

## ANY DREAM FOXTROT

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Record Star 115 "Any Dream Will Do"  
Rhythm Foxtrot  
Footwork Directions for man, lady opposite footwork except as otherwise noted.  
Level Roundalab Phase 3+1 (Diamond Turns)  
Sequence Intro A-B-C-A-End

### INTRODUCTION

- 1-4 WAIT;; CLOSEUP TCH; BOX FINISH;**  
(1-2) op fcg DLW lead hnds joined wait 2 Meas;;  
(3-4) Fwd L(fwd R) to CP,-; tch R to L,-; bk R trn 118 LF,-, sd L, do R;

### PART A

- 1-4 FWD RUN 2 TWICE;; 2 LEFT TRNS (WALL);;**  
(1-2) Six passing steps Fwd L,-, fwd R, fwd L; fwd R,-, fwd L, fwd R;  
(3A) Fwd L comm LF upper body trn,-, cont trn sd & bk R, do L; bk R comm LF upper body trn -, cont trntofcwall sd & fwd L, doR;
- 5-8 BOX;; TWISTY VINE; FWD FC CLO;**  
(5-6) Fwd L,-, sd R, do L; bk R,-, sd L, do R;  
(7~) Sd L,-, XRIB (XLIF), sd L; XRIF (XL1B),-, sd L, do R;
- 9-14 WHISK; P/U SCAR; X HVR BJO; X HVR SCAR; X HVR SCP; MANUV;**  
(9) Fwd L,-, fwd & sd R start rise to ball of foot, XLIBR cont full rise to tight SCP;  
(10) Small Fwd R trng LF to fc LOD,-, sd L, do R to SCARPo<sn (fwd L around M,-,sd R, clo L;  
(11) XLIF,-, sd R with slight rise trng LF, rec L to BJO;  
(12) XRIF,-, sd L with slight rise trng RF, rec R to SCAR;  
(13) XLIF,-, sd R with slight rise trng to SCP, rec L;  
(14) Fwd R comm RF trn,-, cont RF trn to fc ptr & R~D sd L, clo R;
- 15-16 SPIN TRN; ½ BOX BK;**  
(15) Bk L toe pvt 1/2 RF to fc LOD,-, fwd rise R between W's feet heel to toe cont trn leave L leg bk & sd, rec sd & bk L (fwd between M's feet pvt 1/4 RF,-, bk L toe cont trn, fwd R);  
(16)Bk R,-, sd L, do R;

### PART B

- 1-8 LEFT TRNG BOX;;; DIP & REC; PROG BOX;; WALK 2;**  
(1-2) Fwd L comm LF trn,-, cont trn fwd & sd R, co L; bk R comm LF trn,-, cont trn bk & sd L, do R;  
(3-4) Repeat meas 1 and 2 of Part B to fc LOD;;  
(5-8) Bk L with relaxed knee,- rec R,-; fwd L,-, sd R, do L; fwd R,-, sd L, do R; fwd L,-, fwd R,-;
- 9-16 LEFT TRNG BOX;;; DIP & REC; PROG BOX;; WALK 2 DLC;**  
(9-16) Repeat meas 1 to 8 of Part B ending DLC;;;;;;;

### PART C

- (1-4) DIAMOND TRNS;;;;**  
(14) Fwd L start LF trn,-, sd R cont LF trn, XLIBR contra BJO DRC; bk R cont LF trn,-, sd L cont LF trn, XRIFL contra BJO DRW; fwd L cont LF trn,-, sd R cont LF trn, XLIBR contra BJO DW; bk R cont LF trn,-, sd L cont Lf trn, XRIFL contra BJO DC;

**5-8 TRN L & R CHASSE; IMP TO SCP; THRU FC CLO; HVR;**

(5) Fwd L,-, comm upper body LF trn fwd R to BJO fcg RLOD;

(6) Commence upper body RF trn Bk L,-, do R to L [heel trn] cont trn, fwd L in tight SCP

(W commence Rf upper body trn fwd R between M feet heel to toe piv 1/2 RF,-, sd & fwd ~ ~nt trn around M brush R to L, fwd R);

(7-8) Thru R comm RF trn,-, cont trn to fc wall sd L, do R; fwd L,-, fwd & sd R rising to ball of foot, rec L to tight SCP;

**9-10 PICKUP SD CLO; DIP & REC;**

(9-10) Small Fwd R trng LF to fc LOD,-, sd L, co R to CP LOD (fwd L around M,-, sd R, do L); Bk L with relaxed knee,-, rec R,-;

**END**

**1-8 LEFT TRNG BOX;;; 2 LEFT TRNS;; HVR; CHAIR;**

(1-2) Fwd L comm LF trn,-, cont trn fwd & sd R, do L; bk R comm LF trn,-, cont trn bk & sd L, c 0 R;

(3-4) Repeat meas 1 and 2 of Part B to fc LOD;;

(5-6) Repeat meas 3 and 4 of Part A;;

(7-8) Repeat meas 13 of Part A; lunge thru R relaxing knee & hold;