under body to pt bk look well to left keep left sd twd ptrn),-;
SS 6 (Change to Same Foot Lunge Line) Rise on L body trn RF,-, clo R flex R knee extend L twd DC no weight (W rise and swivl RF on R drw L twd R,-, lower on R extend L fwd twd DC with thighs crossed look R),-;
SS 7 (Change of Sway) Using full meas rotate upper body RF leading ptrn to trn head to left;
SQQ 8 (Telespin Ending to SCP) Rec L trng LF,-, sd and fwd R cont trn, fwd L twd DW in SCP (W fwd L/R arnd ptrn,-, clo L cont trn, fwd R to SCP DW);

PART A

1-8 OPEN NATURAL; RUNNING FINISH; CHECKED NATURAL & SLIP; DOUBLE REVERSE SPLIT RONDE;; CONTRA CHECK & SWITCH; NATURAL WEAVE;;

SQQ 1 (Open Natural) Thru R comm RF trn,-, sd & bk L cont trn fc RLOD, bk R to contra BJO;
SQQ 2 (Running Finish) Bk L trn RF,-, fwd R twd LOD, fwd L twd LOD contra BJO;
SQQ 3 (Checked Natural & Slip) Fwd R,-, fwd L on toe trng RF ck fwd motion, trng LF recov bk R cont trn to fc DC (W bk L,-, clo R to L on toes trng RF ck bk motion, trng LF slip L fwd to CP cont trng LF);
SQQSQQ 4-5 (Double Reverse Split Ronde) Fwd L comm LF trn,-, sd R, spin LF on R to CP DW bringing L to R no weight chng (W bk R comm LF trn,-, clo L to R comm LF heel trn/cont trn to step sd & bk R, cont trn LF on R XLIF of R no weight chng); Lowering on R trng LF ronde L leg CCW,-, cont trng LF and XLIB of R, sd R to end CP RDC (W lower on R trng LF ronde L leg CCW,-, cont trn LF XLIB of R/sd R cont trn, XLIF of R);
SQQ 6 (Contra Check & Switch) Lowering on R ck fwd on L with LF body rotation,-, rec R trng upper body RF, bk L pivoting RF to CP LOD;
SQQ 7-8 (Natural Weave) Fwd R,-, fwd L trng RF to fc RDW, bk R; Bk L,-, bk R trng LF, sd L cont trn, fwd R outside ptrn to contra BJO DW;

9-16 THREE STEP; TRAVELING HOVER CROSS;; REVERSE WAVE;; BACK FEATHER; FEATHER FINISH; TRAVELING CONTRA CHECK;

SQQ 9 (Three Step) Fwd L,-, fwd R, fwd L;
SQQ 10-11 (Traveling Hover Cross) Fwd R comm RF trn,-, sd & fwd L cont RF trn, sd & fwd R to fc DC in contra SCAR; Fwd L across body in contra SCAR, fwd & sd R blending to CP, fwd L blending to contra BJO, fwd R with left sd stretch traveling DC (W bk R with left sd stretch in contra SCAR, bk & sd L blending to CP, bk R blending to contra BJO, bk L ending in contra BJO);
SQQSQQ 12-13 (Reverse Wave) Fwd L,-, fwd R trn LF to fc RDC, bk L; Bk R,-, bk L, bk R to fc RLOD;
SQQ 14 (Back Feather) Blending to contra BJO bk L,-, bk R, bk L;
SQQ 15 (Feather Finish) Bk R trng LF,-, sd & fwd L, fwd R outside ptrn in contra BJO DW;
SQQ 16 (Traveling Contra Check) Blending to CP DW trn body LF to LOD relax R knee fwd L trng RF to CP RDW (W trng LF in CP head left bk R trng RF),- , clo R to L rising to toes keeping knees relaxed, sd & fwd L twd DW in SCP (W close L to R rising to toes, sd & fwd R);

PART A(MOD)

1-8		<u>OPEN NATURAL; RUNNING FINISH; CHECKED NATURAL & SLIP; DOUBLE REVERSE SPLIT RONDE;; CONTRA CHECK & SWITCH; NATURAL WEAVE;;</u>
SQQ	1	(Open Natural) Same as meas 1 Part A;
SQQ	2	(Running Finish) Same as meas 2 Part A;
SQQ	3	(Checked Natural & Slip) Same as meas 3 Part A;
SQQSQQ	4-5	(Double Reverse Split Ronde) Same as meas 4-5 Part A;;
(SQ&Q SQ&Q)		
SQQ	6	(Contra Check & Switch) Same as meas 6 Part A;
SQQ	7-8	(Natural Weave) Same as meas 7-8 Part A;;
QQQQ		
9-16		<u>THREE STEP; TRAVELING HOVER CROSS;; REVERSE WAVE;; BACK FEATHER; FEATHER FINISH; CHG OF DIR;</u>
SQQ	9	(Three Step) Same as meas 9 Part A;
SQQ	10-11	(Traveling Hover Cross) Same as meas 10-11 Part A;;
QQQQ		
SQQSQQ	12-13	(Reverse Wave) Same as meas 12-13 Part A;;
SQQ	14	(Back Feather) Same as meas 14 Part A;
SQQ	15	(Feather Finish) Same as meas 15 Part A;
SS	16	(Change of Direction) Same as meas 2 of Intro;

PART B

1-8		<u>REVERSE TURN 1/2; QUICK FEATHER FINISH; NATURAL HOVER TELEMAR;; TELESWIVEL; THRU TO JETE PT; FALLAWAY RONDE & DEVELOPE; SEMI CHASSE;</u>
SQQ	1	(Reverse Turn 1/2) Fwd L body trn LF,-, fwd & sd R trng LF fc RLOD (W heel trn), bk L CP RLOD;
SQ&Q	2	(Quick Feather Finish) Bk R trng LF,-, sd & fwd L/fwd R outside ptrn in contra BJO, fwd L contra BJO DW;
S&SSQQ	3-4	(Natural Hover Telemark) Fwd R trng RF,-/sd L cont trn (W heel trn), sd R well into knee twd DW to CP fc DC,-; Slowly draw L twd R rising cont RF trn,-, sd & fwd L twd DC, fwd R contra BJO DC;
QQQQ	5	(Teleswivel) Fwd L comm LF trn, fwd and sd R cont trn (W heel trn), bk L under body cont trn (W fwd R outside ptrn), slight swivel LF on L allowing R to cross in front no weight (Swivel RF to semi-clo pos);
SQQ	6	(Thru to Jete Pt) Thru R in SCP DW,-, clo L to R trn LF to CP DW (W pickup to CP), relax L and pt R sd twd RDW;
SQQ	7	(Fallaway Ronde & Develope) Sd R lower into knee and trn left hip twd ptrn starting her ronde then ronde L,-, bk under body L (W bk under body R), trn upper body LF leading ptrn to trn LF no weight chng (W trn LF bringing L up outside of R leg to knee kick L fwd);
SQ&Q	8	(Semi Chasse) Fwd R (W bk L),-, sd L/close R, fwd L;
9-16		<u>DOUBLE WING;; LOCK TURN;; QUICK LEFT FEATHER;; FEATHER FINISH; CURVING 3-STEP; BACK CURVING 3-STEP; CHG OF DIR;</u>
SQQQQ	9-,,	(Double Wing) Thru R,-, trn LF weight still on R, cont LF trn with weight on R; Cont LF trn with weight still on R, cont LF trn with weight on R drw L to R (W moving arnd ptrn thru L,-,fwd R, fwd L; Fwd R, fwd L) now in contra SCAR RDC,
SQQ	10-,,	(Lock Turn) Fwd L outside ptrn swvl 1/2 LF to contra BJO (W bk R swvl 1/2 LF),-; Lock RIB (W lock LIF), fwd L twd DW (W bk R twd DW) contra BJO,
QQQ	11-12	(Quick Left Feather) Fwd R, fwd L to CP; Fwd R with R sd lead, fwd L outside ptrn contra SCAR, trn LF sd R to CP, cont trn bk L contra BJO trvl RLOD;
SQQ	13	(Feather Finish) Bk R trn LF,-, sd L DW, fwd R contra BJO;
SQQ	14	(Curving 3-Step) Fwd L blending to CP,-, fwd R comm LF curve, fwd L on toes cont LF curve to end CP fcg RDC;
SQQ	15	(Back Cruving 3-Step) Bk R,-, Bk L comm LF curve, bk R on toes cont LF curve to end CP fcg DW;
SS	16	(Change of Direction) Same as meas 2 of Intro;

PART B(MOD)

**1-8 REVERSE TURN 1/2; QUICK FEATHER FINISH; NATURAL HOVER TELEMAR::
TELESWIVEL; THRU TO JETE PT; FALLAWAY RONDE & DEVELOPE; SEMI CHASSE:**

SQQ	1	(Reverse Turn 1/2) Same as meas 1 Part B;
SQ&Q	2	(Quick Feather Finish) Same as meas 2 Part B;
S&SSQQ	3-4	(Natural Hover Telemark) Same as meas 3-4 Part B;;
QQQQ	5	(Teleswivel) Same as meas 5 Part B;
SQQ	6	(Thru to Jete Pt) Same as meas 6 Part B;
SQQ	7	(Fallaway Ronde & Develope) Same as meas 7 Part B;
SQ&Q	8	(Semi Chasse) Same as meas 8 Part B;

**9-14 DOUBLE WING;,, LOCK TURN;,, QUICK LEFT FEATHER;: FEATHER FINISH;
TRAVELING CONTRA CHECK:**

SQQQQ	9-,,	(Double Wing) Same as meas 9-,, Part B;,,
SQQ	10-,,	(Lock Turn) Same as meas 10-,, Part B;,,
QQQ	11-12	(Quick Left Feather) Same as meas 11-12 Part B;;
QQQ		
SQQ	13	(Feather Finish) Same as meas 13 Part B;
SQQ	14	(Traveling Contra Check) Same as meas 16 Part A;

TAG

**1-6 OPEN NATURAL; RUNNING FINISH; CHECKED NATURAL & SLIP; TELESPIIN TO
THROWAWAY OVERSWAY;: CHG TO SAME FT LUNGE LINE & CHG OF SWAY:**

SQQ	1	(Open Natural) Same as meas 1 Part A;
SQQ	2	(Running Finish) Same as meas 2 Part A;
SQQ	3	(Checked Natural & Slip) Same as meas 3 Part A;
SQQQQS (SQQ& QQS)	4-5	(Telespin to Throwaway Oversway) Fwd L start LF trn,-, fwd and sd R cont LF trn, pt sd and bk L with partial weight on L keeping left sd fwd twd ptrn (W bk R,-, clo L to R comm heel trn LF, fwd R); Spin LF/take weight to L cont LF trn, fwd and sd R cont LF trn, bk and sd L cont LF trn relax L knee allow R to pt sd and bk look as ptrn fc DW (W keep right sd twd ptrn fwd L/bk R, clo L to R comm LF heel trn, sd and fwd R trn LF relax R knee allow L to pass R under body to pt bk look well to left keep left sd twd ptrn);
SQQ	6	(Chg to Same Ft Lunge Line & Chg Sway) Rise on L body trn RF,-, clo R flex R knee extend L twd DC no weight (W rise and swivel RF on R drw L twd R,-, lower on R extend L fwd twd DC with thighs crossed look R), rotate upper body RF leading ptrn to trn head left;