

Are You an Illusion



Choreographers: Chris & Terri Cantrell, 960 Garnet St., Broomfield, CO 80020; Tel: 303-469-9140, dance@ctkr.com

Rhythm & Phase: Waltz, Phase V

RAL Difficulty Level: Average

Music: "Illusion" Nat King Cole - Ballroom Choice (Casa Musica), track #6 or The Ultimate Ballroom Album 5 (CD405), disc #2, track #2 or contact choreographer

Speed: as on CD

Footwork: Directions for M, W normal opposite, exceptions in ()

Timing unless noted: 1 2 3

Sequence: Introduction A B B A End

July 2005

Introduction

[1-4] Wait 2 Measures ; ; Roll 3 to LOD ; Chair & Slip ;

[1-2] **{Wait 2 Measures}** Wait OP-fcg Wall with lead feet free;;

[3] **{Roll 3 to LOD}** Fwd L trn LF, sd R cont trn, sd L (W Fwd R trn RF, sd L cont trn, sd R) loose SCP-LOD;

[4] **{Chair & Slip}** Check fwd R SCP-LOD, rec L flwy position, bk R slip LF (W Check fwd L, rec R fallaway position, trn LF fwd L) CP-DLC;

[5-6] Left Turn 1/2 ; Back to Double Side Lock ;

[5] **{Left Turn 1/2}** Fwd L comm trn LF, fwd & sd R cont trn LF, cls L to R CP-RL0D;

12&3&

[6] **{Back to Double Side Lock}** Bk R comm trn LF, sd & fwd L CP/ XRIB of L, sd & fwd L/ XRIB of L (W Fwd L comm trn LF, sd & bk R/ XLIF of R, sd & bk R/ XLIF of R) CP-Wall;

Part A

[1-4] Hover Telemark to DLW ; Open Natural ; Outside Spin & Twist to CP-DRW ; ;

[1] **{Hover Telemark}** Fwd L, fwd R rising slightly trn RF, fwd L SCP-DLW;

[2] **{Open Natural Turn}** Fwd R comm trn RF, fwd & sd L cont trn RF, bk & sd R prepare to step into BJO (W Fwd L trn RF, fwd R, fwd L preparing to step outside M) BJO-DRC;

[3] **{Outside Spin}** Small bk L toeing in comm trn RF, fwd R in BJO cont trn RF, bk & sd L (W Reach strongly around M fwd R comm trn RF, cls L to R trn RF on balls of feet, fwd R) CP-DRC;

1-3
(1&23)

[4] **{Twist Turn}** XRIB of L, unwind rise & blend to CP, bk & sd L (W Fwd L/ fwd R, fwd L unwind M blend to CP, fwd R) CP-DRW;

[5-8] Open Finish ; Whisk ; Wing ; Turn LF & Right Chasse ;

[5] **{Open Finish}** Bk R comm trn LF, sd L to LOD cont trn LF, fwd R BJO-DLW;

[6] **{Whisk}** Fwd L blend to CP-DLW, fwd & slightly sd R, XLIB of R tightly (W Bk R, bk & slightly sd L, XRIB of L tightly) SCP-DLC;

1-(123)

[7] **{Wing}** Fwd R, tch L to R (W Fwd L, fwd R, fwd L curv LF) SCAR-DLC;

12&3

[8] **{Turn Left & Right Chasse}** Fwd L trn LF, sd R/ cls L to R, sd R BJO-RL0D;

[9-12] Spn Trn ; Bk to Lft Whisk ; Ovrtrnd Unwind to CP-DRC ; Q Heel Pull, Curv Feather 2 ;

[9] **{Spin Turn}** Bk L comm trn RF, fwd R cont trn RF to CP-DLW, bk L (W Fwd R outside M comm trn RF, sd L cont trn & brush R to L, fwd R) CP-DLW;

[10] **{Back to Left Whisk}** Bk R comm trn LF, fwd & sd L, trn sltly LF XRIB of L to flat left whisk (W Fwd L comm trn LF, fwd & sd R cont trn LF, bk L with rt toe pointed fwd & then on last half beat flick rt leg up across & in front of lft knee) upper bodies CP-DRC;

-3 (1&23)

[11] **{Overtuned Unwind}** Rotate RF transferring wgt to R (W Fwd R/ fwd L, fwd R around M, fwd L) CP-DRC;

1&23

[12] **{Quick Heel Pull, Curving Feather 2}** Bk L comm trn RF/ small sd R cont trn RF, fwd L curv RF, fwd R curv RF (W Fwd R comm trn RF/ sd L cont trn RF, bk R curv RF, bk L curv RF) BJO-DRW;

[13-16] Bk Tipple Chasse Pivot ; Op Impetus ; Thru Fac Cls ; (1st time) Chg of Direction ; (2nd time) Drag Hesitation ;

- 12&3 [13] **{Back Tipple Chasse Pivot}** Bk L comm trn RF, sd R cont trn RF/ cls L to R, fwd R pivot RF CP-RLOD;
- [14] **{Open Impetus}** Bk L comm trn RF, cls R to L heel trn cont trn RF, fwd L (W Fwd R comm. trn RF, sd L cont trn & brush R to L, fwd R) SCP-DLC;
- [15] **{Thru, Face, Close}** Thru R, face L, cls R to L CP-DLW;
- ¹₁₂₋ [16] 1st: **{Change of Direction}** Fwd L to DLW slight trn LF, fwd R to DLW trn LF CP-DLC, draw L to R;
- ²₁₂₋ 2nd: **{Drag Hesitation}** Fwd L to DLW slight trn LF, fwd R to DLW trn LF BJO-DRC, draw L;

Part B

[1-4] LF Curve Three ; Bk Curve Three ; LF Curve Three ; Outside Check ;

- [1] **{Left Curving Three Step}** Fwd L curve LF, fwd R cont curve LF, fwd L checking CP-DRC;
- [2] **{Back Curving Three Step}** Bk R curve LF, bk L cont curve LF, bk R checking CP-DLW;
- [3] **{Left Curving Three Step}** Fwd L curve LF, fwd R cont LF, fwd L checking CP-DRC;
- [4] **{Outside Check}** Bk R trng LF, sd & fwd L, fwd checking R BJO-DRW;

[5-8] Dbl Outside Swivel ; Bk Passing Change to face RLOD ; Hvr Corte ; Bk Hvr to SCP;

- ¹⁻³ [5] **{Double Outside Swivel}** Bk L SCP-DRW,, fwd R (W Fwd R swivel RF SCP,, fwd L swivel LF to BJO) BJO-DRW;
- [6] **{Back Passing Change to face RLOD}** Bk L, bk R, bk L BJO-RLOD;
- [7] **{Hover Corte}** Bk R trn LF, sd & fwd L cont trn LF to BJO, bk R BJO-LOD;
- [8] **{Back Hover}** Bk L, bk & sltly sd R with slight rise, rec L SCP-LOD;

[9-12] Prom Lock ; Slow Rt Lunge ; Extend, Roll, Slip ; Dbl Reverse Spin ;

- ^{12&3} [9] **{Promenade Lock}** Thru R, fwd L/ XRIB of L blending to CP with Woman's head still to rt, fwd L (W Thru L trn LF, sd R/ XLIF of L, bk R) CP-LOD;
- ¹⁻ [10] **{Slow Right Lunge}** Sd & fwd R soften knee stretch lft side & look rt,,;
- ⁻²³ [11] **{Extend, Roll, Slip}** Cont rt lunge, rec L slight roll RF CP-DLW, bk R slip LF CP-DLC;
- ¹²⁻ [12] **{Double Reverse Spin}** Fwd L comm trn LF, fwd & sd R cont trn LF, touch L to R, (W Bk R comm. LF, cls L to R con trn LF/ strong sd & fwd R, XLIF of R) CP-DLC;

[13-16] Rev Fallaway Slip ; Basic Weave ; ; (1st time) Quick Chg of Direction ; (2nd time) Hesitation Walk 2 ;

- ^{12&3} [13] **{Reverse Fallaway & Slip}** Fwd L comm trn LF, fwd & sd R/ bk L flwy position SCP-DRW, bk & sd R trn LF (W Bk R comm trn LF, bk & sd L/ bk R flwy position, trn strongly LF on R then fwd L cont trn LF) CP-LOD;
- [14] **{Basic Weave}** Fwd L trn LF, sd R, bk L BJO-DRC;
- [15] Bk R comm trn LF, sd L to LOD cont trn, fwd R BJO-DLW;
- ¹₁₂₋ [16] 1st: **{Change of Direction}** Fwd L to DLW slight trn LF, fwd R to DLW trn LF CP-DLC, draw L to R;
- ²₁₋₃ 2nd: **{Hesitation Walk 2}** Fwd L,, fwd R CP-DLW;

Repeat Part B

Repeat Part A

End

[1-4] Bk, Bk/Lk, Bk ; Spin Turn ; Back to Left Whisk ; Unwind to Oversway.

- [1] **{Back Back Lock Back}** Bk L, bk R rt side leading/ XLIF of R, bk R (W Fwd R, fwd L lft sd leading/ XRIB of L, fwd L) BJO-RLOD; [Note: Back, Back/Lock, Back aka: Back Lock Step]
- [2] **{Spin Turn}** Repeat Part A – Measure 9;
- [3] **{Back to Left Whisk}** Repeat Part A – Measure 10;
- ⁻²³ [4] **{Unwind to SCP & Oversway}** Unwind RF rising slightly, transfer wgt to R SCP-LOD, fwd L stretch lft side (W Fwd R/ fwd L, fwd R/ fwd L trn to SCP, fwd R stretch rt side) to oversway position.